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# the **Barnacle**

## Island Journal

VOL. 2, ISSUE 1

\$1.00 inc. GST

**DO YOU  
KNOW**  
the people in  
this photo?  
Tell us!



TUESDAY, JANUARY 5, 1999

### **In Focus This Week**

**LEONARDO**

• How his thoughts changed the world

**POLAR BEARS**

• Cold dipping in the New Year

**RESOLUTIONS**

• Being realistic



# NEW YEAR'S DAY '99 Polar Bear dip



Literally hundreds of Salt Springers converged on Vesuvius New Year's day for the last Polar Bear swim of the century. The young, the not so young, and the very silly gathered here in this annual example of 'extreme wading' while off-shore a flock of kayakers clustered to provide moral and whatever other support might be required. On-shore, toasty fires and steaming hot chocolate awaited the return of the thoroughly chilled masses.

How do you convince this many people to Take The Plunge? Behind the scenes you have, first of all,



the special efforts of the Chamber of Commerce, Gary and Connie Ball of the Beachcomber, Jack's water/air temperature poster, Valdy's good humoured crowd control and Tim and John's sound system as starters. Then you add the 'stars,' the swimmers who so eagerly leave their senses, towels and almost everything else on the beach — just to welcome the New Year and help the rest of us begin it with a smile and a laugh.

Photos by Peter Clarke and Chris Denbigh



*Polar Bear Dippers,  
Top photo,  
left to right:  
✓ Juliette Laing,  
✓ Diedre Cunningham,  
and friend;  
Bottom left: an  
enthusiastic dipper;  
Bottom right:  
Pancake Chefs  
✓ Doug Mitchell and  
✓ John Cade.*



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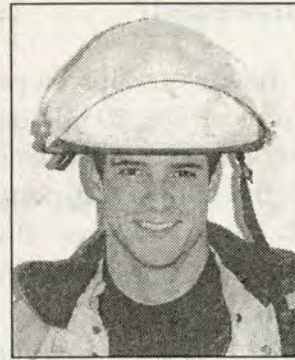
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## Volunteer of the Month Never Misses Practise



Frank Worsley  
Volunteer Firefighter 2 years

Fire Chief Les Wagg is pleased to announce that **FRANK WORSLEY** has been selected as **Volunteer Firefighter of the Month.**

Frank's attendance at scheduled practises was 100% — the highest of any firefighter during the past training period.

In recognition, Frank will receive the following gifts donated by these Island businesses:

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**Publishers &  
Advertising Sales**  
Jeff Outerbridge  
Damaris Rumsby

**Accounting and  
Office Manager**  
Rita Bowes

**Ad Design  
& Production**  
Peggy Sidbeck

**Editorial Design,  
Editing**  
Cairn Consulting

**Contributing Writers**

Matt Cecill  
Joe Clemente  
Peter Clarke  
Marion Markus  
Deveilyau Tymusko

**The Barnacle  
Island Journal**  
324 Lower Ganges Rd  
Salt Spring Island,  
British Columbia  
V8K 2V3

**Phone:**  
(250) 537-4040

**Fax:**  
(250) 537-8829

**e-Mail:**  
barnacle@saltspring.com

**Office hours:**  
8:30 am - 5:00 pm  
Monday thru Friday  
Other times and days by  
appointment.

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**Question  
answered?**

Re the question on page 4 of your Dec.29 edition, I presume Mahon Hill would be the hill on that portion of Upper Ganges Road where Churchill Road butts in.

Bob Rush  
rush@saltspring.com

We welcome your views.  
Mail to:  
324 Lower Ganges Road  
Salt Spring Island, B.C.  
V8K 2V3  
or fax: 250-537-8829  
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## Beating forces of change at their own game

No matter how much personal resolve you muster for change at the turning of another year, it can prove astonishingly hard to cleave to those wonderful, positive resolutions. Especially when the flat days of January follow one after another and there appears no end in sight to the monochrome palette of a West Coast winter. A little bright, encouraging light for the soul, please!

But hey! It's not all dark struggle and dog days. There are larger forces abroad than our own personal demons, and Spring's promise, although hibernating, lies pregnant and powerful only just beneath the surface.

So take heart. The arrival of the new year is a natural time to evaluate the past and attempt to resolve how things could or should be in the future. It's pretty easy for

most people to find something about themselves that they'd like to change, particularly when it comes to the beguiling and impressive list of human bad habits and their related, unpleasant health consequences. The key to success, according to received wisdom, is to break a bad habit by replacing it with a good one. By asking yourself: "What am I going to do instead."

Self-transformation, it seems, is rarely achieved by an overnight vow - more usually by a daily ritual. Be smart about it and implement the trusty self-improvement plan in an area where you're most likely to succeed.

It's worth developing a community support system if you can, either by sharing a new activity with someone else, or by telling as many people as possible about

your resolution(s) so it makes it harder for you to back down in those inevitable moments of weakness. Who was it said 'shame is a great motivator'?

Personal reward can be a positive addition to the program. If the new regime feels a bit oppressive, as most new regimes do at first, there's nothing like a loosening of the leash in some other aspect of life to compensate. It's a slight of hand thing... a personal variation on the 'Robbing Peter to pay Paul' principle.

Yes, the age-old advice to take one step at a time is never more apt than in the self-improvement stakes, where the pitfalls seem to lie in ambush at every turn. To be sure, it takes time to truly believe that a new, healthy habit is more rewarding than an old, unhealthy one. For

some people, it can go right against the grain.

Trying to turn around those negative thought patterns we all endure can prove a severe challenge. The insidious voices of doom tend to throw their wildest parties when we're low energy and vulnerable. For instance, just after Christmas and New Year.

Intrinsically, this is all stuff we know. Through experience, and, horror of horrors, failure.

When it comes right down to it, new year is really no different or better than any other time to make a change. The odds of succeeding are about the same. One day follows the next and is, as always, the first in the rest of your life. So if it didn't quite work out today, no matter. Don't get down.

Begin again.

### LAST WEEK'S COVER SHOT

*Has anyone been  
able to identify  
the people in  
this photo??!!*



### DROP US A LINE

*If you know anything about this week's cover photo, courtesy of Mary Davidson, the Salt Spring Archives. We'll be pleased to publish some of your responses in our next issue. Or send in a photo flashback of your own (and include details) for future publication.*



## Wit & Whimsy ... with Arthur Black



A warm welcome to Arthur Black, writer, humourist and CBC broadcaster, who will be writing periodic columns for publication in *The Barnacle*.

### How dumb do they think we are?

I was just thinking back to the very first automobile in my life - a 1952 Pontiac two-door sedan . . . robin's egg blue with a black top. It belonged to my old man and I was far too young to drive it, but I would sit in the driver's seat, parked in the driveway, peering balefully between the spokes of the steering wheel, and if I was reasonably sure my pop was snoozing on the couch, I'd even risk tapping the horn rim.

That old '52 Pontiac was slow and heavy - not the least bit cool - but it had something you won't find on a modern-day Lamborghini or a Lexus, or for that matter on a 1999 Pontiac. It was simple. Even an idiot had a reasonable chance of fixing mechanical problems on that car.

You opened the hood and there was the engine, laid out like a display model in a Mechanic's Shop. The carburetor looked like a carburetor. The fuel pump looked like a fuel pump. You

could actually see the spark plugs and the distributor and figure out what connected to what.

**'We are encouraged to believe that we are simply not smart enough to handle the machines we own nowadays'** Open the hood of a modern car and what do you see? Modules - sleek, spot-welded plastic boxes, sealed and impenetrable. Plus a neatly printed advisory in English, French and Japanese telling you that your warranty is void if anyone other than a certified mechanic lays a finger on these innards.

We are encouraged to believe that we are simply not smart enough to handle the machines we own nowadays . . . and perhaps that's even true. You'd certainly think so from the instructions that come with new products.

On a hairdryer my wife bought:

**DO NOT USE WHILE SLEEPING**

On a frozen chicken dinner in my freezer:

**SERVING SUGGESTION: DEFROST**

On a package of mixed nuts I received on a recent flight with American Airlines:

**INSTRUCTIONS: (1) OPEN PACKAGE (2) EAT NUTS.**

On a box containing a portable steam iron:

**DO NOT IRON CLOTHES ON BODY.**

On a bar of Dial soap:

**INSTRUCTIONS: USE LIKE REGULAR SOAP.**

On a supermarket package of Tirimisu dessert:

**DO NOT TURN UPSIDE DOWN.** Unfortunately the aforementioned advice was printed on the bottom of the box - you had to turn it upside down to read it.

Sometimes I fear that humankind is going the way of the Dodo bird - becoming too dumb to live.

Reminds me of the joke about the loud-mouthed New Yorker who finds himself in the Mexican town of Oaxaca. He looks at the name, grumbles, spits and then marches in to a nearby takeout restaurant, barges to the front of the line and shouts at the waitress: "Lookit sweetie, I'm inna hurry. I wancha to tell me the name of this place here . . . and I wancha ta say it slow . . . and loud okay?"

The waitress looks at the New Yorker, shrugs, cups her hand around his left ear and yells:

"BURRRRRRRRRRRRCHER KIIIIIIIIING!"



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<b>COMMUNITY WEBSITE?</b>	www.gulfislands.com	Too Much Work
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## First aid infusions for the body & soul

Herbal Remedies for a Healthy New Year. Between gift wrapping, party planning and preparing the holiday feast, there hardly is enough time to take care of all the seasonal chores, much less worry about your health.

Staying healthy during the holidays is a must - especially if you hope to get the new year off to a good start and take advantage of all the activities that the winter season has to offer.

Providing healthful tips and healing wisdom to help you stay healthy season by season, *Healing Secrets of the Seasons* (William Morrow and Co.), by Judith Ben Hurley, is more than a book - it's a first-aid kit for the body and soul.

Whether seeking to soothe holiday indigestion, rejuvenate after a draining day of gift shopping or rehydrate after a festive celebration. Hurley shares more than 250 recipes - as well as herbal remedies and healing practices - that "fight illness and foster well-being all year long."

Don't let the holiday season wear you down. Try these quick concoctions that are sure to restore and refresh the spirit - and boost your immunity as well.

### After-Holiday Digestive Tonic

(Makes 1 serving; 60 calories; no added fat)

To settle your stomach after overindulging in the season's delicacies, drink this delicious and refreshing potion. The secret ingredient is herbal bitters, in which the main component, gentian root, helps to stimulate digestion and dispel intestinal gas.

1/2 c. chilled orange juice

1/2 c. chilled seltzer water

1 to 2 tsp. bitters (like angostura bitters, available at supermarkets)

Combine all of the ingredients in a glass and drink after a meal. If the weather is damp: use the full two tsp of bitters. If the weather is dry: add a slice of lemon.

### Warming Ginger Nectar

(Makes 4 servings; 30 calories per serving; no added fat)

Prepare this tonic when you feel withered and fatigued. The ginger root will help to energize you gently, and the licorice root promotes hydration of the skin and intestines. If you have high blood pressure, omit the licorice, as it may aggravate the

condition.

10 slices fresh ginger root

1/4 cup Chinese dried jujube fruits or raisins

3 slices dried Chinese licorice root

6 cups water

In a medium saucepan, combine all of the ingredients and bring to a boil. Reduce the heat to medium-low, cover loosely, and simmer for about 20 minutes. Discard the roots and fruit, and sip warm. You can make this beverage ahead and take it to work in a thermos to refresh your day.

If the weather is damp: add a two-inch cinnamon stick before simmering, then discard. If the weather is dry: add a teaspoon lemon juice to each serving before drinking.

### Restful Winter Tea

(Makes 1 serving; 95 calories per serving; no added fat)

The herbs that perfume this beverage - lemon verbena, chamomile and lemon balm - contain aromatic compounds that help relax the mind and body.

1/2 tsp dried lemon balm

1/2 tsp dried lemon verbena

1/2 tsp dried chamomile

1 cup pink grapefruit juice, warmed

Steep the herbs in the warmed juice, covered, for four minutes. Then discard the herbs and sip the tea.

If the weather is damp: add a slice of fresh ginger root before steeping. If the weather is dry: add five raisins before steeping.

### Deep Spirits Tea

(Makes 4 servings; 50 calories per serving; no added fat)

Try this aromatic tea as a tonic when you're chilled or when your mood is low. A Jamaican herbalist once said that cloves are an aphrodisiac, so you may wish to save a cup of tea for your sweetheart.

1 tbsp cardamom pods

1 tbsp black peppercorns

1 tbsp cloves

2 cups hot water

2 cups orange juice, warmed

Combine all of the ingredients in a teapot, cover, and steep for five minutes. Discard the spices and sip. If the weather is damp: add one star anise to the tea before steeping. If the weather is dry: add one teaspoon fennel seeds to the tea before steeping.



# SUNDAY DINNER JAZZ 7pm



# SUNYATA

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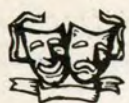
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Sunyata,  
playing  
passionate  
music for  
dinner jazz  
at Moby's,  
Jan. 10.

## 'Sunyata' afire for jazz night at Moby's

Sunyata are self-described exponents of high energy, gypsy passion, all-original, latin-flavoured, flamenco-scorched, world-beat acoustic music.

The trio, playing for Moby's Dinner Jazz Sunday January 10, comprises Stuart Munro, nylon string guitar, Laurent Boucher, drums and percussion, and Jim Gawne, five-string cuatro, plasti-bass and more.

Gawne is the multi-instrumentalist/writer of the group, his main instrument being a 30-year-old Martin baritone ukelele that he has

adapted to play as a Latin-American cuatro, which generates its sound from five pairs of steel strings.

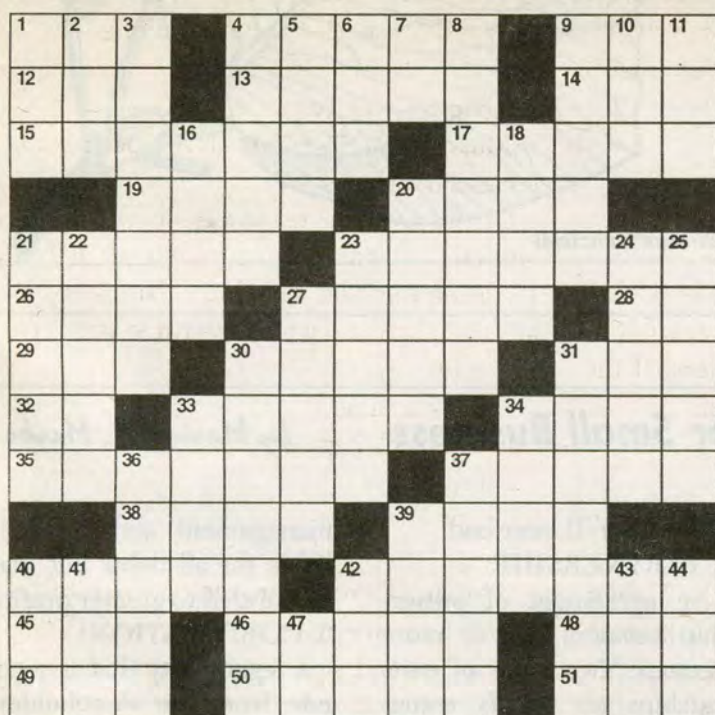
Like Gawne, Munro is keenly interested in musical exploration and experimentation and doubles on a variety of percussion instruments - when he's not cutting loose on the guitar.

The group's first CD recording was recently released on the Soundings of the Planet label and will be available at the Moby's gig.

As usual, the music starts at 7 pm.

## Canadiana Crossword

Rink Rats



### ACROSS

- 1 It is, for short
- 4 Measure depth
- 9 From B to F
- 12 Kind or type
- 13 Ancient Greek
- 14 Bitter herb
- 15 Montreal stadium
- 17 Primp
- 19 Go getter
- 20 Juicy reward?
- 21 Spectre
- 23 Regional tongue
- 26 Sheep brothers?
- 27 Receive stolen goods
- 28 A \_\_\_ mode
- 29 I have, Abridged

### DOWN

- 30 Similar
- 31 \_\_\_ St. Jean
- 32 Molybdenum symbol
- 33 Cigar
- 34 Office privilege
- 35 Calgary stadium
- 37 Unreliable
- 38 Ripe
- 39 \_\_\_ d'etat
- 40 Ubiquitous soft drink
- 42 Toronto stadium
- 45 Cobbler's tool
- 46 Screw up
- 48 Born of
- 49 Female ruff
- 50 Tribal emblem
- 51 Gross National Prod.

### DOWN

- 1 \_\_\_ pepe, aperitif
- 2 Unwell
- 3 Celebrated Toronto stadium
- 4 Measuring tube
- 5 European dormouse
- 6 Uncle, for short
- 7 1001, to Portia
- 8 Vancouver stadium
- 9 Cream, in Chicoutimi
- 10 Owing
- 11 Even, abridged
- 16 Not found on rolling stones
- 18 Measurer
- 20 Little finger
- 21 Brothers \_\_\_
- 22 Disorder
- 23 Condescend
- 24 Historic Edmonton stadium
- 25 Uncool?
- 27 Inundation
- 30 Godless one
- 31 Jumping
- 33 Sinks
- 34 +
- 36 \_\_\_ Leaf Gardens
- 37 Home of the Habs, once
- 39 Bistro
- 40 Golf Score
- 41 Scotland's Dolly?
- 42 Beer vessel
- 43 Large integer
- 44 Affirmative, slang
- 47 Negative

Answers on page 12

## DAILY LUNCH SPECIALS

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begin work on the 1999-2000  
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*If you are not in last year's Directory but want to be in the next one ... if your phone is not listed in your name but you want to be listed ... if you live on Salt Spring and don't have a telephone but want to be listed so people will know where you are ... complete and mail the pre-paid, pre-addressed "New or Change of Information" card found in the current Directory.*

### Business Listings:

*a) if you are in the current Directory, do nothing - you will automatically receive an information package early in January (if you've moved, call and tell us your new address!):*

*b) if you are not in the current Directory, but wish to advertise in the next edition, call us at 537-2000 and tell our answering machine your name, address, telephone number and that you would like an "Advertiser Information Package."*

*Or you can e-mail your request to: blackstone@saltspring.com. You will receive your package early in January.*

Lions Publications  
103 Bonnet Avenue  
Salt Spring Island, B.C. V8K 2K8

## life in the garden



## Start small if growing *Arbutus Menziessii*

by Joe Clemente

While sitting having dinner at a friend's place last week, the subject of arbutus trees sprung up in the conversation. Someone was interested in having one planted in their garden, but had no luck transplanting one from the wild. They wondered what the trick was? I told them the key to survival of a transplanted *Arbutus Menziessii* is to start with the smallest specimen you can find, and dig the largest rootball you can, without root disturbance. I've carefully transplanted *Arbutus Menziessii* to my last garden on the mainland with success, but I've also failed as well.

Native arbutus are an attractive, but somewhat messy, tree if planted close to your house. They are evergreen but they still have a lot of leaf drop. The easiest way to grow arbutus is from seed.

In the fall collect the orange berries and throw several of them in pots filled with native soil, which contains a lot of crumbled sandstone and fragments of shale. Also add a bit of planter box mix.

Leave the four-inch to one-gallon-size pots out all winter. In late spring or

early summer you'll see seedlings emerge. Leave them in the pots for about a year. When the trees start to get root-bound, slide the pots off and transplant to a sunny, well-drained site in your garden. Make sure to protect them from the deer when they are still young plants.

Be sure your arbutus has room to grow. In time they can reach 50 to 100 feet in height. Arbutus don't mind being pruned, they just don't like their roots fiddled

around with. This is why it is much easier to transplant one from a container rather than from the wild.

It's amazing how many people ask me if we sell native arbutus trees. You wouldn't think so, since we are living on an island full of them. I personally think they are a beautiful tree, and should be more widely used on the mainland in gardens. They make a beautiful, large, fast-growing ornamental that requires very little care.



*arbutus menziessii*

## in the works

### Basic Bookkeeping for Small Business

by Marion H. Markus

**Q:** What are the types of business organization I can choose to set up and operate my business?

**A:** There are three common ways to own and operate a business: sole proprietorship, partnership and corporation. Each has implications for liability, taxation and succession. A lawyer or accountant can advise you on which will be best suited to your needs.

#### 1. SOLE PROPRIETORSHIP

A business owned by one person. This is the simplest way to set up a business. Some disadvantages are unlimited liability, lack of continuity in absence of owner, restricted to a

December 31 year end.

#### 2. PARTNERSHIP

An agreement of ownership between two or more persons. Two types of partnerships are legally recognized as:

*a. General* - partners share management and each is personally liable for all debts and obligations and each partner assumes the consequences of the other partner(s).

*b. Limited* - partners contribute capital and are not involved in managing the business. They also cannot be liable for more than the amount of capital they have contributed. General partners are then involved in

management and are fully liable for all debts but may be entitled to greater profits.

#### 3. CORPORATION

A legal entity that is separate from the shareholders of the company - its owners. Each shareholder has limited liability.

##### *a. Federal Incorporation*

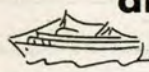
##### *b. Provincial Incorporation*

If a company intends to carry on its activities solely in one province then provincial incorporation may be preferable.

Marion H. Markus is a freelance business consultant who specializes in accounting, tax preparation, computer and business training.

**The Barnacle**





Just for fun, can you spot the nautical words and phrases hidden cleverly in the following short story? After a week of late nights I came up with three ... see if you can beat my score. You have exactly one week from ... NOW!!

+

Auntie Haircraft looked sternly at my father, keeled over and hit the deck at his feet. My father stood and bowed unsteadily. "What's for scupper?" he asked the table lamp in the corner. My cousin Jamie was handing Cerise a line in the corner, something about putting things on hold, feeling roped in - not needing an anchor in his life. Uncle Skoot, who had been in sails for thirty years and told bad jokes until thoroughly winded, was charting a course for the pretzel bowl. Buoyed by the port in his glass, his eyes glowing like depth sounder screens, old Skooter attempted one last tack across the crowded room.

In the middle of the room, Mrs. Scuttlebutt Bilgecroft railed against her misfortune, oar in other words, being shackled to Mister Bilgecroft. "He's both shallow and deep," she was saying to her only friend Bo Linn. "I can't fathom it - he's so well heeled." Bo's ancestry was always a topic of interest at these gatherings. His father, Cleat Turnbuckle, was a rodeo clown in Nevada; his mother, Lin Lin, a Japanese snowboarder - in her country she

was a star boarder. This exotic union had produced a confused child, one who seemed always adrift in the ebb and flow of polite society ... was always out of his depth. (Many people felt that one reason for the child's 'nervous condition' was father Cleat's insistence that Bo's son join the LOA and always vote GPS. It was also suspected that Bo harboured deep feelings of resentment toward the old patriarch himself.

Anyway, Uncle Beaufort, pooped out by the festivities, had escaped to the front porch with his Rhumb Lime and was enjoying a most

unusual sight in the street. A parade of sorts, half a dozen people all wearing shrouds, was marching past his sister's house singing Good King Winchless. At their heels a dog chased and barked incessantly: "Wharf-wharf!! Wharf-wharf!!" it yapped at their heels.

Back inside, the party was out of control. Auntie Pelorus, who had arranged the guests in a full circle, could now only recoil in horror as they ran free around the house - some had even stopped using their coasters! "Please!" she cried out, "if you folks'll just ...". But it was no use. Even the nor-

mally well-behaved children were following some set of parallel rules, were in the bathroom drinking Scope, smearing the walls with Coast Guard and spraying Epirb everywhere. Graffiti appeared everywhere on Great Aunt Parbuckle's precious fogged up mirrors; cruel things like 'Auntie Bilgecroft smells like a Spring Salmon' and 'Uncle Hausepipe is a stern disciplinarian'.

Afterwards, no one could actually remember when the police arrived or how the fire spread to the neighbours, but Constable Pawl Mooring had called in a

'Force 10' and shipped the entire crowd off to the hooskew. Bo Linn never voted GPS again, in fact, joined the British Lagoons and travelled the world. During his travels Bo met and married stunning Loran Meridian. Six months later they had sextants. (I was there in the tabernacle, at the berth.) Unlike his father, Bo Lin gave his children lots of latitude, plenty of longitude, and heaps of amplitude.

He and Loran also taught them the most important lesson of all, that there is no limit to one's abilities ... just artificial horizons.

the **Barnacle**  
Island Journal

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TIDE TABLES		
AT FULFORD HARBOUR		
Pacific Standard Time. Measured in feet.		
Day	Time	Feet
<b>5</b> JAN TU	0025	1.6
	0825	11.8
	1415	8.2
	1800	9.2
<b>6</b> JAN WE	0105	2.3
	0900	11.8
	1520	7.5
	1900	8.5
<b>7</b> JAN TH	0145	3.6
	0935	11.5
	1625	6.9
	2020	7.5
<b>8</b> JAN FR	0225	4.6
	1005	11.5
	1720	5.9
	2205	7.2
<b>9</b> JAN SA	0305	5.9
	1035	11.2
	1810	5.2
<b>10</b> JAN SU	0025	7.5
	0350	6.9
	1100	10.8
	1850	4.6
<b>11</b> JAN MO	0230	8.2
	0450	7.9
	1130	10.5
	1925	3.9
<b>12</b> JAN TU	0340	8.9
	0620	8.9
	1200	10.5
	2000	3.3



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travel  
**destinations**



## Catching jitters in the jungle

by Carl Duncan

At 8 pm in camp the darkness was impenetrable. The thick foliage overhead blocked even the slight relief of starlight. Hashim bin Man, our jungle guide, approached the tent with his flashlight. He had come for the pre-arranged night walk, promising to show us a patch of shining mushrooms that glowed in the dark. Maria only stuck her head out of the tent. She wouldn't even consider it. "It's a jungle out there, Tarzan!" she said.

We were in Malaysia's Kenong Rimba Park, a closed-canopy tropical evergreen rainforest, aka jungle, located in the heart of the Malay Peninsula. At 130 million years, the Malaysian jungle is older than any found in Africa or the Amazon. Tall trees, often buttressed for support in the thin soil, rise straight up 100 feet before branching out. Graceful curtains of aerial roots drop from the canopy, thread-like, until they reach the ground, where they thicken into columns. Supple loops of rattan coil across the trail.

Only five percent of the sunlight baking the canopy makes it to the jungle floor.

### Exploring Malaysia's Kenong Rimba Park

Without the sun, undergrowth is sparse and the green twilight is surprisingly mild. "It is a myth that the jungle is hot," Hashim said. "It's the town that gets hot! The temperature under the canopy only varies a couple of degrees between day and night."

The overnight train from Singapore dropped us in Kuala Lipis on a warm January dawn. The jungle park office was right at the train station. "A licensed guide is mandatory for entering the park," Mohd Hassan Bin Tuah explained. "But he takes care of everything..."

A short early-morning hop on the 'jungle train', a scenic sampan down river, and an easy two and a half hour hike brought us to the camp (a couple of roofed platforms, four small cabins, tent sites under a limestone precipice) by noon.

After exploring, we rinsed off in the river nearby. The water was warm, the current gentle and the bottom shallow and sandy. Soon after dinner our allotted five percent of sunlight faded.

The incessant jungle soundtrack grew louder with nightfall. "The jungle does have a quiet time," Hashim told us. "It's the 'changing time', the hour between four and five when the night turns to day. The natives say that is a bad time to be out in the jungle. Last year a tiger killed a man up the peninsula during the changing time when he was washing in the river."

The next morning, Maria and I waited until six, safely past 'Tiger Time' as she called it, before taking our tea and java to the river bank. We needed the caffeine boost: after breakfast we were off on a 14-mile jungle trek to a waterfall. It was after we returned that Hashim and I went for the night walk to see the shining mushrooms (and incidentally startled a foraging elephant). I brought some mushrooms back for Maria. They glowed in the tent like tiny Xmas lights all night long.



Malaysia farmers plowing rice paddy fields using water buffalo (circa 1940's)

**The Barnacle**





by Develyau Tymusko

# Leonardo da Vinci's anatomical insight into modern world

The modern world acknowledges Leonardo da Vinci as master of any discipline he practised. His anatomical studies, while great works of art in themselves, were not only used as tools in understanding the human body, but also as a means of scientific exploration of human functions. Leonardo studied anatomy by dissecting human and animal corpses. His scientific drawings clarify not only the appearance of bones, tendons and other body parts, but also their function. These drawings, done in the 1400s, were the first accurate portrayals of human anatomy. They enable modern day anatomists and physicians to explain the structure of the human body to their students. Many of his findings remain unchanged to this day.

Leonardo wanted "the use, the function, the purpose" of each organ to be studied during his investigations. This began a way of research that is still basic to modern biology. He introduced a system of four views, where every angle of the subject could be shown at once. He also introduced the technique of cross-sectional representation, using it to display the systems of veins, arteries, nerves, and the skull. He further recognized the presence of eleven "simple members or mechanical instruments" in the human

Leonardo originated the technique of drilling pinholes and inserting melted wax into the ventricles of the brain to obtain casts of their shapes. Another method he began, this time for the study of the eye, consisted of immersing it in egg white and boiling it to obtain a coagulated block, which can be cut through, eye and all. This anticipated by centuries "embedding," now used in modern microscope technique.

In his investigation of the human skeleton, Leonardo made discoveries that constituted an immense advance in the study of anatomy. He was the first to make accurate drawings of the curves of the spine and of the inclination of the sacrum. He was also the first to recognize the human pelvis. He showed the number of vertebrae present and compared the dimensions of some of them. He also described the rounding and sloping of the ribs, an essential contribution to the understanding of the mechanism of breathing.

He devoted special study to the organs of the voice, considering them, along



and diaphragm and the transverse muscles of the abdomen. He further substituted a bladder for the lungs to study the motions better.

Leonardo gave the anatomy of the heart special and lengthy attention. He was the first to recognize the moderator bands of the right ventricle of the heart, which bear his name. The valves of the heart - "gates, exits, flaps, membranes" - and their functions were the subjects of long and accurate observations. Although

Leonardo made a theoretical distinction between the major arteries "with two coats" and the veins "with only one coat," he often gave the name "veins" to arteries as well, using veins as synonymous with blood vessels.

It is believed that Leonardo sensed the existence of the capillaries, and it is certain that he pointed out the presence of "capillary veins" in some organs, such as the skin and the liver. He may have been the first to make glass models of organs, since it is known that he planned to reproduce the aorta of an ox in glass. This was a way to observe the circulation of blood. He also proposed to insert a membrane into it to simulate a valve.

Leonardo was the first to give a correct representation of the organs of reproduction. He asserted that the organs of the body had "origin in the heart as from the first creation." But soon, "the house of intellect," the brain, assumed a predomi-

nant influence. He believed that the male organ had a life of its own: "This animal often has a soul and an intelligence which are independent of the man." He considered the part played by the testicles in the formation of sperm and the production of subjective heat. He then declared them the seat of emotional energy, since castrated animals will flee from an uncastrated animal. Leonardo made detailed drawings of the human fetus and its placement inside the womb. This became one of his most famous drawings and is still used in medical textbooks today. He wrote: "The mother's soul produces in the womb the form of the human being, and awakes in due time the soul that is to dwell therein; that soul at first sleeps in protection of the mother's soul, which nourishes it through the vein of the umbilical cord and instills life into it."

Finally, Leonardo was interested in the proportions of the human body. He drew a famous study of human proportions based on the statement of the Roman architect, Vitruvius, that the "well-shaped man" fits into the perfect shapes of the square and circle. According to Vitruvius, body parts are related to one another in ratios of whole numbers and those ratios should be used in architecture. Leonardo's drawing of the Vitruvian man, done about 1487, is one of the most famous images in European art.

Overall, Leonardo da Vinci was an artist seeking knowledge beyond the superficial. He sought to understand every aspect of the universe. His anatomical studies were far in advance of his contemporaries. His studies and drawings have contributed enormously to our modern world. Ahead of his time, he produced ideas that we are only now beginning to understand and develop. Of all who contributed to the revival of artistic and intellectual achievement that was to be called the Renaissance, none was more remarkable than Leonardo da Vinci.

**'Leonardo was the first to give a correct representation of the organs of reproduction'**

body - the cartilage, bones, nerves, veins, arteries, membranes, ligaments, tendons, skin, flesh and fat. He divided bone into marrowy, spongy, hollow and solid, and membranes into tendinous, nervous, compound and mixed.

with the organs of the mouth, from a physiological point of view. He compiled a table of the elements of language and wrote a treatise, "De vocie" (On the Voice). He studied the phases of respiration performed passively by the thorax muscles



## Let's Eat ... with Linda Koroscil

Now this story has nothing whatsoever to do with my rabbit recipe. I had a great rabbit story, I even tested it out on my friends, the only problem was those darn rabbits were being a little too amorous to appear in print.

Old Mr. Trage must have had a particularly big problem when it came to identifying what clothes he should wear. My mother has a vivid memory of seating herself behind him in church every Sunday when she was six years old. It seems he would cut out little paper tags, and with a straight pin he would secure them to the back of each collar for everyone to see. One Sunday the label would read, 'Tweed Suit.' The next Sunday it would read, 'Best

Suit.' But the funniest was the garment labelled, 'Raincoat.' And there they remained, year after year.

### Drunken Rabbit

Marinate two rabbits overnight in:

- 3 bottles dry apple cider
- 1 tbsp rosemary
- 1 tbsp whole allspice, crushed
- 1 tbsp anise

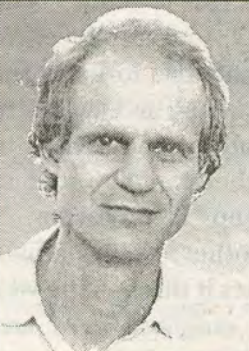
### Stuffing:

- fresh bread crumbs
- parsley
- thyme
- rosemary
- 1 apple, diced

- 1 onion, diced
- 1/2 cup almonds
- milk
- salt & pepper
- paprika

Sauté bread, herbs, almonds, apple and onion in garlic butter. Add enough milk to moisten. Remove rabbit from marinade, put marinade aside. Roll rabbit in a mixture of flour, salt, pepper and paprika. Stuff the belly.

Coat roasting pan with olive oil, butter and garlic. Roast at 350°F until done. To the pan add the reserved marinade. Simmer, scraping up brown bits. Reduce by half, then add flour and cream to thicken. Adjust seasonings.



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## Rap Chat ... with Matt Cecill

N.W.A.

*Straight Outta Compton*  
10th anniversary tribute

If the question of "who is the greatest rap group of all time" came up, without hesitation, I would say N.W.A. Ice Cube, Easy E, Dr. Dre, MC Ren and Yella comprised this west-coast Hip-Hop group. Their popularity was immense in the early '90s with hits like, *Straight Outta Compton* and *100 Miles and Runnin'*. With this

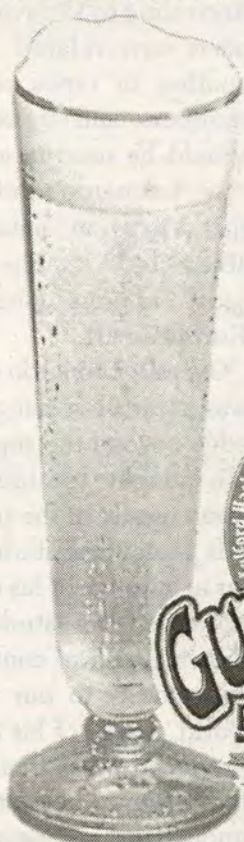
new tribute album, even more accolades and money are being gained from past N.W.A. success.

When I heard that an N.W.A. tribute album would be released, immediately I thought that it would be very difficult for current rappers to do N.W.A.'s classic songs justice. At the same time I was looking forward to seeing what the album's contributors would sound like as they remade some of the most significant songs in rap

history.

This album is well done. It has weak points, such as Snoop Dogg's less-than-satisfactory performance, but the rest of the album more than makes up for it through quality renditions put down by Silkk the Shocker and other popular rappers. I recommend this album because it is very entertaining. I enjoyed listening to today's biggest rap stars trying their hand at yesterday's biggest rap tracks.

**HERE'S TO  
FRIENDSHIP ...  
YOURS ... WE VALUE IT!**



So enjoy your  
celebrations with  
friends & neighbours.

**But remember ...**

we want you to  
be with us for a  
lifetime!



**DON'T DRINK  
AND DRIVE**

**Scouts  
sponsoring  
annual  
tree-shredding  
service  
at Legion**

With the 12 days of Christmas wrapping up January 6, decorations are being packed away for another year and it's time also to consider how to deal with disposing of your Christmas tree.

This year, a tree-shredding service is again being offered by Golden Ash Tree Care.

The event, sponsored by 1st Ganges Scouts, will be taking place at the Legion from 10 am to 3 pm on January 9. You can drop-off your tree anytime.

Many thanks to Ian for providing this environmental service and, again, to everyone who supported the scouts successful Christmas tree sale.



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Answer to today's puzzle

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I	L	K	I	O	N	I	C	R	U	E
O	L	Y	M	P	I	C	P	R	E	E
R	A	M	S	F	E	N	C	E	L	A
I	V	E	A	L	I	K	E	L	A	C
M	O	S	T	O	G	Y	P	E	R	K
M	C	M	A	H	O	N	F	L	A	K
P	E	P	S	I	V	A	R	S	I	T
A	W	L	S	N	A	F	U	N	E	E
R	E	E	T	O	T	E	M	G	N	P





*Above: A icy grimace from Skip McCarthy taking the plunge at this year's Polar Bear dip, held this past Friday at Vesuvius Bay Beach. Left: Dressed for the occasion, junior pirates Molly and Kate Hosie posing with friend Kate.*



### Salt Spring TV Current Week's Schedule

#### Wednesday, Jan. 6, 1999

5:30 p.m. An Island Day - Home for the Holidays (make up broadcast)  
6:00 p.m. Talk Around the Rock  
8:00 p.m. Satsang with GangaJi

#### Friday, Jan. 8, 1999

12:30 p.m. An Island Day - Home for the Holidays (make up broadcast)  
1:00 p.m. Talk Around the Rock

#### Tuesday, Jan. 12, 1999

8:00 p.m. Earth Changes with Chester Ludlow

#### Wednesday, Jan. 13, 1999

6:00 p.m. Talk Around the Rock  
8:00 p.m. Satsang with GangaJi



## Horoscopes

For the week,  
by Michael O'Connor

**Capricorn (Dec 23 - Jan 20)** An enthusiastic attitude to take a pioneering approach is now yours to enjoy. Your values and priorities have and continue to steadily change. Old beliefs about yourself and the world are changing whether you like it or not. Ideally you are willing to assist this process because it will continue for a good number of years. Continue to create a whole new foundation for your creative abilities. The more you express your artistic talents the better. Affirm your ability to be abundant from doing what you love most.

**Aquarius (Jan 21 - Feb 19)** An inward draw to consult with your inner authority continues. You will soon be called to do what your parents may not have had the courage or awareness to do. To do so you must also claim your right to express yourself as an individual. Allow the inspiration of dreams and visions to dissolve subconscious fears. The desire for a direct and honest approach with others close to you will grow steadily this week. Be your own best friend and make efforts to decipher what you need to do for your highest good.

**Pisces (Feb 20 - Mar 20)** A receptive attitude to the sound advice of friends is your best investment now. You may want to join a club or organization that will contribute to your sense of stability. Explore the possibilities in this regard. Your willingness to learn about the practical expression of your skills is key. You will be pleasantly surprised this week as opportunities from unexpected sources come your way. Pressures to meet with reality will provide the necessary boost to help you to take full advantage of this 'luck'.

**Aries (Mar 21 - Apr 19)** You have been projecting your thoughts and visions over the past few weeks and now it is time to act. The New Year is here and you are eager to get a jump on things. Pressures to take the initiative will mount as the week progresses. Fortunately your sensibilities are wide-awake creating an interesting balance with practical leanings. A receptive attitude will allow you to gain inspirational and useful insights from others. A promising energy pattern will prevail this year so get your momentum now.

**Taurus (Apr 20 - May 20)** Your recognition of the importance of unified efforts is strong now. To this end you are willing to work conscientiously to ensure full cooperation in all activities. In this regard you ideally recognize the importance of negotiation and compromise. After all, you remain challenged to let go of old self-concepts and behavior patterns that must be released in order to progress. Allow heart-warming events and gratitude for the gifts of friendship to soften your defense. Laugh at yourself lovingly.

**Gemini (May 21 - Jun 20)** Taking stock of the abundance in your life is a main focus now. Recognition of the importance of gratitude is your best initial investment. If you allow your focus to drift towards lack you will experience just that. Be grateful for the gifts of love, intelligence, change, growth and awareness. As you open your heart and mind the doors of opportunity will follow. Material security has its place, but excess in this regard is a major expense. Recognize the value of your capacity to shine and bring the warmth of light and love to others.

**Cancer (Jun 21 - Jul 22)** The sense of strength and security that stable relationships afford is a major theme now. Of course, the most important relationship we have is the one with our own inner self. This inner self is seen as the voice of our heart, mind, conscience and/or soul. Honesty with ourselves and with others is a major spiritual lesson for us all and is up for you now. You have every right feel the way you do. However, be open to the probability that some of your feelings may be unbalanced. Be patient and strategic in your efforts to create harmony.

**Leo (Jul 23 - Aug 22)** A concerted effort to refine lifestyle patterns is a main focus now. To this end you are open to the inspiration you may gain from others. Allow a diplomatic, playful and receptive attitude to create a smooth kind of humility. Significant changes in your public and career life are probable this year. An effective strategy to improve the health and quality of your lifestyle is your best approach now. Once you have this foundational attitude in place success in all arenas is more likely. Look to your 'whole' health.

**Virgo (Aug 23 - Sep 22)** Designing an effective plan for a practical expression of your creative abilities is on your mind now. Your blueprint should probably include improvement of your skills. To expand your potential, make room for schooling and/or travel over the next few years. To know exactly what you might focus upon may require some soul searching. Reach within and without for guidance. The clearer you are about what you want the better are your chances for success. Focus on self-actualization first and material security second.

**Libra (Sep 23 - Oct 22)** Touching base with yourself finds you happy close to home now. You are eager to create a practical strategy for the future and you need a calm environment to achieve this end. Still, be open to sharing love, inspiration and sound advice with friends. Thoughts about creating a whole new approach in regard to the trade value of skills are likely. There is the possibility that you will have to lean a little on the support of others or vice versa. Focus upon maintaining independence for all concerned.

**Scorpio (Oct 23 - Nov 22)** The time is ripe to make a realistic plan for the future. Getting real about your current situation may require some sobering conversation. Giving attention to the concept that thoughts create reality will prove worthwhile. Whether you know it or not, your ability to create whatever you are focused on is stronger than ever and will continue for many years. Trust that you cannot afford the luxury of negative thinking. Cynicism and skepticism will prove to be your worst enemies. You have everything to gain from being experimental.

**Sagittarius (Nov 23 - Dec 22)** Getting a firm grip on the realities of your potential is the focus now. Get clear about what is realistically possible for you. The more you can give definition to your capacities the better. Without limiting yourself, get clear on what might constitute a realistic appraisal of your potential. Become the best that you can be and avoid unrealistic expectations that you can be anything you want to be. You may want to knock down a few walls but you will be hard pressed to change nature. Balance possibility with probability.



with Terry Stringer

### TWISTERS POOL

Next meeting: Wed., Jan. 6, 7:00 pm sharp at Twisters.

		year	month	week
1	Dallas	302	98	25
2	Ottawa	302	95	27
3	Edmonton	291	84	21
4	Pittsburgh	284	94	19
5	Buffalo	281	74	13
6	Vancouver	275	95	30
7	Islanders	272	89	21
8	Montreal	270	80	33
9	San Jose	266	73	15
10	Boston	265	87	27
11	Los Angeles	264	75	18
12	Washington	263	73	19
13	Anaheim	238	59	14
14	Philadelphia	236	77	21
15	St. Louis	234	72	21

### GOLF COURSE POOL

Next meeting: Fri., Jan. 8, 5:00 pm sharp

		year	month	week
1	Greenwoods	333	106	23
2	Edmonton	333	97	29
3	Ottawa	329	100	22
4	Cyclones	321	96	20
5	Ice Dogs	298	93	28
6	River Rats	293	81	24
7	Rangers	287	83	29
8	Marx Brothers	281	88	20
9	Dallas	280	98	27
10	Toronto	228	59	13



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"Run Until It Sells": First 20 words \$12.50, each additional word 40¢. No copy changes. Advertiser may call to cancel. Private party "For Sale" ads only - no commercial or home business ads. Maximum run: 10 weeks.

## CLASSIFIED DISPLAY RATES

\$9.25 per column inch, based on 6 columns per page, 9picas 6pts width (1-1/2"). Includes your logo. \$1.00 extra for regular line border. \$3.00 extra for designer border. DISCOUNTS for display classified: 10% off for 4 week run; 15% off for 10 week run; 20% off for 16 week run.

## CLASSIFICATIONS

### ANNOUNCEMENTS 100-199

- 100 Births
- 105 Obituaries
- 110 In Memoriam
- 120 Messages of Thanks
- 130 Church Events
- 140 Upcoming Events
- 150 Engagements/Weddings
- 160 Birthdays
- 170 Anniversaries
- 180 Legal Notices
- 190 Business Notices

### PERSONALS 200-299

- 200 Personals
- 210 Business Personals
- 220 Lost & Found
- 230 Travel

### MERCHANDISE 300-399

- 300 Arts & Crafts
- 305 Antiques
- 310 Appliances
- 313 Firewood
- 315 Free/Recyclables
- 320 Garage Sales
- 325 Musical Instruments
- 330 Pets
- 335 Food Products
- 340 Sporting Goods
- 345 Furniture
- 350 Paint
- 355 Computers - Hardware/Software
- 385 Wanted
- 390 Miscellaneous

### EMPLOYMENT 400-499

- 400 Help Wanted
- 410 Employment Wanted
- 420 Business Opportunities
- 430 Skilled Trades

### SERVICES 500-599

- 500 Accounting
- 501 Office Services
- 505 Business Opportunities
- 510 Contractors
- 511 Drywall
- 512 Painters
- 515 Child Care
- 517 Dental
- 520 Janitorial
- 521 Cleaning Services
- 525 Computers
- 530 Electronic
- 535 Finance/Mortgage
- 540 Garbage
- 545 Gardening/Landscaping
- 550 Machine/Welding
- 551 Autobody & Painting
- 555 Plumbing
- 560 Pools/Spas
- 565 All-round Handy
- 570 Music Lessons
- 580 Rentals
- 595 Miscellaneous Services

### REAL ESTATE 600-699

- 600 Houses for Sale
- 610 Farm Land
- 620 Acreages/Lots
- 630 Commercial Properties
- 640 Open Houses
- 690 Real Estate Wanted

### RENTALS 700-799

- 700 Houses for Rent
- 710 Apartments for Rent
- 720 Room & Board
- 730 Shared Accommodation
- 740 Holiday Accommodation
- 750 Storage
- 760 Business Rentals
- 790 Rentals Wanted

### TRANSPORTATION 800-899

- 800 Cars/Trucks
- 810 Motorhomes/RVs
- 820 Boats/Marine
- 830 Aircraft
- 840 Motorbikes/Scooters
- 890 Vehicles Wanted

## 120 • MESSAGES OF THANKS

**WE WOULD** like to thank all those who helped Garner after his accident. Especially the Fire Dept., the ambulance crew, Drs. Slakov and Reznick, the nurses & staff at Lady Minto Hospital. We would also like to express our sincere appreciation to all of our friends, patients and members of the community who expressed their concern and support. The Lea Family. 0199

**THANKS TO** all my customers and supporters and may everyone have a safe, happy and prosperous New Year. Now available by cell-phone at all times. Blue Angel Towing, 537-9799, or cell. #537-6175.

## 140 • UPCOMING EVENTS

### SCHOOL DISTRICT #64 (Gulf Islands)

A regular meeting of the Board of School Trustees, will be held at the School Board Office, Wednesday, January 13, 1999 at 12:30 p.m. *Public welcome!*



### A NEW YEAR A NEW YOGA LINE-UP

**Classes start:**  
**Fri., Jan. 8 9:30-11am**  
•Level 1&2 with Beverlee.  
*Pre-registration required*

**Mon., Jan. 11 9-10:30am -and- Thurs., Jan. 14 4-5:30pm**  
•All Levels with Celeste

**Tues., Jan. 12 9-10:30am**  
•Yin Yang Yoga with Lokesh

**Wed., Jan. 13 9:30-11am**  
•Forgiveness Asanas with Rajani

**Tues., Jan. 19 5:15-6:45pm**  
•Joy of Yoga - The Basics with Christine.  
*Pre-registration required*

**Wed., Jan. 20 10am-12pm**  
•Joy of Yoga - in-depth with Christine

**Call Sharon 537-2326**

Errors or Omissions: Advertising is merely an offer to sell and may be withdrawn at any time. Advertising is accepted on the condition that in the event of typographical error, that portion of the advertising space occupied by the erroneous item, together with reasonable allowance for signature, will not be charged for but the balance of the advertisement will be paid for at the applicable rate. No liability for ad omission. We reserve the right to reject any advertisement.

## 190 • BUSINESS NOTICES

**WATERCOLOUR CLASSES.** Semi-private, starting week of January 11. Beginners and Intermediates. Call Val Konig 537-9531. 0199



CUSTOM HOME CONSTRUCTION AND AWARD-WINNING WOOD WORKING

**STEPHAN PIERNITZKI**  
Tel/Fax: (250) 538-0068  
*Happy New Year!*

## 230 • TRAVEL



156 Fulford-Ganges Road (in Creekhous)  
**537-5523**

## 310 • APPLIANCES

**APPLIANCES AVAILABLE.** at the Home Design Centre. Kitchen Aid, Whirlpool, Maytag, G.E., Sub Zero, and more. Call Dave at Sandpiper Supply. 537-5035. 0899

## 313 • FIREWOOD

**FIREWOOD. CUT,** split and delivered. Please call Walter Rumsby 653-4877. ttn

## 315 • FREE / RECYCLABLES

**TREE CHIPPING:** The Recycling Depot will be accepting Christmas trees for chipping until January 15/99. No charge. 0299

## 330 • PETS

**JERSEY WOOLIE** rabbits. Young male available now \$15.00. Babies ready for post-Christmas pick up. \$20.00. Cockerels! Free! Phone 653-9295. 0799

## 335 • FOOD PRODUCTS

**ORGANIC WALNUTS.** From Bold Bluff. \$2.50/lb. Call Tamar 653-4377 0199

**NOOT'S FAMOUS** Thai sauce By-The-Sea. Available now. 112 Dogwood Lane, or phone 537-2641. 0199

## 390 • MISCELLANEOUS

**L-SHAPED COMPUTER** desk, cherry finish \$100; xerox 250 work centre (printer, fax, scanner, copier) \$750 new, now \$250. 537-4529. 0799

**LEADED GLASS** windows, vintage lighting and plumbing, dog house, 1986 F350 4x4, engine hoist, misc. shop equipment, sectional sofa. 537-4450 0699

**APARTMENT SIZE** stove, white, good condition. \$150 obo. Please call 537-2408 0199

## 390 • MISCELLANEOUS

**50 SQ.FT. BRUCE** hardwood flooring. 3/8x3 tongue and groove. Maple on oak. Colour bleached oak. Cost \$200. Sell \$100. Original boxes and warranty. Call 537-5450. 0499

**SCUBA-DIVING** equipment. Includes two dry-suits at \$200 each, tank and regulator, fins, snorkels and miscellaneous equipment. Good deals. 537-9125. 0199

**RADIAL TIRE** chains, fit most 13" and 14" tires, some 15". (Stock No. 1926). \$40. 537-4040 (days), 653-4877 (eves). Damaris. ttn

**WOOL CARPET** off-white deep pile 8'x11' \$200. Electric chain saw, 14" \$45. 537-4529. 0799

**TEA WAGON** \$100. Black Ikea TV stand \$50; feather down queen duvet \$75. 537-9972 0699

**STUNNING SOLID** maple frames 29x29, antique white matte left over from portraits of Canadian exhibition. Extremely cheap at \$50 each. 537-0001 0799

## 400 • HELP WANTED

**ARE YOU** interested in the Arts and Entertainment community? Can you write? Can you meet deadlines? If so, we want to talk to you! Please send resume and cover letter to the Barnacle, 324 Lower Ganges Road, SSI, V8K 2V3. ttn

**FULL TIME MEDICAL** office assistant required. Must be computer literate. Call 537-5122. 0199

**THE BARNACLE** is currently seeking an editor / writer / reporter. Applicant needs to be able to work to deadlines. Experience with a weekly newspaper would be an asset. Position is part-time/full-time. Please mail or drop off resume with cover letter and salary expectations to the Barnacle, 324 Lower Ganges Road, Salt Spring Island, B.C. V8K 2V3. ttn

## 510 • CONTRACTORS

**Unicorn Construction**  
Serving the Islands for 12 years  
537-2732 510.ttn

## LANCER Contracting Ltd.

- Custom homes
- Renovations
- Commercial buildings
- Septic tanks & fields
- Excavating
- Portable sawmilling

Over 29 years on S.S.I.

**653-4437**  
**PERRY BOOTH**  
(cell) 537-7098 510.ttn

## 510 • CONTRACTORS



**Ron Besley 537-8885**

## 511 • DRYWALL

### SALT SPRING INTERIORS DRYWALL

Serving the Gulf Islands since 1974

### RESIDENTIAL & COMMERCIAL

- Drywalling with machines
- Insulating & vapour barrier
- Texture ceilings & walls
- Vinyl board & steel studding
- Priming of wallboard

**FREE ESTIMATES** on renovations & new work

**537-2590**  
cell: 537-7046  
Brian Little

## 512 • PAINTERS

**Interior Painting**  
Call us for an estimate  
**537-2732** 512.ttn

## 517 • DENTAL

### JILL LEE

Registered Dental Hygienist

ISLAND DENTAL CENTRE  
2201 Grace Point Square

**537-1400**

"Only floss the teeth you want to keep"

## 521 • CLEANING SERVICES

### Gulf Island WINDOW CLEANERS

Complete Janitor Service

Rug & Carpet Cleaning

Steam Extraction

Carpet Guard

**537-9841** 521.ttn

## 540 • GARBAGE

### Salt Spring Garbage Transfer Station

340 Blackburn Rd

OPEN SATURDAYS  
10 am - 4 pm

Call 537-2167 for info

## 550 • MACHINE / WELDING

**WELDING, MACHINING.** Fabricating, specializing in aluminum and stainless steel. Island Marine Construction, #2 - 156 Alders Ave., behind the ambulance station. 537-9710, fax 537-1725. ttn

## 551 • AUTOBODY & PAINTING

### I.C.B.C. ACCREDITED SHOP

- Expert body & frame work
- Custom painting, glasswork
- Certified body men
- ICBC claims, rust check



115 Desmond Cres., Ganges

**537-2513** 551.ttn

## 580 • RENTALS

**PARTY TIME RENTALS** We rent dishes, glassware, cutlery, linen, tables, chairs, assorted party supplies. 537-4241 days, 537-4577 evenings. ttn

## 700 • HOUSES FOR RENT

**ONE BEDROOM** plus den cabin. Fantastic view, quiet & secluded, close to town. Space for washer & dryer or extra storage. Long term, no pets. \$600/pm + utilities. 537-4998 days, 537-2837 evenings. ttn

## 740 • HOLIDAY ACCOMMODATION

**MT. WASHINGTON** modern condo, sleeps 4 adults, 2 children, view/parking. From \$50 daily. Also ask about ferry/transportation/ski pass packages. 537-2468. 0499

## 790 • RENTALS WANTED

**SITUATION WANTED** Suite with 4 appliances, cellular phone, reception, long term? Non-smoking/drinking. Quiet. Reputable. Housesitting. References. David Zeuss Cochrane 537-7398. 0199

TELL OUR ADVERTISERS YOU SAW THEM IN THE BARNACLE!

The Barnacle









# FIRST BABY of 1999 CONTEST

Sponsored by the Barnacle Island Journal and these fine businesses.  
To enter, drop off entry form at the Barnacle, 324 Lower Ganges Rd.  
Entries must be received before 5:00 pm Monday, January 11, 1999.

## TWO GREAT WAYS TO WIN!

Guess when the first baby of 1999 will be born and you could win a bundle!

**Closest guess  
wins \$100 cash!**

1. Winner will predict the date and time of birth of the child born earliest in 1999 on Salt Spring, without going past the actual time of birth.
2. Entry must be received by the Barnacle before 5:00 pm Monday, January 11, 1999.
3. Winner must be a resident of Salt Spring.
4. Employees of the Barnacle and their immediate families are not eligible.

If you are the parent(s) of the first baby girl or boy born in 1999 on Salt Spring, you'll win quite a booty!!

**TOTAL VALUE:  
Over \$1,000 in Prizes!**

1. Parent(s) must be resident(s) of Salt Spring and must notify the Barnacle of the time of birth.
2. Child must be born on Salt Spring. The exact time of birth must be certified by the attending physician/midwife. In the event of a tie, one winner will be chosen by random drawing. Decision of the judge is final.
3. Employees of the Barnacle and their immediate families are not eligible.

## ENTRY FORM

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
Your guess as to when the first baby will be born on Salt Spring:  
Date: \_\_\_\_\_  
Time: \_\_\_\_\_ Check one ☐ AM ☐ PM

**Barnacle** Drop off at the Barnacle  
324 Lower Ganges Road  
Contest Deadline: 5:00 pm Mon., Jan. 11th

## PARENTS' PRIZES

Prizes must be accepted as awarded. Not redeemable for cash.

### \$10.00 Gift Certificate

SALT SPRING  
**Linen & Dry Cleaners Ltd.**  
116 Hereford Ave • 537-2241 • Tues - Fri 8-5; Sat 9-4

**KIDCO** Home of the  
Indisposables  
... more than just diapers!  
Change pad and half dozen wipes  
**SANDY KYLE • 537-4450**

"CANDY CORNER"  
featuring **Harlan's**  
Chocolate Soother &  
half pound of coffee.  
537-4434 (next to Pharmasave)

**Community Midwifery Care**  
New clients always welcome!  
Copy of "Your Baby and  
Child - Aged Birth to Five"  
by Penelope Leach  
130 McPhillips Ave • 537-2243

### Baby Photo Frame \$15.00 value

The Quality One-Stop Photo Shop  
**APPLE PHOTO**  
105 Hereford Avenue • 537-9917

**Bath Gift Pack** \$35.00 value  
Live well with  
**PHARMASAVE**  
Lower Ganges Road • 537-5534  
Open Mon.-Sat. 9-6; Sun. & Holidays 11-5

**FREE FINANCIAL PLAN**  
Martin Hoogerdyk  
(250) 537-1730  
CFP  
Certified Financial Planner

**New Wave**  
LAUNDROMAT  
Double or Two Singles Drop-Off  
Value \$10.00  
126 Upper Ganges Rd at Moby's dockside  
(across from the Harbour House Hotel) 537-2500

Scalp Treatment, Hair Repair  
and Makeover - Value \$75  
**STUDIO 103**  
HAIR DESIGN  
2103 Grace Pt. Square ~ 537-2700

**\$20.00 Gift Certificate**  
for the parent(s) of the  
First Baby of '99  
**THRIFTY FOODS**  
Customer Service • 537-1522

**Kids n Clothes**  
Consignment and New  
**New** Newborn cotton  
night shirt  
128 Hereford Avenue, 537-5451  
OPEN TUES. - SAT. 10 AM - 4 PM

**Ganges Village Market**  
**\$20 Gift Certificate**  
for the new baby's parents  
537-4144 Daily 8am-9pm

**Skin Sensations**  
by the Sea  
Free Manicure  
For the first baby's mom!  
#2102 Grace Point Square ~ 537-8807

**Aroma Crystal  
Therapy Inc.**  
**MOMMY & BABY GIFT BASKET**  
333 Stark Road - 537-9211

**LOCKS, STOCK &  
BARBER SHOP**  
Free Haircut for  
The First Baby's Dad!  
537-8842 • 115 McPhillips Ave.

**Gift Certificate  
Value \$19.99**  
**WORK** 537-2999  
**WORLD** Mon.-Fri. 9-5:30; Sat. 9-5  
152 Fulford Ganges Rd • "Creekhouse"

**tree Frog** ONE  
COMPLIMENTARY  
CHILD CARE  
to the new baby's parent(s)  
653-4998  
(Mon.-Fri.)  
Newborns to 5 yrs

**GIFT CERTIFICATE  
value \$50.00**  
**Home hardware** **MOUAT'S**  
Locally owned & operated since 1907  
Open Mon-Sat 8:30-5:30 537-5551

**HAPPY NAPPY  
DIAPER SERVICE**  
For environmentally conscious baby care.  
**30% Off** Call Angela  
YOUR FIRST MONTH'S  
DIAPER SERVICE 537-1703

**\$20.00 Gift Certificate**  
The Original  
Island Bakery  
**Embe Bakery**  
Foot of Ganges Hill • 537-5611

**Free CD of your choice!**  
Value: \$19.99  
**ELECTRONICS**  
Quadratic Solutions Inc.  
162 Fulford Ganges Rd • 537-4522

**Love My Kitchen**  
**ONEIDA STAINLESS STEEL  
BABY CUP - for the 1st 1999 baby!**  
537-5882  
140 Fulford Ganges Rd

Your home can be  
bigger than these! Our  
Dad will give you \$500 off  
your next house purchase.  
Purchased through our Dad!  
**NORMAN ROTHWELL**  
537-5166

**\$20.00 Gift Certificate**  
**W. Kraus**  
JEWELLERS  
158 Fulford-  
Ganges Rd "Creekhouse"  
537-4998