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the **Barnacle** Island Journal

VOLUME 1, ISSUE 2

\$1.00 includes GST

 *Lest
We
Forget*



Major D.G. Crofton, Ganges, Salt Spring Island, B.C., examines a smashed Nazi tank in a French village taken by Canadians during World War II. See story page 2

TUESDAY, NOVEMBER 10, 1998

In Focus This Week

REMEMBRANCE

• *The heroism of Lieutenant Colonel Desmond Crofton*

PATRICK & BRENDA AKERMAN

• *Team spirit on and off the field*

JORDY SHARP & MARY APPLGATE

• *Making music a way of life*



REMEMBRANCE DAY PARADE

NOVEMBER 11, 1998

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remembrance
day

Canadian valour at D-Day remembered

by Jim Russell

In this Remembrance Day issue of *The Barnacle* we would like to honour the memory of Lieutenant Colonel Desmond Crofton and his Canadian Scottish Regiment. The outstanding bravery and personal sacrifice of his Company on the beaches of Normandy in 1944 has been well noted by war historians, and is deserving of special mention here. Leading his men in an advance attack at dawn on D-Day, Major Crofton had orders to "clear the beach of snipers, machine gunners, wire and other obstacles, and to guide the main body of the force across the beach when they arrived."

This they did, and more, but not without sustaining heavy casualties in those first few hours of unimaginable terror, when some platoons lost over half their men. After securing the beach by capturing the Chateau Vaux directly above it, Crofton and his 'C' Company headed inland through a hail of rifle, machine gun, and mortar fire to capture the towns of Banville and Ste. Croix. By the end of that first horrific day, the Canadian Scottish Regiment had smashed its way some six miles inland, the farthest of any infantry battalion in the British sector. It was, to quote one historian: "A remarkable achievement, and said a great deal for the aggressive leadership of the officers as well as the splendid spirit of the men."

For nearly four months the regiment pushed onwards, fighting their way through Putot, Caen, Falaise, and eventually helped take Calais, where Major Crofton was promoted to Lieutenant-Colonel and given command of the battalion. Without rest, the British sector had to keep moving in order to capture the city of Antwerp, whose undamaged port was



Lieutenant Colonel
Desmond Crofton

**'By the end of
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British sector'**

of supreme importance to the Allied effort. It was up to the Canadians to cross the Leopold Canal and take out enemy coastal defenses on the Scheldt Peninsula, which guarded the sea approaches to Antwerp. The opposition was fierce, and the Canadians suffered many more casualties before the German garrison surren-

dered on Nov. 2. On that occasion, Lt. Colonel Des Crofton went forward to the main fort and was handed a Luger pistol by the German commander in token of his surrender.

The following February, during the attack on the Rhine land, enemy fire struck the amphibious Buffalo craft that Colonel Crofton was riding in, killing or severely wounding nearly everyone in the vehicle. Crofton, with his right arm completely shattered, managed to drag a blinded young lieutenant to safety in a nearby barn. They were later rescued by their regiment, but the Colonel's fighting days were over. After spending four months in a British hospital he was shipped home to Canada, arriving on Salt Spring to a hero's welcome in June of 1945.

Des Crofton eventually recovered from his injuries, but never again had the full use of his right arm. Undaunted by this, he went on to enjoy a full and happy life here on Salt Spring, making many contributions to the community he loved and the country he had fought so well for. Thank you, Colonel Des, from all of us, you will not be forgotten.



Front page photo of Des Crofton (Canadian Army Overseas photo) and page two photos courtesy of Crofton family.

Angling for the Cy Peck's return . . .

by Jim Russell

After almost 10 years of being towed around by the BC fishing fleet, the old Cy Peck was looking pretty rough when I found her near Prince Rupert in the summer of 1975. The incessant rainfall on the north coast had caused about half her paint to peel off, and a fine crop of grass and other green things were thriving in the dry-rot along her rub-rails and elsewhere. To walk around her upper deck was a perilous venture, as there were several places where a gum-booted foot could go right through the rotten planks. Yet here was the wheelhouse that had been the domain of Captain Maude who, on my first trip to Salt Spring Island in 1960, had let me stand on a stool and steer his pride and joy for a few minutes. It mattered not to me that the great wheel and all the instruments were now gone, nor that half the windows were broken or missing . . . I wanted her like I had never wanted anything else before.

In defense of my common sense and better judgement, let me just hasten to add that at the time I was only 21 years of age and had no common sense or better judgement. I did have a lot of energy and imagination, however, and could clearly see, with a bit of paint, some glass, and a little carpentry work, what a great floating home, party palace, and marine workshop she would make.

The Canadian Fishing Company owned the Cy Peck at the time, so off I went to their Prince Rupert plant to have a chat with the manager. Don McLeod was a fresh-faced young man with an excellent sense of humour,

and when I asked what their plans were for the old ferry he said, "Well, we can't decide whether to burn her or sink her!"

"You'll do nothing of the kind," I firmly told him, and then, right on the spot I formed the Salt Spring Island Historical Vessel Society, and implored him to donate the old ship to our glorious cause. He told me they were not in the habit of giving boats away, and so a summer of sporadic bargaining began.

There was a long strike that year in the fishing industry, and the gillnetter I worked on was tied to the dock with all the other boats. This gave me plenty of spare time to hitch-hike out to Seal Cove where the Cy Peck was moored and explore her more thoroughly, as full of dreams as only a youth of that age can be. I also had plenty of time to go in and harass Don McLeod, who

started out asking the outrageous sum of \$3,000 for the old derelict. I would point out how rotten she was, how badly she was leaking, and what a liability she must be for the company. Besides, I told him, because of the strike and everything, I simply didn't have that kind of money, which actually was the truth.

By the end of August there was still no end to the strike in sight, and I had not been able to budge the Company off their price for the Cy Peck. Reluctantly, I decided to hitch-hike back home to Salt Spring and look around for something else to do in the way of work. Before leaving town, though, I told Don McLeod that I'd return as soon as he and the Company came to their senses, and left it at that.

Next week: The Cy Peck comes home . . .

'I also had plenty of time to go in and harass Don McLeod, who started out asking the outrageous sum of \$3,000 for the old derelict'

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Standing in for Cinderella at Disney World

by Carl Duncan

At Orlando's Walt Disney World in central Florida, I once stood in for Cinderella. I was a bit tall and too hairy for the position, but there I suddenly was, standing on that little balcony on top of Cinderella's Castle in the middle of the Magic Kingdom. I wasn't supposed to be up there, of course. Just 30 seconds earlier I was somewhere very, very different. Underground, in fact.

Beneath the streets and lagoons of the Magic Kingdom there's a labyrinth of tunnels and passageways that contains employee cafeterias, emergency facilities and all the various hidden machinery that makes the magic work. Lots and lots of elevators down there. All going up. I just picked the wrong one.

While waiting for the elevator to return, I ignored the kids below, starting to tug at their mother's shorts, and had a look around.

Off to my right were the rivers and jungles of Frontierland, and off to the left was Tomorrowland. Straight ahead I was looking directly down the length of Main Street USA. Parades and horseless carriages, Disney characters posing for pictures. (Pretty cool - if you're a kid.)

But there was more. Beyond the train station I looked out across a tropical

landscape. There was the glittering Seven Seas Lagoon. The monorail line snaked south toward the domed Epcot Center (where Disney Imagineers have created a very real illusion of time travel) and to the Disney-MGM Studios (where you can watch movies and TV shows being made).

'Beneath the streets and lagoons of the Magic Kingdom there's a labyrinth of tunnels and passageways ...'

Six PGA championship golf courses (Disney World has been recognized three times as a Gold Medal Resort by Golf Magazine) stretched to the horizon. Along the shores of sandy lagoons were luxurious resort hotels with acres of pools. Inside were full-service world-class spas, fine dining, romantic lounges. There were tiki bars in the sun. (Bingo!)

The place is huge. 30,000 acres huge. Forget about whether the kids'll like it. Disney knows all about pleasing kids. Count on it. They will never forget it - my memory's not so good, but I remember very well stepping

aboard that steamboat at Frontierland when I was 8. Disney knows how to push a kid's buttons and hold them pegged in. Don't worry about the kids.

What's amazing is all the fun the adults can have. There's plenty of adult-oriented entertainment and activities. Endless shopping. Exhaustive nighttime entertainment. And it's okay to have fun there.

Maybe even politically correct: Disney is committed to conservation and preserving the environment. 8,350 acres (inside the resort) have been rigorously set aside to preserve its natural state. The Disney Wilderness Preserve (outside the resort) is an 8,500-acre conservation area purchased in 1993 and turned over to The Nature Conservancy. It is home to threatened and endangered species and has one of the largest concentrations of nesting bald eagles in the lower 48. Disney World recycles religiously, irrigates with waste water, and composts organic waste instead of using fertilizers.

Opened just this year, Disney's fourth Theme Park, the Animal Kingdom, operates a comprehensive conservation program which includes research, breeding and educational facilities designed to promote the cause of endangered species in the wild.

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**Peter
Matthiessen
to speak on
conservation
issues**

World-renowned author, Peter Matthiessen, will be giving a talk in Victoria on Friday, Nov. 13. In addition to speaking about his writing and his work on behalf of endangered species around the world, he will speak in support

of the local effort to create a continuous Green/Blue Belt from East Sooke Park to Salt Spring Island and Cowichan Bay.

The talk is at the Victoria Conference Centre, 7:30 pm,

(tickets are \$10 and \$8 students). All the local organizations working toward completion of the Sea-to-Sea Greenbelt will have information tables at the event, which kicks off the fall campaign to complete the endeavour.

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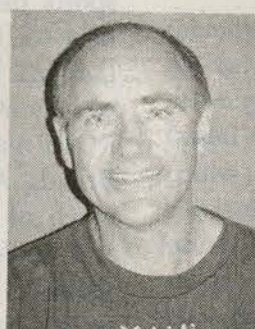
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Story and photos
by Alison Booth

Chances are, you probably know at least one person on this island who has either played on a team with, or been coached by Patrick and Brenda Akerman.

Over the past 20 years they have coached soccer, baseball, basketball, softball and hockey, and have played on many local teams themselves. Pat and Brenda have always been involved in sports; it seems as though it is in their genes.

Since they were very young, both played on teams that were coached by their parents, so coaching was a natural thing to do when they grew up and had a family of their own.

Pat's family has been on Salt Spring since 1863, when his great grandfather started a homestead in the Fulford Valley. His father has a museum there, dedicated to the early settlers, that houses West Coast native artifacts and photographs of life on Salt Spring in the pioneer days. "In the museum there are photos of the sports



Island while on vacation, fell for it's charm, and the next thing they knew they were renting a moving van.

Brenda and Pat met through her relatives that already lived here, and were married a few years later. They have four children, two are grown and have kids of their own, and two still live at home. They are affectionately referred to as 'batch one', and 'batch two', since there is 14 years between them.

Brenda is a certified aerobics instructor, has all her first aid requirements, and

courses."

This past year, their baseball team played in an off-island league that included Chemainus and Ladysmith. They came in first place,

reinforcing the fact that with the right mix of positive coaching and parental support, our local teams can be contenders. "There is a lot of talent on this Island and it goes to show

you that when our kids are given a chance to play in a more competitive situation, they can compete with anybody."

Currently Brenda is the head coach, while Pat and

were five years old. She also coached their daughter's soccer team last season and plans on coaching her softball team this spring.

Being involved in so many different sports keeps them busy all year. As the soccer season ends, they gear up for basketball and then baseball. Pat also plays soccer for the Geezers and hockey with the Slugs, while Brenda teaches step aerobics and is vice president of the Salt Spring Soccer Association.

Their lives are hectic to say the least. So how do they do it? They say the only reason they "get away with it" is because of the help and support of their family and friends. Especially their two eldest children who help with coaching, driving the kids to and from games, and showing up to support their younger siblings - rain or shine.

In retrospect, pretty much every weekend for the past 20 years has been spent on a sports field, either playing or coaching.

They teach practices twice a week, and are constantly getting in the car and going to games and tournaments off island. When asked if they're going to 'take a break' after the last of their kids leaves home, they laughed. "Our kids practically grew up on a sports field," says Pat, "and now we have grandchildren that will be playing soon, so who knows!"

One may ask why Pat and Brenda Akerman donate so much of their time, energy, and wisdom for the sake of sports. "That's simple," replies Pat. "We do it for the kids."

**'When our kids
are given a
chance to play in
a more
competitive
situation, they
can compete with
anybody'**

The Akermans with Gord Speed and their team, the 86er's, at practice.



teams my dad used to play on . . . He used to coach us in soccer, baseball, basketball and even roller hockey, which we played inside Fulford Hall."

Brenda's mother and father came to Salt Spring from Williams Lake when she was 13 years old. Like many locals, they discovered the

has completed the National Coaching Certification Program for soccer and baseball. Pat works in real estate and has also taken some coaching courses, saying they were invaluable. "I thought I knew it all," admits Pat, "but they taught me a lot and really opened my eyes. I think every coach should take these

Gord Speed are assistant coaches for their 12-year-old son's soccer team. They are in the Lower Vancouver Island League's gold division, which is the highest ranking for their age group. "It is so rewarding watching them grow and improve," Brenda says proudly, having coached many of these boys since they



John Miller,
(left)
and John
Reischman
play Sunday
at All Saints
by-the-Sea.



Two Johns return for acoustic show

John and John are back!

If you missed their show last year, you're fortunate to be getting another chance to see them so soon. Don't miss it.

John Reischman on mandolin and John Miller on guitar seem to create more music together than two people could conceivably generate. Impeccable rhythm and a mastery of tone, along with flawless performance, make their music and concerts a magical

experience.

Aside from being amazing musicians, they are also a couple of nice, laid back guys who would love to chat with you about music.

The one-off show is at All Saints by-the-Sea, Sunday, Nov. 15 at 7 pm - early 'cause it's a school night. Come on down for what's sure to be a relaxing and thoroughly enjoyable evening of acoustic treats.

Submitted by Lisa Erck.

ANNOUNCEMENT



Bob Lane

Tom Hosie of Salt Spring Insurance Agencies Ltd. is pleased to welcome Bob Lane to the staff.

Bob brings a wealth of experience particularly in commercial policies - having spent over 23 years in the insurance industry.

Bob moved to Salt Spring in July from Victoria where he successfully operated his own agency for the past 8 years.

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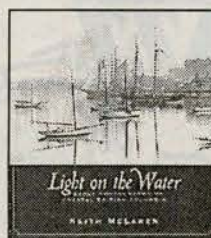


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Jazz, blues to grace Moby's menu

Jazz and blues are in the spotlight at Moby's Pub this weekend as a couple of polished combos breeze into town for gigs at Moby's Pub.

Vancouver Island dobro ace Doug Cox and Ontario bluesman Rick Fines team up on Friday Nov. 13 for a concert of acoustic blues. Cox is well known locally for his work with Travels with Charley and as a sideman for a host of roots performers, including Ken Hamm. Fines is the leader of Peterborough, Ontario's venerable acoustic blues trio Jackson Delta. Having joined up for Winnipeg's *World Next Door*

Rick
Fines



Festival in September '98, the talented duo decided to join up for a limited number of Vancouver Island gigs this month. Fines' 1996 CD, *Arcadia*, was well received by the eastern music press; his latest *Out of the Livingroom*, is out just in time for this tour.

On Nov. 15, Nanaimo-based saxophonist/composer Larry Miller brings a trio to Moby's for Sunday dinner jazz - an evening of post-bop standards and original tunes. Miller's debut 1997 recording, *Freyja's Song*, represents the culmination of his tastes and interests within varied styles of jazz. His broad playing experience, on both tenor and alto sax, includes work in rock bands, on classical saxophone, in pit bands, jazz combos and orchestras. "I've found inspiration in players who stretch our conventional stylistic boundaries in a beautiful way," he says.

A new gift and craft show will be held this weekend (Nov. 13 - Nov. 15) at Fulford Hall. Hours are Friday, 6-9 pm, Saturday, 10-6 pm, Sunday, 11-4 pm. Admission is 25 cents. Organizers have endeavoured to bring new products to Salt Spring, carefully selecting a mix of hand-crafted items, health products and quality imports, includ-

ing Mexican and Guatemalan clothing and blankets, Sri Lankan jewellery and carvings, sterling silver jewellery and chains, Christmas ornaments, hemp clothing and accessories, a consortium of crafters from Saturna Island and other crafters from off-island, organic cheese, chocolates and many other gift items. Refreshments available.

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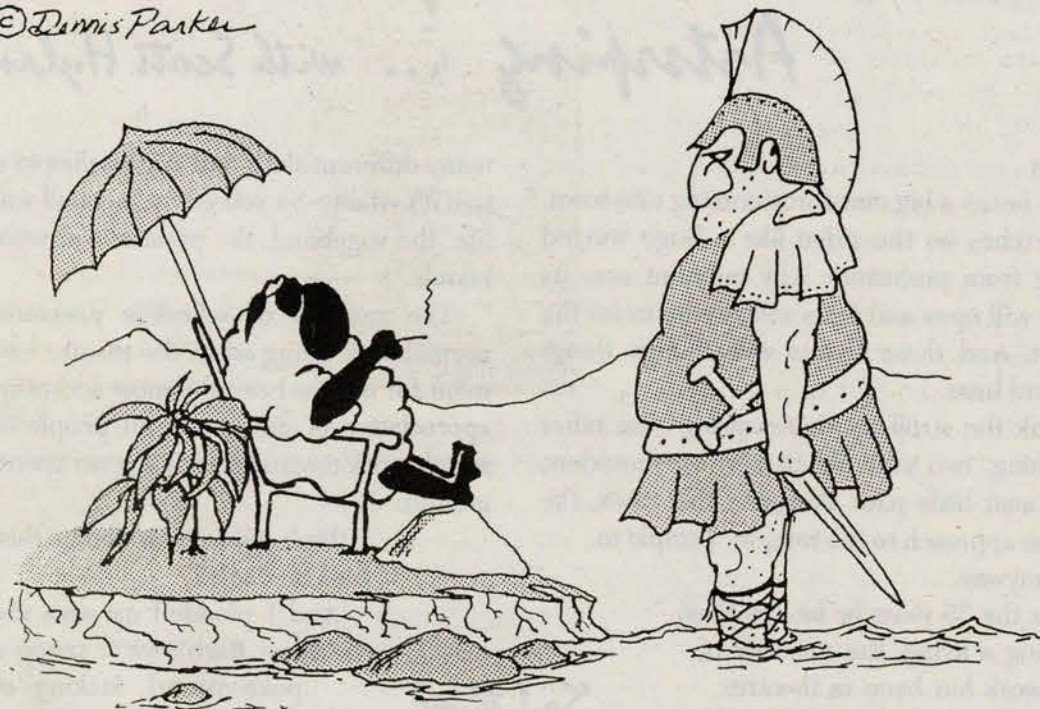
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EWELYSIS DISCOVERING A STRANGE LAMB

Local studio offers 'One Stop Shop' for musicians

by Maggie Warbey

Gene Groomes calls it a "One Stop Shop" for the musician, and he should know! Gene's newest CD, *Sooner or Later*, will be released by Salt Spring Island's GSC Records in early December. *Sooner or Later* features local singers, including Groomes, Jane and Cathy Stack and Simone Grasky, as well as a raft of local musicians, all performing Groome's own material. Also on the list of about-to-be-recorded performers is Lisa Maxx, who is working on a CD of her most popular songs with musical backup by several island musicians. Lisa's often requested *Angels Do Watch* will also be featured in a video, to be shot and

edited right at the studio.

Two other local groups, The Rounders and Pud, have also been spending time at the studio.

Dave Davies, the bright light behind GSC Records, is always on the lookout for the best in local talent. He haunts the open stages, concerts and pubs. He sees his studio as an opportunity to offer talented musicians a complete package to make their dreams a reality: a promotional CD, a video, and a potential market through his connections in Nashville. The best part of running the studio, he says, is the opportunity to work closely with so much talent and to just listen to their songs.

Rap Chat ... with Matt Ceill

Fat Joe
Don Cartagena

Fat Joe hails from the South Bronx, New York. On this, his third album, he proves that he really is a heavyweight on the rap scene. This album is one of the few releases that I have heard in a while that I don't find myself skipping through song after song in search of the few quality tracks. With

Fat Joe's album, almost every song is worth listening to. Following in the footsteps of Big Pun, there seems to be a Terror Squad tradition forming of releasing quality albums. Big Pun's album, *Capital Punishment*, recently went platinum, and with the quality of Fat Joe's new album, I wouldn't be surprised if it was a follow-the-leader situation.

This album delivers quality tracks from start to finish, and with the likes of Big Pun, Nas, Noreaga, Armageddon, Puff Daddy, Raekwon and Cuban Link all making appearances, I wouldn't hesitate to recommend it to any rap fan.

You can purchase this album wherever rap CDs are sold for the regular CD price of \$15 to \$20.



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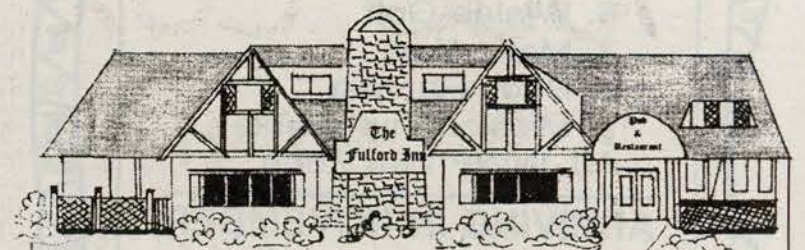
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Artspring ... with Scott Hylands

There's a big new force coming into town. It perches on the ridge like a huge winged thing from prehistory. Any moment now its maw will open and folks will stream in for the flight. And those flights will change things around here...

Took the stroll up to Artspring the other morning, two year old parked on shoulders, that neat little path alongside the creek, the sylvan approach to the temple. Temple to me anyway.

For the 35 years or so I've been making a living, the majority of the work has been in theatres. Some grand, some not. Most of them old. And a few brand new.

Had I to recount the emotional high points of my life - the approval from a success, the hollowness from a failure, the lavish romances that weave through both, the intense learning posture that's required to excel - they would mostly be bound up in the theatre.

I got involved with acting because I had a knack for it. It was what I could do in school a little better than the others, stand up in front of people without my knees playing like castanets. So you get a little social standing, so you keep on doing it.

I played sports too, but there was no moral/ethical basis in that, you just ran your butt off. The theatre's concern was the human comedy, a wide ranging topic, lofty and low. Quite worth a lifetime of consideration. Worth several. Another persuasive aspect of theatre and A theatre is that it calls upon so

many different skills and approaches to maintain its vitality. So you get to meet all walks of life, the vagabond, the pedant, wet wool and bikinis.

The realities of schedule pressure and normal back biting aside, the theatre environment for me has been the most accepting and appreciative of differences in people of any social/ work environment I've ever spent time around.

So I think it's a great thing, this new bird on the hill.

And I plodded up with my bun from Barb's for a snoop and a poke round, kicking at the tires. Looks spanking. They were laying on some paint in the foyer, Moby's color. Quite a few Moby's angles too. And of course, the classic thing in any new theatre, not enough room for all the goings on behind any show - wing space, dressing rooms. There'll be lots of bitching.

The main item though, the performance space itself has a nice feeling, the right dimensions somehow. And I stood there right in the middle, not on stage, but down on the flat where some seats will be (removeable I firmly hope) and felt in me that stirring like wings, like a distant trumpet, and my mind's eye watched as light flooded the stage, the players swirled and the audience yanked to it's feet with thundering hands. Sons, daughters and visiting jugglers, they'll put your heart in your throat.

Artspring is going to make quite a difference around here. Doors open Dec. 5. I wouldn't miss it.

*'So I think
it's a great
thing, this
new bird on
the hill'*

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Jordy Sharp & Mary Applegate

Story by William Gough
Photo by Alison Booth

Every place has its watering holes. I don't mean bars in particular, I mean those places where all the animals gather; places that no matter what your differences, you find yourself drifting along until you're there, ready to check out the other animals, ready to drink the water.

When I talked about this with Jordy Sharp and Mary Applegate, I got a quick and warm laugh of recognition. I was grateful for that, as I'd just compared their store, The Acoustic Planet, to a watering hole. And the people who come to talk about music and try out the various instruments connected with the human love of music, well - I guess I'd compared them to animals. Or I should say I'd compared

So when my wife and I looked for a place on the island, and were longing to find just the right rental, it didn't happen in a conventional way. I wandered into this magical music store, lined with old cedar gourds and filled with the warmth of guitars, the challenge of the banjo, the lure of the mandolin. I got talking with Jordy about my grandmother and grandfather, discussed auto-harps, heard about a house for rent on the island, and here we are. See what I mean about a watering hole?

Mary first saw Salt Spring when she sailed in here - and it turned out to be a place that she couldn't forget. And Jordy, in the concrete of

If some MBA student took note of The Acoustic Planet and The Music Studios, she might think this had been planned for years: demographics compiled, music trends analyzed, studies of foot traffic and all that. Not so. It's simpler. Jordy and Mary love music. She was playing fiddle when she was a very little girl, and sings whenever she gets the chance. Jordy has played music, performed music, produced music, and lived music throughout his life. So when they arrived what did they look for? Music.

And, of course, Salt Spring is an island of music: music in the clubs, music at the fall fair, music at the Folk Club, music at house parties - but both Jordy and Mary saw a need for a centralized place, a music store. And their store connected with that need. As Mary says, one customer calls it: "A store with accompaniment." Lots of times I've wandered in and watched a customer trying out an instrument. Sure enough, there's Jordy accompanying them on an instrument of his choice. The music drifts out to the sidewalk, no coolness of digital sound - this is warm, rich, honey-the-air acoustic. As I watch Jordy lean into the music, I'm not surprised later to

that would be key to the way the Music Studios would run - inspiration. They found teachers who, as Mary says, "all really love music and are excited about teaching it. Music is a big part of their lives, outside the studios as well as in."

With 20 teachers, and four studios, there's a buzz of energy when you go to the Studios. There are adults and children, older people and very young people. Both Mary and Jordy rave when they talk about the pre-school group, the kids between three to five who are playing rhythmic instruments together. And then they talk about how the fundamentals of music are absorbed while the children are doing what children do best - having fun. As they talk, and tell me with excitement about upcoming workshops - on hand drumming, on blues slide guitar, on recording techniques - I realize that what they share with their teachers is connected to the same word: inspiration.

Salt Spring is blessed by the absence of urban type malls - it gives the downtown section and local business an energy and connection to customers that simply vanishes when such malls appear. But the key to success in business is based on other things, the love of what you do, the connection with the place where you do your business, and the simple excitement of following dreams.

When I finish talking with Jordy and Mary, it's at the end of a long day, where they've run the store, tended to the studios, made a couple of runs to fill special orders, played music, talked music, and breathed music. But when we talk of - what else? - more music, they seem ready to go on all night. That's the kind of energy that happens when a business is more than a business - when it is heart-connected.

Oh yes, Jordy did give this paper some clues about the song on the side of the Music Studios - the one that's at the centre of a contest. The music was written in 1946, and the tempo is ° note=228 bpm. If that helps you win the contest, remember where you read it!



Tuning in at music's rich watering hole

'us' to animals, as I've got that same weakness for music stores.

I grew up in a musical family in Newfoundland, where aunts played piano and sang, uncles played saws, guitars, fiddles and homemade 'dried-paint-in-mason-jars' harmoniums. One of my fondest memories was of playing on the autoharp while my grandfather played another autoharp, and my grandmother played the zither. Music was the delight of my childhood life.

Toronto, kept hearing musicians talk about a place they were heading - a destination out west, a place without traffic lights; an island of music. So, when they decided they'd had enough of the city life, the rush, the sheer business of a large metropolis, they couldn't stop thinking of Salt Spring Island. Mary thought it might be a good idea to check out all the islands. She began with Salt Spring but didn't get any further - they were here and they were here to stay.

hear him say that he gets up each morning looking forward to his work. And Mary is the same.

The store just happened and it was the same way with the music school. Lloyd and Diane English had been teaching on the Island. When they left, people were looking for somewhere else to learn music. Jordy and Mary had a dream of how a music school could be run, so everything was ready to 'fall into place' again. They had one word

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Local authors booked for signing at Volume II

What do a photographic history of boats and ships and people of the BC coast, a round-the-world sailing yarn, and a history of Salt Spring Island have in common? All three are recently published books by Salt Spring Island authors who will be signing copies of their work at Volume II Bookstore, Saturday Nov. 14 from 1 pm to 3 pm.

In *Light on the Water, Early Photography of Coastal British Columbia*, mariner Keith McLaren has assembled a stunning record of coastal life from the late 1850s to the 1940s. McLaren spent six years researching thousands of photographs of both major public and private collections to produce an enormous range and variety of images: sailing ships in storms, the luxurious interiors of CPR Empress liners, crowds waving goodbye to the troops as they go off to war...

Informed by McLaren's knowledge of photographic history and by his first-hand

knowledge of sea lore, the 120 duotone photos in *Light on the Water* (Douglas & McIntyre) reveal the romance, harsh realities and tragedy of marine life.

Chasing the Dream - Tryste around the World by Val Haigh (Horsdal & Schubart), charts the romance and harsh realities of a five-year global circumnavigation from the viewpoint of a family at sea. The Haighs, along with four daughters, made their epic voyage in 1969, when offshore cruising was still a novelty. Accounts of unspoiled destinations and tough ocean crossings are interspersed with passages of a family living their lives on a small boat in exotic settings.

Saltspring: The Story of an Island is the third book in Volume II's signing line up, a historical account of 150 years of island settlement by Charles Khan. (A Harbour Publishing review appeared in last week's Barnacle).

Book Review

Salt Spring Island: A Place To Be

by Ellie Thorburn and Pearl Grey (Heritage House)

This new book on Salt Spring Island has broad appeal for both locals and tourists. *Salt Spring Island, A Place To Be* places heavy emphasis on the Island's livability and the positive impact it has on those who visit or reside here. Authors Ellie Thorburn and Pearl Grey set out to capture that intangible blend of traits that give the island its magic.

"I had no idea that so much happened on Victoria's doorstep," one northern BC writer responded after read-

ing the book. The distinctive form of government through the Island Trust, and its impact on protecting the Gulf Island environment offers insights for both visitors and residents. Various local experts provide tips on a range of recreational activities - from kayaking to mushroom picking.

Pearl Grey interviewed a host of island artists, artisans and entrepreneurs, including Robert Bateman, Carol Evans, Kathy Venter, Uta Hagen, Valdy and Geoff

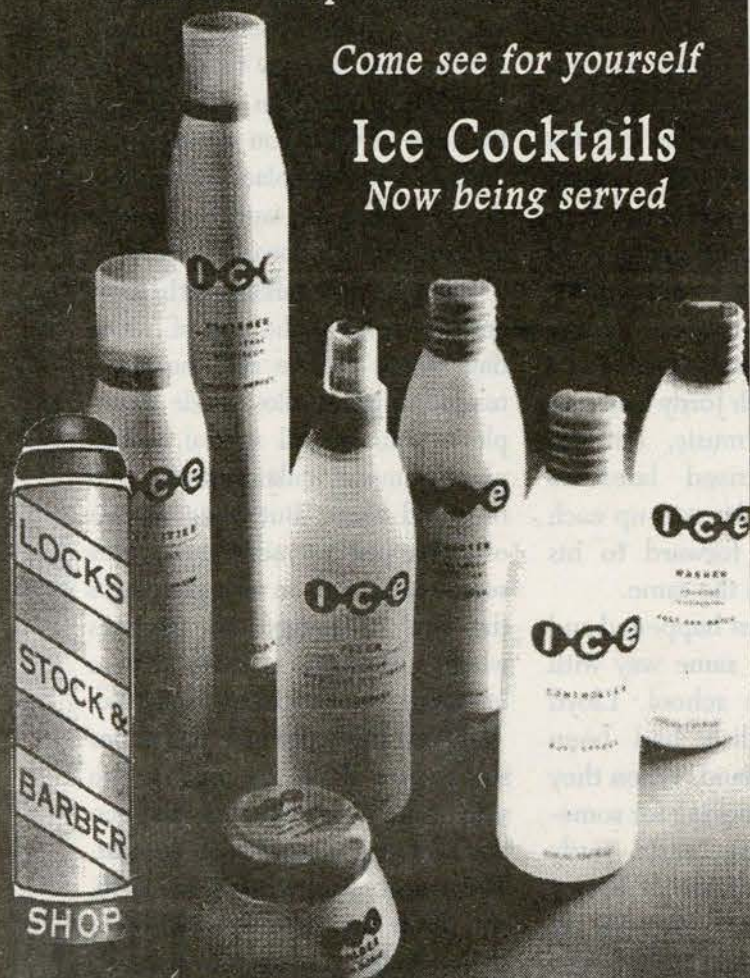
Ballard. Salt Spring is their place to be. There is humour, science and geology, nostalgia and practical guidance.

Both authors make their living from the hospitality industry and their sensitivity to visitor needs is obvious. Maps point to island artisans, and there are plenty of details about great hikes, water sports and cultural events. *Salt Spring Island, A Place To Be* is about an enticing environment and the people who make it a wonderful place to visit and live.



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'The most prehistorically beautiful face you can imagine. The ultimate fish - the best of all.' - Rick Hill, Salt Spring Fisherman (retired) describing the Pacific Halibut.

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Although not as large as its Atlantic cousin, the Pacific Halibut is a behemoth in its own right. Females can reach eight feet and weigh 600 pounds. (This would be something to avoid at a garage sale - let it have the lamp.)

They are surprisingly territorial animals, but when in the mood will travel up to 2,000 miles to spawn. Think of walking to Winnipeg once a year for a blind date: exactly the same thing. Our very fertile friend will have as many as 2,700,000 eggs that drift about aimlessly in the deep until the onshore currents bring them to rest on the shallower banks of Queen

Charlotte Sound and Hecate Strait. Here they grow up - do the eye thing.

How to describe this unique fish to someone who's never laid eyes on one. Picture your son or daughter coming home one night and describing their new friend this way: "He's like eight-foot long Mum, gotta weigh close to 600 pounds and, get this, both his eyes are on the right side of his head. Cool!" To illustrate, she squashes her face up against your kitchen window and bugs her eyes out. What would you think? You could have the lad over for dinner. What does he eat, you ask politely: "Oh, you know, live stuff: octopus, squid, herring, cod - anything on the floor. He'll even eat a live bird if you ask him."

Cosmetics aside, this famous flounder has an enthusiastic following on Salt Spring. We bake it, fry it, bar-

beque it and deep fry it. We go through gallons of lemon butter and buckets of cole slaw. Down deep, in our very soles, we just flat-out love it to pieces.

Heidi Teichtmann, a true a'fish'ionado: "I think Halibut is a beautiful fish." Bob Morrisette, our Harbour Manager: "...a nice fish with delicious firm white meat." Betty Hill actually seemed offended by my flip descriptions of our subject. "There is beauty," she said, her eyes remaining firmly on the front of her face, "beauty in everything"

Cathy Proctor was prodded gently into admitting that she once carried a headless Halibut from the dock to her car, drove it home and carried it into the house. She quite enjoyed the experience, but then that was a headless Halibut. Whole different thing.

'Fish die belly upwards and rise to the surface. It is their way of falling.' - Andre Gide

+

Spare Parts

• Thank you Barry Green for bringing some sanity and reality to last week's winterizing column.

• A reminder that the Nov. 12, 6:20 am, the Fulford Ferry sailing is cancelled so the crew can run safety drills.

• Oct. 29 - HMCS Oriole blows her transmission on her return from around Vancouver Island, but is manoeuvred into the Coast Guard dock, under sail, by her skipper Lieutenant Commander Larry Trim. Doing this with a 102-foot, 92-ton ship is an impressive feat, but the real heroics are performed by Anne Humphries, who delivers fresh blueberry muffins and a copy of Val Haigh's *Chasing The Dream* to the cadets and crew. The day is saved.



Sunrise over Ganges Harbour.

Photo by Peter Clarke

TIDE TABLES

AT FULFORD HARBOUR

Pacific Standard Time. Measured in feet.

Sponsored by Harbour's End Marine & Equipment Ltd.

Day	Time	Feet	Day	Time	Feet	Day	Time	Feet
10	0250	3.0	13	0035	7.5	16	0415	9.2
NOV	1105	11.2	NOV	0600	5.6	NOV	0855	7.5
NOV	1735	7.9	NOV	1320	10.8	NOV	1440	10.2
TU	2035	8.2	FR	2025	5.6	MO	2145	3.6
11	0350	3.9	14	0210	8.2	17	0500	9.8
NOV	1155	11.2	NOV	0705	6.2	NOV	0945	7.9
NOV	1855	7.2	NOV	1355	10.8	NOV	1500	10.2
WE	2230	7.9	SA	2055	4.9	TU	2210	3.0
12	0450	4.9	15	0320	8.5	18	0545	10.2
NOV	1245	11.2	NOV	0805	6.9	NOV	1030	8.2
NOV	1945	6.6	NOV	1420	10.5	NOV	1520	9.8
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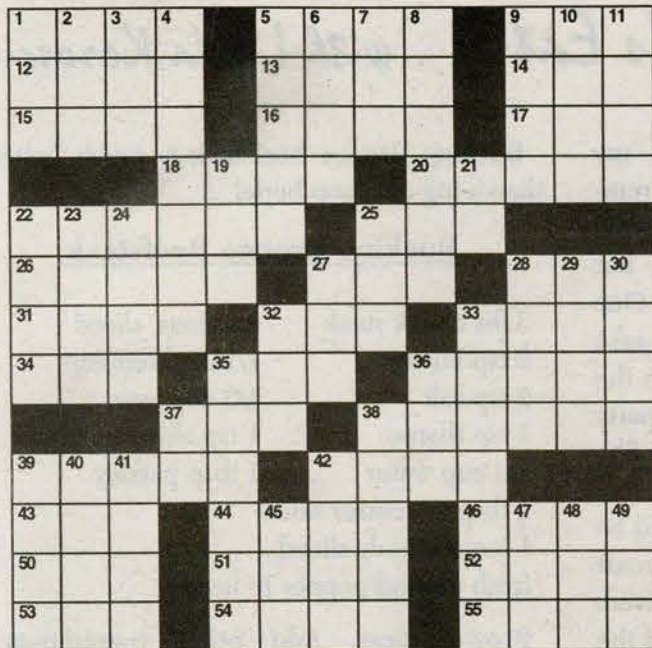
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- 5 WWI French aeroplane
- 9 Veteran, for short
- 12 Continent
- 13 Colombian Town
- 14 Irish Republican Army, abbr.
- 15 Distribute the cards
- 16 Stare lasciviously
- 17 Russian space station
- 18 Bane of teens
- 20 To whom payment is made
- 22 Guidance
- 25 Quick
- 26 Lens
- 27 Metal source
- 28 Resort
- 31 Step
- 32 Rearward
- 33 _____ sack
- 34 Female saint, abbr.
- 35 Ignited
- 36 Spinnakers, e.g.
- 37 Develop
- 38 Hooray!
- 39 Rock and roll pioneer
- 42 Supple
- 43 Female deer
- 44 Entrance
- 46 Frank
- 50 Alias
- 51 Back then
- 52 He fiddled
- 53 Japanese currency
- 54 Drunkards
- 55 Graduate, for short

DOWN

- 1 Forlorn
- 2 Compass point
- 3 Ocean inlet
- 4 _____ Gap, WW2 battle
- 5 Quick bread
- 6 Hotel lobby sound
- 7 The works
- 8 WW2 Battlefield
- 9 _____ Ridge, WWI battlefield
- 10 One of the Greats
- 11 A kind of weight
- 19 Bike maker
- 21 Astatine symbol
- 22 NHL great, Sylvanus
- 23 Expression of annoyance
- 24 Deputy
- 25 Imitates life?
- 27 Often, for short
- 28 Partner of snap and snur
- 29 Ashen
- 30 Church part
- 32 Assistance
- 33 Korean War battlefield
- 35 _____ Lane, War of 1812 battle
- 36 Title
- 37 College degree
- 38 WWI Battlefield
- 39 Normandy invasion
- 40 Garment part
- 41 Thin
- 42 Kind
- 45 Nil, nada, zilch
- 47 Cent or diem prefix
- 48 Time period
- 49 Doze off

Answers are on page 21



With a little prayer & meditation 'yoga' far!

This November's Women's Yoga Weekend will be all about Ashtanga Yoga. Ashta, meaning eight, and anga, meaning limb, is a practice that purifies the body, focuses the mind, and brings knowledge of reality and peace.



An uplifting and nourishing yoga weekend for women Nov. 13-15, led by Celeste Mallett.

Participants will learn all about the eight limbs - Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana, and Samadhi - and how to incorporate them into daily yoga practice and daily life.

After a delicious vegetarian meal on Friday night, teacher Celeste Mallett starts off the weekend with a talk and discussion on 'Increasing Awareness Through Yoga.' Once inspired, all have the opportunity to relax in the Salt Spring Centre's wood-fire sauna.

Bright and early Saturday and Sunday mornings, everyone gets a chance to put into practice two of the eight limbs of yoga, Pranayam (breathing) and Dhyana (meditation). Then, after a light breakfast, class time begins and with the benefit of Celeste's gentle guidance,

students learn how to 'Develop Consciousness Through Awareness of the Eight Limbs of Yoga.' "I want people to take away from the weekend a good foundation in the practice of yoga. One that they can take with them out into the world and draw on in their search for spiritual

and physical peace," says Celeste, who has more than 15 years teaching experience. Celeste's own classical guides are the revered yoga teachers Baba Hari Dass and Sivananda, and her continuing studies of the detailed Iyengar Method contributes to her enthusiastic teaching style.

"The Saturday evening program is designed to stimulate discussion about spirituality or the spirit," says Celeste. "Led by a panel of island women from various backgrounds and motivations, we will explore the meaning of our spiritual quests or paths."

Ayurvedic Swedan and Massage will be available a la carte to anyone wishing to detoxify and rejuvenate. For more information, call Sharon at 537-2326, The Salt Spring Centre.

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Horoscopes

For the week of November 13 by Michael O'Connor

Scorpio (Oct 23 - Nov 22) A whole new day is rapidly dawning for you Scorpio. You may have caught the first glimmers of this light earlier this year. As though you just woke up and have an important meeting bright and early, you better get dressed and ready. You will be meeting with the chief council of your spiritual destiny so look sharp! Sure, you can afford a little time to center and review your creative aspirations for practical viability. Focus on the big picture over the long term.

Sagittarius (Nov 23 - Dec 22) In the basement of your mind you are searching for a key. It is dark and damp down there, but since this key will unlock the door to your freedom, it is worth the effort. Fortunately, you have a bright flashlight and so feel content to persevere on your own for awhile. And yet, the key will lead you to a new path with heart where your true love awaits. In the mean time watch for bats, rats and cobwebs of fear. There is a lot down there so negotiate your way with care.

Capricorn (Dec 23 - Jan 20) Having good friends in high places is paying off these days. With so much of what you once held to be true dissolving so quickly, you are open to support. If not already, you may soon realize that your best friend in a high place is your higher self. This one knows and loves you best, where you are coming from and where you will go next. This powerful friend is one who has never and will never leave your side. When was the last time you truly stopped to say hello and thank you?

Aquarius (Jan 21 - Feb 19) Light from the heavens continues to shine down upon you. Layers of fear are melting away. Inspired abundant, bold and free, you are ready to go for gold. The time is ripe to take the initiative. Irresistibly drawn to your light, others want to grant your wishes. The increased momentum has the capacity to spur a revolution. Make your move!

Pisces (Feb 20 - Mar 20) Your search for power is at a place where all you need to do is open your arms up wide to receive a downpour of inspiration and blessings. Yes, lightning is striking and the wind is blowing hard, what else did you expect from on high. Once all your coffers are full with this bounty, you will be challenged to learn how to give it practical application. So sing in the rain, kick through the puddles and muse about how you will share your vision and with whom.

Aries (Mar 21 - Apr 19) Efforts to evaluate your strengths or weaknesses as well as those of others are beginning to pay off. Knowing how far, or not, a person or a situation can expand in any given time period is valuable information. Making the best use of this awareness is the next step. Awareness without judgement is your green light. You are on the eve of some startling new discoveries. Of course, every new answer leads to more questions. This journey is just getting under way. Be patient, like fine wine, quality takes time.

Taurus (Apr 20 - May 20) You have been summoned inward once again to connect with your creative potentials. This process has been under way for a few years now. You have been challenged to extract the weeds of old beliefs about your self and the world. Getting to the root takes time, but you may finally have a handle on the very last yet most stubborn root of the lot. The search for your greatest power is still to come. Stand strong now and do not be seduced by old comfortable, but limiting patterns of behavior.

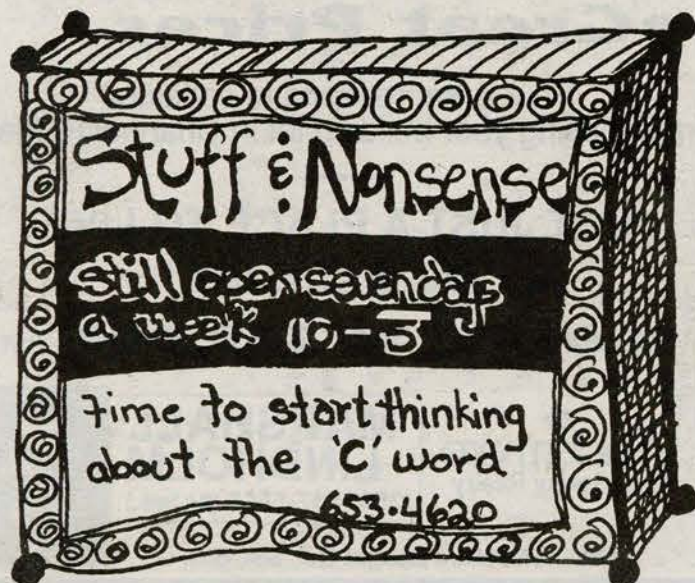
Gemini (May 21 - Jun 20) A great Sufi master once said: "the art of life is the art of dying". At first this cryptic proverb may seem rather dark and dramatic. The idea is that we are all ever in a process of transformation. Along our path in life we accumulate beliefs, attitudes, habits and opinions as well as material things. Because life is a journey and the lighter we travel the freer we are, we must be willing to release useless accumulations of all sorts. This letting go is a kind of dying which gives birth to fresh perspectives and experiences.

Cancer (Jun 21 - Jul 22) A playful and childlike approach to love and relationships is a key to your success now. Establishing a more fun loving approach especially in intimate relationships is an important aspect of your foundation. You have been building this new foundation for a few years now and this is your opportunity to ensure that this important footing is securely placed. Neglecting to honor this child like side of your self could result in provoking its more childish, poltergeist like, behavior!

Leo (Jul 23 - Aug 22) Leo is the sign that most strongly suggests the creative process. Many books refer to Leo as symbolizing the ego. We 'use' our ego, so to speak, to create be it a complex idea or more material things. By this process we are also creating our ego itself. To this end, we must sometimes search for experiences that will enable us to create ourselves for our highest good. To pursue these directions we must let go and trust in order to follow the spirit where it leads. Re-discover and re-create you.

Virgo (Aug 23 - Sep 22) Lessons about the dual aspect of perception are strong in your life now. Dual perception has many layers. Amongst them is the principle of 'projection', a psychological term used to employ the process of drawing and being drawn to reflections of our self. This is a means by which the subconscious communicates with our conscious self. Projection is a constant. After all, we are comprised of every element in the world 'out there'. Our more immediate screen is the personal experiences of our life. Smile, the camera is rolling.

Libra (Sep 23 - Oct 22) Taking account of the particular resources of others continues as a central theme. To do so with full effectiveness you will have to refrain from pre-mature evaluations and other biased judgements. The challenge here is that to overcome those prejudices, you must learn to see your self more clearly. Diligence in this regard will pay off. The need to engage with this process will be more evident early in 1999. In the mean time, tread lightly and listen.



Let's Eat . . . with Linda Koroscil

Mothers aren't always good cooks, my friend, Pixie, told me last week. She was reminiscing about her old Auntie Blanche who was a great art teacher but a bad cook - her daughter, it turned out, was just as bad. One day Blanche asked the daughter to please take the roast out of the freezer and put it in the oven. There was a last minute dinner party that night and Blanche had to work late. She rushed home with just enough time to toss some vegetables into a pot. "Gravy would be good," she thought. "I'm sure that pot roast must be done by now." The guests arrived. "Smells great," they said. Blanche pulled the pan out of the oven. Lo and behold, staring back at her was one five-pound soup bone, browned to perfection.

Bucking Bronco beefsteak is much better than a big old soup bone!

Bucking Bronco Beefsteak

3 lbs chuck steak	2 onions, sliced
2 tsp butter	1/2 cup ketchup
2 tsp salt	1/3 cup bran
1 tsp thyme	1 tsp chives
1/4 cup water	1 tbsp parsley
1 tbsp worcester sauce	
1 lemon, thinly sliced	
fresh ground pepper to taste	

Brown meat. Add other ingredients. Bake covered 325 degrees for two hours. This is yummy with garlic mashed potatoes, especially Yukon Gold.

Everybody's Health

As late autumn changes to winter, many factors conspire to weaken the immune system and make us vulnerable to colds and flu.

Colds and flu are both acute viral infections. A cure for colds and flu does not exist. However, there are herbal remedies to help the immune system fight these bugs, and to speed healing. The proper herb for you and its dosage should be discussed with your doctor. Examples of herbal supplements that can help strengthen the immune system are Astragalus and Schisandra. In the early stages of a cold Echinacea, Vitamin C, garlic

and chicken soup or vegetable broth help. If the cold has settled in, Golden-seal (if you are not pregnant), is believed to help chronic inflammation of the mucous membranes.

Colds and flu tend to bring on headaches, muscular aches and pains, and exhaustion. It is important to listen to your body's needs for rest, light exercises, and relaxation. Massage and relaxation therapies are most beneficial at this time, to stimulate the immune system and alleviate muscular pain.

A treatment I have created for colds combines various therapies: soaking the feet in

hot water; Ayurvedic herbs to improve circulation and warm the core temperature of the body. Then manual lymphatic drainage, combined with a thoracic pump - this stimulates the lymphatic system, and releases venous and lymphatic back pressure. Then (yiiiikes!) a cold thoracic wrap, left on only long enough to stimulate the body's vital functions. Some relaxing reflexology on the hands and feet, and Reiki, follows to allow quiet time for the body to heal itself. Most important, be good to yourself and nurture your cold.

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Growing 'Ficus Carica' on Salt Spring

Figs are in abundance on Salt Spring Island, and probably the southern Gulf Islands as well, but they're seldom brought up in conversation when discussing fruit trees. I'm not talking BANANAS this time, it's the FIG tree, an excellent fruit tree that can even be grown in smaller gardens. There are no real tricks to growing Ficus Carica, the latin name for the common fig. There really are some very large, old mature specimens that were planted decades ago right here on our island. I consider Fig trees quite cold tolerant, especially once they're well established. There are many species of edible figs, some do better in our temperate climate than others. I've seen small fig trees a little more than 30 cm (12") in height with at least half a dozen figs on the tree.

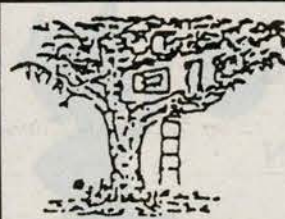
Fig trees are self-fertilizing, disease resistant, and very drought tolerant once they get their roots established. First of all choose the right fig tree for our climate, plant it in very well drained soil, and in the sunniest location in your garden. The best time to plant your

fig is in the spring so it will get lots of new roots established throughout the warm months. Also, fig trees love to be root bound in order to produce a generous amount of fruit. Dig a good size hole, and line it with rocks or a landscape cloth, backfill with good topsoil, and water through the dry summer months.

'Figs are self-fertilizing, disease resistant and very drought tolerant'

If we should happen to have a great long hot summer like this past one, a second crop of figs should ripen. A south facing wall is the perfect spot for a fig tree; it will soak up more heat. The soil should have a PH of around 6.0 to 6.5. The best time to prune is during the summer months - pinching back all the growing shoots on a regular basis will provide you with maximum fruit.

Figs are also easy to propagate from cuttings of up to 10" long of well ripened wood, dip into a rooting hormone and insert your cuttings into pots of sterilized, light soil in early spring. Good Luck. Here are some species of figs to try in our area: Desert King, Brown Turkey, Lattarula, White Genoa.



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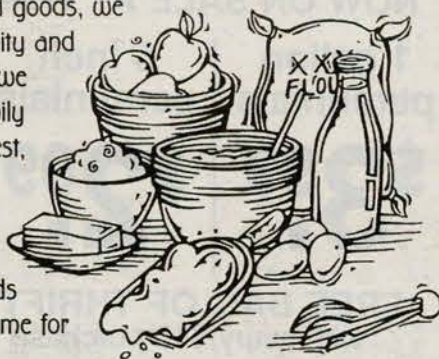
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Lead your life with unseen impact in mind

Sometimes you never know the impact you've had in this life. Maybe you build cars, and one day you worked a little harder on some fitting; you may never find out that one particular day, the lives of a family were saved because that fitting didn't give way during an accident.

Maybe you knit sweaters; you may never find out that one particular day, someone gave that sweater off her back to someone who needed warmth, physical and human.

Maybe you teach; you may never find out that one particular day, something you said to a difficult student changed his whole way of looking at life, and he went on to create beauty, rather than destroy.

Maybe you write children's stories; you may never find out that your words and images gave hope and solace to a sad child and helped him survive his sojourn in a sheltered women's shelter.

Perhaps we ought to find out what impact we've had on the world — we'd constantly feel touched, satisfied, gratified, and maybe more motivated to work and give. But that's not the way it is. Although sometimes we are blessed with such moments — maybe just at the time we need our faith and hope jump-started.

I had one of those moments recently, and it was quite stirring and humbling. It was at

a book signing in a suburb of Portland, Ore. One woman, in her 30s, came up to the table with a book for me to sign and a photo for me to look at. This in itself is not unusual. Because I rant and rave so much about the centrality of family to personal and communal well-being, most folks come up with their kids in tow or pictures of their families, with a story to tell about how they've changed their lives to serve their families more and better. But this time, it was different.

The woman showed me a photo with herself in the centre of two lovely, smiling children, one boy and one girl. I admired the children and remarked on how blessed she was to have such a happy, healthy-looking family. She said, "There's something you need to know about them — they're here because of you."

I thought that she meant they were in Portland instead of somewhere else, due to a divorce and custody situation. I have often warned divorced parents against moving away from each other and subjecting the children to the loss of one parent. That wasn't the case here.

This was, she continued, an adoptive situation. Both of these children were adopted. I support adoptions with a passion and thought she meant that my pro-adoption stance influenced her to adopt. That wasn't it, either.

She adopted these children from two different biological

mothers who had decided not to abort because of listening to my nagging on the radio. This was a stunner.

I again looked into the eyes of those two children in the photo, and truthfully, I didn't know what to say or do because I was so overwhelmed. These two children will be the continuation of generations of people because their mothers had the courage to give them life, and then give them up. To have been an influence on their character, conviction and goodness was an honor. Rather than feeling all puffed up that "I did something great," I felt utterly humbled. In fact, I'm crying as I write this.

At times, life seems quite difficult, if not unbearable. We wonder if we matter, if anything matters. We despair that there may be no point to what we do. At the core of those feelings is a sense of separateness and isolation, of ultimate uselessness. It is precisely at those times that we need to connect, either by giving or receiving. Usually results in the latter.

One time when I was a graduate student, sad about some stupid grade, I was moping my way into the subway on my way home. An old, unkempt street fellow was standing by the entrance to the subway. As any good, perpetually defensive New Yorker learns to do, I averted my eyes to avoid contact. But he managed to get my attention by saying, "You're such a pretty young lady — you should be smiling."

I was thunderstruck. He didn't ask for anything; he gave me a gift. I imagine he'll never find out the impact he had on me that day and in the almost three decades since then. But he reminded me of two important things: one, that everybody has something to give, and two, no matter what you're feeling or experiencing at the moment, you also have many blessings.

You've touched people and known it. You've touched people and may never know it. Either way, no matter what your life feels like to you right now, you have something to give. It is in giving to one another that each one of our lives becomes meaningful.

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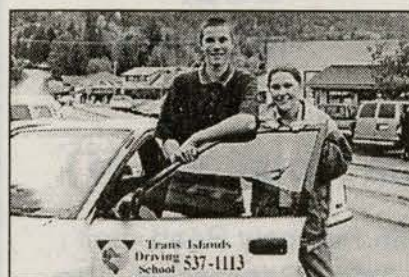
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Focus on the Family

Dr. James Dobson



How do you explain the feeling of being trapped?

Question: You described the "trapped" feeling that causes some people to withdraw from their spouses. I think that applies to my wife, who has been strangely distant from me in recent years. Can you tell me more about what such a person might be thinking?

Dr. Dobson: The feeling of entrapment begins with disrespect for a partner. For example, a man may think these kinds of thoughts about his wife:

"Look at Joan. She used to be rather pretty. Now with those 15 extra pounds, she doesn't even attract me anymore. Her lack of discipline bothers me in other areas, too — the house is always in a mess and she seems totally disorganized. I made an enormous mistake back there in my youth when I decided to marry her. Now I have to spend the rest of my life — can you believe it? All the years I have left — tied up with someone I'm not interested in. Oh, I know Joanie is a good woman and I wouldn't hurt her for anything, but man! Is this what they call living?"

Or Joanie may be doing some thinking of her own:

"Michael, Michael, how different you are than I first thought you to be. You seemed so exciting and energetic in those early days. How did you get to be such a bore? You work far too much and are so tired when you come home. I can't even get you to talk to me, much less sweep me into ecstasy."

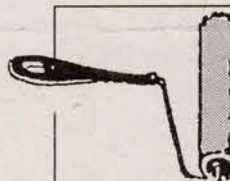
"Look at him, sleeping on the couch with his mouth

hanging open. I wish his hair wasn't falling out. Am I really going to invest my entire lifetime in this aging man? Our friends don't respect him anymore, and he hasn't received a promotion at the plant for more than five years. He's going nowhere and he's taking me with him!"

If Joanie and Michael are both thinking these entrapment thoughts, it is obvious that their future together is in serious jeopardy. But the typical situation is unilateral, as in your marriage. One partner begins to chafe at the bit without revealing to the other how his or her attitude has changed. A reasonably compassionate person simply does not disclose these disturbing rumblings to someone who loves him or her. Instead, a person's behaviour begins to evolve in inexplicable ways.

He may increase the frequency of his evening business meetings — anything to be away from home more often. He may become irritable or "deep in thought" or otherwise non-communicative. He may retreat into televised sports or fishing trips or poker with the boys. He may provoke continuous fights over insignificant issues. And, of course, he may move out or find someone younger to play with. A woman who feels trapped will reveal her disenchantment in similar indirect ways.

To summarize, the trapped feeling is a consequence of two factors: disrespect for the spouse and wishing for an excuse to get away.



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SALT SPRING ISLAND LOCAL GOVERNMENT INITIATIVE (SSILGI)

The CRD and the Islands Trust have co-operatively formed an Executive Committee comprised of the Regional Director, Alternate Director and Salt Spring Island Trustees to establish the Salt Spring Island Local Government Initiative (SSILGI), for the purpose of investigating the feasibility of municipal incorporation for Salt Spring Island. It is anticipated that the feasibility study be completed within 6 months after its commencement.

We are seeking applications from the residents of Salt Spring Island who are interested in serving as a volunteer on the Steering Committee of SSILGI. The role of the Steering Committee is generally as follows:

- select a consultant in consultation with the Executive Committee;
- work with the consultant and the Executive Committee to ensure that all relevant information is gathered and analyzed;
- facilitate involvement of the general public throughout the process;
- review the consultant's report and make recommendations to the Executive Committee;
- undertake further duties that may be required.

If you are interested in participating in a fact finding investigation into issues of municipal incorporation for Salt Spring Island, please submit your application with expression of interest no later than, November 13, 1998 - 4:30 p.m. to:

SSILGI Secretary
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KICK-OFF *by Malcolm Legg*

The Geezers of Salt Spring gave a great impersonation of Dr. Jekyll/Mr. Hyde in their double header last weekend on Salt Spring.

In Saturday's game against Parkville the lads played about as well as a group of pylons (actually at least a pylon would stop a ball that came to it!) in losing 5-2.

The ability to stand around and watch the play gave Parkville a 3-1 lead at the half, although goalie Ziggy Karl had earlier tied the game on a penalty shot.

In the second half the hope was the Geezers would pick up the play, unfortunately pylons don't have feet, hence do not run, hence Parkville scored twice more.

Just as the game appeared to be heading for a merry killing by Parkville, the lads awoke, the pylons found their legs and the Geezers attacked with a frenzy that resembled piranhas at lunch.

The result was numerous good scoring chances, several spectacular saves by the Parkville keeper and finally a fine goal from Gary "Alley"

MacNutt in the dying minutes to save a little pride for the Geezers.

Sunday's game was a different story, as the Geezers obviously decided they wanted to get back in the win column, against the Centaurs from Victoria.

The task would not be easy as injuries had decimated the Geezer roster, with Tony Finlay out with a bruised ego, Cal "Knee-Brace" MacKay with a screw loose (I think he meant on his knee-brace), Damien "Will-O-Wisp" Brazier with embar-

rassment over his nick-name, Meier Krayenhoff who was M.I.A. and both Graham "Gazza" Tweddle and Jonathan "Old" Royd were playing with groin pulls.

The change in play was immediately noticeable as "Codger" Pearson and "Old Fox" Lister spear-headed the new found offensive pressure, feeding balls to Patrick Akerman, Gordie Speed and Rainer "Whiner" Funk for chance after chance.

Unfortunately, the rewards of this pressure was a broken play goal for the Centaurs,

but it would not stop the lads on this day.

Pat "Rookie" Akerman got the ball rolling as he finished off a fine play by Speed and this writer, to tie the game.

After goalie Ziggy Karl made a spectacular save on a penalty shot, "Ally" MacNutt scored the winner on a great pass from Funk and the victory was solid away.

Next week the lads are off to Parkville for the return match - the only question is who will show up - Dr. Jekyll or Mr. Hyde.

Bowling Banter ... with Ruth Hume

Queen of the Lanes is upon us again. We have chosen the last weekend in November for this event. All women bowling in a league are eligible. The sign up sheet is at Kings Lane and you can choose to bowl on the Saturday evening from 7 pm to 9 pm or the Sunday afternoon from 2 pm to 4 pm. Looking forward to a great turnout again.

Results:

Special Olympics: Mahjor Bains - 141

Tuesday Morning Mixed: Rita Brown - 239, Gordon Parsons - 214

Circus League: Ken Strike - 226

Wednesday Afternoon Ladies: Wendy Mossop - 203, Margaret Baker - 202

Tuesday Afternoon Mixed: Reg Winstone - 206, Gwen McClung - 211

Looney Tunes: John Sutherland - 228, Martin Hoogerdyk - 236, 200, Ben Cooper - 232, Ron Cunningham - 206

Friday Morning Mixed: Margaret Baker - 214, 277/655, Jerry

Latvala - 253/625, Henry Ott o - 204

Slugs Squished by Squid Row

By Paul Sinclair

Things were looking up this past Thursday night at the Fulford ferry terminal; ten skaters and the ferry was only twelve minutes late. But when we got to the Panorama arena and stepped on the ice ... it was down hill the rest of the night.

Squid Row came out of the gate firing on all eight cylinders while the Slugs couldn't even find the ignition switch. In fact, it looked as if Dad didn't even give them the keys.

In games such as this where the opposing team puts on a clinic and shows the Slugs

how it should be done, we often rely upon our goalie to weather the storm and perform miracles on ice until we get our shifts together.

But not tonight ... Topper's alternate, Brad Bunyan, was just as bad as the rest of us! In no time at all we were down by a touchdown and it didn't get any prettier. This may go down in the Slug Annals as one of the most wretched exhibitions on ice since Katarina Witt's professional on American TV a couple of years ago.

By the way, does anyone have a copy of the Christmas

Playboy issue yet? I digress ... it wasn't all bad, we did score one goal and the best part was that the power went off in the arena before the game was over. A beneficent Hockey God must have been looking down on Panorama, pronounced the game an abomination and promptly pulled the plug. The Slugs then slithered away under cover of darkness to reflect upon the sacred words of the Immortals of Hockey: backcheck, pass, and skate.

Perhaps these words will be brought to life the next time they hit the ice.

!!! Get your SPORTS REPORTS in The Barnacle !!!
Drop off or fax to 537-8829 by 10 p.m. the Sunday
preceeding the next issue - and we'll get it in!

**Count "less"
Cobwebs
Housecleaning**
 Book 3 hours & receive
 an extra 1/2 hour.
FREE WITH THIS AD
Have Vacuum ... Will Travel!
**Call Kim at
537-4147**

Jen's
HOME
IMPROVEMENTS
Quality & Reliability Guaranteed
Complete Home & Cottage Renovations
 Roofing • Additions • Windows • Flooring • Decks • Garages
 Reasonable Rates ~ Free Estimates

Now on Salt Spring - 653-9724

*Island
References
Available*

FIREWOOD
 Cut, split, delivered
CALL WALTER RUMSBY
653-4877
WAY TO GO
JEFF & DAMARIS!

SOCCER REPORT

Debbie Anglos • Mike Byron

November 7/8

BOYS

U12 United	Home to Lakehill	5-1 loss
U12 Rangers	Away to Bays United	3-2 win
U13 86ers	Away to Cordova/Prospect	3-3 tie
U13 Lightning	Home to Cowichan	7-1 win
U14 Blue Cheese	Home to Lakehill	4-2 loss
U15 Rebels	Home to Peninsula	3-1 win
U17 Islanders	Away to Gordon Head	7-0 win

GIRLS

U14 Scorpions	Away to Gorge	1-1 tie
U14 Strikers	Away to Bays United	4-2 loss
U16 The Sting	Away to Lakehill	1-0 win
U19 Slasher	bye	

*Sunday

P.L. - Portlock Park H.S. - High school

November 14/15

BOYS

U12 • 11:00	Away to Gorge FC
U12 • 11:00	Away to Gordon Head
U13 • 11:00 (P.L.)	Home to Bays United
U13 • 11:00	Away to Bays United
U14 • 12:30 (P.L.)	Home to Gorge
U15 • 2:15	Away to Cordova/Prospect
U17 • 10:00 (P.L.)*	Home to Peninsula

GIRLS

U14 • 2:15 (H.S.)	Home to Bays United JDF
U14 • 2:15 (P.L.)	Home to Prospect Lake
U16 • 2:15 (P.L.)*	Home to Prospect Lake
U19 • 12:30 (P.L.)*	Home to Cordova Bay

RMT RENOVATIONS



ADDITIONS

FINISHING



HOME REPAIR

ROD: 537-5275

Answer to today's puzzle

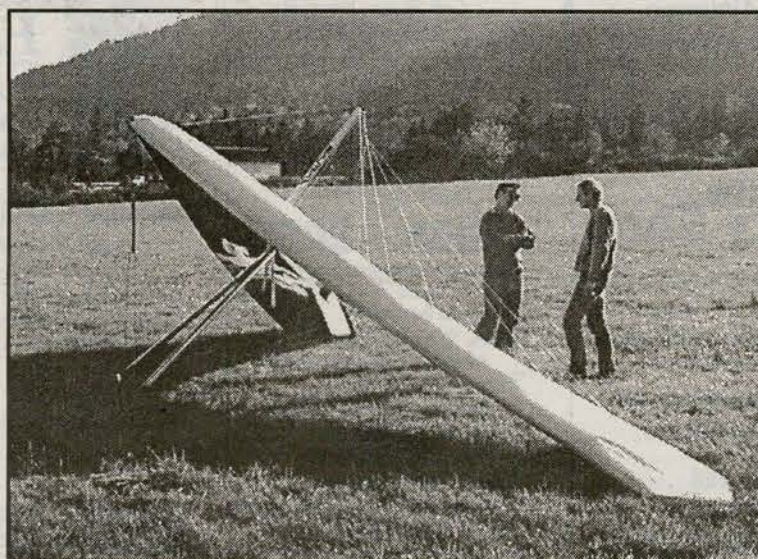
S	E	R	F	S	P	A	D	V	E	T
A	S	I	A	C	A	L	I	I	R	A
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P	R	I	S	M	O	R	E	S	P	A
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D	O	E		D	O	O	R	O	P	E
A	K	A		Y	O	R	E	N	E	R
Y	E	N		S	O	T	S	G	R	A

Salt Spring Slayers win division title

After getting together in the later part of June (1998) last year, Bruce Stewart organized the first Salt Spring Junior Football league named "The Salt Spring Slayers."

They have succeeded in winning the division title in their first year of playing together. They won the first of three series to beat Cowichan 42-27, than two weeks later again 42-22.

Both offense, defense and special teams worked wonders on the field. All coaches worked hard and long to make Salt Spring's first junior football team league the "Champions."



Hang-gliders taking advantage of the good flying conditions on Salt Spring this past Saturday.

Salt Spring TV Current Week's Schedule

Wednesday, November 11

6:00 pm - Talk Around the Rock Special Remembrance Day Program

8:00 pm - Satsang with Gangali

Thursday, November 12

12 noon - Talk Around the Rock Special Remembrance Day Program

Sunday, November 15

6:00 pm - Talk Around the Rock Special Remembrance Day Program

9:00 pm - Satsang with Gangali

Wednesday, November 18

1:00 pm - Cable in the Classroom looks at "Bereavement"

6:00 pm - Talk Around the Rock Special Remembrance Day Program

8:00 pm - Satsang with Gangali

The Community Store that gives you more!

FALL / WINTER HOURS

Monday - Friday

7:15am - 7:30pm

Saturday

8:30am - 9:30pm

Sunday

10:00am - 5:30pm

Patterson Market Ltd.

Our family serving your family since 1915

FULFORD HARBOUR • 653-4321



1730A Fulford-Ganges Rd.

Owner: Jason Fraser

Mon.-Fri. 8 am-4:30 pm

Products available	Rate per yard
PIT RUN	5.00

3/4 ROAD MULCH	7.00
----------------	------

11/2 DRAIN ROCK unwashed	12.00
--------------------------	-------

OVERSIZED ROCK unwashed	11.00
-------------------------	-------

Fill	3.00
------	------

- Other products also available
- 12 yard trucks can be arranged
- Minimum \$10 charge
- PST & GST extra

Prices in effect until
February 1, 1999

537-7797

the Barnacle CLASSIFIEDS

Phone 537-4595 Monday to Friday 8:30 am to 5:00 pm

DEADLINE: Friday at 4:00 pm

"HOLD THE PRESS" DEADLINE: Monday at 10:00 am

CLASSIFIED LINER RATES:

First two words BOLD & CAPITALIZED. Taxes extra.

"Regular Ads": First 20 words: \$6.25, each additional word 25¢.

"Hold the Press": First 20 words \$8.25, each additional word 30¢.

"Run Until It Sells": First 20 words \$12.50, each additional word 40¢. No copy changes. Advertiser may call to cancel. Private party "For Sale" ads only - no commercial or home business ads. Maximum run: 10 weeks.

CLASSIFIED DISPLAY RATES

\$9.25 per column inch, based on 6 columns per page, 9picas 6pts width (1-1/2"). Includes your logo. \$1.00 extra for regular line border. \$3.00 extra for designer border. DISCOUNTS for display classified: 10% off for 4 week run; 15% off for 10 week run; 20% off for 16 week run.

CLASSIFICATIONS

ANNOUNCEMENTS 100-199

- 100 Births
- 105 Obituaries
- 110 In Memorium
- 120 Messages of Thanks
- 130 Church Events
- 140 Upcoming Events
- 150 Engagements/Weddings
- 160 Birthdays
- 170 Anniversaries
- 180 Legal Notices
- 190 Business Notices

PERSONALS 200-299

- 200 Personals
- 210 Business Personals
- 220 Lost & Found
- 230 Travel

MERCHANDISE 300-399

- 300 Arts & Crafts
- 305 Antiques
- 310 Appliances
- 315 Give-a-ways
- 320 Garage Sales
- 325 Musical Instruments
- 330 Pets
- 335 Food Products
- 340 Sporting Goods
- 345 Wanted
- 390 Miscellaneous

EMPLOYMENT 400-499

- 400 Help Wanted
- 410 Employment Wanted
- 420 Business Opportunities
- 430 Skilled Trades

SERVICES 500-599

- 500 Accounting
- 505 Business Opportunities
- 510 Contractors
- 512 Painters
- 515 Child Care
- 520 Janitorial
- 525 Computers
- 530 Electronic
- 535 Finance/Mortgage
- 540 Garbage
- 545 Gardening/Landscaping
- 550 Machine/Welding
- 555 Plumbing
- 560 Pools/Spas
- 565 All-round Handy
- 570 Musical Lessons
- 580 Rentals
- 585 Travel
- 595 Miscellaneous Services

REAL ESTATE 600-699

- 600 Houses for Sale
- 610 Farm Land
- 620 Acreages/Lots
- 630 Commercial Properties
- 640 Open Houses
- 690 Real Estate Wanted

RENTALS 700-799

- 700 Houses for Rent
- 710 Apartments for Rent
- 720 Room & Board
- 730 Shared Accommodation
- 740 Holiday Accommodation
- 750 Storage
- 760 Business Rentals
- 790 Rentals Wanted

TRANSPORTATION 800-899

- 800 Cars/Trucks
- 810 Motorhomes/RVs
- 820 Boats/Marine
- 830 Aircraft
- 840 Motorbikes/Scooters
- 890 Vehicles Wanted

Errors or Omissions: Advertising is merely an offer to sell and may be withdrawn at any time. Advertising is accepted on the condition that in the event of typographical error, that portion of the advertising space occupied by the erroneous item, together with reasonable allowance for signature, will not be charged for but the balance of the advertisement will be paid for at the applicable rate. No liability for ad omission. We reserve the right to reject any advertisement.

100 • BIRTHS

NORMA & SHEILA TWA are thrilled to announce the arrival of their first grandchild, Maria Anne, 8 lbs., 12 ozs. born in Victoria at VGH, October 21, 1998. Parents: Amy & Carl doing great! 0298

120 • MESSAGES OF THANKS

THANK YOU Thank You. Thank You. God and Larry Bader and Dept. of Highways. For our new smooth Stewart Road. 0298

Thank You

to the following for their donations and assistance in preparing for the Halloween fireworks displays in Ganges and Fulford:

- Windsor Plywood
- McColl's Shell
- Fulford Hall Committee
- Ted Akerman
- Keith O'Donnell

S.S. Fire Dept.

The Salty Shop

would like to thank all our valued customers for making our Customer Appreciation another successful event.

The winners of our prize draw are:

Betty Pinchin
Jo Lundstrom
Heather Martin-McNab
Kim Tuttle
Michaela
Mona Jones
Lynn Raymond
Helen Welliver
Jean Southgate
Kathleen Pippin
Jean Addison
Barb McCaffry
M.J. Montgomery
Doug Robinson
Cadran Soliton

0298

140 • UPCOMING EVENTS

EASTERN STAR Christmas Bazaar, Saturday, Nov. 14, 9 am-2 pm. Masonic Hall, 506 Lower Ganges Road. Handicrafts, home baking, raffle! 0298

TAI CHI "Push Hands" Sunday, November 15, 11 am-2 pm. All Tai Chi players welcome. No charge. Contact Osman Phillips. 537-5667. 0298

SEA CAPERS meeting, Wednesday, November 18, 1998. Ganges Centre above Post Office. 7:00 pm. Sea Capers needs volunteers to help organize 1999 Sea Capers event. For more information call Patrick Beattie at 653-9069. 0398

CRAFTERS & ARTISANS Vendors wanted for craft sale, at Meaden Hall, Saturday, November 28. Call Pat O'Neill at 537-5822. 0498

140 • UPCOMING EVENTS

EARLY BIRD Christmas shopping! Free admission. Free draws. Children's Play Area. Refreshments and Auction Preview. Saturday, November 14th, 10 am - 3 pm, Meaden Hall (Legion downstairs). 0298



WOMEN'S YOGA WEEKEND Nov. 13-15

Discover relaxation & peace of mind through yoga asanas, breathing, & meditation with the gentle guidance & wisdom of CELESTE MALLETT. Special Islanders rate of \$215 includes tuition and delicious vegetarian meals. Health treatments, including Ayurvedic Swedan, are also available a la carte.

Call Sharon to register
250-537-2326

0298



Come and unite your body, mind & spirit in one or more of these yoga classes at the Centre:

Tues. 9:00-10:30 am
All levels Yoga with Celeste
Tues. 9:00-10:30 am
Yim Yan Yoga with Lokesh
Wed. 9:00-10:30 am
Geezer Yoga with Sid
Wed. 9:30-11:00 am
Forgiveness Asanas with Rajani
Thurs. 4:00-5:30 pm
All levels Yoga with Celeste
Call us at 537-2326 for more info

0298

Dec. 4, 5, 6
9th Annual
Fulford Community Hall
CHRISTMAS CRAFT FAIR
Great gifts, 60 vendors, fabulous food, decadent desserts, magic mirrors.
Fri. 6-9; Sat. 10-5; Sun. 11-4
Bring a donation for the Food Bank
Proceeds to hall:
Admission 25¢

SALT SPRING AIR TAX PROMOTIONAL TOUR 1999

We're attending Three International Sportsmen's Expositions: Portland, Oregon; Sacramento, Calif.; & San Mateo, Calif. (next to Sicolone Valley!) L.F.N.B. Showcase your business, property, B&B, Resort - whatever's on our display board & in new Show Guide. Don't miss it!

Contact Ed Davis at
(250) 537-2626

0298

140 • UPCOMING EVENTS

John Reischman & John Miller

Sun., Nov. 15
7:00 pm

All Saints-by-the-Sea

Tickets: \$10.00
at
Acoustic Piano,
Pattersons and
at the door.

0298

GRACE POINT SQUARE
Eve's Attic
"Salt Spring's Unique Fashion Boutique"



FALL SALE

Entire stock
of clothing

Reduced 10%-50%
until November 30

We also have a fine selection of
jewellery, accessories, collectibles &
books for Christmas gift giving.

Mon.-Sat. 10-4
537-5955

0298

190 • BUSINESS NOTICES

SALT SPRING ISLAND, B.C.

Real Estate, B&B's, Resorts, etc. How to get there, & what to do. Tourist Real Estate & Travel Guide - See Ed Davis at the Salt Spring booth at the International Sportsmen's Exposition, San Mateo Expo Center, February 3-7, 1999.

That's what they are going to be reading in San Francisco papers in January. Ed's travelling road show is about to head southeast for a tour through the money belt looking for New Business. Portland and Cal Expo in Sacramento are also on the agenda. To have your business or property represented, please contact Ed Davis at 537-2626. New Listings who would like to be represented for these shows should contact Jean Davis, Re/Max at the same number.

0298

Classified deadline for the
November 17th
issue of THE BARNACLE is
4 P.M. FRIDAY,
NOVEMBER 13
Phone 537-4595;
Fax 537-8829
e-mail:
barnacle@saltspring.com

230 • TRAVEL

Travel Shop
Worldwide travel knowledge
from experienced consultants.
CALL US FIRST AT
THE TRAVEL SHOP
537-9911
M-F 9-4:30; SAT 9-2

2,498

320 • GARAGE SALES

GARAGE SALE Nov. 14, 10 am - 1 pm. Rain or shine. Great variety - low prices. 136 Mobrae. Earlybirds rake leaves. 0298

325 • MUSICAL INSTRUMENTS

RECONDITIONED PIANOS. 30% off. Bench, tuning, warranty (why take chances?) Small beautiful walnut piano & "Thomas" piano, good sound. Both regular \$2200. Cash sale: \$1550, or \$250 down & \$69/month with VISA. Ken Ackerman Piano Service. 537-4533. 0598



Bought & Sold Appraisals Free Estimates
• Sales & Rentals
• Tuning
• Repairs
• Refinishing
Ken Ackerman
537-4533

335 • FOOD PRODUCTS

ORGANIC WALNUTS. From Bold Bluff. \$2.50/lb. Call Tamar 653-4377. 01999

BIRD'S FARM Taking orders now for free range, organic fed Christmas turkeys. \$2.75 lb. Please call 537-1535. 0398

SAUSAGE ROLLS, chicken pies, meat pies, spinach feta puffs and more. Take them home or let us heat them for a fast meal. All made from scratch and baked daily at Embe Bakery 0298

345 • WANTED

HAVE ANY extra dry firewood? We need a cord or two. Will pay going rate. Can pick up. 537-4260. 0298

390 • MISCELLANEOUS

EXPERIENCED OLDER model gas golf cart, excellent condition. 653-9108. 0498

A LARGE pizza for a dollar! For twenty years Embe Bakery has made pizza dough - both wholewheat and white. Try keeping some in your freezer for a fast dinner. 0298

EXERCISE BALL the fun and easy way to increase flexibility, improve coordination and develop strength. See the Exercise Ball along with the huge selection of home health care products at Salt Spring Medical Supplies, Upper Ganges Centre. 537-1990. 0298

SCUBA-DIVING equipment. Includes two dry-suits at \$200 each, tank and regulator, fins, snorkels and miscellaneous equipment. Good deals. 537-9125. 1099

390 • MISCELLANEOUS

REGENCY AIRTIGHT woodstove & pipes, CSA approved. \$450 (like new condition). Moffat 30" self-cleaning range \$50. 537-2322. 0298

WHEAT FREE! Gluten-free! Brown rice bread. Available fresh on Tuesdays and Fridays, at Embe Bakery. This bread is so tasty, we have been asked to ship it across country! 0298

ADVENT CALENDARS Mail one to your grandchild. Beautiful selection, even a Playmobile calendar that creates a Christmas scene. West of the Moon. Open Sundays. 537-1966. 0298

SEND YOUR BEST!

Create your own Christmas cards with your favourite photo and one of our special greetings.

85¢ Each
includes envelope.
(Minimum order 10)

APPLE PHOTO

105 Hereford Avenue
537-9917
Mon.-Sat 9:30-5:30

01999

SHEEPSKIN SLIPPERS

100% Island Products

- Cosy and warm
- Natural lanolin to soothe your feet
- Excellent Christmas gift
- Easy to mail
- Custom orders

Great selection now at:

Waterfront Gallery
537-4525

0298

410 • EMPLOYMENT WANTED

WILL DO Christmas baking, cookies & cakes. Will do shopping for seniors. Two women available for house cleaning. Also windows by the hour. 537-1069. 0498

510 • CONTRACTORS

BESLEY ROSE
CONSTRUCTION LTD.
CUSTOM HOMES
RON BESLEY
537-8885

besley 01999

