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the Ballina Balle Bland Journal

VOL. 2, ISSUE 21

Salt Spring Island, British Columbia

PRICELESS



Jason and Aaryn
Funk found the best
seat in the house at
Firefighters'
Muscular
Dystrophy Day.
See page 5
Photo by Peter Clarke





Another one bites the dust



In the cathird reat ... with Shelagh Plunkett

The Makah people have killed a grey whale and all of us in North America-and likely many in Europe as well-have been treated to television

footage, mass print media coverage and radio commentary on the death. For the most part we seem to be outraged; so outraged that many feel compelled to write, call in, protest, argue and debate

the whale killing.

I too was saddened by the images I saw of the grey whale being shot then dragged to the shore. The killing of a large, sentient being is a shocking thing to witness. But why this particular large, sentient being, why not, for example a Bengal tiger or a white rhino or a human being. Why, I mean, are we all riled up about this particular death and not one of the hundreds of others that happen daily around the world?

Oh yes, the "cultural traditions" argument. That's what's getting our collective goat. We don't like the hypocrisy of this argument and, fueled by that, we raise our voices in righteous protest. Some of us take a moment to acknowledge that there are other killings happening and then, having done that, revert to the mainstream and continue our anti-Makah whale hunt rant.

Well folks, sorry to have to point the finger, but

that in itself smacks loudly of hypocrisy.

I don't mean to say I support the whale killingit isn't a this or that kind of option and other deaths do not absolve this one. But I do mean to say that before jumping on the bandwagon (made oh so easy for us by the mass media) we should all stop and ask ourselves a few questions.

Littleton Colorado. What an appalling thing that two young men would be driven to planning, then executing the mass murder of their peers. North America reeled. In response, among other things, the people of Littleton showed their sorrow by stuffing the building in which the memorial was held with some 200 bouquets. I'm sure the place looked fabulous and smelled wonderful.

Would the same people take the same amount of money they spent on those floral arrangements and donate it to a peer counselling program for high school students? Would they gladly support a tax increase to allow for such programs? Somehow I doubt it. At least, I doubt the support of such measures would be as exuberant. After all, tax increases or cheques in support don't carry the same personal stamp.

It's a quick fix. It's a feel-good response. It's a way to do something in acknowledgement of our horror without actually having to change our personal lives in any real way., without having to look at how we are implicit in the killings.

Just like our response to the death of the grey whale. Let's blame the Makah—they shot the rifles-and not bother to look at how most of us, in North America particularly, participate in-no, cause the death of thousands of beings every single day simply through living the life to which we've become accustomed. It's a lazy response.

I don't know the solution and I certainly don't discount my own part in the slaughter. I'm guilty too—guilty of continuing to live in a fashion that causes death and destruction elsewhere. Here I sit on five acres of beautiful land shared only with one other adult and one child. I don't bother growing food on all that land, food for myself or food to send others who are starving because their land is being used for export crops. I plunk away on my brand new laptop computer and will soon jump in my car to drive very little distance to buy something I don't really need. I'm guilty too.

But, being guilty and being unable to provide an answer does not mean that the question should not be asked or that the hypocrisy of our own behavior

should not be pointed out.

I don't know how to rectify the imbalance that exists in our world today but I do know that creating "others" to blame is not a solution. It may soothe our consciences to mutter outrage at the Makah but it does nothing toward a real solution. We are all—like the Emperor—a little naked in

e arnace

calendar of UPCOMING EVENTS

If you would like an event listed drop by 324 Lower Ganges Road, e-mail: barnacle@saltspring.com or fax us at: 537-8829

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
24	25	26	27	28	29	30
	SS Community Theatre, AGM, election of offi- cers, Croftonbrook; 7pm		Labyrinth Meeting, Earth Day Interfaith Council, United Church; 7:30pm MS Society Meeting, SS Seniors Services; 7pm	Fernwood Fun Fair, Fernwood School; 3-5pm	SS Singers, 25th Anniversary Concert, ArtSpring; 7:30pm Susan Cogan Gypsy Hill Tour & CD Release Party, Lions Hall; 7:30pm Victoria Tea & Slide Show, SS United Church; 1:30- 3:30pm Kettle of Fish, Beaver Point Hall; 9pm	SS Singers, 25th Anniversary Concert, ArtSpring; 2:00pm Tibetan Nuns, ArtSpring; 8:00pm Sunday Dinner Jazz, Moby's, Marc Atkinson Trio; Spm
31 Lady Minto Hospital Aux. Society, GM, United Church; 2pm	1 JUNE	Wednesday Night Live, Moby's; 9pm Music & Munch, All Saints-by-the-Sea; Noon Fulford Day Society, AGM, Fulford OAP; 7pm	3 Sufi & Sacred Circle Heart Dance, location varies; 7:30pm SIMS Band Concert, ArtSpring; 7pm	4 Dearly Departed, Saturna's Theatre on the Rock, ArtSpring; 8pm	5 Greenwoods 20th Anniversary Celebration; 1-4pm SSI Historical Society AGM/3rd Annual Picnic, Haamea Bay, Beaver Point; 12noon ALS (Lou Gehrig's Disease) Tag Day	Treefrog Garden Tour, Fulford Treefrog Daycare, 10-4 Sunday Dinner Jazz, Moby's, Larry Miller Trio; 8pm The Stack Spostponed Maxx, Lion 'TIL JUNE 25
7 SSI Youth Soccer AGM, GISS Library; 7pm	8	9 Music & Munch, All Saints-by-the-Sea; Noon	The Sound of Music, SS Centre School, ArtSpring; June 10-12	The Sound of Music, SS Centre School, ArtSpring; June 10-12	Build-a-Boat, Centennial Park; 10am-2pm The Sound of Music, SS Centre School; June 10-12 Tango Dinner Dance, SS Golf & Country Club; 7pm SS Conservancy boat tour to Samsun Narrows, workshop, beach walks; June 12th & 13th The Sound of Music, SS Centre School, ArtSpring; June 10-12	Sunday Dinner Jazz, Moby's, Nancy Ruth Quartet; 8pm Choral Evensong, All Saints-by-the-Sea, 4pm

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Mouat Park filled with talk of mid-range flyers, birdies and aces

Disc Golf Tournament brings players from near and far

by Joanne O'Connor

Salt Spring Island became a Mecca for frisbee golfers of all ages and skill levels May 12 when the Hart Memorial Disc Golf Course hosted its inaugural disc golf tournament.

A crowd of 60 players (and many more spectators) congregated at Mouat Park. Some came from as far away as California while most were from all over B.C. Islanders young and old (and in-between) showed their enthusiasm for the sport and to try their arms against the competition.

As soon as registration began the park filled with excited chatter about drivers, putters and mid-range flyers. Discs were produced, compared, admired and tested. Small groups of golfers left to complete quick practice rounds, and soon returned with tales of "aces" and "birdies."

Like every sport, disc golf has engendered its own language. Those familiar with golf (the club version) are soon at home with most of the terminology. A "birdie" is one shot under par and of course an "ace" refers to the coveted "hole-in one."

Unlike traditional golf, the disc golfer putts toward a chain basket or, in the case of the Hart Memorial Course, a suspended pin. The pins are three inch aluminum piping that produce



Competitors 12-year-old Louis Quander (left) and 10-year-old Brian Quander show their enthusiasm.

characteristic earns them the name "tonal pins."

As disc golfers milled around the first tee in eager organizers anticipation, beamed with pride and sent a silent thank you to the forces of nature for providing such a beautiful day for disc golf. Mitchell Sherin and Dean Crouse, of the Hart Memorial Course fairly radiated energy as they watched one of their dreams come true.

Placing first amongst the Pros, as well as first overall, was Glen Whitlock of the Sunshine Coast. Glen's astounding first round score of 16 under par earned him the title of course recordholder, and the respect of all

In his 18 years of experi-

ence Glen has visited and played a total of 254 courses around the world! described the Salt Spring course as in "the upper echelon of tightness" and "technical declared it enough to make it challeng-

Local sponsors helped make the tournament a success by donating hundreds of dollars in the form of prizes and gift certificates. Top winners from each category received generous prizes, and discs and minidiscs were awarded to many players as well. The organizers and many volunteers created a positive environment for all who attended and the tournament is one I'm sure we'll all look forward to for next year!

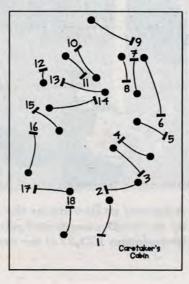


Grade nine student Adam puter graphic students at Davies' map of the Hart GISS. Memorial Disc Golf Course will soon grace the entrance of the new facility.

To promote interest and awareness in the new disc golf course among high school students, Dean Crouse, president of the Salt Spring Island Disc golf Association and Computer Graphics teacher Dave Betts organized a recent map designing contest for com-

Students took a field trip to the course in Mouat Park and measured distances between holes, researched other disc golf facilities on the internet, and then returned to their computers to design their maps.

Adam's map will soon be mounted and displayed for players' information.





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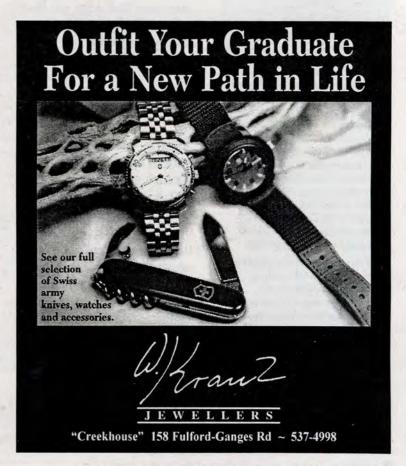
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mail

DROP US A LINE

The Barnacle wants to hear from you! Drop us a line. Send us your words-tell us your gripes, your hurrahs, your opinions, your thoughts on matters worldly or of the island.

Please include your name, address and phone number with submissions. We ask that you keep your letters to 300 words or

The Barnacle reserves the right to edit all submissions for accuracy, brevity, clarity and legal obligations.

Speak out. Write to the Barnacle.

Do we have the courage to face our history and learn?

Thanks to Larry Woods for his excellent article. What a rare historic review to find in an local newspaper! As I read the two historic Times items, I think about this drastic confrontation: The outcasts on D'Arcy Island, forgotten, left to die" and on Salt Spring, the concert aid in the hall"... A few questions arise as I search for the link to the present:

Do we have the guts to face history as it really happened or do we feed just on it's pleasing side?

Are we willing to learn from the past and become humble?

Or are we too proud of ourselves and what we have achieved, that we forget to love and care for our fellow beings?

> M. SANDL Fulford Bay

Team work made wrestling event a great success

Kudos to the GISS students, parents and other volunteers who contributed their time and energy to successfully presenting the ECCW "Slam-a-Palooza" wrestling event at Fulford

I was asked to help out with the music for this show, and got to witness first hand the level of commitment and dedication that went into the organizing, set-up and



cleanup. As someone who's been involved with numerous concert productions over the years, I can say that the GISS team that collaborated on this event was firstrate and deserving of much credit.

ADRIAN DU PLESSIS

Justification behind whale hunt raises questions

While watching the Makah twice (on T.V.) kill a young grey whale, I had tears in my eyes and rage in my heart. I thought of another "tradition" the Makah and their affiliates to the North, the Haida, had. They used to go raiding up and down the coast raping, pillaging and destroying every living thing in the villages. I wonder if the Canadian and U.S. governments will also sponsor that tradition? And would they, also, supply them with high powered boats and 50 caliber rifles.

Just imagine that "tradition" being revived and broadcast on CNN around the world.

> PATTI MAY LAWSON Vesuvius

And the winner is...

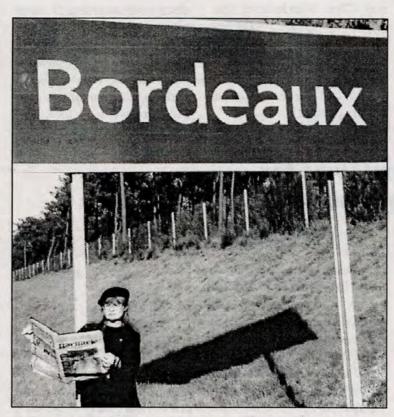
My staff and I at Skin Sensations Day Spa would like to thank everyone who came to our Grand Opening. We appreciate all the good wishes and the support of the community. We would like to announce the winners of our draw.

1/2 day Spa: Betty Kempling Gift Basket: Ellen Reid 1/2 hr Treatments: Tracey Watson Ruane Williams Rene Sutherland

JUDITH Skin Sensations

NATO's "deep regrets" hollow

As the painless (to us) air blitz on Yugoslavia nears the end of its second month of deeply regretted collateral carnage, the pronouncement from NATO's political and military mouthpieces become ever more shrill and menacing. The slaughter of 100 Kosovar civilians by laser-guided NATO missiles was dismissed angrily as the fault of the Serbs. A few days ago the lack of an upto-date Belgrade city map cause NATO to bomb the Chinese Embassy. Before that there were bridges, busses, trains, hospitals, the destruction of each of which was likewise deeply regretted in its turn, as if they were not the totally predictable concomitant of the systematic aerial destruction of a continued over



A journal as literary as the Barnacle is liable to crop up in rather unexpected places. Take Bordeaux, France (population 213,274) for example.

NATO continued from p4 country's infrastructure.

A casual visitor could easily-and mistakenlyconclude that what is taking place in Yugoslavia is of less importance to Canadians than the new series of Star War movies, or the countdown to the Stanley Cup, or a minuscule rise in the value of our dollar. Yet we have been made complicit in an ongoing war crime using cluster bombs, uraniumtipped shells and probably devices even more diabolical from NATO's house of horrors.

The United Nations, born with such hope after World War II, has been destroyed by a ruthless military alliance intent on ruling the world as it sees fit. Who dictated that Canada should take part in this deranged conflict? As Prime Minister Chretien remarked, it is LOGICAL that we should be on the team, and since we must have unanimity on such questions, Parliament cannot be allowed to debate the matter. We aren't even to be told what our planes are doing because, as General Baril sees it, Canadians need only be spoonfed selected portions of the

It seems that the Prime Minister's increasingly dictatorial bent, which has been clouding his judgement in domestic affairs for some time, has now involved us in a disastrous foreign adventure, at the cost of our good name as a peacekeeper. Thirty plus years ago Canada's leaders kept us out of Vietnam. Would that we had leaders of that calibre now!

> ANDREW GIBSON SSI

Thank you all!

I would like to say thank you to everyone who

helped when our house caught fire. A big thank you goes to the Fire Department, who were not only fast and effective but caring as well. Thanks so much for the little stuffed Dalmatian for Ruby. It seemed to make the whole evening alright for her, and hasn't left her hands since the fire. Thank you also to the ambulance crew and emergency social services. A huge thank you to our family, our neighbours, our friends, my children's teachers, and even people we barely know who have contributed so much and continue to do so in so many ways. To be receiving so much goodness from so many people is such a blessing. Thank you for all your kindness and support.

> LISA ERCK SSI

Fernwood Fun Fair On May 28, Fernwood School will have a Fun Fair from 3 to 5 p.m. We have this special event every year. I went last year and it was extremely fun and I bet you'll have fun too.

First you go and buy tickets, then you go through the booths and win prizes. There are contests like the Ring Toss, the Sponge Throw and the Fish Pond. Our class is organizing the Face Painting station. There is lots of food available like pop, ice cream and hot dogs. Often the SIMS band plays and entertains everyone. I am positive you'll win prizes at our Fun Fair, so come!!

VAUGHAN GOOD Miss T's Grade 3/4 Class Fernwood School

On the cover

What a busy weekend! What glorious weather!

On the cover this week is a photo of two happy participants in this year's annual Fire Fighters Fund Raiser for Muscular Distrophy. Saturday's beef-on-a-bun barbeque, balloon and spotted dog event was sponsored by Mouat's and Thrifty's who provided (respectively) the barbeque raffled (and won by Dawn Akerman) and the dogs, beef, etc. consumed.

More than \$4700 was raised through the sale of more than 280 beef-on-a-buns and 420 hot dogs!

Filling the air around the happy diners were the sounds of live music performed for all at the Tree House Cafe. That part of the party continued on into Sunday and was part of Mouat's Street Party.

The Street Party was sponsored by Tree House Cafe, Mouat's and Acoustic Planet.



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NOTE: Enter weekly. Must use newspaper entry form - no facsimiles/copies accepted. New draw every two weeks. You must reenter to be eligible for each draw.

Winner will be announced here and will have 14 days to contact the Barnacle to claim their prize.

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300 voices join in first all schools choir performance

by Michelle Mech

"United By Our Music" was a dream Shirley Bunyan had for quite a while-a dream to bring all the school choirs together to perform. And, on May 21, her dream became reality when 300 students from eight island school choirs sang together for the first time in Salt Spring history.

Dubbed Choral Celebration," the concert, which took place in the GISS gymnasium (the only location big enough), was enjoyed by some 500 audience members. The students sang two songs per choir and wrapped the evening up with a finale involving all 300 voices plus those of the Lost Chords seniors' choir singing Shirley Bunyan's "United by Our Music."

For most performers at the concert, Friday's audience was they largest they'd sung



Fernwood Junior Choir added costume—eye patches—to their performance.

before and for virtually all the massed choir finale song was a unique experience.

The start of the show was pirated away by the Grade 1 and 2 Fernwood Jr. Choir as, with black eye patches in place they sang of a Pirate The other two Child. Fernwood choirs delighted listeners with their singing while enhancing songs with

sailor hats and colourful umbrellas. Fulford Elementary, dressed in coordinated shirts and vests, looked as sharp as they sang. **Both Salt Spring Elementary** and Salt Spring Centre chose lively songs from popular musicals, while SIMS provided a mix of harmonized acappela—the lead song from "Babe"-and

accompanied singing in "Pasta." The GISS choir ended the vocal tour of schools with outstanding acappela pieces which also featured solos by Korena Vine.

The Salt Spring Island Music Guild-of which Shirley Bunyan is a founding member-organized and promoted the concert with

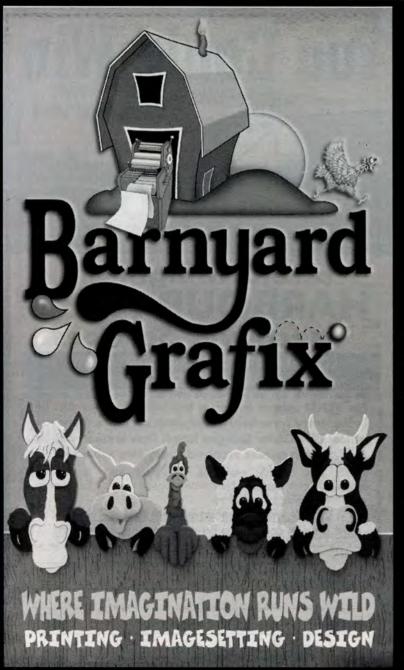
Shirley as the primary motivator behind the event.

When asked why it was important to hold a recital of all student choirs on the island, Shirley said, "Studies have long shown that students who work with music do better overall. I recognize how important music is in schools. With all the education cutbacks that have happened, I see a group on Salt Spring working hard to keep music alive in our schools."

Another motivation for the concert was to expose school choirs to the general public in order to let the community know that "choral music is alive and well on Salt Spring."

School music directors and musical accompanists are to be applauded for their efforts in the preparation and performance of this wonderful choral celebration. Viewers were treated

continued on page 14



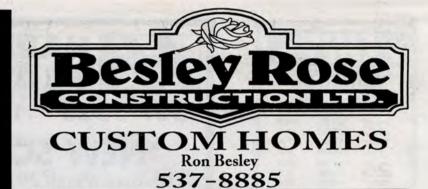
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HIGHLAND WATER & MALIVIEW SEWER

Annual **General Meeting**

Thursday, May 27, 1999 **Fernwood Elementary School** 7:00 pm

~ AGENDA ~

Election of three board members 2 - Highland Water • 1 - Maliview Sewer Two year term

> Discussion of water consumption and budget for Year 2000

> > John E. Richardson CHR.

A funny thing happened on the way to the election



Wit & Whimsy ... with Arthur Black

Ninety-eight percent of the adults in this country are decent, hard-working, honest citizens. It's the other lousy two percent that get all the publicity. But then, we elected them. Lily Tomlin

Ah, the Antipolitician Bandwagon is an easy one to hitch a ride on, but I'll pass this time. The poor slobs we send to Ottawa and to our provincial capitals have enough people slagging them day and night without my added tuppenceworth.

Truth is, I don't have high hopes for any politicians. These are people who usually started out as lawyersand went downhill from there. I don't expect them to reflect qualities like honesty, scruples or integri-

Hell, I'd be happy if politicians were just a little funnier. I'd settle for comic relief.

There was a time when politics and humour knew how to dance. The greatest comedic putdown in the history of the English language sprang from the lips of a British political malcontent by the name of John Wilkes. Wilkes was responding to a slur from a political enemy, the Earl of Sandwich, who had told him: "Pon my word, Wilkes, I don't know whether you'll die on the gallows or of the pox."

To which Wilkes silkily rejoined: "That must depend, my Lord, on whether I first embrace your Lordship's principles, or your Lordship's mistresses."

Somehow I can't hear Mike Harris voicing a comeback like that.

The Brits of course are past masters at the art of political wit-none more so than the grandmaster of the century, Sir Winston Churchill.

Churchill once cast a withering gaze across the floor of the House of Commons at the honourable Leader of the Opposition and pronounced him, "a modest little man...with much to be modest about."

He described political skill as: "the ability to foretell what is going to happen tomorrow, next week, next month and next year. And to have the ability afterwards to explain why it didn't happen."

We've had our share of witty politicians on this side of the water-mostly in the past, alas. Abe Lincoln was a pretty funny guy. Homely too—but he didn't sweat it.

"The Lord prefers common-looking people," said Lincoln. "That's the reason he makes so many of

Lyndon Johnson, despite outward appearances of classic Crude Ol' Boyism, had a sharp tongue on him. "Oh, Gerry Ford's a nice enough guy," he once said of the I.Q.-challenged future President, "He just played too many football games without a helmet.'

Here in Canada, humourous politicians are about as plentiful as palm trees...but the few we've had weren't half bad.

Sir John A. McDonald to political colleague D'Arcy McGee: "Look here, McGee, this government can't

afford to have two drunkards. You've got to stop."

John Diefenbaker on political polls: "Polls? I have no time for polls. You know what dogs do to poles...."

Prime Minister Pierre Trudeau to Progressive Conservative critics in the House of Commons complaining about his new swimming pool: "You may come over at any time to practice your diving. Even before the water is in."

Mostly though, when our Canadian politicians enter a duel of wits, they go in barehanded. As in the case of Mitchell Hepburn, onetime Liberal premier of Ontario.

Speaking from the back of a manure spreader to a group of farmers during a political campaign, Hepburn decided to try and be witty. "Gentlemen," he announced, "this is the first time in my life that I have spoken from a Tory plat-

From the back of the crowd came the growl of a farmer: "Throw 'er in low gear, Mitch, she's never had a bigger load on."





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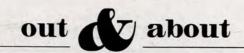
Linda Pickell has joined the "Barnacle team" as office manager.

A 10-year resident of Salt Spring, Linda is very active in the Islands Farmers Institute as a Director/ Treasurer and is involved in helping organize Salt Spring's annual Fall Fair.

Linda brings years of experience in the newspaper business in addition to her administrative skills.

Linda takes over from former office manager Rita Bowes who is relocating to

arnacle





Lions and tigers and bears, oh my!

Martin Thorn's SIMS Grade Six French Immersion class (and some devoted parents) recently returned from a three day trip to Bamfield. During the campout they saw sea lions, bears and star fish as well as a lot of rain and a great deal of mud. The class visited the University of Victoria marine biology research station and hiked a bit of the West Coast Trail.



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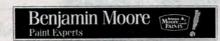


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Dock Talk ... with Peter Clarke

YOUNG FRYS SCHOOL IN GANGES HARBOUR

For the last month three S.E.A. charter vessels from Victoria—the 67 Schooner Passing Cloud and the two ketches ches Duen and A Fine Madness-have been making the rounds of the Gulf Islands, introducing their young Calgarian crews to the world of sailing and the wonders of the sea.

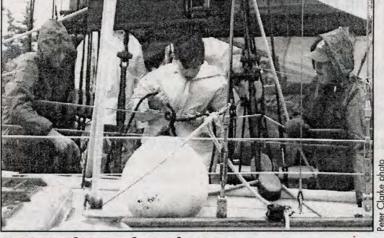
Ganges is the shop-andshower stop on a five day voyage that will take them to Bedwell Harbour, Monta-Portland Island, Cowichan and Genoa Bays.

We caught up to one crew in the coin laundry...waiting for showers, sitting on the hot dryers. "I am definitely having fun," bubbled one Branton Junior High student. "They teach us the names of the ropes and stuff like that...but it's really cold out there."

During their "five days before the mast" these prairie schooners not only learn the ropes on board the ships but get their first salty taste of marine biology and oceanography...an in depth education.

HARBOUR DOCKS MEET WAHL OF RESISTANCE

Anchors and chains; rubber bumpers; rechained joints and galvanized brack-



Visiting Calgarians learn the ropes

ets. Your dentist's favourite toys? Perhaps. But in this case they're also part of Gord Wahl and company's dock maintenance list. We found Gord, Leigh Sturgess and WCB certified frogman Geoff Townsend busy last week reversing the wear and tear on the Kanaka (Outer Harbour) dock. Harbour Authority has also enlisted the crew to tackle the sad looking Vesuvius float-timbers, stringers, redo the structure...still sounds like my last dental appointment.

FEEL-GOOD **FERNWOOD**

It's Mayvember and the radio in my truck just reminded me that I'm suffrom SADfering Seasonable Algebraic Dementia or something like that. I always thought the letters stood for "Salt Springers Aren't Downers" but I was wrong. How

depressing.

I deal with an attack of SAD by going to my favourite GLAD (Great Living Any Day) spot, Fernwood. I get out to the end of the pier and hunker down on the warm wood of the gentling rocking float and watch the boats pass quietly in the channel, leaving this drowsy islander in their wakes. The air is pungent and sweet, and the exposed sea bottom steams and gurgles with life. In the sky overhead, a pinwheeling swallow writes Q's in the air before diving into the piles to feed her chicks. But I only hear the hungry chirps...my eyes have closed and I snooze.

Here's a multiple choice question to contemplate over the next week. I'm hoping it will encourage and raise the level of debate in the community. I'll have an answer of some kind next week.



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Back to the beginning as an end

Relearning how to walk with Feldenkrais

The Healing Island ... with William Gough

As I arrived at Anna Haltrecht's studio I realized that healers on Salt Spring Island have an advantage over their colleagues in the city - their closeness to the power of nature.

I stepped out of my car, looked towards St. Mary Lake and breathed in fresh air. Although I was looking forward to this session of the Feldenkrais approach, I was also feeling a certain sadness. This was to be my final article for the Barnacle about our healing island. I had no reason to continue with more columns. After all, I felt better, slept well and had an energy that was more like a man a decade younger than my actual age. Now I was about to learn how to keep everything in balance.

This healing visit was an acknowledgement of my left ankle. When I was sixteen I had run full speed through the night towards home. In the dark I had taken one glorious leap that I still remember. While I was in the air the leap seemed eternal; when my left foot hit the ground, I learned a lot about dislocation, tearing of ligaments and shattering. At that time, lengthy physiotherapy helped me find my steps again. I learned how to compensate for the limp, how to walk normally, again. Or had I?

I learned that it was because of her injuries as a dancer that Anna had first sought her own healing. And that it was the Feldenkrais approach that... "touched me very profoundly - I could learn it, and discover on my own!"

As we move, as we walk, sit, bend, pick up objects, our body reveals, to the practiced eye, the entire history of its movements. Anna adds, "I'm not out to fix you, I'm here to give you some clues and some opportunity for you to further your learning, and I can help you learn how to learn. And that's what Moshe Feldenkrais feltthat if we 'learn how to learn' we can do anything."

I'm a sucker for animals, and so when I look at the studio door and see that Anna's cat is meowing to be let in, I insist that she be allowed one visit - we make our hellos and the cat retreats to a corner, while I take a simple walk around the studio. As I walk, I sense Anna's healing eyes watching my every move, until she reaches over and, ever so slightly, lifts my head as I walk. I feel my body sensing the memory of how I walked a very long time ago, when I was a free-moving child.

Then to the treatment table, where Anna makes a number of small adjustments, moving, sensing resistance; sensing release. All of this information is absorbed by me at a subconscious level. At a highly conscious level, I realize that the cat has suddenly joined me, and now licks my left ear - exactly where a dog had licked my ear in my Reiki session. The cat is sent away and I wonder if somehow even the animals on Salt Spring have gathered to help in the healing process.

After the session, I stand for a moment looking at the lake, sensing a return to a balance - perhaps the balance of Springtime.

When I return home to see my wife, I walk with ease up the hill that leads to our home, and I pause once more, taking in the view, the ocean, the hills sweeping down to the sea. I breath in the calm still air of this Island, and I thank whatever forces helped bring me here - to this, our healing Island.

Anglicans celebrate 450th Anniversary of Book of Common Prayer

On Sunday, May 30th Anglican parishioners will gather at St. Mark's Central to commemorate the 450th anniversary of the Book of Common Prayer.

The "Prayer Book" is credited as having had a significant role in the dramatic increase of literacy that occurred during the late 16th and early 17th centuries in England and subsequently in her colonies.

The celebration of this anniversary at St. Mark's will take the form of a celebration of the Holy Eucharist in the form and language which was used when the book was first printed in 1549. The music for the service will be that which was composed during the mid to late 16th century. All are welcome, the service will begin at 10

a.m. A light luncheon (potluck) will follow the service. As a consequence of this special celebration, there will be no services at either St. Mary's Fulford Harbour or at All Saints by-the Sea on Sunday May 30th.







Alison Booth photo

Tortilla soup brings back Mexico

Let's Eat ... Linda Koroscil

I invited my friend Jill for dinner the other night and I served tortilla soup. As I ladled it into steaming hot bowls something happened. We were suddenly in Mexico. It was that unmistakable smell in the air that hits you in the face as you step off the airplane, sort of an earthy blend of desert dust and fried tortillas.

Well, the reminiscing went from bad to worse and she said, "Doesn't Salt Spring need a Mexican restaurant? Let's do it!"

My immediate reaction was, "Are you nuts? Snap out of it!" A couple of knocks to the head with my pinata and she was back to reality. I steered her back to Puerto Vallarta the last time we were there.

"Remember when blah blah blah, and who can forget yadah yadah yadah, and we actually always had two rooms, one of which was called "sick bay," because if the Mexican-two-step didn't

get us the drinks at Elset Restaurant did. Quite possibly the most charming man in all of Mexico performs there. His name is Paco Martin. His timing is impeccable—just as the sun sinks below the horizon he sings "The Sunset Song." He flashes his smile and we all toast the moment with a slushy lime margarita. If Jill and I ever did decide to open a Mexican restaurant it just wouldn't work-we wouldn't have Paco Martin!

Tortilla Soup—A Feast for the Eyes

4 large tomatoes, roasted and peeled

1 large white onion, roasted and chopped

4 garlie cloves, roasted and peeled

1 tbsp oil

3 1/2 cups chicken stock

2 tbsp cilantro, chopped

3 corn tortillas

vegetable oil for frying

1 dried chili, seeded

1 avocado, chopped

100 g feta cheese, crumbled

Blend tomatoes, onion and garlic until smooth. Heat oil and add tomato mixture and cook until reduced to 2 1/2 cups. Add stock and simmer for 10 minutes. Add cilantro. Cut tortillas in strips, fry until crisp, drain. Cut chili into dice, fry. Divide tortilla strips into bowls, pour over soup, serve with chilis, avocado and cheese.

Meatless dish retains gusto of original

Salt Spring Sizzles ... with Gail Dyson

Soybean Stroganov

1 1/2 cups sliced onions 1/4 cup oil and butter

3/4 cup vegetable stock 2 tsp each salt and dry mustard 1/8 tsp ground nutmeg

1 1/2 cups yogurt

3 cups chopped mushrooms 1/2 cup whole wheat flour

1/4 cup sherry

2 tsp Worcestershire sauce

1 cup dry soybeans, cooked

1 1/2 cups raw bulgur wheat, cooked

Heat the oil and butter in a large cast iron frying pan. Sauté the onions and mushrooms until they are soft. Stir in the whole wheat flour and cook for about 2 minutes, until the flour has browned lightly and has coated all of the vegetables. Stir in the stock, sherry, salt, Worcestershire, mustard and nutmeg. Cook until the mixture is thick. When it is very thick, stir in the cooked soybeans over low heat until they are heated through. Remove from the heat and stir in the yogurt. You should have a luscious creamy mixture now. Serve the stroganov over the hot cooked bulgur. Serves six.



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Sticking to the straight and narrow path

Tilling the soil at Ruckle Farm

Photos and story by Peter Clarke

More than 150 islanders braved the unseasonable weather and made the trek back in time to Ruckle Farm during this year's annual BC Parks Family Farm Day, May 6.

We'd like to be able to say it went off without a hitch...but it didn't. In fact, thanks to the presence of the Vancouver Island Draft Horse Club and its three teams of beautiful Belgians, there were at least six hitches and as many traces and harnesses.

Watching all this toiling can take a lot out of a spectator but the 4H Club and Lions were there to remedy that by offering something to put back into the empty spaces. Fresh baking, hot dogs, burgers and fried onions-for the price of a donation you could get traditionally stuffed.

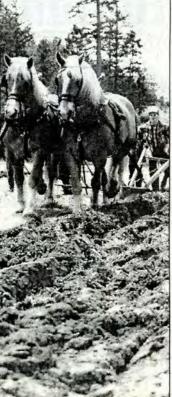
And for those who just wanted to get hammered there were members of the Vancouver Island Blacksmith Association pounding red hot unrefined iron into all manner of curious objects from plant holders to horse shoe puzzles.

For the price of a smile and a hand stuck out, youngsters also took home a oneof-a-kind custom fitted shoe-nail ring.

We didn't find any preserves, but there was a jam session in the barn where volunteer musicians Denis Donnelly, Rebecca Bernson and friend Valdy offered up a lively mix of farm songs and fiddle tunes-a taste of what music was like before we started canning it.







Counter-clockwise from top: The Vancouver Island Draft Horse Club has demonstrated traditional plowing regularly for the past 10 years at Ruckle Park; Belgian draft horses Prince and JoRo Rose; Justine Watkins (nine) with yearling ewe Izzy-last year's 4H project; Belgians Rochie and Day with young plower.

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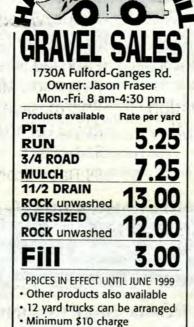
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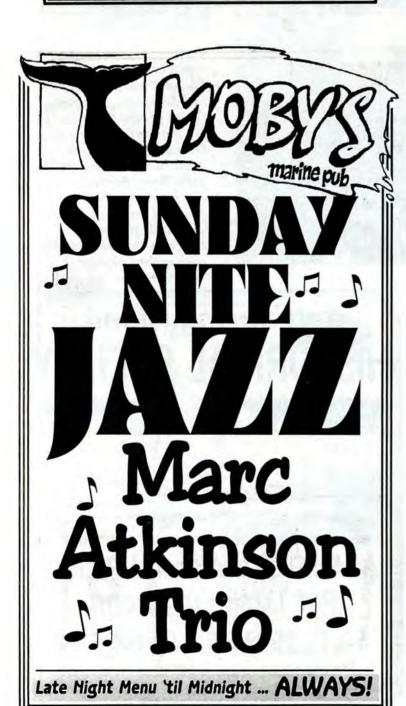
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entertainment 33



and the arts

Far from the Himalayas

Tibetan Buddhist Nuns to perform at ArtSpring May 30th

by Dayle Gaetz

For the first time, the Tibetan Buddhist nuns of Khachoe Ghakyil Nunnery have left the Himalayan Mountains and set out on a North America tour.

Salt Spring Islanders will have a rare chance to hear and see the nuns perform Sunday, May ArtSpring. The concert will include sacred music, dance, and theatre through which the nuns introduce audiences to the "central role women have played in the spiritual life of Tibet."

"The nuns have fabulous costumes and masks ... "they really involve the audience in the performance," said Tema Dawn, responsible for bringing the troupe to Salt Spring.

The modern and ancient performed Khachoe Ghakyil Nuns are inspired by Tibetan female saints. Perhaps one of the best known of these saints was Machig Lapdron who is considered to have been a Dakini or "Sky-Dancer." In "The Dance of the Dakinis" the nuns perform a "twirling ritual of homage and praise to the divine feminine principle."



Tibetan nuns

Khachoe Ghakyil Nunnery in Nepal, offers refuge and opportunity for Tibetan women who seek religious freedom. The number of nuns has grown from five the present 200, an increase that strains the nunnery's resources. To help raise funds, eleven nuns were picked to travel on this tour, carefully chosen for their superb talents in the ritual arts.

Narrating the program will be one of the nunneries' founders, Thubten Dekyong, a highly regarded teacher and translator.

Although Buddhist nunneries have existed for hundreds of years, until very

recently nuns did not have access to study, debate and traditional education. A liberalizing shift occurred following the exile of Tibetans to India and Nepal. Founded in 1986 under Lama Zopa Rinpoche, Khachoe Ghakyil Nunnery is a prime example of how the old and the new can blend.

Sunday night's performance will provide a wonderful opportunity to see a high calibre performance and enjoy a glimpse of evolving Tibetan religious culture.

One performance only at ArtSpring, Sunday May 30, 8p.m. Tickets \$22 ArtSpring Box Office.

Keith Murray "It's a Beautiful Thing"

After three solo albums, Keith Murray is considered a veteran in the world of rap. His style is unusual as he uses his words to convey a different message than first appears. Keith Murray has been battling it out with rap's finest for four years and, with strong lyrical skills coupled with the production talent of Erick Sermon, he has a good chance of gaining a lot of respect through his

latest album.

I definitely have mixed feelings about this album. I found myself wanting to get into the songs, but none of the beats seemed to grab my attention.

At the same time, though, Keith Murray's lyrics were impressive. It's always nice to hear a unique style of rapping, and that is definitely the case with this album. Keith Murray has stayed

Rap Chat ... with Matt Cecill true to his own style over the years rather than molding into what seems to be selling cd's at the time.

> This album is what I Keith expected from Murray. As a member of The Def Squad, he got the job done lyrically, and he maintains that same skill level in this album. Although I would like to have seen more creativity from Erick Sermon with the production.

Voices continued from p6.

to an enjoyable variety of songs and singing formats—some including choreography—while the sight and sound of all of these student singers emphasized the importance of maintaining music programs in our education system.

This massive choral concert was a significant task, including finding a date that worked for all involved, coordination and the physical setting up of the GISS gymnasium. Moving chairs from several locations to provide sufficient seating was, in itself, an onerous task and kudos to the district's maintenance staff for helping to make this happen. The GISS Leadership Class and the school staff, as well as the Lost Chords seniors' choir are also to be applauded for their invaluable assistance in setting up the performance.



Water and war on Gypsy Hill

Susan Cogan's new cd includes themes of healing and destruction

by Shelagh Plunkett

Well I've had enough/Of this shake down take down down stuff/There's a well on Gypsy Hill/Gonna take my cup and have my fill

So begins the title track on Susan Cogan's latest cd, to be officially released May 29 during a party at the Lion's Hall. Water is present and, when she sings "Well I dreamed last night/That the world had all agreed to end this fight," so is war. Throughout Gypsy Hill these two themes are repeated.

The cd includes music written by Susan over a 25 year period. Evocative and haunting as well as upbeat and danceable, the cuts on the cd cover a range of world, celtic, funk and folk, and throughout Susan's beautiful and polished voice. Complex lyrics as well as simple meditative chants makes Gypsy Hill a pleasure.

The cd begins with the sound of thunder and ends with a trickle of water-war and healing.

When asked about these themes, Susan said, "I haven't worked it out yet, but as much as this tour is about music and singing, it's also an exploration journey for me. It's a journey of discovery. Maybe when I come back I'll know more of why water and war."

The journey is to be a long one. On June 4 and 5, following concerts in Vancouver, Susan kicks off a tour that will take her four months away from home on Salt Spring and as far away as the East Coast and parts of the U.S. Calling it her Earthwalk, Susan says she'll have enough time between engagements to enjoy a sense of adventure.

Seeing evidence of the work involved in marketing an independently produced cd however, it's hard to imagine she'll have time to relax or explore while on the road.

As well as being the artist, as an independent Susan has to be her own business team.





Susan Cogan's peaceful garden provides an environment where her art can flourish.

She describes the production of the cd as "a labour of love" for those involved and credits Robert Osborne and Devon Guest as the "angels" helping her manage the enormous workload.

Part of the work involved is convincing radio stations to play cuts off the cd. With a blend of music styles as wide as those found on Gypsy Hill that can be a very difficult task.

"We're culturally mesmerized by the U.S. and if your music doesn't fit into a pocket it gets lost, you can't reach an audience," said Susan explaining that radio stations and music stores aren't quite sure where to slot her cd.

Susan says that, as with many artists, the business side of being an independent is her Achilles heal but, she ads, she's learning to enjoy the

However, listening to her speak it's evident that it is live

performance that Susan Cogan really enjoys. She lights up when talking about singing before an audience.

Touching on the theme of war and its presence in our world today, Susan says that shaking us loose from our desensitized state is part of what an artist is about.

"It's not like I'm going out there on a political campaign but this is what makes me write my songs and, hopefully, a magical transformation happens at each and every con-

Susan Cogan has eight recordings to her name. During the early 70s she and a friend formed a folk duo that achieved fame in Israel where their music is still played.

Gypsy Hill will be officially launched May 29, 7:30 pm at the Lion's Hall. Susan invites everyone to come in gypsy

Bring the whole family









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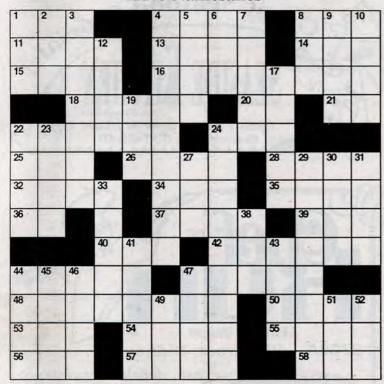
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ACROSS

- 1 Buddy
- 4 Melville character
- 8 Kind of accountant, abbr.
- 11 Verse form
- 13 Overlay with wood
- 14 Priest's vestment
- 15 Gambling destination
- 16 South Saskatchewan town 18 Son of Mercury and Venus
- 20 Yes, in Pamplona
- 21 Nova Scotia, for short
- 22 Ran off
- 24 Social follower
- 25 Abner, for one
- 26 Manitoba Premier, once
- 28 Carry
- 32 Teener's curse
- 34 Partner of neither
- 35 Talipot palm leaf
- 36 Compass point 37 Weekday, abbr.
- 39 Shoe brand
- 40 Int. distress signal 42 Aplenty
- 44 Pre-Mayan civilization 47 Drill
- 48 South Alberta town
- 50 New Brunswick creek
- 53 Printer's concern
- 54 Mediterranean Island 55 Early concert halls
- 56 Cheer part
- 57 Hindmost
- 58 Second last reward?

DOWN

- Hour or cent prefix
- 2 Imitate
- 3 Ontario town
- 4 Fender benders
- 5 Beer froth 6 Assist
- 8 Calvin, for short
- 9 Design
- 10 Basics
- 12 ____de grace 17 Jamaican dance
- 19 Church bench
- 22 Spirit 23 Vermin
- 24 Episodic 27 Promissory note, for short
- 29 Ontario community
- 30 Winged
- 31 Scallywag 33 Ontario County

- 38 Slump 41 Yellowish orange 43 Tonight's host
- 44 Above
- 45 Buddhist religious teacher
- 46 Dog racer's cry
- 47 Sunrise, in Madrid
- 49 IPA, e.g.
- 51 Weed or gull prefix
- 52 Come to pass

Answers on page 22

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Mullein to keep wild animals at bay

Magic in Herbs ... with Barbara Rikwerda

Mullein (Verbascus thapsus) is a densely woolly, usually biennial herb that is native to Europe and Asia, common in the British Isles and has become extensively naturalized in North America since the colonist's first brought it here. (For them it was a plant to smoke.)

In some areas it is a troublesome weed, a "prolific self-sower." Many authorities recommend removing the flower head before seeds ripen to keep it under control. I planted one several years ago in a bad "temporary" spot where it has never been taken care of, yet faithfully it appears every year, growing taller than I am. It has never reproduced another anywhere else.

The fact that it has behaved itself so well appeals to me. In one book it says mullein means "good nature." I agree, but you better reread the above paragraph before you plant yours.

Elsewhere it says that

during the Middle Ages the French used the herb to treat malandre, an animal disease. "Malandre eventually became malen, and finally mullein."

It has some interesting folk names: Candlewick plant, velvet dock, candellaria, our lady's candle, etc. When dried, mullein burns readily.

Before the introduction of cotton, the ancients used its leaves and stems as candle wicks. The dried stems and flowers were also dipped in suet to make them burn longer, thus the common folk name "torch."

Its botanical family name, Scrophulariaceae, is derived from scrofula, an old term for chronically swollen lymph glands, later identified as a form of tuberculosis. Eyebright, figwort and foxglove are of the same family.

Mullein is high in iron, magnesium, potassium, sulphur, vitamins A, D and the B complex. It also contains narcotic properties that are not habit forming, but have a calming effect on all inflamed and irritated nerves, thus making it a great painkiller and aid in inducing sleep.

It also has properties that are especially effective for the upper respiratory system, and has had a special reputation for that from early history to now. In the test tube mullein inhibits the growth of the bacteria that causes tuberculosis.

King's American Dispensatory asserted: "Upon the upper portion of the respiratory tract, its influence is pronounced." The 19th century Eclectics recommended mullein for colds, coughs, asthma, and tonsillitis, as well as diarrhea, hemorrhoids and urinary tract infection. It has the reputation of being a good remedy to relieve hay fever, shortness of breath, bronchitis, pecforal complaints, including hemorrhages from the lungs, and is a glandular rebuilder. Culpeper wrote that "gargling a mullein decoction easeth toothache ... and old cough." He also added that "the powder of the dried flowers is an

especial remedy for those that are troubled with the belly ache or the pains of colic."

Mullein is also an astringent. It contains tannin, which helps in contracting body tissues. That is probably the reason for its traditional use in diarrhea, bleeding bowels and hemorrhoids. For hemorrhoids a compress made with a strong, cooled infusion is applied. A poultice of the flowers on the outside of the mouth for toothache pain or outside the ear for earache was also used. A cloth dipped in hot mullein tea and topically applied sore throat, mumps, tumors and venereal disease is still said to help. A

little vitamin E oil with the tea could be helpful for diaper rash when applied on the skin.

The tea is made with about one teaspoon of the flowers seeped in a cup of boiling water (don't boil the tea). It is necessary that the flowers are bright yellow whether fresh or dried because the healing qualities are connected with the colouring matter. The slightest discolouration makes them less effective. Drinking three cups a day should be enough for internal use. Never eat its seeds—they are toxic.

The Food and Drug Administration includes mullein in the list of herbs generally regarded as safe. Now that we've cured ourselves of all the above problems, let's have some fun.

Magical uses: Mullein is worn to keep wild animals from you while hiking in untamed areas. It also instills courage in the bearer, and a few leaves placed in the shoe keeps one from catching cold.

Mullein is also carried to obtain love from the opposite sex. In India, mullein was regarded as the most potent safeguard against evil spirits and magic, and was hung over doors, in windows and carried in sachets. In the Ozarks, men performed a simple love divination. The man went to a clearing where a mullein grew and bent it down so that it pointed towards his love's house. If she loved him the mullein would grow upright again; if she loved another it would die. Both in Europe and the East the plant was also said to have the power of driving away evil spir-

I think I'll check on the neglected area where my mullein plant has so faithfully returned every year. It may be worth keeping



Exotic magnolias can thrive on SSI



Life in the garden ... with Joe Clemente

I'm sure most of you gardeners are familiar with magnolia trees, but what you probably didn't real-

ize is that there are in the neighborhood of 100 or more species of these beautiful trees.

Magnolias are native to areas in Asia, North America, Japan to the Himalayas, and Central America to Venezuela in South America. Many species of the magnolia family thrive in our climate. There are some very old specimens growing on Salt Spring.

Magnolia soulangiana (saucer magnolia) is quite common on our island. It is extremely cold hardy, and can be grown as far north as zone 5, or should I say as far east! It puts on an incredible flower display in the spring of large tulip-shaped flowers. There are several different coloured varieties of soulangiana, with shades from white to purple flowers. This variety can grow as high as 25

Another popular variety is Magnolia stellata (star magnolia). It is a smaller tree that can eventually reach 15 to 20 feet with nice white star-shaped flowers.

Magnolia sieboldii makes a very attractive tree to 30 feet, with their white fragrant flowers and red stamens.

My two favourite magnolias are of course the more exotic ones that are completely cold hardy for our area. Magnolia macrophylla, "largeleafed cucumber tree," can grow to near 50 feet tall, and it has leaves up to three feet long with creamy white large flowers. If you come across one in a garden you definitely won't miss it because of its massive foliage.

My personal favourite is Magnolia grandiflora, or "southern magnolia." It is the only evergreen magnolia species of all the others I've described. Magnolia grandiflora is fully

cold hardy for

ones I planted many years ago have become nice sized trees and are producing large 10-inch across white fragrant flowers from July until frost. Southern Magnolia grandiflora has very thick shiny dark green foliage that remains on the tree year round, and they can grow to at least 80 feet in height at maturity, so they need lots of room to grow. There are some very good sized specimens of Magnolia grandiflora on

the southwest coast. I've

grown it for years. The first

Salt Spring. Almost all varieties of magnolia thrive under similar growing conditions. They should be planted in well-drained, fertile, loamy soil. Soil that holds moisture is best. Young trees like generous amounts of water through the dry months. Full sun to partial shade is great.

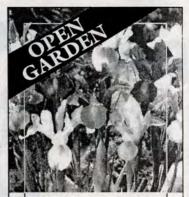
When magnolias get their roots established they transplant with difficulty, except for the evergreen southern magnolia. I've transplanted an established southern Magnolia grandiflora. I moved it without any problem. It didn't seem to mind being planted in its new location. That was in my last garden south of Vancouver on the mainland. It produces flowers every year.

Hopefully this will help you out when the time comes to choose the right magnolia for your garden.

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Bakers Garden's 185 Furness Road (250) 653-4430

Islanders' Dreams Come True

It all started when Elsie and Pierre Bosnel came into the Travel Shop to book a Mexican honeymoon trip.

After Travel Consultant Maureen Rowell mentioned the amazing Cruise discounts in effect during our last Cruise Sale, Elsie and Pierre were convinced they had to try a cruise instead.

They chose a September Caribbean cruise aboard Royal Caribbean Enchantment of the Seas and were entered in the "Dreams Come True" Win-a-Cruise contest at the Travel Shop.

Well, as luck would have it, Elsie & Pierre's entry was drawn from over 25,000 entries submitted from over 800 Giants agencies across Canada. They won first prize ... a Pierre!



Maureen Rowell presenting tickets to Salt Spring winners Elsie and Pierre Bosnell.

transatlantic sailing on the QE2 between Southhampton and New York in June 1999!

Congratulations, Elsie and



with every minimum \$25.00 grocery purchase.

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TIP OF THE WEEK

"May the force be with you!" The hype and excitement of the new Star Wars trilogy is gaining global attention. How interesting that this first episode of the new trilogy is about the historical build up behind the first three part series and in the last year of the millennium! Many will claim that the classic appeal of good overcoming darkness is the draw and yet there is something more. Some will say it is the gee-whiz of techno wizardry that is the draw and yet there is something else. Beneath it all is the provocative idea of "the force " that people are really after.

Many journalists are comparing the hype to a need to fill a spiritual void that traditional religions seem unable to satisfy. The "force" can be compared to the Chinese concept of ch'i which is the "Force" of Taoism. Ch'i is said to be the animating force within all things both animate and inanimate. Ch'i can also be called the intelligence, creativity, love and purpose of god as the animating principle of life. These four themes correspond in order to Aquarius, Taurus, Leo and Scorpio.

The idea of Ch'i, or the force, implies that we are not simply experiencing nature, but that we are nature experiencing itself. This is the paradox that the mystic can find no words to explain save for the message of oneness or unity. In this respect, the force is with us all right and it is in the 'bad guys' too.

Aries (Mar 21 - Apr 19) The sweet scent of roses blooming in June makes this time of year enchanting. Of course, the thorns on the branch remind us that there are other realities beyond the bright colors and perfume fragrances. Like mature loving relationships, a dozen such flowers only go so far. Clear, honest communication about who we are and what we feel and want is the cake beneath the poetic icing. Our values and priorities are changing. Economic realities are creating more freedom. Be prepared to negotiate some win/win deals.

Taurus (Apr 20 - May 20) You are feeling more independent and risky by the day. The spectrum of possibilities is growing. You are eager to flirt with the prospects. This is a time to really get in touch with what brings you passion. There are so many available options that you feel like a kid in a candy store window. Unfortunately, the world tells you that you have to make a choice and stick with it. Then again, do you really have to commit? "They" are not always right and they do not know how you feel. You can choose more than one. Just don't go choosing someone else's....

Gemini (May 21 - Jun 20) Your sights are set on the future and you are ready to investigate. Curiosity may have killed a cat or two, but suffocating under the weight of not knowing can be pure agony. This is a good time to take independent initiative to join with others of like mind and interest. Of course, you will be interested in a wide spectrum of activities. Get out there and be social! Get to know the people in your neighborhood or fly to another country. Just don't be alone now. Just remember that everyone has a right to have opinions.

Cancer (Jun 21 - Jul 22) You know that cliché: "you want your cake and to eat it too"? Well it was created by a masochist. Of course you want the whole deal. No! Just put it on the table and chain me up. The question is, is it really your cake? Ownership is a funny thing. The world is hell bent on it and it is often the source of misery. That is why comics and cartoons make stories about diabolical geniuses who want to own the whole world. We are told the world is small. How do you think that plays on the imagination of the spiritually impoverished or emotionally wounded? Contemplate why you and yours want what you do.

Leo (Jul 23 - Aug 22) Sharing your dreams and visions with others is a main theme now. Your mind is open and you feel tickled. You may also feel a little radical about the freedom to express yourself as you feel inclined. Where others block your particular style of expression you may feel a little reactive. The astrological weather patterns suggest that we all are in need of a few grow up lessons where freedom of expression is concerned. The lion may be the king of the jungle, but people live in communities. Allow laughter to curb reaction and just be honest about your experience.





For the week, by Michael O'Connor e-mail: oconnorm@netidea.com

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Virgo (Aug 23 - Sep 22) Reaching out to make your wants and needs known is upon you. Take a deliberate and pragmatic approach where necessary but do ask. Your willingness to assume full responsibility for your situation is important. If you are uncertain about how to approach key people or parties, ask about that as well. Make efforts to translate your objectives so that you fully understand what they are. The clearer you are the better you will be understood. Through this process you will discover more of who you are and what you want. In other words, you can't lose.

Libra (Sep 23 - Oct 22) A search for meaning finds you in heated debate. This may be an argument being raged in your own mind, but it is more likely that others are involved. You do well to consider that some of your views may be radical and unbalanced. Of course you have your right to see things the way you do. Yet are your views productive in light of the larger picture of your life. Personal experience determines what is true for us personally and effectiveness is the measure of what is true in general. Of course, no person or group knows "the truth". Would you rather be happy or right?

Scorpio (Oct 23 - Nov 22) The soul is said to be the seat of desire. Like reality, the soul is said to be dual in nature. On one hand we desire to move toward the source and the other we desire to move away. The irony of this is that "the source" has a personal function. In other words, no two people are destined to move toward the source in exactly the same way. Moving away from the source implies resisting the flow of change that naturally guides us towards experiences for our learning. Can we ever truly say: "this is who I am" when everything is in a constant state of change? It's time to move towards your source.

Capricorn (Dec 23 - Jan 20) Flipping through books and magazines or perhaps surfing the web with hopes of improving the quality of your life is in focus. You may soon discover, however, that nothing out there can meet what you need within. At least nothing out there right now will meet your needs. This is simply because you are experiencing a change of heart. Interestingly, you may feel more committed to what is familiar and secure on one hand and thirst for something new you can't quite define on the other. This is what an existential crisis is all about.

Aquarius (Jan 21 - Feb 19) A wave of interest in learning new things is stimulating your mind now. You crave a more creative outlet and are willing to invest into education. In love you may even feel somewhat fickle but are aware that it is worth giving more to the situation as well. To successfully deal with important dealings with family members, clarify what is real for you. Be diplomatic, but do not allow others to project their opinions and values upon you. Things stand to get stormy and emotional so be ready for anything. Be true to your heart.

Pisces (Feb 20 - Mar 20) Dealings with people in positions of power and authority may catch you by surprise this week. You are eager to take initiatives that will improve your lot. You are willing to negotiate a deal, but you may find that the terms being laid out to you are more than what you bargained for. This is a challenge to mature, especially in financial arenas. Of course, sex and money are often a part of the same story. Be willing to take risks and be ready to rise to the occasion. There is much yet to learn about balance.



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Fernwood School a hive of varied activity

These articles were submitted by Miss T's Grade 3/4 class at Fernwood Elementary.

Grade Ten Work Experience

by Amy Zacharias

All the Grade 10s have to work with someone for a week. This is called Work Experience Week. They do this to see maybe what they want to do when they grow up. Some students are working in book stores, grocery stores, radio stations, offices, the vets and schools.

Kathryn Lannan who is a sister of someone in our class is working at Fernwood School in Miss T's class. Kathryn does things for Miss T, like correcting math, reading stories, helping with projects and more. She has learned that there are different and easier ways of helping students. She has also noticed that teachers are not as serious as they seemed to be when she was in Grade 4. They like to have fun and joke around. A teacher's work is not as easy as it first seems because you have to know what you are doing and you have to be able to explain things well. All the teachers stay behind after school for many hours.

Kathryn wants to be a teacher because she has helped her younger brother and sister with their early math and reading skills. She also volunteers at the hospital and generally enjoys helping others. It's been great for us to have an extra 'teacher' for the week!

Swim Lessons

by Geoff Cronin

Fulford, Salt Spring Elementary and Fernwood schools are taking one week swimming lessons at Portlock Park during May and June. A lot of the classes from our school are going this week and some of them are going in June.

This week the pool has been having problems with the filter system, so we missed the first two days of lessons. We finally got started on Wednesday!

There were three instructors and they divided us up into three groups. These lessons are great because we get to practice our swimming while spending time with our friends. Some kids swim better because they try harder when they see what their friends can do.

Although we had a short week of swimming, we enjoyed every minute!

Student Teacher by Brendan Nickerson

A few weeks ago Clare Mullen, a university student, was here to learn about how to be a teacher. She was at Fernwood Elementary School for three weeks, teaching in Miss T's class.

She helped us work with colours. We made a colour wheel, learned about the colour spectrum and about ultra violet and infra red light. We made a rainbow out of water and paper, using a mirror. She taught us about storymaps and we made some literary passports. In P.E. she taught us three new games, which we still play today. She also helped out with marking, reading journals and reading of stories.

Clare will make a very good teacher and we hope to see her again!

How to hire a contractor

Renovation Sense ... with Peter Blackmore

Part 2—Having found a reputable contractor or company for your renovation, it's time to meet in person. But before you do, compile a list of points and questions, or have blueprints, etc. ready. (Bear in mind too that many contractors offer planning or design services.)

You will want to learn about the contractor's skills, experience and past projects.

You would expect him or her to go through your ideas with you, and for the contractor to offer advice and criticism. Do not expect a detailed estimate on the spot, but as you walk through your planned project an experienced contractor will probably give you a ballpark figure.

If you have positive first impressions about the renovators you've spoken with, check with them for references. Talk to their past customers, see their work and get a feel for whether you want to enter into a working relationship with them.

If you have decided upon, perhaps, three renovators, ask for detailed estimates from each. Provide the same information to each bidder and let them know they are competing. This is only decent as some renovators may not wish to spend several hours of unpaid work to find that you only want to check if your uncle's brother-in-law is not trying to "rip you off."

Be prepared for your renovator to ask about his or her competitors or why, all things being equal, he or she hasn't got the job (this does help us to correct errors in our presentations or attitudes, although we may not like it). Make sure, however, that the estimates you request are all for the same thing.

Don't necessarily choose the lowest bid for your reno. You may find that items ommitted have suddenly become "extras" as the work progresses and remember, "cheap work is not good, good work is not cheap."

It is always recommended that you work with a contract. It is best to have a written agreement at the start of the job no matter how small. Either the renovators will provide their own, or have a standard industry contract. So saying, most work done here is by "gentleman's" agreement and a handshake. But beware, there is the off person out there who is not a "gentleman."

Ask, too, about billing procedures. Is a percentage required up front? Does the contractor supply materials? Can you holding back 10 per cent until satisfied with the outcome? On a big job will you be billed monthly?

And remember, schedule your work appropriate to the season. Most contractors have to defer or refuse work during the spring and summer months. Winter is a great time to finish that basement, paint the exterior, renovate that bathroom. Whilst renovators don't all head to Mexico in the winter, we do need to eat during those "off" months.



CIOSSIFICOS

Phone 537-4040 Mon. to Fri. 8:30 am to 5:00 pm email: barnacle@saltspring.com **CLASSIFIED DEADLINE:** 4:00 pm Friday preceding next issue "HOLD THE PRESS" DEADLINE: 10:00 am Monday

110 • IN MEMORIUM



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120 • MESSAGES **OF THANKS**

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FAMILY PLACE wishes to thank the Lion's Club and the Rotary Club "for connecting with kindness" and donating to Family Place.

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140 • UPCOMING EVENTS

COMMUNITY BULLETIN board now at the Barnacle display your notices and posters for upcoming events on our giant bulletin board. Drop-off during office hours or use our mail slot.

SUSAN COGAN Gypsy Hill Tour & CD Release Party, Saturday, May 29 from 7:30 p.m., Lions Hall, 103 Bonnet Avenue - Refreshments -Everyone welcome. Admission free. Come celebrate!

SALTSPRING ISLAND Youth Soccer Annual General Meeting Monday, June 7, 1999, GISS Library at 7 p.m. The AGM is open to all parents who have a child or children playing soccer on Saltspring. We will be discussing rules and regulations, registration, dates of interest, coaches, and elections of Executive. Hope to see you there. If you require any further information please call Deb Anglos, 537-9870.

FULFORD DAY Society Annual General Meeting at Fulford O.A.P. this Wednesday, June 2nd at 7:00 p.m. Volunteer co-ordinators welcome. 2199

POST/PRE-NATAL Yoga canceled for June. Look forward to seeing you in July. For more information call Natalie, 653-

LABYRINTH MEETING: The Earth Day Interfaith Council is sponsoring a meeting to discuss the creation of a Labyrinth (a design used in walking meditation) on Salt Spring, Thursday, May 27th, 7:30 p.m. United Church Upper Hall.

IN CONCERT Stack Sisters and Lisa Maxx. POSTPONED UNTIL JUNE 25. Lion's Club Hall, 8pm.

GEORGIA O'KEEFE'S paintings will be inspiration for Acrylic Workshop. June 25th-27th. Friday - Sunday. Come & paint big! Call Val Konig, 537-9531.

Conservancy

Looks at our marine environment lune 12 & 13

Boat tour to Sansum Narrows, workshop, beach walks. For info, call Fiona at 653-9202

140 • UPCOMING EVENTS

Greenwoods

Oth Anniversary Celebration

Saturday, June 5 1pm-4pm

Special guests Musical entertainment Strawberry tea Silent auction ·Tours of the facility Please join usl

June 12 ~ 10am-2pm **Centennial Park** Ganges

Entry forms are now available for this year's contest from Windsor Plywood in Ganges. This year's annual Build-a-Boat contest will be part of the Coast Guard Auxiliaries' "Boating Safety Days".

> Call 653-9392 for more details

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Dawn Hogarth 653-9822 for more info or PARC 537-4448

140 • UPCOMING EVENTS



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All Levels

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Thursdays, 4-5:30pm •Celeste until July 29

Join our yoga classes at the 24th Annual Ashtanga Yoga Retreat August 5-15 Schedule to be announced For information call Sharon

537-2326

VICTORIAN TEA & SLIDE SHOW

Saturday, May 29 1:30-3:30 pm Salt Spring United Church (111 Hereford Avenue)

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160 • BIRTHDAYS

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birthday greeting in the Barnacle



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537-4040

The Classifieds continue on Page 21

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- 105 Obituaries 110 In Memorium
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- 399 Loonie **EMPLOYMENT 400-499**

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- 555 Plumbing 560 Pools/Spas 565 All-'round Handy 570 Music Lessons
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- 581 Moving/Storage 585 Travel 595 Miscellaneous Services
- **REAL ESTATE 600-699** 600 Houses for Sale 610 Farm Land
- 620 Acreages/Lots 630 Commercial Properties

- 640 Open Houses 690 Real Estate Wanted **RENTALS 700-799**
- 700 Houses for Rent 710 Apartments for Rent
- 720 Room & Board 730 Shared Accommodation 740 Holiday Accommodation
- 750 Storage 760 Business Rentals 790 Rentals Wanted
- **TRANSPORTATION 800-899** 800 Cars/Trucks 810 Motorhomes/Campers/RVs 820 Boats/Marine
- 830 Aircraft 840 Motorbikes/Scooters 890 Vehicles Wanted

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Classifieds

continued from Page 20

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310 • APPLIANCES

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311 • EQUIPMENT

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385 • WANTED

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390 • MISCELLANEOUS

THE BARNACLE is continuing to deliver free every Tuesday to every Salt Spring residence and business mailbox ... Drop us a line and tell us how we're doing! Drop off or mail to 324 Lower Ganges Road, Salt Spring Island, B.C., V8K 2V3, or drop off to the "Barnacle Basket" at KIS Office Services.

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HORSE TRAILER, older double, tack compartment, good floor, electric brakes, rubber mats, removable divider. \$2000 firm. 537-2282 after 6

BIKES-QUALITY household goods, antique highchair/bot-tles/collectables/chrome coffee maker, Visions bakeware, women's' clothes sizes 8-12, girls' sizes 6-7. More! Katannya 538-0053 More!

KLEPPER KAYAK, 2-person; Rockwell table saw, 9-in., 2 HP; Atari 1040-ST computer & monitor; Canon bubble jet printer; VW van roof racks; insulated stovepipe & roof attachments; clarinet. Offers. 537-2116

SALTSPRING SALVAGE. We buy: copper, aluminum, brass, batteries, rods, transmissions, wrought iron and more. We sell: burn barrels, canopies, campers, washers & dryers, fridges & freezers, and much more. 401 Robinson Road, 537-0695.

DRESSER WITH large mirror. Two mobile TV tables. Drafting table. Miscellaneous items. Call 537-9101.

PLEXIGLASS BAKED goods display unit, \$50. Get Fit walking exerciser, \$125. Ten waterproof wrap-around curtains for booths, 20 feet, \$45 each. Coffee table, \$45. 537-9101.

1975 PARKWOOD MOBILE home, 12' x 68', 1 1/2 baths, 2 bedrooms. You move. \$10,000 obo. 537-4425. 2999

ROLLTOP DESK, 5 drawers, 20"w x 48"l x 42"h, simulated dark oak finish. Very sturdy, \$425. 537-5637. Will deliver. 2199

HEATHER SALE - Winter blooming varieties - 12 for \$20. Plant now for colour next winter. The Plant Farm. 177 Vesuvius Bay Road. Open 10 -

OFFICE MACHINE Clinic with Ron. Thursdays, 9:30 to 1:30. Repairs, cleaning, problem solving. At "et cetera" on Hereford, 537-5115.

390 • MISCELLANEOUS

Full Selection of BEDDING **PLANTS** BASKET **STARTERS** Including: supertunias million bells marguerites pricilla double

petunias and much, much more!

L taset's Thimble Farm

Open 7 days a week 10am-4:30pm 537-5788 175 Arbutus Rd.



SLANDER RAPERY & PIPHOLSTERY 537-5837 121 Quebec Drive

After 18 years, the Rare Find & Brook's Books are for sale! Please call 537-9874

> **Downstairs** Mouat's Mall 390.2699

Up to 10 weeks only

(must be prepaid) *First 20 words, each additional word 40¢. Private party "For Sale" ads only - no commercial or home business ads.

NO COPY CHANGES Advertiser may call to cancel.

390 • MISCELLANEOUS

MAY 29 & 30 11 am - 3 pm

"The Corral" Mt. Maxwell & Wright Rd. Also: misc. tack, Sulky & Jack Russell pups! (Members of SS Equestrian

Club welcome to sell tack for donation to club.) 537-5761



(RAINBOW LANDSCAPING)

Topsoil & Gravel Mart **OVER 40**

BULK PRODUCTS Soils . Composts Sand & Gravel

Self-serve or we load Delivery Rainbow at Atkins 537-4346

Please Recycle the Barnacle

399 • LOONIE

Got something to sell for \$25 or less?



*Private party ads only. Limit 10 words or less, one item only per ad. Maximum value of item: \$25.00. Ad runs under our Loonie classified heading.

Drop by: 324 Lower Ganges Road or phone 537-4040.

400 • HELP WANTED

PEOPLE TO lose unwanted fat, maximize energy level and minimize facial wrinkles. Guaranteed. Free sample. 537-1456, call Karina.

DO YOU want the opportunity to cook for the best customers on Saltspring? Consider working at Kings Lane Recreation (you know ... the bowling alley!) Mostly weekend work at present, but with the potential of full time by September. Call Ruth at 537-2054 or drop off your resume at 154 Kings Lane. 2199

HELP WANTED for Deli Department at G.V.M. Must be neat, tidy and energetic. Experience in food prep an asset, but not necessary. Drop off applications at Deli Department or fax 537-4616. Please mark them Attention: Glenys Smith, Deli Manager.

400 • HELP WANTED

The Barnacle Island Journal is looking for an advertising sales representative.

Applicants must possess excellent communication skills and the ability to meet deadlines. High energy is a must and newspaper sales experience an asset.

Interested parties may mail or drop off resumé and handwritten cover letter to:

Parnacle

324 Lower Ganges Road Salt Spring Island, B.C. V8K 2V3

410 • EMPLOYMENT WANTED

MAN WITH full-size pick-up and chainsaw will do hauling, landscaping, raking, lawns, digging, marine, fiberglass, grinding - whatever! Reasonable rates. Clayton, 537-4489, 8 a.m. to 9 p.m.

ISLAND DISPOSAL. We'll dispose of anything!! Appliances, furniture, lumber, scrap metal, and more! Call 537-2917. 2299

506 • EDUCATION

The Learning Branch School

A balanced educational program for ages 5-12

Professional teachers, country setting.

Opens: September '99 653-9253

509 • CARPENTRY

NEW BUILDINGS, renovations or upgrading. Quality workmanship. References available. Karl Krainer, 537-4899.

511 • DRYWALL

SALT SPRING INTERIORS DRYWALL

Serving the Gulf Islands since 1974

RESIDENTIAL & COMMERCIAL

- .Drywalling with machines •Insulating & vapour barrier
- •Texture ceilings & walls •Vinyl board & steel studding
- · Priming of wallboard FREE ESTIMATES on renovations & new work

537-2590 **Brian Little**

Classified deadline for the June 1st issue of -Barnacle

4 PM FRIDAY MAY 28th

Phone 537-4040; Fax 537-8829 e-mail: barnacle@saltspring.com 324 Lower Ganges Road

The Classifieds continue on Page 22



continued from Page 21

512 • PAINTERS



Interior **Painting**

537-2732

TOM **VOLQUARDSEN**



537-5188

Wallpapering & Painting

512.aotf

521 • CLEANING **SERVICES**

WINDOW CLEANERS

Complete Janitor Service Rug & Carpet Cleaning Steam Extraction

Carpet Guard

537-9841

522 • SEWING

Seams Right SEWING SCHOOL Ongoing sewing



machines provided Call Kim McIntyre 537-8916

Please Recycle the Barnacle

530 • ELECTRONIC/ REPAIRS

FULL SERVICE Electronic Repair Shop. TVs, VCRs, stereos, marine communications and navigation equipment. Pick-up service available. Downstairs Mouat's Mall. Open Monday to Saturday, 9 a.m. to 5 p.m. Call Les or Rudy at Ganges Electronics, 537-8893.

Buy a 2" DISPLAY CLASSIFIED (this size) in the Barnacle for only

requency discounts available

531 • MARINE

you require a Marine Survey (large or small vessel) we will be available on Salt Spring once a month. For dates and time appointments

> **Chris Small** Marine Surveyors Ltd. N.A.M.B., A.M.S.B.C. (604) 681-8825



 Pile Driving · Docks & Ramps Moorings



537-9710 **Ross Walker**

540 • GARBAGE

Salt Spring Garbage Transfer Station

340 Blackburn Rd

OPEN SATURDAYS 10 am - 4 pm

Call 537-2167 for Info

550 • MACHINING/ WELDING

MACHINING. WELDING, Fabricating, specializing in aluminum and stainless steel. Island Marine Construction, #2 - 156 Alders Ave., behind the ambulance station. 537-9710, fax 537-1725.

> 551 • AUTOBODY & **PAINTING**

I.C.B.C. ACCREDITED SHOP

- · Expert body & frame work
- Custom painting, glasswork
- · Certified body men
- · ICBC claims, rust check

Don rwin <u>COLLISION</u> 115 Desmond Cres., Ganges

top convertible, red in colour. \$3500 obo. 537-9392. 2899

580 • RENTALS

PARTY TIME RENTALS We rent dishes, glassware, cutlery, linen, tables, chairs, assorted party supplies. 537-4241 days, 537-4577 evenings. tfn

LIONS HART Bradley Hall -Attractive, convenient, wheelchair accessible. Capacity 80 to 120. Phone 537-2000 or 537-9179.

A COMPAN PLANT

Weddings, Parties, Office Space ... anywhere you'd like plants.

Rental by the day

Island Plant 537-4311 134 Hereford Ave.

Buy a DISPLAY **CLASSIFIED** this size (2") in the Barnacle for only

(plus GST) *Frequency discounts available

581 • MOVING/STORAGE

CASUAL VANNING. 1/2 ton cargo van and driver for hire or barter. Moves, deliveries, errands. Call Waterfall, 537-1419. Let's help each other.

600 • HOUSES FOR SALE

TIDAL WATERFRONT House. 4 bedrooms, south facing, 2200 sq ft in a quiet area. 2 km from Ganges. Orchard, gardens, dock, workshop. \$375,000. Agents welcome.

700 • HOUSES FOR RENT

SUNNY, BRIGHT 3 bedroom, bathroom \$750/month includes water, sewer and garbage pick-up. Children OK. Available June 1 or 15. 537-4577.

TWO BEDROOM house available June 1st. South end; steps to ocean. \$650. Call 653-4489 evenings.

730 • SHARED **ACCOMMODATION**

INCREDIBLE VIEWS, large furnished room in vegetarian household. Private entrance. \$300/month. Available now. Call 537-1953.

800 • CARS / TRUCKS

1990 VW VAN. CUSTOM camperized. Auto, good tires, sink, stove, ice box. Water and holding tanks. Port-a-pottie. \$11,500 obo. May be seen at Murakami's. 537-1098.

1978 PORSCHE 924, \$2000 obo. Runs well. Needs paint and upholstery. Phone 537-

DATSUN 210, 1979, NEEDS work, not running. Good engine. View at 1060 Walker's Hook Road. \$300 obo. 537-

1986 NISSAN MULTI minivan, automatic with overdrive, sunroof, air, cruise, etc. \$4,450. 537-4294 2799 2799

1972 PORSCHE 914 HARD

800 • CARS / TRUCKS

1990 AUDI 90 QUATTRO, 5 cyl., 20 valve, 4-door, luxury sports coupe, full time all-wheel drive, ABS, 2 way sun-roof, air, 5-speed, power win-dows/door locks, AM/FM cas-sette stereo, brand new Condivier performance ties. Goodyear performance tires, 168,000 km, stunning vehicle. \$10,500. 653-4536

1986 BRONCO II, 4 x 4, V6, 2.91, good tires, runs well, \$2450. 537-9331.

1989 TOYOTA 4-RUNNER, roll bar. \$9500 firm. 537-

1983 FORD MUSTANG GT, good condition, runs excellent, p/s, p/b, p/w, 4 speed, standard, mags, T-tops, city driven only, well maintained, new exhaust, posi rear end. \$3000 obo. Call Dale, 537-0805.

1997 FORD AEROSTAR van, \$16,000. 537-9101. 2999

FORD CAMPER Special, 104,000 original miles. \$1,400 obo. 537-6024.

1993 ASUNA SUNFIRE, 101,000 kms, Lotus handling, great condition. Priced to sell, \$5,500. 653-4605.

1990 MAZDA MIATA, automatic, very low kms, new tires & battery, garage kept, dealer maintained, mint condition. \$10,900. 653-9561.

1984 NISSAN PICK-UP with canopy. Some rust, runs well. \$1,200 obo. Call Chip 537-0872.

1979 HONDA CIVIC, standard, runs well, great island car, gold, \$750. 653-9868.



98 CAVALIER \$13,900

91 BUICK REGAL 94 ASTRO VAN .°12,900

97 GEO 2-DR "Call Us Today" 655-2600 Budget

How to write an effective

·Begin your ad by identifying the item you are selling by its most commonly known name

·Describe the item by listing its best features: condition, colour, model and other information to help readers determine interest before calling. The more you tell, the faster it sells.

- Avoid unusual abbreviations. Too many abbreviations can confuse the reader.
- ·Give the price of the item. If you are flexible, include best offer or negotiable.
- ·Complete your ad with a phone number and the hours in which you will receive the calls.

820 • BOATS / MARINE

BOATBUILDING SUPPLIES for less. Fibreglass, epoxy, hardware, fasteners ... Best prices; will ship anywhere. The Marine Supply Store, 1-888-748-1149 or Imarine.com. ttn

13 1/2' GREGOR WELDED (not riveted!) aluminum boat (Model H34), with excellent 15 HP 4-stroke Honda outboard and trailer. \$3,000 obo. 537-9125.

18' HURSTON GLASSCRAFT, 150 H.P. V-6 Mercury out-board, sleeps two, head, canopy included. Needs some minor repairs. \$3500 obo. Keith, 537-1976.

17-FOOT DOUBLE Eagle 1993 convertable. 60 HP Johnson, power tilt/trim, oil injected L.S., 8 HP Honda L.S. Low hours. 22-gallon built-in gas tank, trailer with winter structure and cover. Extensive equipment and fishing gear. All like new. Asking \$14,000. 537-5554.

820 • BOATS / MARINE

14 FOOT ALUMINUM boat, 15 HP Honda 4 cycle, new trailer, \$2,500. Call 537-2785.

Buy a DISPLAY CLASSIFIED this size (1") in the Barnacle for only \$10.25*

(plus GST) *Frequency discounts available

840 • MOTORCYCLES / SCOOTERS

YAMAHA VIRAGO 1984 \$2,200. 1980 Harley Sportster \$5,200. 1975 Triumph 250 Single \$1,500. 2 Goldwings and more. Offers. Jim 537-

Tell our advertigers you read it in the Barnacle!

HOLD THE PRESS

DEADLINE: Monday 10 am

20 words - \$8.25 Each additional word: 30¢

PLEASE NOTE: Hold the Press classified ads are accepted up until 10 a.m. Mondays at the rate of \$8.25 for 20 words or less and 30¢ for each addition-

FREE GARDEN space. Please call The Barnacle at 537-4040

Answer to today's puzzle

E	P	1	C		C	E	1	L		Α	L	В
R	E	N	0		С	A	D	1	L	L	A	C
	M	C	U	P	1	D		s	1		N	s
E	L	0	P	E	D		1	S	M			
L	1	L		W	E	1	R		В	E	A	R
A	C	N	E		N	0	R		0	L	L	A
N	E		s		T	U	E	S	г	D	A	K
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P A L A H A B C P A



M-F 8-5 Park Drive (below Dagwood's behind car wash)

SPECIALIST

810 • MOTORHOMES / CAMPERS / RVs

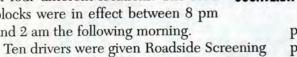
MOTORHOME 20' SELF-contained. Low mileage, good condition. \$7,000 or near offer. 653-4655.





ROAD BLOCKS STOP 482

On Saturday night, May 22, local RCMP conducted Counter Attack road blocks to check for drunk driving. A total of 482 cars were stopped DRINKING DRIVING at four different locations. The road blocks were in effect between 8 pm and 2 am the following morning.





reading. Four others were given 24hour driving suspensions and one marijuana seizure was made. One driver was caught without a valid driver's license.

Three constables, two community police action team volunteers and one dispatcher stayed up all night to staff the road

Sports Pool...with Terry Stringer

Includes games of Saturday, May 22th, 1999

TWISTERS' POOL

Next meeting: Wed., Oct 6, 7:00 pm sharp at TWISTER'S

tests and six of those shown to have a "pass"

SHall	at I WISIERS.			
1		Total Points	Weekly Points	Players Not Golfing
1	Nads	85	10	7
2	Edmonton	76	13	6
3	Montreal	76	11	7
4	Boston	70	3	6
5	San Jose	66	10	2
6	Vancouver	61	2	0
7	Buffalo	58	3	- 5
8	Ottawa	58	4	1
9	Washington	57	3	1
10	Dallas	49	5	6
11	Islanders	45	5	7
12	Pittsburgh	44	8	3
13	St. Louis	43	0	0
14	Los Angeles	34	0	0
15	Anaheim	34	2	2
. 16	Philadelpha	20	0	0

GOLF COURSE POOL

Next meeting: Thurs., Oct. 7, 8:00 pm sham

Sitti		Total Points	Weekly Points	Players Not Golfing
1	Ottawa	87	9	4
2	Greenwoods	86	16	6
3	ANC	84	6	6
4	Edmonton	72	16	6
5	Nads	68	4	5
6	Toronto	63	3	0
7	Los Angeles	63	3	0
8	San Jose	57	5	6
9	Dallas	55	1	0
10	Rangers	50	7	1
11	Buffalo	49	1	3
12	Ice Dogs	46	0	1

A DIVISION OF BLUE SPRUCE RESOURCES

176 Richard Flack Road

BLASTING

DRILLING

BREAKING CONCRETE

CUTTING PAVEMENT

 MOLE-A-HOLING SAND BLASTING

DAVE PHILLIPS 537-2618

Salt Spring Island

Registration: There will be registration happening for the 1999-2000 season on May 29 at Portlock. Please bring a picture if your son/daughter is born 1981 to 1989. If your son/daughter is a new player a copy of their birth certificate is required. For further information please call Deb Anglos 537-9870. All Red & Blue Jerseys may be handed in at Portlock office.

Theory 1: August 7 & 8 Portlock Park. This is open to all coaches, parents of soccer, baseball, basketball and other sports. This is very informative. For further information & register please call the Parks & Rec office 537-4448.

Soccer Gear Exchange: Portlock Park (portable) August 14, 9am - 3pm. This is a great opportunity for anyone to sell or purchase cleats, shin pads. We have shorts & socks for sale.

Referee Level 3/4: August 27 & 28 portable at Portlock. Open to all soccer players, parents and team officials. This is sponsored by the soccer association. For further information & registration please call Deb Anglos 537-9870. (Age requirements are 14 & older.)

Current Week's Schedule

Tues, May 25, 1999 6:00 p.m. Talk Around the Rock 8:00 p.m. Satsang with GangaJi

Sun, May 30, 1999 6:00 p.m. Talk Around the Rock 8:00 p.m. Satsang with GangaJi

No programming during weekdays May 31 - June 4.

Sun, May 30, 1999 6:00 p.m. Talk Around the Rock 8:00 p.m. Satsang with GangaJi



268 Fulford-Ganges Road Salt Spring Island, BC V8K 2K6; Open Mon to Fri, 9am-4pm Ph (250) 537-9971; Fax (250) 537-9974 ALL OUR PROGRAMS ARE FREE AND CONFIDENTIAL

CRISIS UNE Toll Free 1-888-324-3299. YOUTH SERVICES Support for a wide range of youth services

FAMILY PLACE Located behind the Community Centre

ADULT COUNSELLING SERVICES SERVICES FOR THE DEVELOPMENTALLY CHALLENGED

EMERGENCY FOOD SERVICE Open on Tuesdays 11 am - 3 pm.

RECYCLE DEPOT 349 Rainbow Road. Open Tues.-Sat. 10-5.



Bring your classified liner ad into the Barnacle office any Tuesday or Wednesday and we'll run it in our next issue for

*Private party ads only. Must be placed in person and in regular classifications, 8:30 am to 5:00 pm Does not apply to other classified specials or "Hold the Press" ads

324 Lower Ganges Road •

537-4040

HART MEMORIAL DISC GOLF COURSE

Dean Crouse & Mitchell Sherrin of the SSI Disc Golf Association wish to thank all the very generous contributors and volunteers that helped make the

1st Annual Hart Memorial **Disc Golf Tournament**

such a success:

- Admiral Specialty Foods
- Barb's Buns
- Barnyard Grafix
- Ben Clarke
- · Bristol Hair Co.
- Christoph Ceebrook
- Dare's To Be Different
- Embe Bakery
- Ganges Stationery
- Ganges Village Market
- Glad's
- Gulf Island's Brewery
- Harlan's Chocolates
- Island Books Plus
- · Island Star Video
- · John & Peter
- Josh Clarke

- · Jo O'Connor
- · McColl's Shell
- Malcolm Fiander
- Mouat's Trading Co.
- Natureworks
- · Patterson's Store
- · Paul Litton
- Pharmasave
- SS Linen & Dry Cleaners
- SS Roasting Co.
- Studio 103
- Suzanne Little
- · Thrifty Foods
- Treehouse Cafe
- Uma Meyers
- Vigs Monfette

parks arts recreation GANGES VILLAGE MARKET 'VALUE LEADER" • GANGES VILLAGE MARKET "YOUR COMMUNITY FOOD STORE" 10% GANGES OFF TUESDAYS All Items Except: VILLAGE Fluid milk products, **FOOD STORE & VALUE** Lotto, eggs, butter, cigarettes. postage stamps & tobacco products. SALE PRICES IN EFFECT MAY 26 - MAY 31, 1999 MARKET VALUE Cut from Canada Grade A **Minute Maid - FROZEN** California Fresh **Boneless Baron of Beef** ORANGE JUICE BROCCOLI **Bottom Round** Regular only **OVEN** Equals LEADER" Case of 88¢ tin 6x355 LIMIT IDS TWO ml tins lb. \$4.14kg CASES **Oceans Water Pack** GANGES **PETUNIA** FLAKED LIGHT **BASKETS** TUNA VILLAGE MARKET 170 We would like to take this opportunity to thank you gram for YOUR Loyal Patronage thru the past 15 years each tin AND WE LOOK FORWARD TO SERVING YOU EVEN BETTER IN THE FUTURE! "YOUR Venice Country Good Thank you from all of us at GVM! COMMUNITY FOOD Coffee & Balloons A romantic 2-day getaway to 60% Whole Wheat PRIZE: Beach Acres Resort in Parksville White SAT., MAY 31st • 11am 'til 6pm Plus many more valuable prizes! More information and entry forms in-store. Draw date: June 15, 1999. Hot Dog & 570 Soft Drink in the morning gram We accept Visa, Mastercard & Debit. 'til 9 at night loat Lotto Both for only ■ VALUABLE CLIP & SAVE COUPON ■ NALUABLE CLIP & SAVE COUPON = - -Primo "Healthier Choice" COUPONS Brita "Green Giant Quality" **Water System Baby Peeled** EFFECT Chick peas
 White kidney •Lentils •Black Mixed beans Limit 10 tins asst Limit pack per **FULL DAYS** custome coupon Limit 2 pkgs. MAY 26 - 31 per coupon per family order ■VALUABLE CLIP & SAVE COUPON ■ VALUABLE CLIP & SAVE COUPON == == Gallo Basic Choice **Long Grain Extra Virgin** RKET VALUE LEADER •Fine •Extra Fine THESE VARIETIES ONLY Limit 2 tins Limit two tins asst. per Limit 2 per gr fin customer coupon. VALID MAY 26-31, 1999 -VALID MAY 26-31, 1999 - - -

GANGES VILLAGE MARKET 'VALUE LEADER" • GANGES VILLAGE MARKET "YOUR COMMUNITY FOOD STORE"

VALUE LEADER

GANGES VILLAGE MARKET

"YOUR COMMUNITY FOOD STORE"

GANGES VILLAGE MARKET

"VALUE LEADER"

GANGES VILLAGE MA