

INSIDE

Peace
activist
Marion
Pape
PAGE 3

Stagecoach
in gear
PAGE 5

Warming
up for
winter
PAGES 9-11

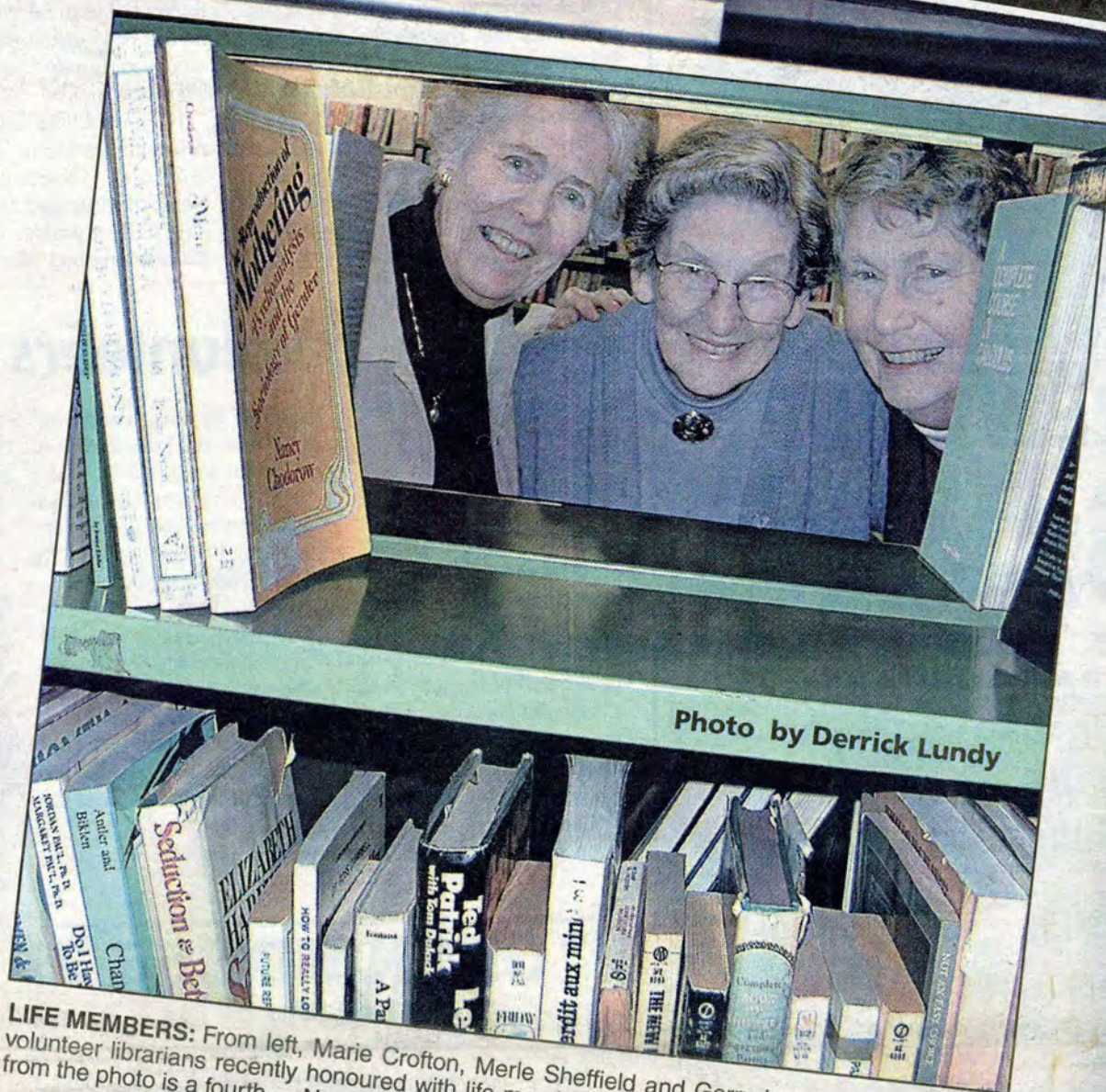


Photo by Derrick Lundy

LIFE MEMBERS: From left, Marie Crofton, Merle Sheffield and Gerry Layard are among four volunteer librarians recently honoured with life memberships at the Salt Spring library. Missing from the photo is a fourth — Norma Keech.

VOLUNTEERS EXTRAORDINAIRE

By **PIRJO RAITIS**
Staff Writer

A passion for books and lifelong love of reading is the common thread that binds four island women together.

Norma Keech, Gerry Layard, Merle Sheffield and Marie Crofton all have the distinction of being life members of the Salt Spring Island Library Association, the group responsible for the running of the Mary Hawkins Memorial Library.

If you tallied up the years they have volunteered at the library, it would total more than 100.

Keech has been an integral part of the volunteer force at the library since 1976. She's been there since library fines were one cent per day.

"I volunteer because I love books and have always wanted to work in a library and do something for the community," said Keech. "It's been great. I have made many great friends and met wonderful people, and I've learned a lot, too."

Keech has served on every library committee, been a board member, secretary and the volunteer chief librarian.

Computers were the biggest change Keech faced in the last 25 years. At first, she said, she didn't want anything to do with them, but once the old card catalogues were replaced, she had no choice but to learn the electronic system.

"[A computer is] a wonderful reference machine

and it's important in today's world whether we like it or not," she said.

Keech's particular area of expertise in the library is children's books. She is one of the purchasers for children's books, and is proud of the bright and busy place now set aside downstairs for kids.

Recruiting volunteers is becoming increasingly difficult as the population ages, and the library staff is always happy when a new person shows up ready to give their time.

"Volunteering has given me a lot more confidence in dealing with people. I found I can do things I didn't think I could do," she said. "It's

really important to keep busy and active."

Layard is involved in all sorts of organizations on the island. She has been president of the Gulf Islands Community Arts Council, is a weaver and member of the weavers' guild, she's been in the hospital auxiliary and she is a library volunteer.

She remembers the library being in the basement of Mouat's, and has seen a great many changes in the library since 1972 when she first started volunteering.

Layard's love of books expands beyond reading them — she channels that love into fixing books. She spends much of her volunteer time in the basement giving new life to the library's

VOLUNTEERS cont'd on p2

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News briefs...

While the final fundraising tally has not yet been done, the Texada and provincial government land purchase deal will complete as

needed was already in hand and the counting was continuing, said Salt Spring Appeal coordinator Elizabeth White Monday.

planned. More than \$300,000 of the \$350,000

Some 657 hectares (1,643 acres) of land at Burgoyne Bay and south Salt Spring have been secured in the \$15.9-million partnership between the provincial government, the Capital Regional District, The Land Conservancy of

B.C. and, the latest major contributor, the Georgia Basin Ecosystem Initiative.

• Two evenings of public meetings on the question of incorporation for Salt Spring take place tonight (Tuesday) at Gulf Islands

Secondary, and Wednesday at Fulford Hall. Both start at 7:30 p.m. People are urged to attend and bring their questions for the local government restructure committee and its consultant Tom Reid.

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Volunteers honoured this week

A dinner honouring volunteer librarians set for this Thursday marks a timely acknowledgment of those on Salt Spring and elsewhere who give freely of their time to benefit others.

December 5 is the International Day of Volunteers.

According to information supplied by Volunteer B.C., volunteers in this province contributed an average of 169 hours each

during the year, for a total of 169 million hours. This equates 88,000 full-time jobs — approximately four per cent of B.C.'s labour force.

However, the latest information released by Statistics Canada in the National Survey of Giving, Volunteering and Participating indicates the number of volunteers in Canada dropped from about 7.5 million

in 1997 to roughly 6.5 million in 2000.

Using the message, "I WILL" Volunteer 2002, British Columbians are encouraged to become more involved in their communities during the new year.

As International Year of Volunteers 2001 draws to a close, the I WILL Volunteer 2002 public awareness campaign will continue to promote and celebrate volunteering.

collection in the bindery department.

She credits the people of Salt Spring for their insistence on keeping the library as their "own." The library association owns the building and all the books which rest on the shelves.

"It's a great tribute to the community that we are able to do this," said Layard.

The whole process works because all of the jobs in the library are volunteer jobs. It is one of the largest volunteer libraries in Canada and certainly in British Columbia.

The library officially opened in 1959 in the base-

Volunteers *cont'd from p1*

ment of Mout's. There was \$1,300 in the kitty and, just one year later, 2,834 books on the shelves. The vision and determination for a permanent library came from Mary Hawkins, the association's first treasurer. Originally called the Salt Spring Island Centennial Library, it was later renamed in Mary Hawkins' honour.

Crofton is another bibliophile who actively volunteered at the library since the mid 1970s.

"It's because I'm a great

reader and interested in the library," she said. Like the others, she feels computers have been the biggest change in the organization's daily operation.

Crofton is not as active on a regular basis as she once was, but she still helps choose the new fiction books and audio tapes.

"I keep up my end," she said.

Getting to know people in the community, learning and expanding her knowledge of books are all aspects of volunteering Crofton finds incredibly rewarding.

"Interaction with the public is a big part of it," she said.

Sheffield calls herself a "relative newcomer" to the legion of long-time library volunteers. She started in 1980 after a friend got her interested. Like the other women, she is a voracious reader. Of particular interest to Sheffield is the children's section and she says she has fun buying books with Keech.

"At first there was only a set of encyclopedias, and two

atlases, now it's quite different. Our first budget was \$500 and it didn't take long to spend it," she said.

And yes, she says, they have all of the Harry Potter books.

Volunteering has made Merle a part of the community, and it is her way of giving back to a community that has been good to her.

"I love it here and I think everybody should give back and not expect to be paid for it. I wouldn't have missed it for the world; I've enjoyed it thoroughly," said Sheffield.

Libraries are people places, she said. It's a place where lonely people can come into contact with other people who also love to read. For those without a complete purpose to their day, there is always the opportunity to volunteer.

Salt Spring library volunteers will come together on December 6 for a library volunteer appreciation reception.

Mary Hawkins Memorial Library, located at 129 McPhillips Avenue, is open Monday and Wednesday from 10 a.m. until 7 p.m.; the rest of the week from 10 a.m. to 4 p.m., except Sunday when it is closed.

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NOV	0755	7.5	NOV	1020	9.2	DEC	1310	9.8
TUE	1355	10.5	FRI	1455	10.5	MON	1620	10.5
	2110	3.6		2230	1.3			
28	0435	9.5	01	0650	11.2	04	0030	0.7
NOV	0845	7.9	DEC	1110	9.5	DEC	0905	11.8
WED	1415	10.5	SAT	1520	10.5	DEC	1435	9.8
	2135	2.6		2305	0.7	TUE	1700	9.8
29	0520	10.2	02	0735	11.5			
NOV	0935	8.5	DEC	1205	9.8			
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Speaking out works, observes peace activist Marion Pape

By MICHELLE GRANT
Barnacle Contributor

Marion Pape knows winter. Cold, long, hard winter — where frostbite is one breath away.

She's worked in Saskatoon, Halifax, Ottawa and Hay River in the Northwest Territories. She understands cold.

"It's nearly winter in Afghanistan," she says with a shudder in her voice. "Think about having no food, no housing, no clothes. Bombs falling."

We're sitting in Marion's Salt Spring kitchen surrounded by Ted Harrison prints and moose-tufted pictures, enjoying herbal tea while outside a bitter November wind snakes along the roof checking for any loose shakes. I imagine myself, homeless, in rags, my stomach a stranger to food, struggling to keep my balance against a cruel wind, forced on by some insane hope that somewhere, somehow we will find food and warmth.

It's this ability to see herself in other people's shoes that catapulted Pape into the peace movement nearly 40 years ago, a cause she continues to actively pursue in her spare time as Canadian co-chairperson for the Voice of Women (VOW).

A founding member in 1995 of the Halifax Raging Grannies and later a member of the notorious Parliament Hill mob, Pape and her granny cohorts joined Quakers, Catholics, Buddhists and United Church members in a bus heading for the Quebec City Summit of the Americas protests last April. A staunch believer in peaceful protests, Pape participated in a Quaker service held in front of the wall, in an effort to channel energy that was non-violent.

"It was so extraordinarily distressing," Pape says, "To see all the violence that ensued, the canisters of gas being thrown, despite people putting so much emphasis on non-violence."

This past October, Pape attended a Global Cops teach-in held in Ottawa to coincide with concurrent NATO talks. The goal for the teach-in was to apply pressure to get Canada out of NATO. However, after September 11 the focus shifted.

"We were still in shock," says Pape. Instead of a protest walk to the site where NATO members were meeting, the 800-strong crowd held a peace vigil at a local church. In hindsight, Pape says, the group would have been better to stay with original plans had they known the U.S. was going to wage war the very next day. Out of the



Marion Pape

Photo by Derrick Lundy

teach-in, the September 11 Peace Coalition was born. It's a national coalition comprised of 30 high-profile groups, including VOW, which oppose Canada's participation in military retaliation for the September 11 terrorist attacks.

"What September 11 has done is throw us into chaos and confusion, but that chaos can be turned to remarkable change if we're open to it," says Pape. "Now is the opportunity for us to make our statement and to influence policy. One thing I've

observed is, if Canadians speak out, our government does listen."

Speaking out is just what Pape will continue to do. Letters from VOW are being drafted to various members of government asking for an immediate stop to the bombing so that aid can be delivered to the Afghan people to prevent widespread starvation. VOW is also pressuring the United Nations to include women in the new Afghanistan government.


"We're saying that they leave women out at their peril; women will be the moderating influence."

Meanwhile, close to home, local VOW members recently held a successful Afghan Benefit Dinner at the high school.

"It's a wonderful opportunity to bring people together. I think it's brilliant that Salt Spring VOW have worked on this issue for so many years," says Pape, a former high school teacher and past provincial librarian of Nova Scotia.

Born into a home-steading family of nine in Wildfield, a small Irish Catholic village north west of Toronto, long swallowed up by greater Brampton, Pape looks forward to returning to the self-sufficient lifestyle she knew as a child.

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Stagecoach brings talent to the stage

By PIRJO RAITTS
Staff Writer

Each student in Stagecoach Theatre School gets a moment in the spotlight.

The 15 young theatre students currently enrolled love theatre and love to play for an audience.

On Friday-Saturday, December 7-8, in Mahon Hall, 7 p.m., they'll get their chance to do it with four end-of-the-year exercises.

Third-year students will present scenes from *Antigone* and *The Diary of Anne Frank*, as well as a short scene written by the students. *Antigone* stars Heather Meek as *Antigone* and Ali McLean as *Ismene*.

The *Diary of Anne Frank* stars Natalia Day as *Anna* and Adrian Cocking as *Peter*.

Lonely Days was written by the students. It is short, dramatic and very much to the point.

The cast for *Lonely Days* is Daniel Millerd as the reporter, Day as *Haley*, Cocking as *Morgan*, McLean as *Sal* and Meek as *Shayla*.

"It's very much theirs," said Stagecoach instructor Margaret Jardine. "The words and ideas are totally theirs. I'm really quite proud of them. The third-year students wanted to do some serious drama."

The second half of the program will be *How to Eat Like a Child*, a series of comic vignettes on how children interact with parents, featuring all of the students. The cast is: Alex Blanes, Zenna Blanes, Alex Corley, Jakua Jordan, Kyla McColm, Clayton Sayer, Thea Stone, Carlee Wallace, Melissa Mouat, Pandora Morgan, Cocking, Day, McLean, Millerd and Meek.

The school has always put on end-of-term performances, but this is the first year it has opened up the Christmas-time show to the public.

"Our prime reason for the school is education in the performing arts, and audience exposure is a part of that. We want to let people see what the kids are doing," said Simon Henson. "The students respond and love to play to an audience."

Three years ago, three people saw the need for a



"These kids were excited by the experience and wanted more... we realized there was a need to give them [it]."

theatre school for Salt Spring youth. Jardine, Henson and Lynda Jensen got together and formed Stagecoach Theatre School.

Each of the three principals brought a wealth of experience to the school.

"We were putting on theatre performances in the community, each involving young people. Those kids were excited by the experience and wanted more. There was not enough in the school system and we realized there was a need to give them the experience," said Henson.

And experience is what they get. The students are not just actors — they learn all aspects of theatre and what it takes to put on a production.

"We are not there just to train actors, but to give young people an awareness of theatre. They learn to work together and cooperate. Their sense of self is really developed. There is goodness in their souls," said Henson.

Jardine brings a lifetime of

theatre experience to the school.

"I've been teaching children's drama for more years than I care to mention," she said.

Jardine ran her own children's arts centre in Ottawa before coming to Salt Spring Island 10 years ago. She has acted and directed in adult shows, but working with youth is her niche.

"Learning by doing is much more productive in the end," said Jardine. "The students come alive for the audience."

Jardine takes on the roles of artistic director, production script writer, director and instructor at the school.

Henson also wears many hats. He is the school administrator, technical director, production stage manager and instructor for set design and stage managing.

He always works behind the scenes and said he has never wanted to be on the stage — just behind it.

"My 40 years of helping in

theatre has always been backstage," said Henson. "I love working with the kids, it's my focus, and it is a very rewarding exchange."

Each student accepted for the Stagecoach Theatre School goes through an application, interview and audition process.

They spend six hours per week in class, but more hours are added on as they go to rehearsal. Their classroom is upstairs at the Core Inn and on Tuesdays they use ArtSpring's stage.

The students have bonded into a close-knit theatre troupe and are just waiting to show what they know to an audience.

Like many theatre companies and schools, Stagecoach Theatre School is looking for a financial angel. Its performances are presented for a nominal ticket price, which hopefully covers the expenses of putting on a public performance, but extra fundraising is still necessary.

Two local businesses, Ganges Village Market and Pharmasave, have donated gift baskets for raffles.

Tickets for this weekend's performance are \$5 and available at Acoustic Planet.

CENTRE STAGE — Young thespians in Salt Spring Stagecoach Theatre School get ready for their performances this weekend at Mahon Hall.
Photo by Derrick Lundy

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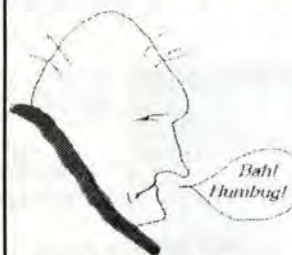


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A likely story (part 2)



Isle Say! ...
with John Pottinger

I've no idea what time we stumbled out of our sleeping bags on our first morning at the cabin.

Time (in terms of a clock) is irrelevant when you're miles from anywhere else.

Though we'd left Salt Spring only 26 hours earlier, my cabin mates were already starting to look a little like the rest of the folk that hang around the backroads and bars of the Cariboo.

(A couple of years ago I got rid of the mirror that used to hang on a wall in the cabin. When I got up to heed the call one night, I glanced sideways and saw a ravaged and gruesome old man staring at me. He went suddenly wild-eyed and scared the broccoli out of me.)

I re-lit the wood stove while Jeff trundled down to the lake for water and Bruce fired up the BBQ.

We'd decided that breakfast would be steaks, eggs, cheese and toast, all served over a bed of leftover chili. By the time we'd cooked, eaten and cleaned up, a big chunk of the day was behind us and we still needed to get that dock out of the lake. For some reason we were feeling a little lethargic, even though we'd eaten a healthy breakfast.

Rather than detail the events surrounding the relocation of the dock from the lake to a safe spot high on the shore, I'll just paint a "word picture" summary: Icy-green water, steel hammer dropping, sinking, glittering. Removing bolts with wrench, removing stubborn bolts with flex-bar, removing stubbornest bolts with axe. Paddling large dock with small paddle, small paddle floating away. Tow-rope tightening, tires smoking, rope breaking, small dent in truck.

A couple of hours and a few dozen adjectives later, we're done.

And we've still got time for a trip to a "real" ghost town, so we load our cameras, bear spray and survival gear into the truck and away we go. (Bruce said the limes were to prevent scurvy.)

The nearest town is Likely, about 40 minutes away by logging road. Rather than use up a minute or two touring Likely, we headed off to Quesnel Forks.

This ghost town, which sits at the confluence of the Cariboo and Quesnel Rivers, is the real thing (not like the nearby and famous Barkerville, which is a reincarnated 1860s town, and great fun — but it isn't a ghost town).

After spending awhile exploring the ruins of hotels, stores, gambling rooms and homes, we wandered through the old graveyard. The grave markers tell the grim tale of life in the Cariboo in the late 1800s:

"Died in agony, three days after his back was broken by a large rock."

"Sixteen years old, mother of two, took her own life."

"Found dead on the trail in April, still frozen."

We climbed into the truck and bumped our way back to Likely in time for "Happy Hour" at the pub. As we walked up to the entrance, Jeff pointed to a sign tacked to the front door that said, "Free Beer Tomorrow."

"Too bad it's not today," he mused.

I didn't have the heart to tell him the sign's been there for years.

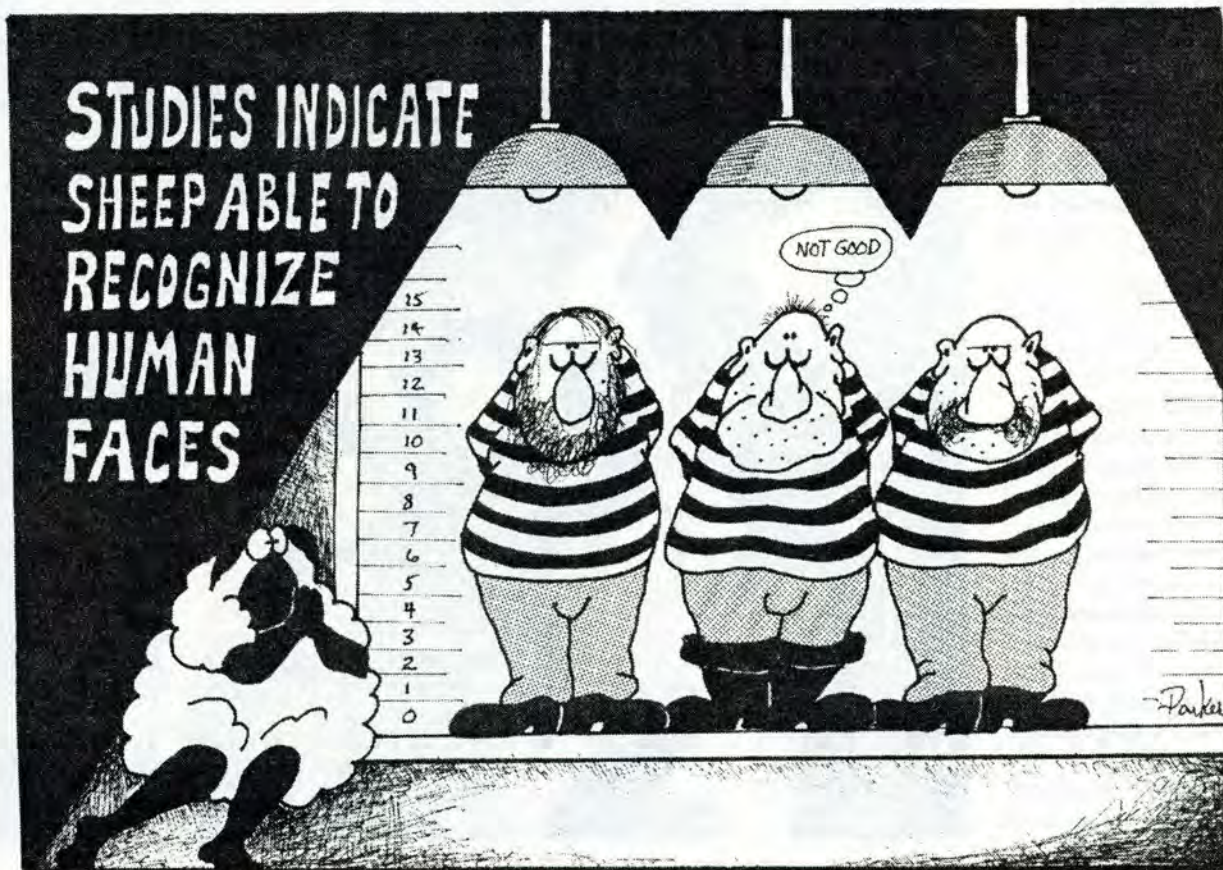
It's one small step from the cold street into the Likely Pub, one giant leap back in time. The walls, ceiling, posts and beams are all covered by Cariboo relics. On Saturday night, so are the barstools.

In the centre of the room a wheelbarrow full of firewood sits beside a central woodstove, reloaded from the woodshed and wheeled through the pub as necessary.

For the coldest winter nights, a large fireplace supplements the stove.

Bruce and Jeff, as with all first-time visitors to the Likely Pub, spent the first half-hour wandering around the place, examining all the unique "stuff." After a couple of beers, and a few tall tales, it was time to head back to the cabin.

To be continued . . .



Texada kudos to many, many more

By MORT RANSEN

I am grateful to the Barnacle for acknowledging some of the people who were involved in the Texada campaign (including myself), but am concerned that many of the hardest-working people aren't getting the appreciation they deserve.

And who am I to talk? My own film about the campaign contributed enormously to the imbalance. In order to tell the story in a way that would guarantee a large audience, I concentrated on the front-line action wherever possible, ignoring those people who were working behind the scenes day after day, often with little sleep. They went to meetings (that were crucial, but often boring), organized, phoned, faxed and e-mailed, wrote politicians, rented halls, fundraised, did ecological research, etc.

I personally think the Barnacle's coverage has been excellent from day one, but media tends to gravitate to people with high-profiles, making their profiles even higher.

Sometimes that's a good thing. It enables an enchantress like BRIONY PENN to put the coverage she gets to good use — on all our behalves.

But it was nice, in your last edition, to see people like ELIZABETH WHITE and GARY HOLMAN finally get the attention they deserve for their absolutely magnificent efforts. It seems to me that they never left their post, and are still at it.

There are other people who come to mind as well — from my remembrances of working on the film — some of whom were left out of the film entirely.

This letter is my effort to make amends.

JACKIE BOOTH. I don't think I've ever seen anyone work so effectively

and as hard for so long, and yet she always seemed to be the first to volunteer for more.

NEDDY HARRIS, perhaps the most invisible of all, working the phones from her home every day, raising money, strategizing, keeping people on track.

SALLY JOHN. I hope she will forgive me for this. I know she doesn't like attention, but from what I saw, it's difficult to imagine how the campaign could have survived without her sharp mind and expertise.

URI COGAN, always there, both on the front lines and behind the scenes at his computer, ready to help whenever needed with characteristic good humour and quiet wisdom.

BART TERWEIL, bringing his considerable energy and intelligence (and Greenpeace experience) throughout all the ups and downs of the campaign — from the very beginning.

TERRY BIEMAN, completely committed at all times, working on direct action (and therefore more controversial) with unfaltering dedication.

NINA RAGINSKY, all heart, doing it her way as always, but making an enormous difference to the survival of the forest.

TAMAR GRIGGS, coming by boat all the way from Bold Bluff day after day, and several nights a week, to attend every meeting she could, encouraging everyone to keep at it.

MURRAY REISS, constantly contributing to strategy and using his way with words to make sure the press got it right.

(I'm giving short shrift to people with higher profiles like ANDREA COLLINS, VALDY, ARTHUR BLACK, ROBERT BATEMAN and

RANDY BACHMAN — although some well-known people, Andrea in particular, made especially important contributions. I'm concentrating instead on people who haven't received a lot of press. There were so many involved and I'm just listing the few that I personally came into contact with. I ask your readers to remember that I played a relatively minor role, therefore guaranteeing a woefully incomplete list.)

COLIN RANKIN, skillful at strategy and chairing meetings, a role also filled expertly by JILL THOMAS.

SHEILA HARRINGTON kept the campaign office going and lots more.

HARRY WARNER started the website and helped out in a thousand ways.

JEAN BROUARD. I'd join any campaign just to be the recipient of one of his powerful hugs. He's the one who said early on that Texada will suffer "death by a thousand mosquitoes."

KATE McEWEN, another person who doesn't like attention but deserves it for her contribution. She's my personal vote for mayor if this island ever has one.

ANNICA BURNABY filled in as a highly effective organizer, particularly in the last year.

MELANIE FURMAN, who brought youthfulness and vigor to the campaign and (with Terry Bieman) forged a link between the community and the direct action people. Some members of this group were featured in the film, but I don't see how we can ever give them enough thanks for literally putting their lives on the line: ROD MCGUCKIN, JONATHAN LEDREW, DAVID SHEBIB, AYLWIN CATCHPOLE, "B" NEVILL,

COMMENTARY cont'd on p7

COMMENTARY: This space is reserved for you, our readers. It is a spot for informed opinion, an outlet for the voices of the community. Everyone is invited to submit opinion articles with a maximum of 600 words.

The Barnacle
Island Journal

A division of Driftwood Publishing Ltd.

328 Lower Ganges Road,
Salt Spring Island, B.C. V8K 2V3
Canada

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Fax 250-537-2613

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Real heroes

At a peace vigil this week, I bumped into one of the young people who spent a winter in the Texada peace camp.

He was the fellow who had his tree platform cut away from underneath him by one of the Dorman men in the middle of the night. He was okay because he had the good sense to tie himself to the tree — and in fact he has had the good sense to tie himself to a tree for most decisions in his life.

As one of the quiet ones that got little share of the limelight, he joins the hundred or so people who didn't get included in last week's article on the Texada issue and who contributed a chunk of their lives to try and change the laws about the ability of individuals and corporations to destroy life forms just because they own the title to the land.

It felt like a bitter battle for those of us with warm homes, supportive partners, some work coming in, chubby children to drag us along for restorative walks and endless recognition to boot. Without any of those things, who knows how long I would have lasted? Maybe one night in that muddy camp with lentils for breakfast.

Hooray to the real heroes whose work never ends and who only get into newspapers when they crawl under them during vigils to stay warm.

BRIONY PENN,
Salt Spring

Poor judgement

I was surprised and disap-

pointed that you chose to publish Mr. Pottinger's piece about getting drunk with his buddies.

I fail to see the point or the humour in having his detailed account of a trip where getting so drunk he couldn't figure out how to get in his sleeping bag was the only part worthy of reporting. He could have written about the amazing scenery, the kinds of birds they saw, some spiritual or political conversations they had, the state of the world or the highways he travelled, an interesting character they met or a small town they saw.

But getting drunk and waking up with a hangover?

Nowadays our society is starting to realize how serious and lasting the consequences of alcohol abuse are. On our island, hundreds of men, women and children have been deeply wounded physically, psychologically and emotionally by alcohol abuse in the past and present, and will be in the future. Alcohol abuse doesn't only affect the drinker, but all the people related in any way to him or her: in families, in groups of friends, at work.

Every day, drinking drivers kill people who have parents, children, brothers, sisters. Every day in North America, pregnant women who choose to drink forever damage their babies in utero. Those children grow up unable to judge what is right or wrong on a basic level, they are seriously learning disabled, unable to think for themselves and to see the relationship between actions and consequences. There are many of these chil-

dren right here on Salt Spring, suffering the consequences of alcohol abuse.

With the "season of excess" upon us, I wonder when we will stop condoning alcohol abuse. We bring drug and alcohol abuse prevention counsellors into our schools to talk to young minds about the dangers of addiction, yet we find funny or worthy of attention (half a newspaper page!) the blow by blow account of men having too much to drink.

Maybe Mr. Pottinger could do a series of articles on the alcohol abuse prevention programs offered in our schools? Or on how Fetal Alcohol Syndrome affects children and their families forever? Or visit the G.F. Strong rehab hospital in Vancouver to interview paralyzed victims of drunk drivers who had so much fun getting drunk. Or interview survivors of alcohol abuse who successfully stop drinking.

I hope that in the future, the editorial staff will show more judgement in deciding which articles are worthy of being printed and realize that a community newspaper is somewhat of a role model.

MARIE BEAUDOIN,
Salt Spring

Hit list

I was wondering recently about the safety of making comments or voicing opinions.

George W. Bush says it's OK as long as you're with America. It is within this sensitive climate that I wander out and opine.

Once again religion and politics have inflamed and continue to inflame the land-

scape. The hot spot sits simmering in an eight-block pile of material that once was part of primarily two buildings. It is still emitting smoke and fumes from the heat of the core inside the creator.

This simmering heat is the basis for a killing spree that has the support of all religions except one. The politics of war are supported by the heat of anger that is simmering in so many people, and it looks like it will be around for a while. I am amazed at how short my fuse is since "9/11." It shows particularly while I am behind the wheel of my car, aiming it at various locations.

Sure enough, it doesn't go quite as smooth while sitting at Moby's, and the anger flashes from my creator. I get angry when someone has an opinion that I don't agree with; when I read the letters to the editor or commentary. Can it be that the subconscious anger pools to which all are connected have intensified since 9/11? In fact I'm getting angry writing this piece.

I noted recently the flack aimed at Nina Raginsky and John Pottinger, who ventured out with their opinions about events and such. And what about the battle scars on Tony Richards for his column based on viewpoints that are right for him.

So why do we do it? Why bother at all? I believe it to be an innate compulsion to play a part in the natural order of things. Oh yes, ego pops its head in there; however, not enough to drive or replace the nobility of motive.

With this in mind, coming at us is an offering from a group of men and women on the subject of incorporation of our island. I honour their approach of presenting quite a range of factors and they no doubt will be battle scarred by the time the verdict is reached down the road. However, each has the power of grouping and it should not be as stressful as doing a solo trip.

So in a way I feel these words can somehow clear the way a little for those who are holding back their comments and opinions due to the hostile reaction of others. The individual happens to be the most important force in finding solutions to things that need changing. Unfortunately, for whatever reasons, he or she jumps into a group situation and joins some cause that tries to force-feed others.

The question should be:

Dénouement

The worst thing you can be called is to account for a wasted life.
—Richard Cruickshanks

"What does it take from me for you to be more you?" Only then does one grow in the way the master teachers showed us in the living of their lives. Not to join some group to hide but to join some group to shine, and that means "take the hit."

Did I set myself up or what? As Shilo would say, "Join the hit list."

Let there be room for everyone in finding and using their unique talents which demand their very best. Who knows, perhaps even that ugly looking tanker now in the harbour can transform itself into a swan.

We have so many opportunities to practice these principles right where we are.

GARY LUNDY,
Salt Spring

Psychotherapist Rona Robbins, M.Ed., MFT

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Commentary cont'd from p6

NATHAN GARFAT, MICHELLE DINS-DALE, JASON FLIS, DEITRICH LUTH, GEORGE BREWER, OLGA VIRLY, SANDRA HUNTER and SARAH, ARIEL, MICHAEL, GUNTER and ERIC, whose last names I don't remember.

JOHN DAVIES, who worked tirelessly to defend those who got arrested and helped in many other ways as well.

SUSHEELA MEYERS, who stopped me on the road when I was filming and said: "How can I help?" and then said "yes" whenever she was asked.

I'm checking notes I made when I worked on the film and coming up with lots of names. It's an imperfect process. Again, these are just people I know personally whose work on the campaign I remember. I hope the friends I leave out will talk to me again when they see me in Ganges.

TINA CRUIKSHANK, HELANI DAVISON, MIKE NICKELS, DAVID WHIT-LESEY, SUSAN COGAN, ANDREW LEWIS, DONALD GUNN, OSMAN PHILLIPS, HARRY BURTON, SUSAN

BERLIN, BILL HENDERSON, PEGGY FRANK, ROBERT OSBORNE, JOHN POTTINGER, ARVID CHALMERS, DAVID BORROWMAN, ANNE HUMPHRIES, BRISTOL FOSTER, PETER BARDON, TRISH NOBILE, ADRIAN DU PLESSIS, JONATHAN GRANT, SUE PRATT, PAUL BROSEAU, MARGARET O'HARA, FIONA FLOOK, PETER PRINCE, KEN LEE, SALLY SUNSHINE, LARRY SHETZER, NANCY BRAITHWAITE, KAREN CLARK, RALPH and MALLORY PRED, SAM and RUTH TARASOFF, SAM GRACI, HOWARD FRY, PEGGY ABRAHAMS, JUDI STEVENSON, BRUCE ELKIN, ANN RICHARDSON, SHILO ZYBERGOLD, JANE and JAMIE SQUIER, DEBORAH GAINER.

Wow, these are just some of the people I remember. A real list would probably be a good chunk of the Salt Spring phone book.

I'm pleased to have met and worked with these people and I'm now proud to consider many of them good personal friends.

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Students say 'yes to life,' and help kids in Ometepe

Thanks to a group of dedicated Salt Spring students, hundreds of Nicaraguan street kids have been given a chance at a better life.

Gulf Islands Secondary School (GISS) students

Wendy Bissett, Stephanie Coulter, Alix Griffiths, Pippa Miller and Melissa Valcourt have been raising funds by selling pulseras (bracelets) to help the *Si a la Vida!* (Yes, to Life!) projects in Managua

and Ometepe Island.

"They're there and they need help," said Coulter to explain why she got involved in the project.

"These kids want so much to go back into society and lead a normal life. I thought this was an awesome opportunity to help them," said Griffiths.

Coulter, Bissett and Griffiths have visited a number of classes in Salt Spring schools to make presentations about the Nicaraguan street kid assistance project.

During their presentations, the GISS students described poverty, drug addiction and suffering facing street kids in Nicaragua.

"We tell them about the

civil war that went on there that caused most of the poverty. Then we read them a story about Jonathan, a street kid survivor who has turned his life around,"

Coulter said.

She noted that many street kids in Nicaragua are addicted to glue and have a life expectancy of 18 years.

The GISS students said

their presentations have been well received.

"It was interesting for them to hear that eight- to 15-year-old kids who would be in Grade 3 to 10 here were in Grade 1 and 2 in the project," said Coulter.

After the initial presentation, the girls returned to the schools to sell bracelets made by kids in the *Si a la Vida!* project.

Monies raised are sent to the Nicaraguan students, who choose how funds will be spent at the rehabilitation centres.

"We're reaching out to kids in Nicaragua and the younger kids are reaching out to us," Coulter said.

GISS students will sell pulseras during intermissions at the Salt Spring Singers ArtSpring concerts December 7, 8 and 9.



BRACELET MANIA — Seen with friendship bracelets when high school students met with Grade 7 students last week are, from left: Stephanie Coulter, Natalya Alonso, Wendy Bissett, Emily McPhee and Alix Griffiths.

Photo by Derrick Lundy



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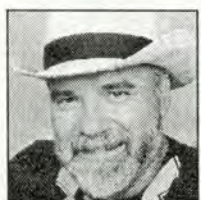
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Wit & Whimsy ... with Arthur Black

They say that to tell a story properly, you should fix it in terms of place and time.

Okay, I live on a small Canadian island that is unsophisticated enough to have no stoplights, no four-lane highways, no mega-malls and no bridges connecting it to The Rest Of Canada.

It does, however, fall under the yawning umbrella of Canadian jurisprudence. And that fact has local lawyers (alas, we have them too) scratching their talons in glee.

It's all about a bus shelter, you see. A bus shelter for schoolkids.

What happened was a couple of parents with school-age children got tired of seeing their kids shivering in the rain and gloom each morning while they waited for the

schoolbus. So they built a bus shelter for them.

The shelter is neat and trim, well back from the road. It keeps the kids out of the wind and rain. But it is cursed with one fatal flaw.

The builders neglected to Get A Permit.

That means that should kids huddled in the structure fall victim to an asteroid strike or a rogue logging truck commandeered by Taliban loonies, then there would be what lawyers lovingly refer to as "a liability issue."

In other words, lawsuits would start flying like autumn leaves, and who's gonna pick up the tab?

Not the school board, not the provincial government and not what passes for local government either. They've all refused to take responsibility.

Unless there's a virulent outbreak of rational thinking, it looks like the shelter, and others like it, will be torn down.

It's not as if we haven't seen this before. On the outskirts of the Ontario town where I used to live there's an old stone quarry full of water. Well, not full.

The water's about 30 feet down from the rim of the quarry, but it's deep and warm in the summer months. It's been a favourite swimming hole for folks in the area for generations — until one night a few years back when a guy, after methodically working his way through a 26-er of rum, staggered to the edge and threw himself off.

He broke his back. And then he did what so many moral midgets are doing these days — he sued.

And won a settlement of \$1.3 million.

The government then spent another small fortune

erecting a steel and concrete fence around the perimeter of the quarry, setting up an attendant's booth and hiring staff to patrol the quarry during daylight hours.

You can still swim in the quarry, but it's somewhat less than a wilderness experience — and all because some witless boozehound was too stunned to keep himself out of harm's way.

I read recently that a smoker in California who is in the process of dying from lung cancer had his court damages award reduced to a mere \$100 million. A judge who reviewed the case felt that the original award of \$3 billion granted by a jury was "excessive."

Ten cents would be excessive. This moron had sucked up two packs of Marlboros every day for 40 years. He claimed to be "unaware" that there was any health hazard.

You know what we need? I can't believe I'm writing this, but we need a new government body — some agency that will wade through hordes of frivolous lawsuits and the pettifogging bureaucratic rats' nests of over-regulation that snarl up our lives. We could call it The Ministry of Stupid Litigation. It would be charged with weeding out the greed-driven lawsuits initiated by suitors who are merely trolling the courts in search of an undeserved jackpot.

It's a pretty simple concept: actions have consequences. If you smoke, you increase your chances of dying ugly. If you drink and dive into a quarry, you may get hurt. Whatever happens, it's your fault, not the taxpayers'.

As for the "illegal structure" sitting on the side of a road on my island — it's a shelter for schoolchildren for God's sake.

Find something significant to get neurotic about.



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WINTER WARM-UPS

Infrared sauna: warmth and therapeutic benefits

By SUSAN LUNDY
Staff Writer

Warming up for winter can be an enjoyable experience — especially if it means relaxing in a sauna with penetrating heat enveloping the entire body and offering health benefits to boot.

"Sometimes at this time of year we feel chilled right to the bone," says Dawna Masters, proprietor of Masters' Wellness Spa. "Sometimes I go into the sauna for that reason — I'm chilled."

But Masters' sauna is not your typical, ultra-hot, wood-heat version; it uses "soft heat" or infrared technology, resulting in an entirely different experience.

Using radiant heat — like the sun — and warming from the inside out, the sauna stays at a comfortable temperature (110-130 F compared to 180-210 F in traditional saunas), making breathing easier and the experience, for many, more enjoyable.

Masters has recently opened up her infrared sauna to the public as part of a healing centre at her home on Horel Road. The lower level of her house has been transformed into a peaceful space, offering educational books and pamphlets, a juice bar and the sauna.

The decor is Japanese in deference to Masters' Zen-like philosophy which encourages balance in life.

"We tend to put a heavy beat on the physical, but we need to put it on other aspects as well, such as spiritual and emotional," she says.

Once the health centre is really up and rolling, she plans to highlight and sell locally made health products, such as non-toxic soaps, creams, oils and teas.

But the sauna is the real draw to Masters' healing centre. The three-seat cedar box has a window and smells fresh inside. Just audible music adds to the relaxing atmosphere.

In addition to being just plain enjoyable, infrared saunas offer several therapeutic benefits, including detoxification, pain relief, weight loss and skin care.

"The penetration is really deep, going one and a half inches into the tissue," Masters says.

This offers endless benefits to people suffering chronic pain from ailments



Dawna Masters

such as arthritis and fibromyalgia, and can speed the recovery of muscle strains or sports injuries.

Athletes around the world are also using infrared saunas and therapy for pre-sport warm-up purposes. Masters jumps into the sauna, fully clothed for about 10 minutes before she runs, allowing a thorough warm-up that extends to every muscle in her body.

The sauna is also useful for people suffering winter colds. A session in the sauna "gives a detoxification boost to the system, assisting in wellness, and warms you up as well," notes Masters.

Detoxification occurs as

the body begins to sweat after some 25 minutes in the heat.

"It's a safe way to cleanse because it's bypassing the liver and kidneys and going straight to the lymphatic system," Master says. "But even for older people who don't want to sweat, the benefit is still there, warming the tissue."

The sauna can also assist skin care, helping eliminate acne, psoriasis and eczema.

"I've never had baby-soft skin like this before," Masters says.

Finally, the sauna can aid in weight loss because it burns calories at a rate of about 600 per half hour.

"This is passive exercise," Masters points out. "You're exercising the heart and moving the blood around, but unlike a hot tub, your blood pressure goes down rather than up."

Weight loss from elimination of fluid in the sauna will be regained, she adds, but the calories stay off. And because the "exercise" does not involve muscular use, it is appropriate for people who are bed-ridden or wheelchair-bound.

"Above all it allows for relaxation," Masters says. "It lets us let our shoulders down."

Many islanders are already familiar with Masters' home at 125 Horel Road as a pick-up point for wheat grass flats or a spot to drop by for

SAUNA cont'd on p10

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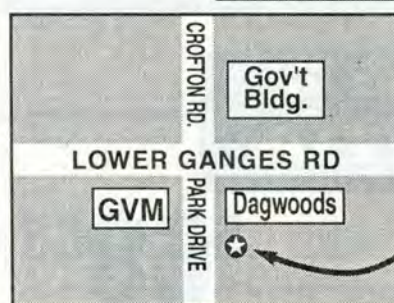
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Vehicle fine-tuning important for winter

By PIRJO RAITIS
Staff Writer

Whether we like it or not, winter is here.

We can dress for the inclement weather, bundle up in hats, gloves and foul weather gear, but our vehicles can suffer from the cold as much as we do.

To make sure you can get your vehicle started and running smoothly, it's time to make and follow through with a check list.

First and foremost, check your antifreeze, says Ben Braiden from Salt Spring Auto Parts.

"It's also a good idea to change your oil and make sure it's the right viscosity for the temperature," he said.

Vehicles have different oil viscosity requirements, he explained, and each make and model is different.

Next to the oil and antifreeze check-ups, Braiden suggests drivers invest in a new pair of windshield wipers, check all light

bulbs and buy replacements if you need them.

"Have everything working," he stressed.

Compiling a roadside safety kit is a good idea and should include a set of chains, blanket, jumper cables, a trouble light or flashlight, and a tire repair kit. For motorists who carry chains, Braiden advises learning how to put them on before they get stuck.

Block heaters are not as common on the coast as they are in the north, but they do work, and are a necessity for trips to colder places in the province during the winter.

For driving on dark and rainy nights, he suggests rain repellent for the front windshield. Braiden said it increases visibility immensely.

"I'd suggest this for anybody who drives in the rain."

As well as the repellent, he suggests getting extra driving lights or fog lights to improve visibility.

For people who don't want to add more lights, motorists could jump to higher output headlights to make it easier to see at night, he said.

The spare tire should be checked to make sure its air pressure is correct and good winter or all-season tires wouldn't hurt either.

Richard Murakami of Murakami Collision and Auto Repair suggests drivers get a seasonal tune-up, oil change, and check all belts and fluid levels.

On the coast, antifreeze should be good to -10 C. Before putting in new antifreeze, a cooling system flushing might be in order. Batteries should also be uncorroded and ready for the heavy duty use they will get in the colder temperatures.

With snowy road conditions always a possibility, if you haven't geared up for winter and taken all of the prescribed measures, carry a chain or tow rope in the trunk — just in case.

Sauna and good health *cont'd from p9*

health-boosting wheat grass shooters.

The nutrient-rich grass is a cornerstone of Masters' individual health plan. She grows it — like a lush carpet in a small room off her garage — and sells 25 to 30 flats per week.

"A lot of people are now wanting to grow their own and I encourage it," she adds. "There is a link between what we eat and what we grow."

She recommends health-conscious people move away from consuming "processed, dead food."

"Living food is going to provide us with living enzymes for life," she says.

Wheat grass is generally

consumed daily by the ounce — \$3.50 a shot at Masters' home or the Growing Circle Food Co-op. Other options include purchasing it by the flat — enthusiasts need two a week — or growing it.

Masters speaks from experience when she says, "We need to look at our lives . . . we need to have time to look after ourselves."

Diagnosed with breast cancer two years ago, Masters took her life into her own hands, making conscious changes in her diet and lifestyle. Eighteen months and a new life later, Masters was deemed clear of cancer. She has

remained so for the past six months.

Now Masters hopes to spread good health to others in the community.

The sauna is open to the public by appointment Tuesdays through Saturdays at a cost of \$30 per 45-minute session. Three people can use it at one time.

Masters offers a special package for "singles," who can buy 10 sessions for \$200. She is also a distributor for the saunas, which come in various sizes, and says "my dream is to see every household have a sauna for family use . . . the benefits to all ages are so profound."

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- ✓ Inspect coolant level and freezing point
- ✓ Inspect all brakes for wear % and condition
- ✓ Inspect brake calipers, wheel cylinders and parking brake
- ✓ Inspect tire wear and pressure
- ✓ Tire rotation
- ✓ Inspect transmission fluid level, power steering fluid level (if applicable), brake fluid level, clutch fluid level (if applicable)
- ✓ Pressure test cooling system, inspect related hoses and clamps
- ✓ Inspect drive belt condition (excludes timing belt)
- ✓ Inspect distributor cap, rotor and wires
- ✓ Inspect windshield wipers, washer jets and blades
- ✓ Washer fluid top-up
- ✓ Inspect exhaust system
- ✓ Inspect springs and shock absorbers
- ✓ Inspect all lights and bulbs
- ✓ Inspect and lubricate door locks, latches and handles
- ✓ Inspect block heater cord

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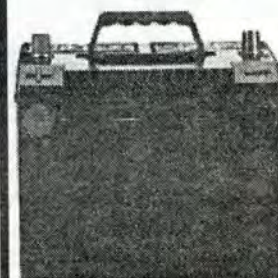
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Time now to winterize house

By MITCHELL SHERRIN
Staff Writer

Cold winds, driving rain and the first splatterings of wet snow last week were the harbingers of another west coast winter.

Many island residents have noticed chilly drafts, rattling windows, power outages and increased heating costs.

These are signs that it's time to winterize our homes again.

A little preventative maintenance can conserve household heat, prevent damage from winter storms and reduce the chances of fire.

Some major heat-loss areas include doors and windows.

"Home owners might want to replace flat or worn-out weather-stripping around doors and check the caulking around older windows," noted Paddy Petersen of Slegg Lumber.

She also suggests installing weather-stripping around garage doors.

"Cold air from attached garages draws a lot of warmth away from the home," Petersen said.

She recommends applying window poly to older single-pane windows. In this heat-saving technique, a hair dryer is used to seal thin plastic sheets around windows, ensuring better heat conservation while allowing clear visibility.

"It makes a huge difference," said Petersen.

Another option would be to replace single-pane windows with double-pane units, she said.

Petersen also recommends a look in the attic to check insulation and roof ventilation.

Adequate ventilation with stationary, gable-end or turbine vents can prevent rot and mildew.

Insulation should be 25 centimetres (10 inches) thick to optimize performance. Insulation stops can also be installed to create ventilation channels between rafters.

Under the house, Petersen recommends that water pipes in crawl spaces be covered with foam pipe wrap to prevent freezing. Electric heat tape, which includes an automatic thermostat that kicks on when the pipes reach freezing temperatures, is also available.

Indoor hot water pipes could also be covered with pipe wrap to conserve heat.

Petersen suggests a cleaning and inspection of all heating systems, including wood stoves, chimneys, furnaces and baseboards.

She noted that wood stove fresh-air ducts will reduce drafts from doors and windows.

"It's also a good idea to check and replace the seal on wood stove doors if you can't get a good draw," she said.

Home owners could also check and clean floor vents from furnaces. Directional vents will aim heated air toward the floor rather than windows.

"Always do a regular winter inspection of your roof and gutters," suggests Marnée Beauvais of Mouat's hardware department.

"Clogged and backed-up gutters cause water problems that could damage your roof," she said.

Beauvais recommends checking shingles for moss, curl, warping or damage; tightening down antennae; and removing hanging branches or dangerous trees.

"It's always easier to inspect ahead of time," she said.

Decks should be covered with non-skid surfaces such as safety tape or unused roofing tiles.

Beauvais suggests checking door locks, which can be lubricated with silicon or graphite.

"It's also a good idea to get spare keys in case you drop them in the snow," she said.

"This is a good time to stock up on safety salt, fuel for alternative energy sources, batteries and flashlights."

She also recommends ensuring tool boxes are handy and well stocked.

Beauvais described a handy product called "Magic Wrap" that can be used to make emergency seals around water pipes.

A tarp is another essential item for various household emergencies.

Beauvais suggests households keep an old phone on-hand to replace non-functional cordless phones in the event of power outages.

Firefighter Arjuna "A.J." George of the Salt Spring Fire Department recommends that households with wood stoves, oil furnaces or attached garages purchase carbon-monoxide detectors.

This colourless and odourless gas is Canada's number one killer among poisons, he said.

George also recommends people vacuum dust out of smoke detectors.

"A dust build-up will give nuisance alarms, prompting battery removal, and we don't want people taking batteries out of smoke detectors."

He also suggests developing and practising fire escape plans and notes that people are welcome to call the fire station if they need help making a plan.

As a winter project suggestion, George proposed building, replacing or renewing house signs.

"They're one of our biggest tools for responding to a fire," he said.

House signs should be clearly visible from both directions of traffic, obstructing bushes should be trimmed and signs should use contrasting colours, he said.

George provided a few Christmas season fire tips:

- Make sure candle holders are non-combustible and

never leave candles unattended.

- Acquire a fresh Christmas tree, water it regularly and do not place candles on trees.

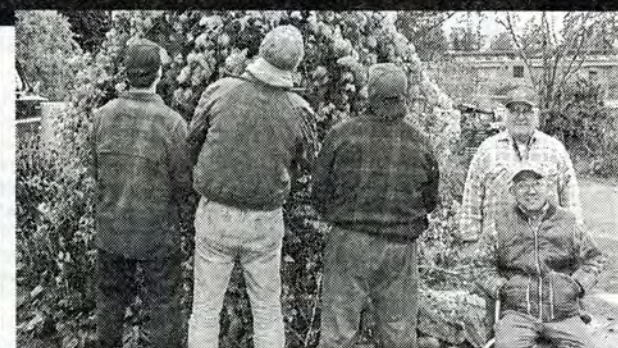
- Christmas lights should go into power bars to prevent short-circuits. Indoor and outdoor lights should not be interchanged due to different groundings.

George said house safety is included as part of Infant CPR classes offered through the fire department.

In addition to CPR, artificial respiration and choking intervention techniques, participants will receive information about fire protection in the home.

Classes are offered every month, starting in January, on Tuesday nights. For more information on Infant CPR classes or fire escape plans, call A.J. at the fire department (537-2531).

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FIRE: Safety Measures for wood burning stoves

Fire is a particularly pernicious beast. Given the opportunity, it will burn down a building faster than you can run for a hose.

As the wood burning season is upon us, extra safety measures must be met to ensure a safe and happy winter.

1. Let wood dry a year before you burn it.
2. Have your chimney regularly cleaned. Creosote can build up quickly causing chimney fires. (HINT: Arbutus produces more creosote.) Chimneys should be cleaned at least every 6 months.
3. Shovel the ashes into a metal container to prevent any hot ash starting a fire. Keep the ash outside & away from the house until cool to the touch.
4. Test & vacuum out your smoke alarm regularly.
5. Remember to change the battery in your smoke alarm (HINT: when the clocks change, change the batteries in your smoke alarms too!)
6. Install a Carbon Monoxide Detector in the house to alert everyone of possible CO poisoning.
7. CO is a colourless, odorless toxic gas known as the "Silent Killer". With regular chimney cleaning & early detection you & your family can enjoy winter safely.

*****Always keep combustible materials clear from the fireplace and matches and lighters out of children's view and reach*****

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INDEX ANNOUNCEMENTS

005 Births	011 Engagements	032 Meetings
006 Deaths	017 Marriages	034 Notices
007 In Memoriam	020 Coming Events	040 Personals
008 Card of Thanks	025 Education	041 Personals/Business
009 Seasons Greetings	026 Legals	
010 Celebrations	029 Lost & Found	

EMPLOYMENT

050 Business Opportunities	055 Help Wanted	060 Work Wanted
----------------------------	-----------------	-----------------

SERVICES

100 Accounting	132 Lawyers
102 Airlines	134 Marine Services
106 Business Equipment	136 Mechanical Repair
108 Cameras	138 Misc. Services
109 Caregivers	140 Music Lessons
110 Catering	142 Musical Services
112 Charters	146 Office Services
114 Child Care	148 Pets/Livestock
115 Chiropractors	150 Photography
116 Cleaning Services	152 Printers
117 Community Services	154 Recycling
118 Computers	156 Rentals
120 Courier Services	158 Secretarial Services
122 Day Care	160 Sewing
123 Dental	162 Shoe Repair
124 Diving	168 Signs
125 E-commerce	170 Small Engine Services
126 Eyeglasses	172 Towing
127 Financial Services	173 Travel
128 Gardening	174 Trucking
129 Graphic Designers	176 Veterinarians
130 Health	178 Welding
131 Internet	

MERCHANDISE

300 Antiques	329 Farm Items	351 Misc. Wanted
302 Appliances	330 Food Products	360 Musical Instruments
305 Art Work	331 Farm Gate	365 Office Equipment
308 Auctions	333 Firewood	370 Pets/Livestock
310 Building Supplies	335 Furniture	376 Sporting Goods
320 Clothing	340 Garage Sales	377 Toys
322 Computers	342 Garden Supplies	379 Free/Recyclables
325 Crafts	343 Health Supplies	386 Water Sales
327 Equipment	345 Hot Tubs & Spas	390 Websites
328 Exchanges	350 Misc. For Sale	

REAL ESTATE

400 Appraisals	440 Misc. Real Estate
410 Real Estate For Sale	450 Mobile Homes
420 Financing	450 Wanted to Buy
430 Land Surveyors	490 Websites

RENTALS

500 Apts/Suites For Rent	530 Shared Accommodation
510 Commercial Space	535 Situations Wanted
520 Houses for Rent	540 Wanted/Rentals
525 Rentals, Misc.	

ACCOMMODATION

600 Bed & Breakfast	622 House Exchange
615 Holiday Accommodations	625 Resorts
620 Hotels	690 Websites

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815 Boats & Marine, Service	845 Recreational Vehicles, Sales
820 Boats & Marine, Sales	850 Tires
822 Campers & Trailers	855 Trucks/4x4s
825 Cars, Sales	856 Buses, Vans
830 Cars, Service	860 Vehicles Wanted

900 TOO LATE TO CLASSIFY - NOON MONDAY

6 DEATHS

Lorraine Cynthia Toller passed away Friday, November 30th peacefully at home. Born February 10th, 1949 in England, she leaves behind her husband Richard (Rick) Toller, her mother, father, sister and brother. Thanks to the doctors and nurses at Vic. General and Royal Jubilee. Special thanks to Dr. Vanessa Burnstein at the BC Cancer Institute, Dr. Benloulou and the nurses at Lady Minto, support workers Ann and Sharon, and all our wonderful friends on Salt Spring who have helped us through this difficult time. No flowers please. Donations may be made to B. C. Cancer Society and Lady Minto Hospital if so wished.

7 IN MEMORIAM



Dear Jesse - who lives on in the world of Spirit - four years have passed and still each day brings thoughts of you - memories of laughter and tears and loving you. Forever ... love always from all of us my sweet boy, from your Mama.

20 COMING EVENTS

ART CLASSES. Watercolour or acrylics, in small group setting. January-March. Beginners-Advanced. Call Val Konig. 537-9531. Good Gift Idea!

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CHRISTMAS BIRD count, December 15. Information 537-9335 N. Braithwaite.

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SWOVA INVITES the community to attend a Candlelight Vigil at Centennial Park on Thursday, Dec 6 at 6:00 pm to remember all women killed by violence and to affirm our commitment to violence prevention. You are invited to bring poems, readings & songs to commemorate women victims of violence.

Christmas with Scrooge



Dec 21, 22
at 7:30 p.m.
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32 MEETINGS

School District #64 (Gulf Islands)

A regular meeting of the Board of School Trustees, will be held at Salt Spring Elementary School, Wednesday, Dec. 5, 2001 at 1:00 p.m. PUBLIC WELCOME!

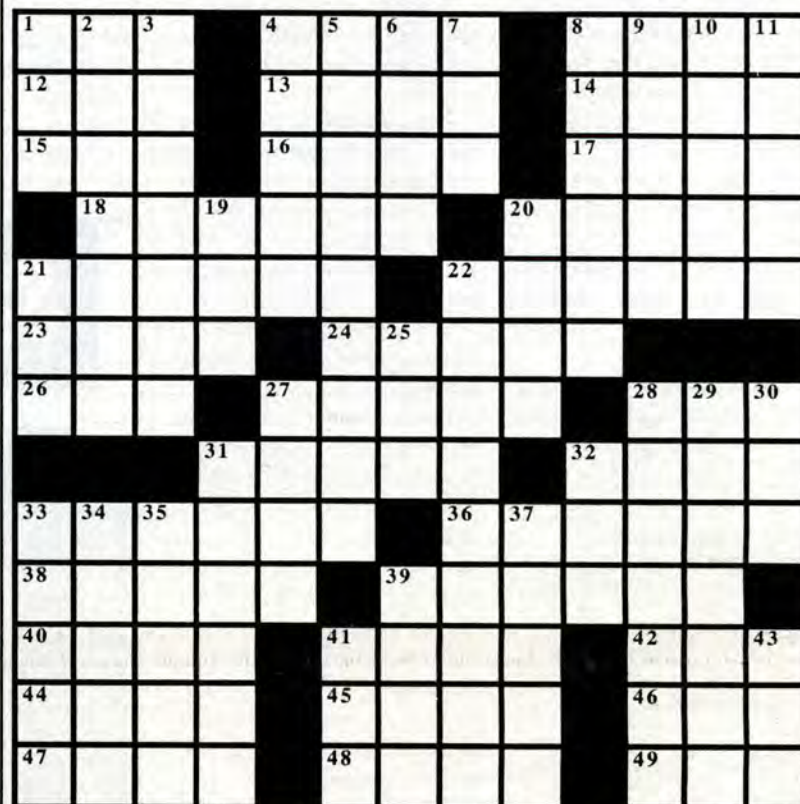
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Canadiana Crossword Daddy Oh?

Bernice Rosella and James Kilner



ACROSS

- 1 Ont. time zone
- 4 Tell all?
- 8 Obdurate
- 12 Punter Passaglia
- 13 Cape buffalo
- 14 Sheltered side
- 15 Prepare for war
- 16 Evil Empire acronym
- 17 Wild _____
- 18 Father of Mark
- 20 A kind of pneumonia
- 21 Keep
- 22 Father of Moises
- 23 Small salmon
- 24 Wept
- 26 Unspecified amount
- 27 Whoville creator
- 28 Newt
- 31 Firth of _____
- 32 Japanese waist pouch
- 33 Father of Sacha
- 36 Father of Wayne
- 38 Let in

- 39 Father of Jacques

- 40 Agreement
- 41 Yugoslavian River
- 42 Mil. rank
- 44 Via or mono fol-lower
- 45 Oil cartel
- 46 Pull
- 47 Letters
- 48 Escritoire
- 49 Compass pt

DOWN

- 1 Note on Guido's scale
- 2 Heart or brain fol-lower
- 3 Father of John Craig
- 4 _____ Arabia
- 5 Smarmy
- 6 Snout
- 7 Pike fish
- 8 Father of Stafford
- 9 Defence
- 10 Summarize
- 11 Tractor maker

- 19 Prince, in Punjab
- 20 Sediments
- 21 Canadian Mil. unit
- 22 Foul mouthed females
- 25 Concavity
- 27 Arrange
- 28 Pact
- 29 Art on walls
- 30 Hill
- 31 Falderal
- 32 Sick
- 33 Priest
- 34 Exemplar
- 35 Postal alternative?
- 37 Woe is me
- 39 Stare
- 41 Turf
- 43 Be indebted

Crossword
answers
page 14

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Horoscope for the week of: December 7, 2001

Tip of the week:

Next to words like 'unity' and 'we' linked to Sagittarius is 'vision'. Vision is an intention and state of mind made up of faith and purpose. When a person lives with vision, life takes on meaning that strengthens one's character and gives rise to determination, that resilient quality that

helps us to endure and overcome the storms and trials of life. Determination is not merely willful it is willing. A willing person is one who is open to the signs, directions and gifts that life offers when one asks and is open to receive, whereas a willful person tends to be narrow minded and defensive. So, vision is that quality of mind that facilitates the ability to flow with inspiration. Since vision suggests goals that are

long term it contributes to a more responsive approach to life rather than reactive. Without vision, life often becomes drudgery and depressive whereas meaning and purpose born of vision nurtures health and happiness. The key to vision is self-awareness. What many consider to be self-awareness is often merely recognition of habitual states of behavior molded by the environment. Vision lifts individuals to greater heights of expression that can deeply soothe feelings of insecurity. Beyond possessions and houses or limited guarantees and shifty insurance policies, vision summons feelings of security from spirit and soul. Astrology is a powerful tool that fortifies self-awareness and awakens vision.

Aries (Mar 21 - Apr 20)

Before you can bring your vision down to earth you first require one and this is the call now. Since vision asks for both a bottom line and long-term considerations, it can take time to clearly define. Start by making a list of what makes you special. Next, list 10 things you want to see happen in the world or your community etc. Third, make a list of things you can do now to achieve your goals. Vision is the ideal; action is the reality.

Taurus (Apr 21 - May 20)

Do you get the feeling that you are being pulled in more than one direction these days? On one hand you feel the urge to merge your assets. On the other hand you are determined not to repeat any mistakes. Some investigation and careful thought are needed. A good decision will take some time and you do not want to be rushed. A joining of forces seems destined so outline all your goals and objectives so they can be communicated clearly now and later.

Gemini (May 21 - Jun 20)

The balancing act between 1 and we is an ongoing challenge for us all and is a central

task for you now. The trouble with a group voice is that there is often too little mutual understanding. Lack of self-awareness and communication are the common culprits. Rather than waiting for others to wake-up and make changes it is up to you to make a move. Decipher what and why you believe in the things you do. Intend to move beyond beliefs and towards vision.

Cancer (Jun 21 - Jul 21)

Creating a lifestyle that reflects your authentic self continues. Trust that you are on a journey whether or not you bought the ticket. It is likely that the process will continue for about a year and a half. The advantage here is that you can take it somewhat slow. Hopefully you will be sure. Vision, analysis and courage are required. Recognize that sometimes we are in denial about being in denial. Aim for full honesty. Creating a healthier lifestyle is your toll for freedom now.

Leo (Jul 22 - Aug 22)

A time of personal empowerment continues. The challenge is that to claim it you must overcome a number of personal issues that are surfacing. These include limiting beliefs and self-concepts as well as overinflated ones. Focus on what makes you special balanced with a fair evaluation of what makes others important and special as well. Excess pride will get the better of you now. Exercise courage and leadership by being the one to make the first move towards harmony.

Virgo (Aug 23 - Sep 22)

Getting in touch with what you truly believe and value is a central theme these days. Since new levels of authority are on your desktop, you do well to know your priorities. People compromise themselves all too often only to regret it later. Take your time in making long-term decisions now. New deals and negotiations on all fronts will challenge you to know what you do and do not want. Intend to negotiate for a better deal.

Libra (Sep 22 - Oct 22)

Searching for new insights and ideas is keeping you interested and stimulated now. New directions and angles of approach are priorities. The key is to keep an open mind, yet pay attention to the details simultaneously. Make efforts to shield yourself from fear and negative thinking in regard to economic and other social trends. These too will pass. Even a hurricane is followed by much larger ratios of peace, beauty and harmony.

Scorpio (Oct 22 - Nov 22)

The building of a more expanded perspective as well as a more independent attitude continues. Life is complicated and there is always more than one contradiction to integrate. As you begin to entertain new

possibilities be willing to nurture them as though they are a new courtship. As with love, it is important to go slowly and be open to learn. The past does not equal the future and even the experts in any and every field disagree. Experiment!

Sagittarius (Nov 22 - Dec 21)

You are in a pioneering mood and you are flirting with new possibilities. You feel passionate and intense and you do not want to compromise your values or integrity. To realize certain desires you are challenged to genuinely love yourself. Since anything less is an ego trip without any bonus points you might as well go for it. As ironic as this may sound, the key is to be full of your higher self. Strip away your ego opinions so your soul can be revealed. "Up, up and away!"

Capricorn (Dec 22 - Jan 19)

An inward draw to reflect and regroup continues. In this state you are destined to plow through limiting perceptions inherited by the limitations of your environment in your formative years. There is no one to blame, yet it is your responsibility to be renewed. The key is to let any attachments to your opinions about 'the way it is' melt away. This begins with choice. The bigger job is sustaining the choices. Perception is anchored in belief, both are relative to each person.

Aquarius (Jan 20 - Feb 19)

So, you are the party hound who has been stirring up all the fun and frolic. As ever when people get together, ego's clash and judgements fly. Yet so too does laughter and play. Even though you got things going, you are allowed to get out of the way and let the drama unfold of its own accord. On another note, health concerns are up. You may not feel all that confident with traditional approaches. A pioneering initiative towards alternatives is key. Balance tradition with innovation.

Pisces (Feb 20 - Mar 20)

In one way or another you are in the limelight of attention now. The question is do you feel qualified to be there? The goal is to reveal the need for new skills and tools. A better strategy with a long term and big picture vision is needed. Fortunately, the courage to continue to face any fears of the unknown is with you now. Trust that the inner work of clearing and creating on subconscious levels counts for a lot. Still, continue to make key moves in the outer world as well.

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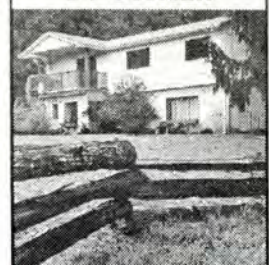
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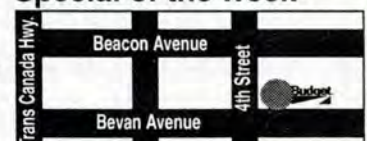
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Let's Eat...with Linda Koroscil

Cornbread stuffing is my favourite for turkey and chicken.

Actually, if the truth be known, I buy a killer dressing in a box made by Mrs. Cubbison, but I can only get it in California. I usually fly back with armloads of the stuff! Her other types are available here, though — you would never buy stove top again once you've tried Mrs. Cubbison's. Here's an easy alternative if you suffer from a guilty conscience.

1 6 oz. pkg. cornbread mix
 1 5 oz. can refrigerated biscuits
 1-1/2 c. chopped onion
 1 c. chopped celery
 3 tbsp. melted butter
 pepper and salt
 fresh rosemary, sage, parsley, thyme chopped to taste.
 3 cups chicken broth (use 1/2 c. white wine for a great taste)

4 eggs, slightly beaten
 Bake cornbread and biscuits according to directions. Cool. Crumble into large bowl. Sauté onions, celery and herbs in butter. Add to crumbs, then add eggs and liquid. Spoon into greased 12 x 8 x 2" baking dish. Bake at 350° F., 55 minutes or till golden. Makes 8 servings. This is obviously meant as an extra side dish. To use this in the bird I would cut back on the eggs.

Desert dog finds home at McLees' island farm

By MITCHELL SHERRIN
 Staff Writer

An Arabian refugee has found a new home on Salt Spring.

Shirley, a Bedouin desert dog, flew from the United Arab Emirates to the island just two weeks ago, looking for a Canadian home.

She had been rescued by Ian Cameron and Katherine Doyle, who were working in Abu Dhabi last year.

But Cameron and Doyle were unable to provide a home for the elegant caramel-coloured canine at their Salt Spring home.

They placed ads in the Driftwood and Barnacle classifieds and received many favourable responses. An article also ran in the

November 20 Barnacle.

"We had tons of calls," said Doyle.

They selected Terry McLees as a new caregiver for Shirley due to McLees' farm and the additional animal companionship available there.

"She hogs the bed, snores and eats a ton of food," said McLees.

Shirley met snow for the first time last week and wouldn't touch it until she was reassured by their other dog, Pedro, McLees said.

As it turns out, Pedro is also an expatriate, having emigrated from Mexico.

Shirley hasn't known what to make of Arrow, McLees' horse.

Even though Pedro is almost double Shirley's size, the new addition is still the head of the

household, McLees said.

"He's learned when she barks, she means business."

But McLees maintains the alpha female is just a sweet-heart.

"All you have to do is say 'no,' and she stops; just like that."

Shirley has had to adjust to the temperature change from the desert sands and wears a coat when she goes on outings.

She also enjoys a warm chair by the fire.

"She loves it when we build the fire up and she lies in front."

But she also appears to enjoy long walks in the forest with Pedro.

"He needed the company," McLees said.

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Candlelight vigil set for Thursday in park

December 6 is a time to reflect on violence against women in Canada and around the world.

It's a time to think about all the women and girls who live daily with the threat of violence. It's a time to remember those whose lives have been affected by violence.

Salt Spring Women Opposed to Violence and

Abuse (SWOVA) invites the community to attend a Candlelight Vigil at Centennial Park on Thursday, December 6 at 6 p.m. to remember all women killed by violence and to affirm society's commitment to violence prevention.

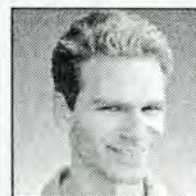
The Candlelight Vigil is held each year to remember the women murdered in the Montreal Massacre in 1989.

People are invited to bring poems, readings and songs to commemorate women victims of violence.

Students at Gulf Islands Secondary School will also be carrying out a White Ribbon Campaign at the high school. An education and awareness campaign, it encourages men and boys to get involved in helping end violence against women. Fundraising events are organized, with proceeds to the Canadian Women's Foundation for distribution to women's groups working in the area of violence prevention.

For more information on the vigil or violence issues, SWOVA Community Development and Research Society can be reached at 537-1336.

\$100 million bucks doesn't guarantee a top-notch film



Flick Pick ...
with Jason Tudor

Looking back, I don't think that Tim Burton should have been the one to direct the remake of Planet of the Apes.

It's not that he's a bad director — he's never made a bad movie — but his best films are the smaller, more personal ones: Ed Wood, Beetlejuice and, especially, Edward Scissorhands. His sensibility is just too strange for the mainstream, I guess.

With Apes, we're not only dealing with a huge Hollywood summer blockbuster, but a remake of a cult classic.

Burton's version of the simian saga is a much bigger film than the original, with massively complex sets and large-scale battle scenes. The apes are amazing, and come in all sorts of varieties (gorillas, chimpanzees and orangutans, oh my!) They look pretty much like you'd expect, and the actors do a good job mimicking what we might expect an intelligent ape to act like.

Some of them are actually excellent, particularly Helena Bonham Carter as a sort of "human rights advocate" and Paul Giamatti as an unscrupulous dealer of captured humans.

But, as seems to be the theme lately, a hundred-million-dollar budget doesn't guarantee a good film. It only guarantees you won't be totally bored. Burton is just not in his element. He's not the guy to deliver big action and semi-ironic humour, which is what the movie studio probably wanted.

Mark Wahlberg is only adequate as the hero, seemingly unfazed by little things like time travel and talking monkeys.

The action itself isn't much, and the special effects are marginal.

However, the 2001 Planet of the Apes is better than the 1968 version, if only because Charlton Heston is even worse of an actor than Wahlberg.

Heck, if I had to pick the best version, I'd probably choose the Broadway musical from TV's The Simpsons: "I hate every ape I see/from chimpan-a to chimpan-zee/You'll never make a monkey out of me."

Rating: PG
 Running Time: 1 hour, 59 minutes

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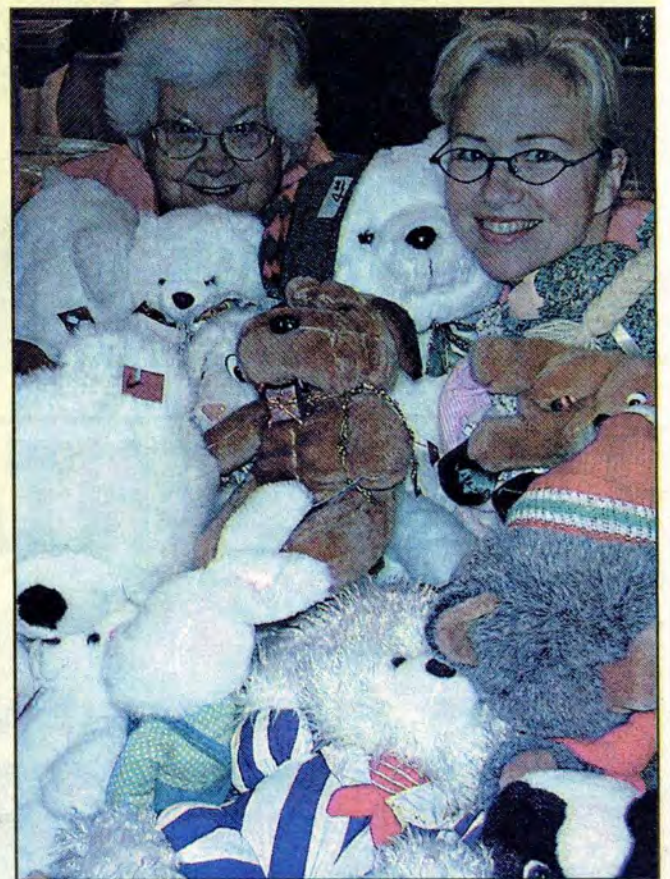
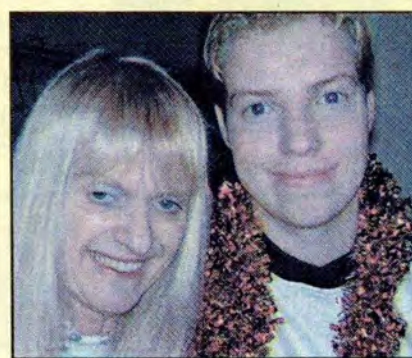
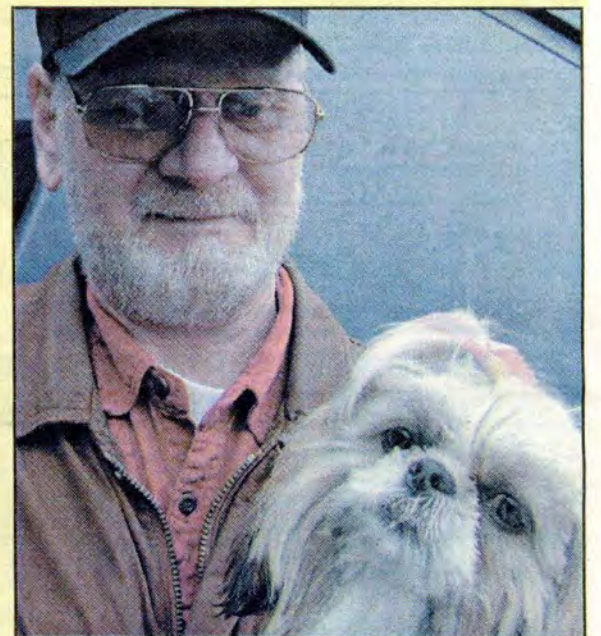
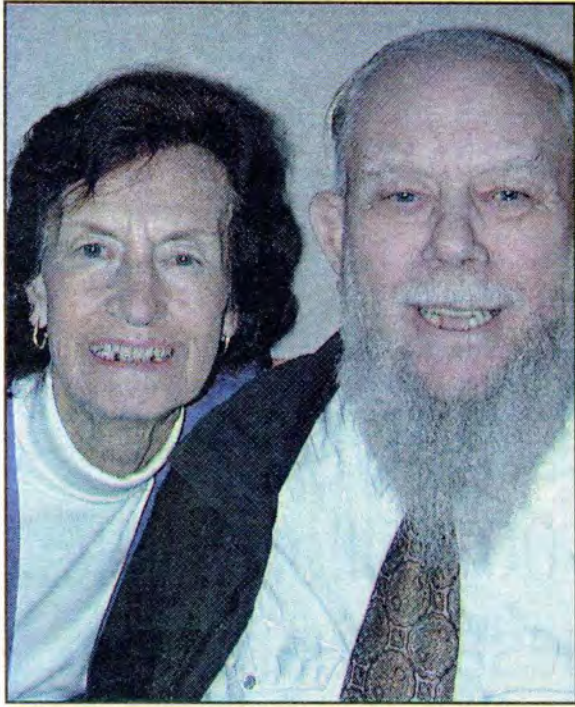


We Are Salt Spring!

A weekly photo supplement to the Barnacle Island Journal

December 4, 2001

Photos by Derrick Lundy



Seen here, clockwise from top left, are: Lois and Ken Swift celebrating 50th wedding anniversary; Yuko Okamura at Afghan dinner; 4-H Club members; Don Helmer with "Ruby;" Jean Brindamour, Barbara Turner at Thrift Shop Christmas sale; Sarah Larson, Sophia Burke, Brianne Smith at The Matriarchs concession; Kathryn Landry, student cooks at Afghan dinner; Nita Brown at Thrift Shop sale; Elsie and Jonah Marsh.



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