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0

Salt Spring Island, B.C.

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### The Barnacle is Online!

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# More ferry changes

BC Ferry Corp. has announced another temporary vessel replacement. The MV Queen of Cumberland which serves the Swartz Bay to Outer Gulf Islands route will be in dry dock from January 3 to February 8.

During that time the MV Bowen Queen will be the replacement vessel. All departures will remain as scheduled however, given that the Bowen Queen is smaller than the Queen of Cumberland, commuters can expect some overloads on peak sailings.

# Two health groups form single entity

The Wellness Advisory Committee and the Salt Spring Health Association have amalgamated and formed the new Salt Spring Island Community Health Committee. The new group has created a new fourfold statement of

1. to promote wellness and the concept of selfcare on Salt Spring;

2. to participate with other agencies in planning, implementing, and co-ordinating wellness activities in this community;

3. to recognize emerging trends and issues in health and wellness;

4. to act in an educational, advisory and facilitating role to the public and government on community health and wellness is-

The Salt Spring Island community Health Committee includes representatives from health related organizations and agencies, and meets the third Monday of the month from 9 a.m. to 10:30 a.m. at the Lady Minto Hospital meeting

Election of one of two individuals to represent Salt Spring Island at the Southern Gulf Islands

Community Health Advisory Committee to the Capital Health Board takes place in January of each year, this year on Monday, January 15. To ensure informed representation, current terms of reference require individuals seeking office to have attended six meetings of the Salt Spring Island Community Health Committee (or one of its predecessors) within the previous 24 months.

Information regarding the mandate of this committee is available by calling 537-4607, Monday to Wednesday. Expressions of interest in joining the Salt Spring Island Community Health Committee are encouraged and can be mailed to the committee chair, Sharon Glover, c/o Salt Spring Seniors Services Society, 379 Lower Ganges Road, Salt Spring Island, BC V8K 2V4.

A subcommittee of the group will be meeting Tuesday January 9, at 9:30 (Lady Minto Hospital meeting room) to discuss the possibility of a Wellness Fair this spring. Interested groups and individuals are welcome to attend.

# Over 13,000 calendars sold

About 2,200 left for those who haven't yet bought a copy of this Island classic

Although the new year has begun, the Salt Spring Women's Preserve and Protect calendar is still going strong. More than 13,000 copies of the calendar, featuring stunning black and white photographs of nude Island women, have been sold. The calendar has scattered across the globe, putting

Salt Spring in the minds and on the walls of people in dozens of countries. There are, however, 2,200 copies left and available through the website or in local shops.

A tip for those who have bought or will buy the calendar: it can be recycled and reused for the years 2007, 2018, 2029 and 2035.

The Save Salt Spring Societywhich handles the calendars and proceeds from their sale—has already pledged \$50,000 toward the Land Conservancy's Salt Spring Appeal fund and plans to pledge a further undisclosed amount in mid-January.

# Replica Aircraft Works



would like to invite all residents of Salt Spring Island to attend an

# 

January 13, 2001 • 10 am − 2 pm • Harbour House Hotel

The purpose is to allow for community input into our proposed aircraft manufacturing facility.

Presentation:

12:00 pm

**Questions** and **Answers:** 

12:20 pm - 2 pm

111 11 HAT WWW.





All that remains of Jim Scott's cedar house which burned to the ground Christmas Eve. Scott survived unscathed.

# House fire contributes to "very good Christmas indeed"

Napping tenant escapes moments before house explodes in flames

by Cameron Smith

Christmas season house fires are usually looked upon as tragic, but for Jim Scott, the razing of his house on Christmas eve has, paradoxically, made this one of his best Christmases ever.

When Scott woke up from a short nap sometime near 8 p.m., he found the house so full of smoke he couldn't even see his hand in front of his face. He groped around looking for the main entrance but couldn't find it, so dropped to the floor and crawled over to the sliding glass patio doors. He burned his hands touching the glass of the doors, but

enough to crawl out onto the deck.

At that point, he said, "the house pretty much exploded"—the added oxygen coming in through the open doors was all that was needed to turn the smoldering into a conflagration. Scott said that by the time he got to his car, the windows in the house were exploding.

Salt Spring Fire Chief Dave Enfield said that when fire fighters arrived, the house was "totally involved."

"The west side of the house was totally gone by the time we got there and the east side was pretty

managed to pry them open much gone by the time the trucks were in position."

In such a situation, he said, there's not much they can do but to try to save any other buildings that may be

As for determining the cause of the fire, he said there was so much destruction there's really nowhere to begin. "The house was cedar on the inside, cedar on the outside and cedar shingles. It was so hot it even burned all the fibreglass insulation.'

Scott was taken to the hospital for observation and treatment for smoke inhalation, but suffered no injuries other than the burns

to his hands.

"I'm just so glad to be alive," he said. "That and the fact that my first grandchild was born the day before have made this a very good Christmas indeed."

Scott lost all of his personal possessions in the fire, including a set of rare first edition books, but the sheep he tends were unharmed and Pip, his cat, finally emerged from the surrounding forest a couple of days after the fire. As for the rest of the stuff, "it's just 'stuff'," he said. Because of financial difficulties, he had let his tenant's insurance lapse months ago.

The response of the community has contributed to Scott's good nature in the face of such a disaster. He has received food and clothing vouchers, offers of beds, dressers and clothes, and his employer, Ganges Village Market, has agreed to front him the money required to replace his computer. Ganges Village Market has also set up a save-a-tape box for Jim; he will receive one per cent of the total of all receipts placed in the box. And a bank account in his name has been set up at the Bank of Montreal in Ganges.



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# Come to the end: then stop In the cathird seat ... with Shelash Plumbett

In Alice in Wonderland the Red King gravely says to Alice upon

being asked directions: "Begin at the beginning and go on till you come to the end: then stop.

Well, you know, I really like that—I like the clean simplicity of it-so I've taken that advice and acted on it. I've come to the end of my time at the Barnacle and, rather than belabour the experience beyond an appropriate time frame, have stopped.

That pretty much sums it up. A few weeks agoafter considerable mental debate—I came to the decision to resign my position as editor and that is what I've done. This is the last issue of the paper under my stewardship as editor; Cameron Smith will be editing

the paper as of its next issue.

One of the great things about taking the Red King's advice is that you avoid the muckiness and confusion that usually results from lingering. There's real value in retaining clarity. Over the past two years—from April 1999 to January 2001—I've enjoyed the wonderful experience of guiding the shape the Barnacle has taken. I've edited it from its beginnings as a skinny little paper with a black and white cover to a thicker, more in-depth journal that's broken ground on issues of real significance to many of you, the silent readers. (Ironic and perhaps fitting that the issue you hold in your hands is a skinny little paper with a black and white cover!) It's been great and now it's time to acknowledge that accomplishment and move on to other things. Hanging about, itching to leave but feeling unable to would make a mess of the past two years. I'm happy not to do that. So, folks, that's the long and the short of it. Today, as

I write this it's the last day of the second millennium. Tomorrow is the start of a bright new century, a big beginning, a whole new ball of wax. I'm looking forward to it and am eager to get started on new projects

that have long been simmering.

And, I'm looking forward to being an observer of the Barnacle as it moves through its next incarnation. The paper has reached a healthy plateau but it needs to shift again and I'll enjoy watching from the side-lines to see how that takes shape. Who knows, I may even continue being a peripheral influence, an occasional contributor to these pages, a now-and-then columnist. Words, as I said in my first editorial in this paper, are my life. That's not something that began with the Barnacle nor will it end now as I take my farewell bow.

One more thing before I go: all of you out there have been absolutely fabulous. I've had some wonderful letters, phone calls, emails and missives delivered both in person and otherwise—and among those I include the crank version as well as the kudos and all that lies between. It has been gratifying to work for an audience that has engaged and responded like the Salt Spring readership does. You made the job a pleasure.

Thanks all.



Not my words!

To all Islanders: Please do not call me to discuss the Harper's article. The quote Ms. Nickson has attributed to me was never spoken by me, nor did Ms. Nickson ever interview me. My apologies to all the landscape gardeners of Salt Spring Island who feel they have been maligned by those remarks attributed to me. I never said what she said I said, nor would I.

It's worth pointing out that, as dozens of people are discovering as they see the way they have been portrayed, it is extremely difficult to protect yourself from the kind of fable Ms. Nickson has concocted. The escape hatch is built in. "Oh, exaggeration is just part of my little Shakespearean conceit, can't you see it?" No, Ms. Nickson, I can't see it at all. What I see is an iron fist wrapped in a literary allusion, hammering the "other" that intrudes on your own vision of the way the world should be, as opposed to what you've found here.

I certainly hope in your next home you are kinder to the people you choose to live with. In the meantime, if you're going to quote people, you damn well better interview them first, and have the

too, and I wouldn't dream of doing otherwise.

SAM LIGHTMAN

Nationality is not the point

I am responding to the letter from G. Kyle (the Barnacle, December 12). I believe he misses the point completely. His letter is like complaining about the noise of Nero fiddling while Rome was burning.

Very few people are against logging and many are land owners. No one has the right to destroy this Island's ecology and pollute a water source in the pursuit of a fast buck.

I don't care if the woman who chained herself to a logging truck is a "Yankee," a hippy or a bank manager—she is an ally to anyone who is concerned about a sustainable future for our vulnerable Island. She should not be put down, sent away, or denigrated.

G. CUE

#### Psalm for a frightened tree Dear Mother Lord,

I beg you for your help, they are everywhere, cutting everything around them, leaving horrendous scars three foot deep everywhere they o. How many seconds have tape to prove it. I'm a writer I got to live? I can't stand

watching this horror show. You know we have done nothing wrong. In their hearts, they seem deeply convinced that we (the trees) are guilty of being their source of income, completely blind to the basic fact that we are their source of life. We are their earth-mates. The population is no longer smiling while driving down Lee's Hill. We must look terrible up here!

My enemy is getting nearer. I saw a few deer, confused, fighting their way in search of a new territory. The canvas of silence necessary to allow the precious songbirds to express their deep love and appreciation for the beauty of their surroundings is currently destroyed by the loud noises of starving chain saw engines, ending decades of growth in only a few seconds. I know I will die, I would not dare ask you to save me dear Mother Lord but please, I beg you for the chance to witness before I go, to see from my lovely branches, a people, a nation take a stand in the face of this chaotic nonsense.

(More reading for Texada owners: Psalm 119 33-38) A gold string has spoken in the face of horror.

CHRIS PAUL TATONETTI

#### Make airstrip intentions known

For the last several weeks a large number of people in Fulford and other parts of Salt Spring have been writing to Transport Canada expressing their concerns with regard to the registration of Mr. Cudmores airstrip.

The most insidious part of this registration issue is that there has been no public process at all, not even the landowners immediately adjoining this property have been contacted. It was only by chance that we discovered what was occurring.

The Islands Official Community Plan stipulates that "we want to avoid the development of any land-based commercial air strips on Salt Spring Island." The Islands Trust has written a strong letter opposing registration. The strip sits on ALR land and the Agricultural Land Commission has also written to Transport Canada expressing their opposition to this registration.

David Nowzek, Regional Director of Aviation for Transport Canada, states that, "it is in [the community's] interest to have the airstrip registered." I don't think so.

Once it is registered the

see MAILBOX p5

# earnacle

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MAILBOX cont'd from p4

Islands Trust and the Province of B.C. lose the ability to apply local and provincial zoning and regulations to this property; it then comes under Transport Canada's regulations and jurisdiction. So, can we, in the future, expect to see hangers, parking lots of planes and cars, machine shops and whatever else they may see as appropriate on this piece of agricultural land?

I would like to ask the parties who have made offers to buy this land, contingent on the airstrip being registered, to make their intentions for this property public so we can all know what is being proposed.

It is frightening, and makes a mockery of the democratic electoral process itself, when unelected officials from Ottawa, in secret, can dictate and override the wishes of communities and their elected representatives, and make decisions which will adversely impact the quality of life of a large area forever.

JUDY FRY

#### APC takes precautionary approach

I am writing in response to Walt McGinnis' letter (the Barnacle, December 19) regarding the Advisory Planning Commission (APC) meeting of November 8, to which were invited a number of groups with varying perspectives on the cell phone antenna issue. The APC has been asked by the local Trust committee to provide it with policy guidelines governing applications for the siting of cell phone antennae. This request was predicated on the understanding reached in an earlier Trust committee meeting, that the focus of APC deliberations would be on terms and

conditions governing facili-

ty siting design, and the ap-

plication process, and not

whether such facilities

should be allowed at all on

Salt Spring. It is perhaps understandable that Mr. McGinnis, who is not a resident of Salt Spring, would find this approach peculiar, since he was unable to attend the local Trust committee meeting at which the issue was referred to the APC. However, there were representatives from the Green Party and IROCA in attendance, who did not object to the approach. Even though they were likely uncomfortable with it, those atthat tending meeting understand that it makes no sense for the local Trust committee to take the position that no new cell antennae should be allowed. Not only is there no legal basis for such a position, because of federal jurisdiction, it would have the perverse effect of excluding local government from any influence whatsoever on the siting process.

As for the health risks associated with cell antennae, the understanding of the APC at this time, based on the material made available to it and additional research, is that there is no conclusive evidence of risk associated with antennae designed and located according to current Canadian safety code standards. One of the key reports upon which we relied for guidance was that of an expert panel appointed by the Royal Society of Canada, a scientific body with a high reputation for integrity. Health Canada officials and the Capital Region Medical Health Officer have indicated to Trust staff that they agree with these conclusions. In fact, available research appears to indicate more evidence of health risk associated with cell phones themselves than with antennae, although the safety benefits of cell phones in



A journal as literary as the Barnacle can be found in the most unusual places. Take, for example, the cruise ship Queen Elizabeth II, 2,515 passengers and crew.

emergency situations should also be recognized.

Nevertheless, from its review of the literature, the APC has concluded that since the technology is relatively new and the research on impacts is limited, it cannot be certain that there are no health risks associated with cell antennae. This applies in particular to so-called "non-thermal" impacts of

low-frequency radiation, a concern specifically emphasized by IROCA. Therefore the APC will recommend a precautionary approach, for example, by encouraging minimum distances from schools, hospitals and senior care facilities (which would reduce exposures by orders of magnitude below current federal standards) and co-location of antennae. We are

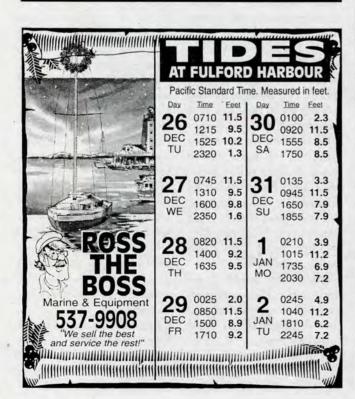
also suggesting that there should be a periodic review of available research, starting in 2002. The APC will be finalizing its recommendations to the Local Trust Committee early in the new year, and these recommendations will be available for public review and discussion at that time.

GARY HOLMAN Chair, Advisory Planning Commission

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| 803†                    | Vanc. Airport | ort 12:15p |           | Islands            |               | 12:40pm               | MonFri.          |
| 805 Vanc. Airport 3:00: |               | om*        | 1 Islands |                    | 3:25-4:05pm   | Daily                 |                  |
| 8015                    | Vanc. Airport | 9:00       | am        |                    | Islands       | 9:25-9:55am           | SatSun.          |
| Flt#                    | FROM          |            | DEI       | PARTS              | TO            | ARRIVES               | FREQ.            |
| 802                     | Islands       |            | 7:        | 40am               | Vanc. Airport | 8:10-8:40am           | MonFri           |
| 804"                    |               |            | 12:45pm   |                    | Vanc. Airport | 1:15pm<br>4:00-4:30pm | MonFri.<br>Daily |
| 806                     |               |            | 3:3       | 30pm Vanc. Airport |               |                       |                  |
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From Nov. 27, 2000 to Jan. 7, 2001, flights 805/806 will depart at 3:00 & 3:30pm respectively.

Flight 803 direct to Ganges only.

May stop at Miner's Bay-Mayne Island, Bedwell Harbour-S. Pender Isl., Lyall Harbour-Saturna Isl., or Montague Harbour-Galiano Isl.

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in effect Oct. 29, 2000 - Feb. 5, 2001

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| 401  |  | 14 1    | *** SUSPENDE                                 | D ***         |           |
| 403  | Vanc. Harbour                                | 3:15pm  | Ganges/<br>Maple Bay/ Tele-<br>graph Harbour | 3:45-4:15pm   | MonFri.   |
| 405  | Vanc. Harbour                                | 9:00am  | Ganges/<br>Maple Bay/ Tele-<br>graph Harbour | 9:30-9:45am   | Sat. only |
| 407* | Vanc. Harbour                                | 3:00pm  | Ganges/<br>Maple Bay/ Tele-<br>graph Harbour | 3:30-3:45pm   | Sun. only |
| Flt# | FROM   | DEPARTS | TO   | ARRIVES       | FREQ.     |
| 402  | Ganges/<br>Maple Bay/ Tele-<br>graph Harbour | 8:00am  | Vanc. Harbour                                | 8:30-8:45am   | MonFri.   |
| 404  |  |         | *** SUSPENDE                                 | D ***         |           |
| 406  | Ganges/<br>Maple Bay/ Tele-<br>graph Harbour | 9:30am  | Vanc. Harbour                                | 10:00-10:15am | Sat. only |
| 408* | Ganges/<br>Maple Bay/ Tele-<br>graph Harbour | 3:30pm  | Vanc. Harbour                                | 4:00-4:45pm   | Sun. only |

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For YOUR chance to win a trip with Harbour Air, fill in the entry form below and drop off at the Barnacle office, 324 Lower Ganges Road. One winner will be drawn from entries received every two weeks.

NOTE: Enter weekly. Must use newspaper entry form - no facsimiles/copies accepted. New draw every two weeks. You must re-enter to be eligible for each draw.

Winner will be announced here and will have 14 days to contact the Barnacle to claim their prize.

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# Pets of the Week

I'm about 1 year old. I have been neutered and would love to be someone's special





My name is Ozark and I live in an outdoor hutch with my pal Ashley. We were born in March

My name is Ashley and I would love to go to the same home as Ozark because we are both a little shy.

Please call the SPCA at 537-2123 or come to the open house every Saturday from 2:00pm to 4:00pm.

The adoption fee of \$60 for a male and \$70 for a female covers the cost of spaying or neutering and a vaccination.

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#### HOROSCOPE FOR THE WEEK

So many promises made and so few kept. What's it mean? Maybe it means you shouldn't be making promises you can't keep. That way at least you'll be able to relax and enjoy the life you have in front of you. Each moment as it is, is perfect, and you can be no less so.

Really?

But temporarily, your fate and direction seem to be going nowhere. This inertia though is the beginning of movement in your life and you should jump on it when it starts rolling. Nothing is to be feared and this courage will lead you to a long romantic night in Nanaimo. Still, even clinging to happiness will lead to suffering. Life is a shifting slope and everything beneath your feet is moving. If you stop to admire the view, you're lost. Even while you sleep the radio is playing and the stars change their position in the night sky.



# laugh 🔊 lines

# The mullet is dead!

Wit & Whimsy ...

with Arthur Black

There was a fair bit of ink splashed around the newspapers last week regarding Mel Gibson's latest movie, What Women Want. The movie reviewers are all hot and lathered because Mel is trying his hand at a new genreromantic comedy a la Cary Grant and Spencer

They're excited because of Mel's on-camera performance—I'm excited because the papers carried pictures of Mel nuzzling his co-star, Helen Hunt...and guess what?

Mel's got a real, honestto-gosh, short-back-andsides haircut. He's not wearing his trademark Mullet.

You know Mel's Mullet-his hairstyle. The one he wore in Braveheart and Lethal Weapon I through MCLXXIV. The one that looks like a wolverine died on the back of his neck.

The haircut is not exclu-

sive to Mel. It is favoured by hockey players, good ol' Bubbas, virtually every steroid superstar in the WWF and pretty well anybody who drives a pickup with a rifle rack across the rear window.

Nobody knows exactly how the name "mullet" came to be applied to this, the goofiest of hairstyles ever to be adopted by the male ego. After all, a mullet traditionally is a kind of bait fish, small and forgettable.

Those are two adjectives that will never be applied to Mullet the hairstyle.

I've heard the Mullet called other names-Kentucky Waterfall, Mud Flap, Beaver Paddle, Ape Drape, Neck Blanket and Hockey Hair to name but a few. The memorable Mullet sported by one-hit country crooner Billy Ray Cyrus led some cynics to dub the hairdo "Achy Breaky Big Mistake-y"but alas, the name never caught on.

heads? Bon Jovi, David Bowie, Michael Jackson, Michael Bolton and my favourite-Larry "Bud" Fortensky, famous only for having briefly performed stud service for Elizabeth Taylor.

But I think Mel Gibson was far and away the most illustrious celebrity ever to sport the "do," and now that he's given it up, methinks the Mullet is doomed to become a footnote in the annals of tonsorial excess. It will go down to the hirsute netherworld, there to languish unlamented along with the Afro, the Brush Cut, the Beatles Shag, the Mohawk and the famous Elvisonian ducktail.

Do I sound gleeful? Well, maybe a tad. As a man who has long since lost the option of cultivating anything curly north of the eyebrows, save a scrawny horseshoe of furze, I derive great, if immature, pleasure in watching male foliage pat-Other famous Mullet- terns come a cropper.

It's not easy for bald guys, you know. Even horseshoes of hair grow. I still have to go to the barber every three weeks and fork over my 15 bucks to watch him cut my hair in less time than it takes to clear your throat.

I complained about it once. I sat waiting my turn, watching my barber shear a guy who looked like the missing link. When he was finished the floor looked like the aftermath of a sheep-shearing contest. "That'll be \$15," my barber told the guy.

I climb into the chair, the barber makes about three cursory strafing passes at my head, shuts off the clippers. "That'll be \$15," he tells me.

"How come you charge me the same price for a haircut as that other guy? Shouldn't I get a discount?"

"I only charged you five bucks for cutting your hair" he says. "And 10 dollars for searching for

# A New Year's day, years ago



Isle Say! ...

with John Pottinger

I had just finished working the day shift in the control tower at Kelowna airport. The snow had been falling all day and the early winter dusk was settling in as I pulled out onto Highway 97 and headed home. Though the roads were snow covered, I felt confident driving my big old '66 Plymouth 4-door sedan. Just south of the airport there's a gentle right hand curve where the highway divides and a large field separates the

north and southbound lanes. As I approached, I saw that this snow covered field was full of people. Some were standing around their cars in small groups chatting, while others were running around wildly, waving

their arms. As my coldnumbed brain was beginning to wonder why they had all decided to party in the middle of a field, I realised my car wasn't doing what I wanted it to. I was steering around the corner, but that big old Plymouth was continuing in a very straight line, heading right smack dab into the middle of that field full of people. They had all done the same thing I was doing: failed to make the corner and ploughed on through this lovely white field of snow.

Most of the people in my path were doing a superb job of getting out of my way. Except one woman whose car I was about to bowl into. As my Plymouth and I came dashing through the snow toward her, she stood in front of her car waving her arms frantically, as if to say "Stop! You're going to hit my car!" I remember thinking "Lady, get the #@°% out the way! There is nothing I can do to stop my car ploughing into yours."

Oh, I was doing all the right things: pumping the brakes and turning the wheel, but I might as well have been in the back seat playing a flute.

lying on my back in the snow, looking up at a circle of faces framed against the darkening sky. One of the heads was wearing a Mountie hat. His gloved hands were holding my wallet.

He looked down at me and said, "How are you feeling, John?" I told him that the back of my head hurt like heck.

"I'm not surprised," said he, "You took a pretty hard hit. The ambulance

folks are going to check you over to make sure you're okay, then I'll give you a ride home."

As we pulled up in front of my apartment building he started laughing and said, "I was going to give you a ticket for driving on those bald summer tires. Then I saw that set of brand new studded snow tires sit-When I woke up I was ting in your car. The ones you had put in the back seat and were going to mount when you had the time. One of which flew forward so hard when you hit that lady's car (incidentally, she got out of the way) that it knocked you out cold when it smacked you in the back of the head."

For three weeks I had a nice neat pattern of little red holes across the back of my head. I told people they were chicken pox.

# IODE looks back on the past century of work

by Peggy Abrahams
The last day of December was not only the end of the century, but it marked the end of the hundredth anniversary of the oldest women's group in Canada. The IODE, first started in January 1900 as the Imperial Order of the Daughters of the Empire, was the brainchild of Margaret Polson Murray. Her idea was organize women throughout the British Empire to express their loyalty to the Queen and provide support during the Boer War for soldiers and their dependents.

Since then, the IODE has reached far and wide to help communities across Canada, including Salt Spring. In the last three years, the Salt Spring IODE has given \$17,000 to the community. Just last year, the IODE raised

funds to support the Community Services Youth Programme, the Food Bank, Transition House and SWOVA, as well as providing scholarships to graduating high school students.

To celebrate its 100th anniversary, the IODE planted a tree in Centennial Park in October. As part of a nationwide 100th anniversary campaign, the IODE raised \$200,000 to help alleviate child abuse and neglect, according to Salt Spring chapter communications officer Gwyn Strike. Each year, IODE members volunteer one million hours of service each, raising some \$3 million, she added.

Last year's IODE donation to SWOVA helped fund the development of a training manual on violence prevention for schools, and enabled two local high school students to attend a symposium in Montreal. Strike remarked, "Those students wouldn't have gone had we not given the money. Not only did we help get the book going, but we sent two students to the symposium. Pretty amazing for a small Island.'

Strike said that SWOVA's youth violence prevention programme fit in well with the theme of the IODE campaign. "It worked in well, because the whole thrust of the 100th anniversary was against abuse, and for the care of children.'

In keeping with the idea of caring for children, each year the IODE donates \$200 worth of library books to each school on the Island, and the chapter has also paid for escape hatches on two of the school buses.

The IODE also donates funds to help the Lady Minto Hospital and in the past helped refurbish the Madrona Room at Greenwoods, underwriting new upholstery for the bench cushions and new rugs. But the IODE does more for Greenwoods than donate money. "Each month,



An IODE picnic on Beddis Beach circa 1917. At the time the Ganges chapter had 71 members and was one of four chapters on the Island.

"Not only did we help get the book going, but we sent two students to the symposium. Pretty amazing for a small Island" -Gwyn Strike

three of us go and do a sunshine breakfast for 12 of the residents," Strike said.

While the IODE still plays a vital role in supporting community projects, today its membership is dropping off. In 1917, the Ganges chapter had 71 members, and it was only one of four IODE chapters on Salt Spring at the time. That was during World War I, when the organization was actively engaged in fundraising and making care packages to support soldiers overseas.

Today, the Salt Spring chapter of the IODE has only 40 members. Strike, who joined the IODE five years ago, said most of the local members are in their 70s and 80s, and a few are in their 90s. "Unfortunately, it's going to die out. We get a couple of new members each year, but they're retirees as well. If you get someone in their 50s or 60s, you

Although the IODE does make an effort to recruit new members, Strike suggests that times have changed since the war years when so many women joined. "Young mothers and women just don't have the spare time. Mind you, in the war years, women didn't have household amenities and they knitted 400 pairs of socks, made pajamas, and walked to meetings. What they did in the world wars is be-

Records have been kept of the minutes of Salt Spring IODE meetings from the early 1900s. Strike said that the IODE helped to build the first hospital on Salt Spring in the 1920s, not only by donating funds. "(The IODE) immediately took over a room and furnished it," she said.

In 1930, a brass plate from the H.M.S. Ganges was obtained by the Salt Spring IODE at the cost of four pounds sterling, which was noted in the minutes as, "too great a sum." Luckily, a generous offer by Captain Walter covered the cost, and the plate was installed near Ganges Wharf. That year, the chapter bought a bicycle for a boy who had to walk to the high school from the North End of the Island.

The local IODE focused on causes to help people at

home and far away. In 1939, members not only knitted socks for Island boys, but mittens, scarves and stockings were made for trawler crews sweeping the North Sea. That year, Manson Toynbee won a prize for his essay, The Role of the King in the Empire."

During World War II, the IODE collected old leather to make into windbreakers for sailors. The chapter sent clothing to Polish refugees, prisoners of war, servicemen and women and bomb victims in England.

In 1955, the Ganges IODE assisted a leper colony in the South Seas. That year, the annual membership dues were raised to \$2.25. In 1957, Dietrich Luth won an oratorical contest on the topic of the British Empire.

Today, the Salt Spring IODE holds four fundraisers each year, a Christmas get-together, an auction, a bridge afternoon and the annual fashion show in May. These fundraising events enable the IODE to continue its tradition of good works, which ripple throughout the community. Strike explained, "We don't donate to individuals, but to organizations that can use the money to help many more people."

Although the causes and activities have changed, the energy and commitment of the IODE members has remained constant through the years. In 1917, the Ganges chapter of the IODE held numerous fundraising events, whist drives, concerts, dances and entertainments [sic]. The chapter also raised money by selling paper, bottles and deer hides, according to the minutes. That year, the IODE raised \$789.15.

This year, the local chapter has raised \$10,000 to give to the community. For a women's organization that started before females even had the right to vote, the IODE has an impressive legacy.



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The Barnacle is pleased to welcome Cameron Smith to the position of

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Cameron takes over the position from Shelagh Plunkett, who has resigned to pursue other interests.

Cameron Smith, Editor

Barnacle



#### **EXPRESSIONS OF INTEREST** Planning, Inspection and Design Services

The Ministry of Environment, Lands and Parks, BC Parks, South Vancouver Island District, invites Expressions of Interest from qualified firms to provide consulting services for the planning, inspection and design of visitor facilities at various Provincial Parks throughout southern Vancouver Island and the Gulf Islands. Upon receipt of the Expression of Interest, proposals for routine assignments up to the \$15,000 range may be requested from respondents for the disciplines listed below. Please note that proposals may be invited without further public notice. The term of this Expression of

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Interest is from February 2001, to March 31, 2002.

Amenities Assessments/Design

Evaluate existing conditions and prepare plans and cost estimates for repairs and enhancements for heritage buildings, shower buildings, picnic shelters, building roofs, toilets, fences, bridges, etc.

Road Assessment/Design

Review existing conditions and prepare designs and cost estimates for parking lots, roads, traffic calming and drainage.

**Electrical Assessments/Design** 

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**Environmental Engineering** 

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Interested firms should complete an Expression of Interest form, which may be obtained by contacting Doug Fetherston, District Technician, BC Parks, at (250) 391-2306; fax at (250) 478-9211; e-mail Douglas.Fetherston@gems2.gov.bc.ca.

Assignments will be awarded on the specific expertise and rates of the interested firms.

Expression of Interest Proposals must be submitted in a sealed envelope clearly marked "Expressions of Interest - Consultants' List" by 3:00 p.m., local time, Friday, January 26, 2001 to:

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Tel: (250) 391-2306 Fax: (250) 478-9211



Ministry of Environment, Lands and Parks



# Island Passions: A cowboy in the making

by Helani Davison

His name is Sascha Stone and he has a dream. He's our Island cowboy. He hasn't always been a cowboy, but that's where he's headed now. It's hard to say when an idea is kindled and when it will grow into a passion. Or will it remain an unrealized dream? The experiences and circumstances that surround our lives, as anyone knows, affect our reality. This passion story has all the earmarks of environment and exposure combined with the dream of a young

Growing up on an isolated light station on the west coast of Vancouver Island and with no TV and no daily contact with outside influences (except for a small radio) gave young Sascha Stone a somewhat unique beginning. He was not influenced by the traditional public school system but enjoyed a rich fantasy world encouraged by his parents, who read to him from classic books.

It would be hard to say when the notion of growing up and becoming a cowboy and playing western music became a dream. But Sascha has a when he was barely five got a kick out of us.'

years old, listening to CDs borrowed from a neighbour. "I liked the old stuff and bluegrass," Sascha reminisces. "The groovy rhythm and nasal sound of the western songs appealed to me. My favourites were the songs by The Nitty Critty Dirt

Sascha began guitar lessons at age nine, studying under a classical teacher. "That was too regimented for me. I just wanted to bang on a box so I switched teachers." Along with his growing love for western music was his interest in horses which began when he was less than two years old. He remembers toddling down a country road to feed the horses when he could barely reach their mouths and has continued to be around horses, working on farms, feeding and grooming them, and riding whenever he can.

By age 10 Sascha and his brothers were performing at the Saturday Market. "We were three cute kids," he says. "Oban played fiddle, Seyward played violin and mandolin and I played a guitar which was almost as big as I was. We made some money because we clear memory of himself were so little and people



Sascha Stone is passionate about being a cowboy.

Given all the choices in life, whether to be a dentist, a librarian, or an engineer, a cowboy's life seemed to be more rewarding than downtown traffic, tax forms and coffee breaks. "Being a cowboy is not a profession—it's a lifestyle. To me, cowboys are noble people," says Sascha.

By 12, he was wearing a hand-made wooden belt buckle and dreamed of wearing a western hat, cowboy boots and duster coat, and playing western music with his brothers. And he is doing it. He's played at dances, the Saturday Market and the Tree-House Café. At the Fall Fair, Sascha played with Cousin tee-O!

Harley, Little Marty and artists Jack and Lefty, pleasing the crowds with his trademark yodeling.

"I got a recording of Rambling Jack Elliott singing Jimmy Rogers' songs and copied his yodeling style from the tape. Then I adapted it to some of my own songs. An anonymous donor provided me with a book called How To Yodel The Cowboy Way, which helped me to learn how to break my voice."

When asked, "Where are you going from here?" Sascha, now a vibrant 17year-old, replies, "Why, cowboy country of course." Let's follow him on his dream quest. Yodel-lay-EE



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### **Historical Society talk**

# Author to discuss the Japanese "threat" during W. W. II

Was the West Coast of Canada ever really in any danger during the Second World War? Was there substantial cause to demand a West Coast defense force, or was it just wartime paranoia among a small group of militaryminded individuals?

In a slide show based on his book, Jericho Beach and the West Coast Flying Boat Stations, author and historian Chris Weicht will answer these and other questions. When he addresses the Historical Society on Tuesday, January 9, Chris will discuss the number of Japanese I-class submarines on the West Coast, whether our coastline was ever under fire, and what a FU-GO Weapon Balloon Bomb was and how many were launched against North America.

Born in London, England, Chris and his family emigrated to Vancouver in 1948 where he joined the Royal Canadian Air Cadets in New Westminster and later flew for Pacific Western Airlines. Chris has flown planes for several West Coast airlines and corporate flight departments, sold planes for a B.C.-based manufacturing company, and instructed air later cadets. Over a lifetime career in aviation, Chris has flown over 14,000 hours in more than 50 different types of aircraft.

The Historical Society's January 9 meeting takes place at Central Hall at 2 p.m. Everyone is welcome, and refreshments will be served following the presentation. For further information, call Tom Wright at 537-5347.



CHRISTMAS CARD SCENE—Looking as pretty as a postcard, this valley hidden at the top of Cranberry Road was dusted with snow early last week.

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Watch for weekly news, for dates with Tom Hooper, other entertainment and hopefully many more events and musical evenings.

Starting this weekend, Talons new 'Flavour' of the week... Stay tuned.

Thank you for all of your suggestions and ideas. We have created a new menu with a range of vegetarian items, a large appetizer selection and new pastas and entrees including salad.

#### **APPETIZERS**

| Soup, made fresh daily  | \$4.00 |
|---|--------|
| Green Salad, seasoned greens with raspberry vinaigrette                   | \$4.00 |
| Oven Baked Tomato, with balsamic caramelized onion                        | \$6.00 |
| Antipasto, chef's assorted treats, please specify vegetarian              | \$8.00 |
| Bruscetta, toast points with basil and garlic balsamic vinaigrette        | \$4.00 |
| Warm Spinach Salad, fresh spinach with sauteed tomatoes, onions and lemon | \$6.00 |
| Calamari, pan fried with home-made tartar sauce, onion and fresh tomato   | \$8.00 |
| Chicken Fingers, house breaded and pan fried, served with plum sauce      | \$5.00 |
| Breaded Camembert, pan fried, served with pomodoro sauce                  | \$8.00 |

#### PASTA

\$10.00 (including salad)

Penne with gorgonzola and candied pecans, spinach and fresh tomatoes Fettucini with wild salmon and roasted corn and red pepper cream sauce Fettucini with grilled zucchini, eggplant and roasted red peppers Henney Penne Chicken, grilled chicken breast, penne pasta in a balsamic cream reduction Spaghetti Basilico, fresh basil, garlic and crushed tomatoes Penne Salcicia, Italian sausage, garlic, tomatoes and mushrooms Spaghetti Bolognaise, made with Eve's vegetarian ground tofu Roasted Garlic Fettucini, oven rosted garlic with extra virgin oil and fresh tomatoes Fettucini with grilled steak and green pepper corn brandy sau Cannaloni, stuffed with spinach and three cheeses with rose sauce

#### MAIN COURSE

\$16.00 (including salad)

New York Steak, oven roasted, served with a red wine mushroom sauce Lemon Chicken, breast of chicken pan roasted in a lemon butter sauce Wild Salmon, oven roasted with a beurre blanc Eggplant Parmiggiano, served with roasted garlic fettucini

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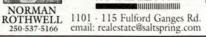






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## **ANUARY 2 - 14**

### **Desert Island Choices**

Reading, music and a visitor-what would you pick if you were stranded on a desert island?



This week's castaway is Jonathan Grant, an internationally published wildlife photogrpaher. He hosted an event called Making Pictures-Not Taking Pictures during "Where Art and Nature Meet" at ArtSpring this fall. Jonathan's talk and slides taught audience members to treat photography as art. A video of this event will

be shown on Salt Spring TV Monday, January 8 at 7 p.m. Jonathan has been a photographer for 30 years and has travelled extensively for his art. In the next 12 to 15 months, he expects to travel to Belize, New Zealand and Austrailia and the Dordogne Valley in France.

The Book: "Probably 100 Ways to Cook with Coconuts or How to Build a Palapa Hut, if these books exist. Seriously, I would bring The Complete Works of Robert Burns."

The Disc: "I'd rather have an axe. Where would I find a CD player or hydro on a desert island? If I had to choose a disc, though, it would be any one of the Scottish Fiddle Orchestra's recordings."

Fellow castaway: "I would take along my wife Michelle, who is my best friend and the only one who would put up

# Commun

#### TUESDAY **JANUARY 2**

Bottle Drive GISS music program fundraiser. 10:30am-3:30pm

Storytime for 3-5s Public Library. 10-10:30am

Diana Thompson Surrey Art Gallery

**Drop In Floor Hockey** Fulford Hall 6:30-8:30pm **Best In Show** 

Cinema Central. 7pm **Billy Elliot** Cinema Central. 8:45pm

#### WEDNESDAY **JANUARY 3**

Storytime

Fables Cottage. Wed-Fri. 10:30am

Family Open Stage

King's Lane Bowling Alley. 6-9pm **Argentinian Tango practice** 

Lions Hall. 7:30-9:30pm S. End Centering Prayer St. Mary's Fulford. I lam

Centering Prayer Contemplative Centre. 8am

Caregivers Support Group. Seniors' Centre. I lam

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537-4040 Fax: 537-8829 mail: barnacle@saltspring.com

#### MONDAY **JANUARY 8**

Membership Drive

Royal Canadian Legion. 4-8pm Midnight Café

Acoustic Jam. Rose's Cafe. 7pm Cats Pajamas Dance Class Lang Road Studio. 7:30pm

Argentinian Tango practice Lions Hall. 7:30-9:30pm

Vipassana Meditation The Barn. 7:30pm

Life Model Drawing United Church. 1-3pm

**Prostate Cancer Support Group** Speakers: Micheal Boyle & Linda Redpath, Vancouver Island Cancer Clinic. Men and women welcome. Lions Hall. Ipm.

Cats Pajamas Feldenkrais Class Lang Rd. Studio. 6pm

Jonathan Grant: Wildlife slides. Second Chance: Island Wildlife Natural Care Centre. Polar Bear Swim 2001. SSTV. Cable 12. 7pm

**Vertical Limit** Cinema Central. 7pm

#### TUESDAY JANUARY 9

Membership Drive Royal Canadian Legion.

Storytime for 3-5s Public Library. 10-10:30am

Toy Library Beaver Pt. Hall 9:30-10:30am

Toy Library Portlock 9:30-10:30am

**Japanese Operations** On the West Coast in WWII Chris Weicht.

SS Historical Soc. Central Hall. 2pm

Drop In Floor Hockey Fulford Hall 6:30-8:30pm **Vertical Limit** 

Cinema Central. 7pm

#### WEDNESDAY **JANUARY 10**

Membership Drive Royal Canadian Legion. 4-8pm

Storytime Fables Cottage. Wed-Fri. 10:30a

**Family Open Stage** King's Lane Bowling Alley. 6-9pr Wednesday Night Live

Open Stage. Moby's Pub. 9pm Argentinian Tango practice Lions Hall. 7:30-9:30pm

S. End Centering Prayer St. Mary's Fulford. I lam

Centering Prayer Contemplative Centre. 8am

Caregivers Support Group. Seniors' Centre. I lam SS Hours Potluck Meeting Family Place, Ganges Hill. 6pm

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#### THURSDAY **JANUARY 4**

Family Walk Mouat Park. 10am

Sing Along Group Seniors' Bldg. 2pm

Salty Wheels Square Dance

Central Hall. 7-9pm.

Men's Breakfast Meal and discussion. United Church lower hall. 8-10am. **Community Meditation** United Church upper hall.

11:30am-12:30pm. **Community Gathering** Light meal, discussion, activites. United Church.

5:30-7pm. **SSI Weavers & Spinners** Guild ArtSpring 10:30-noon

BINGO! Meaden Hall. 6:30pm **Open Climbing** The Wall. 6:30-9:30pm **Badminton Club** 

GISS gym. 8-10pm

#### FRIDAY **JANUARY 5**

Storytime Fables Cottage. Wed-Fri. 10:30am Myths & Fairytales

for 7-10's Public Library. 3-4pm Rughugger's: Potluck & Support

Family Place. 11:30-1pm **Open Stage** Rose's Cafe. Fulford Harbour. 7pm

Open Climbing The Wall. 6:30-9:30pm Rollerblading to Music **Fulford Community** 

Hall. 7:30pm 102 Dalmations Cinema Central. 2pm & 4pm

**Vertical Limit** 

Cinema Central. 7pm

#### **SATURDAY JANUARY 6**

Sue Newman & Ramesh Meyers Harbour House Lounge. 9-midnight

**Barrington Perry** Soft Jazz. Alfresco. 6-9:30pm

Library Book Sale Library. 10am-1pm 102 Dalmations

Cinema Central. 2pm & 4pm **Vertical Limit** 

Cinema Central. 7pm

#### SUNDAY **JANUARY 7**

The Other **Brothers** Fulford Inn. 6-9pm

Nine lessons and carols All Saints' 7pm

Open Climbing The Wall. 6:30-9:30pm **Badminton Club** 

GISS gym. 8-10pm 102 Dalmations Cinema Central. 2pm & 4pm

**Vertical Limit** Cinema Central. 7pm

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#### THURSDAY **JANUARY 11**

Membership Drive Royal Canadian Legion. 4-8pm

Family Walk Mouat Park. 10am Sing Along Group

10:30am

6-9pm

9pm

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6pm

Seniors' Bldg. 2pm Salty Wheels Square

Dance Central Hall. 7-9pm.

Men's Breakfast Meal and discussion. United Church lower hall. 8-10am.

Soup's On Free soup and sandwich. All Saints'. 11:30am-1pm

**Community Meditation** United Church upper hall. 11:30am-12:30pm.

Community Gathering Light meal, discussion, activites. United Church. 5:30-7pm.

SSI Weavers & Spinners

ArtSpring 10:30-noon **Badminton Club** GISS gym. 8-10pm

#### FRIDAY **JANUARY 12**

Membership Drive Royal Canadian Legion. 4-8pm

Storytime Fables Cottage. Wed-Fri. 10:30am

Myths & Fairytales for 7-10's Public Library. 3-4pm

Rughugger's: Potluck & Support Family Place. 11:30-1pm

**Open Stage** Rose's Cafe. Fulford Harbour. 7pm

Open Climbing The Wall. 6:30-9:30pm Rollerblading to Music **Fulford Community** 

Hall. 7:30pm

#### SATURDAY **JANUARY 13**

Opn House R.A.W. Resources Inc. Harbour House. 10am-2pm

**Membership Drive** Royal Canadian Legion. 4-8pm

**Barrington Perry** Soft Jazz. Alfresco. 6-9:30pm

The Other Brothers Harbour House Lounge.

9-midnight. Argentenian Tango Party Lions Hall. 9pm-midnight.

Library Book Sale Library. 10am-1pm

#### SUNDAY **JANUARY 14**

The Other **Brothers** 

Fulford Inn. 6-9pm **Open Climbing** The Wall.

6:30-9:30pm **Badminton Club** GISS gym. 8-10pm

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by Judy Harper

In true Salt Spring style, we greeted the new millennium with a year-long celebration of the arts and treated ourselves to a lavish feast of theatre, music, visual art and humour. The year was studded with the utterly unexpected, spiced with surprises that astonished us and replete with the familiar repertoire of the old standbys that never fail to entertain or move us. A common cause brought us together this year, and typically, the crisis catapulted Islanders into positive and creative action. Though there is not room here to acknowledge all that the gifted actors, many artists, musicians and writers have given us this past 12 months, nor to appropriately recognize the incredible efforts of those working behind the scenes, here are some of the highlights of the art scene in 2000.

Musically, the five member jazz-based a capella group mpact electrified audiences at ArtSpring with the incredible capacity and range of the bare naked human voice. In August the incomparable Mozart re-appeared in the collected persons of conductor/pianist Mario Bernardi, celebrated sopranos Tracy Dahl and Janet Chvatal, guitarist Scott Kritzer, and Paris Opera Ballet artists for a six day celebration of his life and works in the Mozart Festival. For the surprise collaboration of the season, in December, Tuned Air and the Salt Spring Concert Band (formerly known as Bandemonium) joined forces under the directorship of Dawn Hage to bring us the harmonious Christmas present A Musical Garland, and Bruce Smith and the Salt Spring Singers gave us Vivaldi to



m-pact wowed audiences with their stunning a capella performance at ArtSpring.

# Y2K: An arts year in review

Looking back over the past 12 months provides a view packed with creative energy

celebrate the season.

In other venues, the Tree-House Café wrapped up a memorable summer dedicated to the local music scene with Couplepalooza, the Core Inn celebrated the launch of Aurora, a literary magazine written and published by Salt Spring youth, and Beaverpoint Hall hasn't rocked and stomped like it did at Woodstop for a lo-o-o-ong time. At Fulford Hall the GISS Jazz Band opened for Swing Shift and the Monday night Folk Club continues with its impressive lineup of imports and local talent. The Legion got into the swing of things with its evenings of blues and jazz. The Farmers Institute hosted Tuned Air's third annual Wine Festival as well as the 12-hour Indian Summerstock festival produced by TSUNAMI.

Tara McLean returned to her spiritual

home for a concert at ArtSpring, and Shari Ulrich sang and played us back to the good old days for a few hours.

On the writing scene, Theatre Alive kicked off it's fall season at the United Church with Glen Sorestad, another in a long line of prestigious Canadian authors this group continues to bring to Salt Spring, and one of the poetry greats, John Newlove, read to an appreciative audience at All Saints By-the-sea in October. And who can forget the motley crew of writers who kept us laughing all night at Where Art and Nature Meet, or the lyrical passion of Poetry in the Gallery?

Artistically speaking, the year brought a bumper crop of visual favourites and some surprising new talent to the scene. The kids at Fulford School, under the creative direction of Sue Pratt, wowed

us once again with their artistic acuity, Diana Dean brought us a retrospective, Robert Bateman presented his new book Thinking Like a Mountain, and at the various ASA venues around town there was never a dull moment, from Michael Aranoff's distracting new abstactions to Deborah Gainer and Jackie Ruffel's fanciful footwork in Artwork for the Sole. Perhaps the highlight of the visual arts season was the show and auction at Where Art and Nature Meet, where donations of gorgeous locally created works of art raised money and consciousness towards a common cause. And congratulations to the organizers and contributers of the Salt Spring Women's Preserve and Protect Calendar which garnered so much international attention.

Thespians delighted us this year with a diversity of entertainments. Graffitti Theatre presented

the wildly successful Random Acts and A Guide to Mourning, we were quietly enthralled by Love Letters, and overwhelmed by the sheer magnificence of the Salt Spring Centre School's production of Peter Pan. Tried and true, those old Geezers did it again-sent us home with sore sides and happy memories from the held-over-by-popular-demand Topic of Cancer. Rick Scott, who doesn't fit into any category that I can think of, made kids of all ages happy in October with his eclectic musical performances and diverse comedic talents.

And last, under the heading of Just Plain Fun, kudos to the Wrangellian Gumboot Dancers, that exuberant troupe which shows up in the oddest places to the ongoing delight of local au-







# Transcendent blues guitarist to perform at next Folk Club show

The Folk Club's third performance of the season will take place January 15 and features the Gulf Islands' own David Essig

Essig was introduced to Canadian audiences in 1971 as a talented newcomer at the Mariposa Folk Festival. Now, 30 years later, he is considered one of Canada's finest interpreters of original, contemporary folk music. Always paying homage to his roots in bluegrass and country blues, Essig uses these traditions to create new songs that are both timely and timeless. His intense energy and incisive wit have made him a favourite with audiences around the world.

Essig is highly respected as a thoughtful and intelligent songwriter, with Canadian folk standards

like Albert's Cove and High Ground to his credit. His work moves from pieces as contemporary as today's news to songs that sound as if they were rediscovered from old country blues 78s.

wide.

Equally renowned as an instrumentalist and traditional performer, Essig is a master of the blues and slide guitar. Keeping a step ahead of the expected, his spontaneous style crosses all the borders between country, blues and the avant-garde. And, with his famous 5/8 inch deep well socket wrench, he is considered one of Canada's great slide guitarists. In 1986 Essig became the first Canadian artist to sign with the Italian label Appaloosa/IRD, which now issues his 16 recordings world

Essig performs solo and with his trio in concerts and at festivals in Canada and around the globe. He appears frequently in Europe and has toured as well in Australia, Asia and the USA. While reviews have

often likened his work to that of Richard Thompson and Ry Cooder, Essig stands alone as a creative artist. He is a master of musical tradition, a songwriter of poetic vision, a unique member of Canada's cultural community.

# Ride With the Devil



Flick Pick ... with Jason Tudor

Some film directors have obvious traits that run through their films; consider the squishy biology of David Cronenberg (The Fly, Dead Ringers, Crash), or the good-natured silliness of the Farrelly Brothers (Dumb and Dumber, Kingpin, There's Something About Mary). With some directors, however, every film is completely different. Ang Lee is one of those directors. Originally from Taiwan, he burst onto the American scene with Eat Man Drink Woman. Since then he has produced an incredible variety of top notch work: the period romance of Sense and Sensibility, the 70s family drama The Ice Storm and most recently the highly praised martial arts spectacular Crouching Tiger, Hidden Dragon. It was in 1999 when his Ride With the Devil was released to little response from the public.

This lack of enthusiasm was understandable—Lee's film is a long, often slow look at the American Civil War. It focuses on a small group of Confederate guerrillas fighting tiny skirmishes in Kansas and Missouri, far behind the huge battles up north. One falls in love with a local widow, another is a freed slave, and another, who has a Dutch heritage, is persecuted almost as much as the slave.

Ride With the Devil boasts lush cinematography, exciting battle scenes, and some moments of surprising tenderness. Using a cast of semi-known actors (including pop star Jewel) allows Lee to restrain us from overidentifying with the soldiers, a tactic used in Terence Malick's The Thin Red Line and completely ignored by Spielberg in the vastly overpraised Saving Private Ryan. This distancing effect is compounded by the fact everything is shown from the point of view of the "evil" South. Lee has managed to depict new perspectives on war, bigotry, and love, making Ride With the Devil a surprisingly interesting look at a much-analysed period in history.

Warning: 14a Running time: 2 hrs 19 min

# SSTV: Last broadcasts until March

Wildlife and wild swimmers featured for the end of the season

The three programmes listed below air on Salt Spring TV, Cable Channel 12, Monday, January 1, 8 and 15, at 7 p.m. These are the final three broadcasting dates wrap up Salt Spring TV's fall/winter community programming schedule. The station will resume broadcasting again in March with a new series of programmes.

#### Jonathan Grant: Wildlife slides

Join world renowned wildlife photographer and naturalist Jonathan Grant as he shares his passion for the art and technique of wildlife photography. The photos were selected from his extensive archive of globe trotting forays

Discover what it takes to capture breathtaking images of our animal friends in the wilderness. Produced by Peter Prince for Island VideoWorks. Taken from Where Art and Nature Meet.

#### Second Chance: The Island Wildlife **Natural Care Centre**

A 12 minute programme that previously aired on Knowledge Network and Salt Spring TV. It shows the remarkable work of wildlife rehabilitator, Jeff Lederman as he cares for sick, injured and orphaned wild animals. While Lederman narrates, we learn how an eagle is successfully cured of lead poisoning and an orphaned harbour seal is saved from starvation. Produced by Peter Prince for Vision Quest Films.

#### The Bear Swim: January 1, 2001

On the the first morning of the new year, the salty brine beckons brave Islanders of all ages to Vesuvius Beach for a refreshing swim. Salt Spring TV will be there to capture the fun as it happens. With a little non-linear digital magic and some luck we should have Polar Bear Swim highlights ready for broadcast at 7 p.m. New Years Day. If not, then look for it next Monday, same time, same station.

# Hot off the press: Aurora in second edition

Aurora, the Island's literary magazine produced by and written for young writers is now in its second edition. In the forward to the new edition, creators Candace Buckler and Leah Mc-Colm write that they've upped the age of contributers to 30 years and have added a "How to" sec-

tion on writing poetry with "rules." They also write that response to the first edition was so strong that they had more submissions than they could run in the latest issue.

The contributors list includes 16 names, some of whom appeared in the first edition of Aurora. The magazine includes poems, short fiction and literary ideas.

Aurora will be available at et cetera, Fables Cottage, Salt Spring Books, Stuff & Nonsense, and Volume II Book Store for \$2 a copy. The creators thank their book sellers and readers. "And to Carl at Lightning Press, for helping us little people put our dream maga-

zine together, a big thank you and merry Christmas!"

To contact Aurora with prose, poetry, pictures, short stories or personal essays send email to: aurora\_poetry-mag@hotmail.com drop off work at Apple Photo on McPhillips Avenue.

TSUNAMI is proud to support and assist Aurora.



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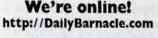
#### Congratulations on your new baby!



Call Marlie Kelsey to receive welcoming gifts & greetings for you and your baby, along with helpful information

about services available in your community.

537-5261 VELCOME AGON



# D2K: Toasting the true New Year of the next millennium

living well

Curiosities of Culture ...

with Peggy Abrahams



Last year's New Year's celebration got a lot of undeserved hoopla. I'll concede, January 1, 2000 was the last New Year of the 21st century, but it was not the start of the new millenium. This New Year's, January 1, 2001 was actually the beginning of the new millenium, but because of the Year 2000 frenzy, this year came in like an anticlimactic lamb.

USA Today, quoted in the Globe & Mail, has a term for it—D2K, or deja 2K. "In case you never left your

Y2K bunker, January 1, 2001 marks the beginning of the next millenium...the 'real' millenium," the paper

And USA Today is not the only authority to say so. Science fiction novelist Arthur Clarke said so too, and he wrote the book on it. In a recent press statement, Clarke, author of the classic, 2001, A space Odyssey, categorically stated, "Because the western calendar starts with Year 1, and not Year 0, the 21st century and Third Millenium does not begin until January 1, 2001."

The system for organizing these dates started in 45 B.C., when Julius Caesar introduced the Julian Calendar, in which the year begins on January 1. In 532 A.D., the monk Dennys le Petit (Dennys the Meagre) proposed to the Church that given the collapse of the Roman Empire long since, the new era be counted beginning January 1 after the birth of Christ. This does not account for the years of Christ's life, between B.C. and A.D., but that's another topic.

Accordingly, the first year of the Christian era was denominated officially by the church as Year One. As such, the first century of the Christian era ended at the close of the year 100. And the second century began on January 1, 201.

So as you can plainly see, the 21st century ended last Sunday, December 31, 2000. And so, on New Year's Day 2001, we embarked on the start of a new century, and the Third Millenium. Just another excuse for tacky whistles and fine champagne.

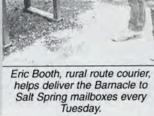
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# Red Elderberry, an exotic native



I would imagine most native west coasters are probably quite familiar with Red Elderberry or Sambucus racemosa. They are very common along stream banks and open forests. Some folks think of them as a weed because of their extremely rapid growth.

Life in the garden ... with Joe Clemente The Red Elderberry grows The Red Elderberry is generally a shrub like but I as far south as northern California. The berries are have come across a few that are nearly 20 feet tall. quite small and seedy but They can be worked into an were once an important food for native peoples of our coastal areas. The berries existing landscape because

of their exotic appearance. have to be cooked before This deciduous plant has large leaves divided into eating because otherwise half a dozen leaflets. Samthey can cause nausea. They bucus will also produce were sometimes boiled to small white blooms in a make a sauce, or an excellent cluster and red berries. tart jelly. Some folks have

even made wine from the fruits but they must always be cooked for this purpose. Many parts of this plant are very toxic because of the presence of cyanide-producing glycoides.

I have a well established one in my own garden and the large exotic looking leaves go together really well with all of my other

# It's never too late for shortbread

Let's Eat ...

## with Linda Koroscil

### Anne Royal's Brown Sugar Shortbread

I said to Anne that maybe its' too late to make shortbread, she just laughed

and said, "Are you kidding?"

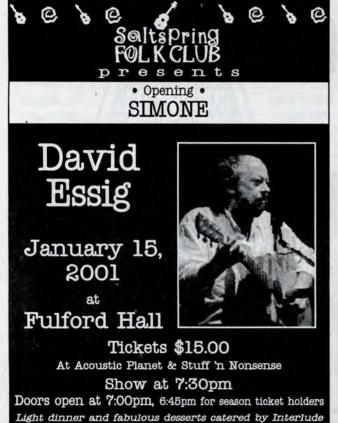
This is so good nobody gives it a chance to age anyway—just make it and hide it around the house and in various cupboards and hope one will be forgotten til

1 cup butter

3/4 cup packed brown sugar

2 1/4 cup cake flour

Whip softened butter with sugar. Work in flour. Roll and cut into cookies. Bake at 300° for 1 1/2 hours or 1 hour in a round cake pan to cut in triangles. Sometimes Anne adds chopped candied ginger, which sounds divine.









#### Part II

# Carbohydrates: The battle of my bulge by Helani Davison longed periods of time, the it. Remember that every books or attending 12 step

As holistic beings, it is my belief that a food compulsion, like any other addiction, needs to be addressed on all levels: mental/emotional, physical and spiritual. Lwill tell you what has been working for me in my life-time struggle with food. My experience as a certified Addiction Therapist has helped me to understand the recovery

My personal story begins in childhood with sad memories. I remember using every penny that I could find to indulge myself with treats as a means of trying to soften the blows of a sometimes harsh reality. Throughout my life and in times of stress I would turn to these comfort foods or what I now refer to as little girl food; cookies, ice-cream, candy, potato chips. This behaviour began to take on a life of its own and the struggle was on.

In my teens and twenties, the excess weight was nominal and easy to lose. But as the years added up it became more and more difficult. I was out of control with the binge/diet cycle. When I hit an alltime high of 220 pounds several years ago, I set out on a desperate search for

What I have found is that the diet clubs are not only expensive but they do not address all aspects of a food compulsion. Some focus on diet only and ignore the emotional while others focus on the emotional and ignore the physand spiritual components.

What I learned from indepth research that included books, nutritionists, naturopaths, nutrition consultants and some doctors is that it is not only what you eliminate from your diet, but what you include. In other words, the healthless the cravings for sugary, doughy treats.

Let me explain that I did not switch from unhealthy eating to healthy eating overnight. It took years for me to develop entirely new ways of eating through constant experimentation. The most important factors for me were first to see a doctor and get blood tests done for blood sugar levels, time you put something healthy in your mouth you are telling yourself that you love yourself. It's ongoing positive reinforcement.

The idea is not to be perfect but to do the best we can, one day at a time and to get back on track when we flounder and be compassionate with ourselves.

A proper diet needs to be

"What I have found is that the diet clubs are not only expensive but they do not address all aspects of a food compulsion." -Helani Davison

thyroid and hormone balance, specifically. A doctor who has a particular knowledge in nutrition is important to me. Visits to a naturopath or nutrition consultant have been especially beneficial. My supplement intake includes the four foundation vitamins: B Complex, E, C, Magnesium and Chromium.

Over time I eliminated sugar and all refined flour products, to the best of my ability. This, I believe, is the key. Fats should be eaten in moderation. I have replaced milk with soy milk, and use whey protein powder, essential balance oils and flax powder every day in a shake. This is followed by rolled oats (I avoid wheat) with fresh fruit and soy milk. Lunch is salad, or steamed veggies, brown rice, perhaps a yam or sweet potato (few potatoes) and either fish, poultry (sometimes red meat) tofu, or eggs. Protein helps to stabilize blood sugar levels. Fresh fruit is my desert.

Supper is similar to lunch. It's important to try

combined with exercise. My routine consists of a walk of 45 minutes to two hours daily in a natural setting. On an off day I might only manage a 20 minute walk but the important thing is to keep up a routine...to get programmed for a daily walk. When I am at my best, I also visit the gym to work with weights and do some stretching for a well-rounded discipline.

The mental/emotional aspects are trickier. First, I try to practice a habit of positive thinking. There are many books on this subject but I personally found Dr. Wayne Dyers' books to be the most help-Sometimes professional counseling can be very helpful in dealing with any emotional stuff. Often an addiction to food, like any other addiction can be the symptom of unresolved issues that need to be addressed. An excess of carbs are often used to numb out our feelings.

Active spiritual pursuits help me immensely. This is an extremely personal ento be creative. Make your deavour and can be anynew way of eating an ad- thing from attending ier my food intake for pro- venture and have fun with church, reading spiritual

support groups. It is essential for me to receive constant reinforcement of faith and trust that this journey will lead to better health and vitality. Attendance to Overeaters Annonymous (OA), Acoholics Annonymous (AA), CODA (for people with co-dependency issues), or Adult Children of Alcohoic Parents groups can be very supportive.

Although all addictions have much in common, each has its particular aspects. Where we are clearly able to function without alcohol or cigarettes, for example, we must eat. So it's not so cut and dried as abstaining completely but requires a period of trial and error for most of us that struggle with this problem.

There have been many books on this subject but few that I personally found helpful. Feeding The Hungry Heart by Geneen Roth is one of the better ones.

If this problem is significant, we must be prepared to go to any lengths to conquer it. For some, a residential treatment program can be very beneficial.

Remember that this is an intensely personal journey which may take you to many places. There is no magic pill, no cure-all diet, and no guru that can give all the answers, but there are many helpful sources if we are willing to begin our quest. And the rewards will be many; a new sense of well-being, improved self-esteem and increased awareness. It's a journey into self-love. What, after all is more important?

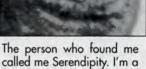
Practice patience and keep in mind the words of that famous philosopher Mark Twain who said, "You can't get rid of an addiction by throwing it out of the window. You have to coax it down the stairs, one step at a time."

### Fleas The North End Navidogs. Christmas Fit Kit Two Months Full Membership **Five Spin Aerobic** Classes 150 Minutes Tanning **Computer Body** Composition **Analysis Two Personal Training Sessions** \$69.95 537-5217

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# Cats of the Week





little shy but very pretty.



I'm Jim Boy. I have long, orange fur with a lion-like I have been neutered.

Please call the SPCA at 537-2123 or come to the open house every Saturday from 2:00pm to 4:00pm.

The adoption fee of \$60 for a male and \$70 for a female covers the cost of spaying or neutering and a vaccination.

#### COMMUNITY WELLNESS **PROGRAMS**

Coordinator: Sharon Glover 537-4607 LADY MINTO

SENIORS Caring for ourselves SERVICES and others ...

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#### 2001 January

#### **Arthritis Self-Management Course**

Do you have arthritis? Is your health worth 12 hours of your time? Join our 6 week class of information and support in a friendly group to help you: - understand your arthritis - learn to cope with pain - take an active role in your own care Leave a message at 537-4607 to register!

#### The Family Project

Do you miss having grandparents to do things with your family? Or are you a senior who would like to spend time with a family? Find out more about this special project by calling Sharon Fulton at 537-8781.

#### **MS Support Group**

Special Speaker Marion Hargrove, Physiotherapist from the MS Centre in Victoria, 7:00 p.m. **Tuesday 25 January** at Salt Spring Seniors. Open to people with MS and their families.

#### **Fibromyalgia**

There is currently no support group for fibromyalgia or chronic fatigue syndrome on the Island; if you would like to help form a new group or groups, please call 537-4607.

#### **Blood Pressure Clinic**

Monday 29 January 10:00 a.m. through noon at Salt Spring Seniors (across from G.V.M.). All welcome.

## The Barnacle is Online!

- News Calendar Classifieds Letters • Community Forum
- http://DailyBarnacle.com

### Kanaka Massage Therapy Centre

Gina McMahon Registered Massage Therapist

165 Kanaka Road Salt Spring Island, B.C. 537-1049



the Barnacle • TUESDAY, JANUARY 2, 2001 15

# CIOSSIFIEDS

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#### CLASSIFICATIONS

528

530

533

535

540

541

543

548

550

555

563

565

570

573

575

578

580

583

585

587

590

595

600

620

650

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730

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750

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Computers

Contractors

Dental

Designers

Education

Excavating

Garbage

Heating

Marine

Music

Painters

Plumbing

Rentals

Sewing

Pools/Spas

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Holiday

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Storage

Real Estate Wanted

Services

Gardening

Landscaping

Health & Fitness

Machining/Welding

Miscellaneous

Moving/Storage

Office Services

REAL ESTATE

Electronic Repairs

Equipment Rental

Finance/Mortgage

Drywall



- 100 Births
- 110 Deaths
- 120 In Memoriam
- 140 Coming Events
- 145 Community Services
- 150 Meetings
- 160 Milestones
- 170 Notices - Business 180 Notices - Legal
- 190 Thanks



- 210 Caregivers Lost & Found 220
- 240 Personals 260 Travel



- 300 Antiques
- 305 Appliances
- 310 **Building Supplies**
- 315 Clothing Computers 320
- 325 Crafts
- 335 Farm & Garden
- Equipment 340 Firewood
- 345 Food Products
- 350 Free/Recyclables
- 355 **Furniture**
- Garage Sales 360
- 365 Health Products 370 Miscellaneous
- 375 Musical Instruments
- 380 Pets/Livestock
- 382 Photographic Equip.
- 385 Sporting Goods
- 390



- 400 **Business Opportunities**
- 420 Work Wanted 440 Help Wanted
- 460
- Skilled Trades



- 500 Accounting
- 505 Appliance Repairs
- 510 Architects 515 Auto Body & Painting
- 518 Beauty
- 520 Caregivers
- 522 Carpentry
- 524 Child Care
- 525 Cleaning Services

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- Trailers
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# ANNOUNCEMENTS 100-199

#### 110 • DEATHS

LASHBROOK, DOROTHY MARY (nee Wakefield), formerly of London, Ontario, passed away peacefully at Lady Minto Hospital, Salt Spring Island, B.C. in her 83rd year on December 26, 2000. Predeceased by her husband Howard Lashbrook (October 2000). She is survived by her daughter Linda and her hus-Robert Herron of London, Ontario, son Robert and his wife Debbie of Surrey, B.C., and son Arthur and his wife Linda of Winnipeg, Manitoba. Grandmother of Bryce, Shannon and Ryan Lashbrook. Sister of Leslie Wakefield and Edna Rollo of London, Ontario. No service by request. In lieu of flowers, donations can be made to a charity of your choice.

JEANNIE BOND passed away peacefully at her home on Salt Spring Island on December 19th, 2000. Jeannie was born Jeannie Muir in Paisley, Scotland on August 4th, 1910. Her early life ambition was to be a missionary. This was not to be, as her nurse's training led her to London where she nursed during the blitz, often times in underground locations set up to escape the bombing. She resided at various other locations in the U.K. until she immigrated to Canada in 1954. From this date she settled in Victoria and nursed at the Veterans' Hospital until her marriage and move to Salt Spring in 1962. She was a lifelong supporter of the Salvation Army, in Victoria a very active member of the Sons of Scotland and worked with the St. John's Ambulance. After her husband's passing in 1977, she became a regular member of the United Church Congregation on Salt Spring until her disability in late life made this impossible. Jeannie was predeceased by her parents, her 4 brothers and sisters, her husband Jesse Bond. She is survived by her stepson, Malcolm Bond (Stephanie and family), stepdaughter Moira Walker (Bill and family) as well as numerous nieces and nephews including Jean Locke and George Fowles and their respective families. A memorial service will be held at the United Church on Hereford Ave. in Ganges on Salt Spring Island at 2 pm on Friday, January 5th, 2001. Internment will be private at a later date. An informal reception with refreshments will take place after the ceremony at the Bond residence, 300 Lepage Rd. In lieu of flowers, anyone wishing to remember Jeannie is invited to make a donation to the Salvation Army.

### 120 • IN MEMORIAM



320 - #2 Upper Ganges Rd Salt Spring Island Tel: (250) 537-1022

Fax: (250) 537-2012

120 • IN MEMORIAM

### HAYWARD'S **FUNERAL SERVICE** GANGES

#### ADVANCE PLANNING

All aspects of funeral arrangements can be done in advance

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#### **CEMETERY MARKERS**

All designed to your specifications and needs

Patrick Beattie

Funeral Director 320 - 2 Upper Ganges Road Salt Spring Island

Tel: (250) 537-1022 Fax: (250) 537-2012

#### 140 • COMING EVENTS

CHRISTMAS TREE chipping provided by the Scouts -Saturday, Jan. 6th, 10 am at the Legion parking lot. Also having bottle drive - please bring refundable bottles, cans and containers to the Legion and support your local Scout group.

AURA READING class. 6 weeks starting Tuesday, January 9, 6:30 pm to 8:30 pm. Space limited. Call 537-5447 to enroll and for informa-

YOU'RE WELCOME to display your event posters and meet-ing notices for 2 weeks on the Barnacle's Community Bulletin Board located in our office. Drop off during office hours.tm

COMMUNITY CALENDAR listings are free. Display your meeting or upcoming event on the Barnacle Community Calendar for up to two weeks Drop by our office and fill out a calendar form. Deadline for the calendar is Thursdays at 4:00 pm.

WATERCOLOUR & ACRYLIC classes starting week of January 8th. All levels, including beginners. Limit 4 people per class. Call Val Konig. 537-9531. 0101

PLANNING Seminar. Saturday, January 27th, 1:30 pm, Harbour House Hotel. Call Randal or Greg for more information 1-800-577-5877. 0401

COMMUNITY CALENDAR on line! For a complete calendar of coming events check out the Barnacle Community Calendar at Saltspringcalendar.com or visit our website at DailyBarnacle.com.

YOU ARE invited to an Open House, January 13, 2001 at 10 2 pm, Harbour House Hotel. The purpose is to allow for community input into a proposed aircraft manufacturing facility. Everyone wel-

THE FISHERY'S 8th Annual Dutch Auction! Jan 4th - 10% off, Jan 5th - 20% off, Jan 6th -30% off (on most items). Closed January 7, 2001, re-opening March 1, 2001. Happy New Year to all, from Arnie, Heidi, Julia, Adam and

MEETING, BOARD of Directors, Central Community Hall. Tuesday, January 16th, 7 p.m. Public welcome.

#### 140 • COMING EVENTS

LOVE IS Heaven, Love is hell. Stop giving yourself away in the name of love. Learn how to create intimacy through exploring differences. Jan.20-21. Call Alan 537-9773. 0301

#### RETROSPECTIVE **EXHIBITION** OF WATERCOLOURS

Dec. 19 to mid-Jan. by Jack Avison

Salt Spring Roasting Co. 109 McPhillips Ave.

# TUESDAY Barnac<sub>le</sub>

Place your liner classified ads from 8:30am - 5:00pm any Tuesday for the next issue of the Barnacle, for

\*Private party ads only, in any classification except Hold the Press. (In person/Cash/Ch/M/C)

# **Parnacle**

324 Lower Ganges Rd. Ph: 537-4040

#### 145 • COMMUNITY SERVICES

**DIAL-A-PRAYER** - 537-4734. An interfaith recording by the United Church, 111 Hereford Ave., Salt Spring Island, B.C. V8K 2T3. The pre-recorded message changes regularly. tin

### ALCOHOLICS ANONYMOUS SERVICES MEETINGS

Salt Spring . . 250-537-2270 Galiano . . . . 250-539-2222 Pender. . . . . 250-629-3631 Women's Meeting Only

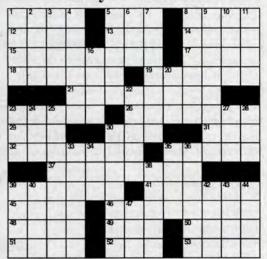
Thursday nights: 5:15 pm Please call 250-537-1733 or 250-537-2993

Trained volunteers available to visit and support the chronically or terminally ill at home or in hospital, providing relief for family and friends and on-going support for the bereaved. 537-2770

The Classifieds continue on Page 17

### Canadiana Crossword

**Hollywood North** 



2 Sheltered

4 Toronto actress, Bea

5 Acute anxiety

6 More inf. later

8 Winnipeg actress,

20 Friend, in Frontenac

24 Expression of pleas-

27 Organization, abbr.

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Marie

Thomas

34 Bitter herb

35 Benefit

**ACROSS** 

1 Cry loudly

5 Bank machine, for short

8 Discard

12 Jai 13 Toronto Raptors

league

14 Mollusk genus 15 London actress, Kate 17 Retirement savings

prog. 18 Stringed instruments 19 Forbidden things

21 Leave off

23 Satan's purlieu 26 Mainmast platform

29 Swiss river

30 Depression

31 Epoch

32 Edmonton actress,

Norma 35 Obese

37 Crushes

39 Resulted 41 Builds

45 African nation 46 Toronto actress,

Mary

48 Bearing

49 Shade tree

1 Bank in Bonsecours

50 Chemical compound

DOWN

51 Hair style 52 Negative

53 Welsh onion

36 Utilitarian 38 Writer, Ben 39 Paltrow film

40 Gullible (variation)

42 Heart

43 Oak or Pine 44State due south of Man.

47 Bar or metric preceder

Answers on page 18

TIRE SALE



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427 Fulford-Ganges Rd. Top of Ganges Hill

537-4559 Mon-Fri. 8-5

WELLNESS FAIR? A sub-committee of the SSI Health Committee is meeting with interested groups & individuals to consider the possibility of a Wellness Fair this spring. If interested, please attend Tuesday, 9th January at 9:30 am in the Lady Minto meeting room to discuss and express

#### SCHOOL **DISTRICT #64** (Gulf Islands)

A regular meeting of the Board of School Trustees will be held at the **Gulf Islands Secondary** School Wednesday

January 10 at 1:00 pm Public Welcome!

#### 160 • MILESTONES

### Anniversary? Send a special

anniversary & greeting in Barnack

Priced as low as 775 + GST and receive a **FREE Bouquet** of Balloons

courtesy of



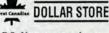
**DOLLAR STORE** P.S. You can even have

them DELIVERED FREE in the Ganges area.

#### Birthday? Send a special birthday greeting in Barnack

Priced as low as 7<sup>75</sup> + GST and receive a **FREE Bouquet** of Balloons

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them DELIVERED FREE in the Ganges area.

#### 170 • NOTICES - BUSINESS

MARKETING COMMUNICA TIONS services - Let a professional write your newsletters, brochures, press kits, manuals, and more...for business, hospitality, real estate, professional services, arts and non-profit organizations. Call "de facto writing & marketing communications" for the distinctly creative edge. 537-0757. tfn

SEWING MACHINE Repair. Drop off at Salt Spring Dry Cleaning at 116 Hereford Ave., 537-2241. Local agent for Sawyer Sewing Centre of

#### Display your notices & posters

for upcoming events on the Barnacle's giant bulletin board. Drop off during office hours or use our mail slot.

170 • NOTICES - BUSINESS

from as low as

\*Black & white, 81/2x11 min. 200 copies

121 McPhillips Avenue APPI 537-9917 PHOTO Mon.-Sat. 7 9:30-5:30 - MAGING

#### 220 • LOST & FOUND

CAT LOST. Large 22lb fluffy ginger male cat. White underside, lion-like mane, white boots, friendly. Named Max. 653-9871 or 653-4190. 0301

LOST: ROYAL blue "Thermos" lunch bag with treasured content, Worthwhile reward. 537-

#### 260 • TRAVEL

ONE WAY plane ticket, male, Vancouver to San Jose del Cabo, approx. Jan 17th. \$300. 537-5930.



305 • APPLIANCES



537-2111 HOME

310 • BUILDING SUPPLIES



SLEGG LUMBER LTO. **804 Fulford Ganges** 537-4978

#### 320 • COMPUTERS

COMPUTER PROBLEMS?

Set-ups, Installing Software, Tutoring, Internet. Your place calls days/evenings/weekends. \$25/hr. 18 years experience Robert, Arvana Consulting.

IF YOU need help with any computer problems, either at home or business, contact "Down to Earth Computer Services." I specialize in computer hardware and software installations, training, upgrades, repairs, networking, and Internet problems for either your personal or busi-ness computers. Call Rob Grossman at 537-7798 or 538-0252. Email: rgrossman@saltspring.com.

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A LIONS PROJECT

#### **RECYCLE YOUR** OLD GLASSES Your old prescription

lenses can be a gift of sight. Boxes are located at:

- √ Pharmasave
- ✓ Bank of Montreal ✓ Bank of Commerce
- ✓ Island Savings Credit Union
- ✓ Gulf Islands Optical ✓ Salt Spring Seniors

#### 370 • MISCELLANEOUS

THE PINE Factory is moving! Come see us at our location, opening Dec. 30, 1 km south of Whippletree at the corner of Trans Canada Hwy. and Koksilah Road. Quality pine furniture. Vancouver Island's largest selection of bedrooms, dining rooms, TV centres, bookcases, bunk beds, futons, computer desks, and much more. 4485 Trans Canada Hwy. 1-888-301-0051. 0301

**NEWSPRINT ROLL** ends now for sale at The Barnacle Office 324 Lower Ganges Road.

DRINK http://cetsi.net/BeMerry.

WOOD STOVE with chimney and accessories in good condition. \$100. 537-8982, leave message.

HAPPY NEW Year to all our customers and friends! Come celebrate with Big Savings on new and used home furnishings, accessories, house-wares, tools and hardware. Please allow yourself at least an hour to browse and save! Buy & Save, 9818 Fourth St., Sidney.

#### 380 • PETS/LIVESTOCK

BARK AVENUE'S AquaSerge bathing system invigorates and rejuvenates. For more information call Jane at 538-1819, Tuesday-Saturday. tfn

\$5.00 TOENAIL Tuesdays. Professional dog and cat grooming and pet supplies. Call Andrea at Bow Wow & Co. 537-4676, Upper Ganges



#### 420 • WORK WANTED

WORLD FAMOUS on Salt Spring for excellent renova-tions. Call now for estimates on your winter projects. Peter Blackmore 537-4382, 537-

**JOURNEYMAN CARPENTER** available for work. Additions, renovations, new homes, sun decks, greenhouses etc. Reasonable rates. Quality and integrity. Jim Anderson. 537-9124.

#### 420 • WORK WANTED

MARKETING COMMUNICA-TIONS services - Let a professional write your newsletters, brochures, press kits, manuals, and more...for business, hospitality, real estate, professional services, arts and non-profit organizations. Call "de facto writing and marketing communications" for the distinctly creative edge. 537-0757. tfn

HARDWORKING responsible brothers looking for farm and yard work. \$10 per hour each. Call Oban or Sascha 537-9616.

#### 440 • HELP WANTED

#### **SSI Employment** Services

Are you unemployed and need help with your job search? Are you thinking about retraining?

f you are receiving Employmen Insurance Benefits (or have received these benefits within the last 3 years) we have a variety of programs to assist you.

Counsellor comes to SSI once a week and services are free.

Please call Marta at 1-888-993-2299

#### BC FERRIES HUMAN RESOURCES

SECRETARY BC Ferry Corporation is seeking a highly qualified individual for the position of Human Resources Secretary at its office located at Long

Harbour on Salt Spring Island. This vacancy will be filled on a full-time basis and is excluded from the bargaining unit. The successful candidate will provide confidential secretarial and administrative support

for the Human Resources Advisor. Candidates must have demonstrated abilities to work under pressure and to independently set priorities in addition to responding to inquiries from employees or members of the general public in a calm, responsive non-confrontational professional manner.

position demands This excellent interpersonal skills. exceptional English language skills and knowledge of the proper form of business correspondence and the ability to exercise good judgement in the handling of confidential and sensitive incidents and information Proficiency in the Microsoft Office Suite including Word at advanced level and Excel at an intermediate level is essential. A minimum 2 years secretarial/administrative experience, preferably in a similar position, grade 12 or equivalent education including secretarial studies and computer skills is required. This position offers a comprehensive compensation package with a salary range of \$40,024 to \$44,471 annually. Interested applicants are requested to submit a resume, quoting competition #IISS:A:00071-X, by January 10, 2001 to:

Manager, Human Resources Unit 101 - 501 Fourth Ave. Courtenay, BC V9N 1H3 Fax # 250-703-2340

The British Columbia Ferry Corporation is committed to the principles of employment equity.

The Classifieds continue on Page 18 -



# HOROSCOPES

For the week, by Michael O'Connor Ph: 1-877-352-2936

Aries (Mar 21 - Apr 19) For the sake of freedom, friendship, love and the future, you now must make some important choices. You will be challenged to look beyond status and reputation and connect with what you truly feel. There is no need to try and control things to be a leader. Exercise an innocent position with willingness to listen yet leave final decisions to your own gut. The time is right to yield to circumstances with patience. By month's end you will awaken to new inspirations.

Taurus (Apr 20 - May 20) Traditional values will exert a lot of gravity pull on you this week. You may resort to a knows best" "parent approach. You feel revolutionary and are in the mood to plan, what better timing? You are ready to negotiate a better deal and you mean business. You yearn for greater understanding, harmony and unity. You want to see things in a new way. You are summoned to the mount to gain a bigger picture of who you are and where you are going. Just follow the goat up to the peaks.

Gemini (May 21 - Jun 20) Do you ever feel as though you are the victim of persecutors from within as well as from without? Can you imagine that they are all reflections of your own mind? Strong questions for tense times. The power to choose is the path to attitude especially when coloured with gratitude. Celebrate the differences between people. Imagine everyone speaks a slightly different language. Make efforts to appreciate the rights of others approach. Seek to be understanding rather than simply to be understood.

Cancer (Jun 21 - Jul 22) The holiday season has warmed your heart and brought you closer to traditional feelings. There truly is magic in the air at that time. We yearn for it to linger. Bathe in the afterglow. Be ready to perpetuate that feeling throughout the year. It is our task to carry the flame. Yet certain aspects of tradition must yield to the chang-

ready to make some measurable changes. Relax for the next couple of weeks and

savour the feelings.

Leo (Jul 23 - Aug 22) Changes in your life may be having a noticeable impact on your health for better of for worse. As the search for self beckons ever louder, you feel torn. Renewal is the call and a tradition sense of duty is the hold. Move with this energy rather than against it. It stands to hurt you if you do. It is all a part of the plan. Be ready to negotiate a whole new deal. There are many ways to live. It takes a pioneering attitude. Whether by inspiration or desperation, response is the key.

Virgo (Aug 23 - Sep. 22) Sometimes it is best to adhere to the tried and true. This may be one of those times. There is much that you have to learn yet before your next really big shift in Opportunities are April. opening and you are called to engage your creative focus and follow through. This is a good time to initiate the action. Make a game of making a plan for the next four months anyway. Just jot down intentions and be willing to alternate the plans as necessary. Libra (Sep 23 - Oct 22)

Sometimes you have to settle in and move slowly and securely. While you do feel ambitious, you feel it is a time for love not war. There is much time for exploring new things. Now is a time to reexamine what is familiar. Financial realities are a part of the re-evaluation process. Plan to upgrade your skills in the spring. There is no need to be hasty or extravagant now. Keep things simple and be happy and willing to please. You know what happens to "what goes around"! Scorpio (Oct 23 - Nov 21) Isn't it the time to make a real commitment to being and doing what you really want? We are all molded by our environment and allow the opinions of others to tell us who we are. In some cases this is good, but not in all. It is time to decide what must change. Create a vision then share it. Make a list of what you want to be, do and have in three columns of ten each

significant others and get them to do the same. Choose to support not control.

Sagittarius (Nov 22 - Dec 21) You stand waiting on a whole new threshold. This is a good time to be evaluating what course of action is required. Count your skills, resources and assets. The change stands to be quite noticeable and is likely to be rewarding. Yet, this will come with some effort. There is always another way and it is time to act in new ways. Present the familiar in new ways and be willing to add to the list. If you have not been busy preparing for the past couple of years you better

Capricorn (Dec 22 - Jan 19) With the Sun exactly conjunct the Moon's South Node in Capricorn (Jan. 5) we will all be pulled back to traditional values by the Sun's gravity. The event may be short yet with long-lasting effects. You may resort to a "parent knows best" attitude, but it probably won't last very long. Yet, sometimes somebody has to assume a position of leadership. Hey, this is the beginning of a whole new millennium, a few changes and improvements are a part of it all.

Aquarius (Jan 20 - Feb 18) As the deep and quiet moments of winter lull you into a dreamy sense of security, you are happy to lay low. New creative opportunities are brewing and that is why you have to dream now. Study a little into what actions you can take that will increase your whole state of health. Seed your discoveries into your dreams and trust they will take root. Allow intuitive insight to streak in and keep a record of the guidance. Allow for a restful receptive state now.

Pisces (Feb 19 - Mar 20) It is time to enjoy simply being a part of the crowd. You are unique and special in many ways and will continue to be even more so. Yet, now it is time to blend into your environment and commune with friends and loved ones. You will feel the pull to jump back into that wild side of your individuality by month's end. This is your chance to have it all starting with what is familiar and comfortable. Exercise your capacity to enter the past without losing touch with

Winter green fee rates in effect

### **MEMBERSHIPS** AVAILABLE

New entrance fee \$950 Junior memberships also available

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#### Salt Spring Island Golf and Country Club 805 Lower Ganges Road, Salt Spring Island, B.C.

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- Custom painting, glasswork
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#### 520 • CAREGIVERS

EXPERIENCED, RELIABLE caregiver available to work with seniors and those needing palliative and/or respite care. Competent in all aspects of personal care and meal preparation. References available. Phone Sunny at 538-

> Please Recycle the Barnacle

#### 525 • CLEANING SERVICES

### Gulf Island WINDOW **CLEANERS**

Complete Janitor Service

Rug & Carpet Cleaning

Steam Extraction Carpet Guard

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#### 537 • DRYWALL

### SALT SPRING INTERIORS DRYWALL

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#### RESIDENTIAL & COMMERCIAL

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- ·Priming of wallboard

FREE ESTIMATES

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#### Home buyers are SOLD on the classifieds

If it's a house, duplex or condominium, a split-level ranch or bungalow, no matter what kind of home you want to buy or sell, the Barnacle classifieds are the place to do it. Buyers and sellers read and list propertie in the Barnacle classifieds weekly and that means more chances for you to sell or find a



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email: barnacle@saltspring.com

#### 540 • EDUCATION

SYLVAN LEARNING Centre now on Salt Spring Saturdays. Build Self-esteem. • Boost Programmes in Grades. Math, Reading, Writing, Beginning Reading, Study Skills and Homework Support. Call for information (250) 746-0222.

OVER 6,000 PEOPLE ON SALT SPRING READ THE BARNACLE **EVERY WEEK!** 

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- Private rooms
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- · Clean, safe and secure

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#### 583 • PAINTERS

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Wallpapering & Painting 512.aotfn

#### 590 • RENTALS

PARTY TIME Rentals We rent dishes, glassware, cutlery, linen, tables, chairs, assorted party supplies. Tel/Fax 537-4577 and phone 537-0909. Inquiries, pick-ups and drop-offs at Love My Kitchen.



Classifieds

#### 640 • HOUSES FOR SALE

WALKER HOOK area. Small cottage. Nice lot, terrible house. \$92,500 possible seller Call after 6 pm.



#### 700 • APARTMENTS FOR RENT

1 BEDROOM BASEMENT W/D, N/S, N//P, very quiet and private, on lake-front. \$600/month and utilities. 653-4868.

#### 720 • HOLIDAY ACCOM.

MOUNT WASHINGTON. Easy access ski slopes suitable small family. Parking, view, affordable rates. \$85 weekends. 537-2468 leave message or 1-250-478-7605. 0801

#### 730 • HOUSES FOR RENT

SOUTHEND. FURNISHED quality character 2bdrm/den on tranquil pristine acreage. Pond, orchard, gardens and private park. Suit quiet couple or mature single. Discount for cat caretaking. N/S, N/P \$900/mo. 653-4101.

2 BEDROOM HOUSE. Sublet in Fulford approx Jan 7th - 24th. \$490. References required 653-2072.

COZY & MODERN semi-furnished lofted southend bachelor cottage on pristine acreage. Suit long term single, tidy and quiet. N/S, N/P \$495 includes utilities. 653-4101.tm

#### 770 • SHARED ACCOM.

**ROOMMATE NEEDED** in new home - fully furnished, close to town. \$350, hydro includ-ed. Phone 537-1938. Brent.

#### 790 • WANTED TO RENT

LONG TERM home wanted, prefer rural. Responsible educated single N/S seek spacious or otherwise delightful home to enjoy and care for. 653-



#### 810 • BOATS/MARINE

**BOAT-BUILDING** SUPPLIES for less. Fibreglass, epoxy, hardware, fasteners ... Best prices; will ship anywhere. The Marine Supply Store, 1-888-748-1149 or Imarine.com. the

#### SAM ANDERSON Marine Mechanical Repair

**Electrical & Pumping** Machine Shop Services Fine Machining Milling & Welding Tel/Fax: 250-537-5268

#### 820 • CARS/TRUCKS

pager: 250-538-9000

1985 SMALL SIZED Cadillac. Front wheel drive, \$1,000. 537-4279. 0101



#### HOLD THE PRESS

**NEWSPRINT ROLL** ends now available for sale at The Barnacle office - 324 Lower Ganges Road. 537-4040. tfn

**DIAL-A-PRAYER.** 537-4734. An interfaith recorded message changing every few days. A service of SS United

#### HOLD THE PRESS

DRINK EAT.

http://cetsi.net/BeMerry. IF YOU picked up teak gate leg table and 2 Ikea shelf units on Beaver Point Road on Thursday, Dec. 28th, please return to their owners (the Yardley's) 653-4322. No ques-

**SWEET ARTS** of a sweet deal! Profitable restaurant and bakery for sale at a bargain, but you'll have to be fast! Questions? 537-1790. 0101

#### HOLD THE PRESS

Answers to today's CROSSWORD PUZZLE (page 16)



### How to write an effective ad

·Begin your ad by identifying the item you are selling by its most commonly known name

 Describe the item by listing its best features: condition, colour, model and otherinformation to help readers determine interest before calling. The more you tell, the faster it sells.

 Avoid unusual abbreviations. Too many abbreviations can confuse the reader.

·Give the price of the item. If you are flexible, include best offer or negotiable.

Complete your ad with a phone number and the hours in which you will receive the calls.



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538-1819 Entrance at left side of Gulf Island Vet Clinic building



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If you would like to advertise in Dial a Professional, please give us a call!

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# Professional All breeds

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Specializing in. Aluminum & Stainless Steel 537-9710



Ross Walker - Pete McKenzie - Ray Watson website: www.gulfislands.com/imarinec/

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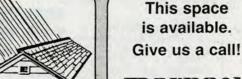
Management and maintenance of your home and property Services include: Landscaping, Groundskeeping, Irrigation Systems, Water-Savings Programs

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Top quality products at competitive prices.

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# Simply fasten to the peak of your roof.

Locally owned & operated. FINISHING... And **BUILDING SUPPLIES!** 

Windsor Plywood



by Judy Harper

The best quality tea must have creases like the leathern boot of a Tartar horseman, curl like the dewlap of a mighty bullock, unfold like a mist rising out of a ravine, gleam like a lake touched by a zephyr, and be wet and soft like a fine earth swept by rain.

The originator of this ancient missive was Lu Yu, poet visionary, buffoon, mystic, scholar, patron saint of tea and author of the Ch'a Ching or Classic of Tea. In 780 A.D., at a time when tea was metamor-

# The ancient story of rea

phosing from a popular beverage to a full fledged cultural symbol, Lu Yu was contracted by Chinese tea merchants to write a book about tea lore. In the resulting work, the Ch'a Ching, Lu Yu's Buddhist sensibility links the simplicity and beauty of the tea ceremony to the harmony and flow that orders the entire universe. In Taoist and Zen Buddhist tradition, tea became the spiritual touchstone of a way of life. It imparts fullness to ordinary life while retaining the inner essence of simplicity; a symbol around which thoughts could coalesce. It's import on the spiritual and personal qualities of existence are evident in the ancient oriental way of charaterizing an insensitive individual as "having no tea in him," or a decadent man as having "too much tea."

In modern day tea service, whether in the Orient, Africa, North America or Russia, there is no right or wrong way to consume tea. Tea is drunk around the world in as many different forms as there are cultures consuming it. It can be hand-rolled, or finely ground; pressed into bricks and used as currency; boiled, steeped, steamed, or pan-fried for a smoky flavour; taken with honey, jam, lemon, milk, or sipped through a sugar cube. Tea is common and cheaply obtained, or rare and outrageously expensive. It is green, black, Oolong, or a blend. The one common denominator in this confusing array of teas and tea drinkers is the solace of the tea ceremony, perhaps best expressed in the words of this zen poem: "Strange how a teapot can represent at the same time the comforts of solitude and the pleasures of company."

The history of tea is a long and colourful one. We all, consciously or otherwise, associate tea with Britain, and the British are the world's greatest tea consumers at 10 times the per capita consumption of the U.S. Tea was not actually introduced to that island until 1689, while it had been revered in the Orient as a beverage, and for it's medicinal properties, for many centuries before that.

#### A brief chronology of tea

Possibly the first cup of tea was brewed by aboriginal tribesmen in the hills of southeast Asia from the boiled leaves of wild tea trees.

Tea was cultivated as early as 350 A.D. by the Chinese who used it as a food/energy source and for medicinal purposes.

By the 5th century tea was compressed into bricks and used as money by Chinese farmers and herdsmen. A large brick could purchase a camel or two horses on the Silk Road in China.

In the 6th century farmers in the Yangtze Valley had begun cultivating tea in response to its increasing popularity as a beverage.

The year 618 A.D. saw the beginning of the Tang Dynasty, the classic period in art in China against which all future art was to be measured. The tea service became an art form characterized by the trademark blue glazed ceramic teacups of this dynasty. Under the Taoist influence, tea became a symbol of the divine mystery.

In 780 A.D. the Chinese government imposed the first tea tax. Tea had officially become an integral part of Chinese civilization.

The Sung Dynasty, 960 to 1280 A.D. ushered in the Romantic age of tea. Emporer Hui Tsung financed a search for exotic tea species. Tea became a method of self realization referred to as the Pearl or Precious Thunder.

In 1191 the Japanese Buddhist monk, Eisai, brought seeds from China and began a tea renaissance in Japan, and Zen Buddhist philosophy became inextricably linked with the Japanese tea ceremony.

The Ming Dynasty (1368 to 1644) was made up of peasants and outlaws who had no use for elitist tradition. Tea remained popular, but its golden age was over, the poetry and polished tea utensils gone.

In 1559 Giambattista Ramusio, author and secretary to the Venetian Council, published Voyages and Travels, the first mention of tea in a European book.

In 1610, the first Japanese and Chinese teas were shipped from Java to Europe.

The British East India Company was established in 1600. John Company, as it was also known, would later control the world's largest tea monopoly.

If you think orange pekoe when you think tea, as I do, being a coffee drinker, it's time to expand your horizons. Terry Owen of Owen and Co. gave me a short course in tea varieties, tea growing and blending, and a sample of something call Rooibus to speed me on my path to enlightenment. It was an delightful change from coffee, and it's actually good for you. Terry offers 105 different varieties of tea, ranging from Chinese Keemun to an exotic blend called Rare Orchid which is made up of seven layers of tea between seven layers of orchid flower. Whether your tastes run to the mundane or to the exotic, a visit to Owen and Co. is a good place to explore tea and its history. And its future.

| GOLF<br>COURSE<br>POOL<br>Next meeting<br>Fri., Jan. 5, 2001<br>5:00 p.m. sharp. | Includes games played We | DAGWOOD'S<br>POOL<br>Next meeting<br>Wed., Jan. 3, 2001<br>7:00 p.m. sharp<br>at Dagwoods. | 2 Dallas 329 96 3 Philadelphia 322 85 4 Anaheim 316 91 5 Ottawa 314 85 6 Edmonton 314 81 7 Phoenix 299 63 8 Boston 295 89 9 Buffalo 292 95 10 Pittsburgh 291 94 11 Vancouver 284 82 12 Toronto 273 58 13 St. Louis 272 65 14 Atlanta 270 78 |
|--|--------------------------|--|---|
|  | 13 Buffalo24175          |  | 15 Islanders27072   |

# **Salt Spring Transition House:**

Provides temporary shelter, food, practical support, counselling, information and referrals, and advocacy to women and their children seeking safety from violence and abuse. This 24-hour service is safe, free and confidential.

For information or support call the Crisis Line at 537-0735 or TOLL FREE at 1-877-435-7544.





# Monday's polar bear swim held in Whoville









Child most in need of beach shoes—Emily Tynchuk

Coldest adult—John Rowlands







Your Community Food Store

# Save a Tape to help Jim Scott

Jim lost everything (even his glasses) in a devastating house fire on Christmas Eve. Look for our special drop box in store.

**DONATIONS** TO HELP **IIM SCOTT** are also being accepted at Bank of Montreal, Ganges