

inside:

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Wednesday,
Oct. 26, 2022

62nd year
Issue 43
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PHOTO BY ALAN BIBBY

TRAINING TEAMWORK: Personnel from Parks Canada, Salt Spring Search and Rescue (SAR) and two units of Royal Canadian Marine SAR prepare a subject with a "broken leg and hypothermia" during a simulated search training session on Prevost Island on Saturday. Exercise activities also saw a second person tracked and rescued by ground SAR volunteers further inland on Prevost Island.

See pages 6 & 7



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Halloween weekend!

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PUBLIC HEALTH

Toxic drug deaths spark discussion

Unsafe supply and mental health part of community conversation

BY GAIL SJUBERG

DRIFTWOOD STAFF

A frontline harm-reduction worker on Salt Spring says the death of three people on the island due to drug toxicity within 10 days is indicative of the increasingly dangerous street drug supply.

Friends and family members on Facebook identified two young women as having died due to drug toxicity. A third individual, an older man, also reportedly died from the same cause. Their deaths have sparked a community discussion about how to prevent further tragedies.

Willie MacPherson, who provides support to marginalized individuals with addictions through Salt Spring Island Community Services, says public concern is valid.

"One of the things I want people to know is that when it comes to drugs that come in powders, crystals, rocks and pills, unless those pills are from pharmaceutical companies, they're all high risk now," said MacPherson.

"You really don't know what you're getting."

Drug analogues are being created at a record rate, he said, each with a slightly different molecular makeup. As well, fentanyl is being cut with homemade benzodiazepines, which can contribute to its toxicity.

"Unless you know the provenance of a pill, it really could be fake, and it's just so dangerous," said MacPherson.

He also said Salt Spring is seeing more off-island drug dealers, with some using "aggressive" practices, and said fentanyl is the biggest concern.

The B.C. Coroners Service stated in a Sept. 28 report that fentanyl or its analogues was detected in 81 per cent of all illicit drug toxicity deaths [in B.C.] in 2022 to date.

So far this year — from January to October — BC Emergency Health Services (BCEHS) responded to 14 overdose patient calls (not deaths) on Salt Spring Island. Last year, the

total call number was 22, down from a 2020 high of 26. As of Aug. 31, according to the BC Coroners Service, no one had died in the Southern Gulf Islands (SGI) from drug toxicity in 2022. The death rate per 100,000 people in SGI was 12.3 per 100,000 in 2021 and 12.2 2020 — compared to 44.1 in Cowichan Valley South last year, as an example — so not high, which is why the recent deaths indicate a troubling shift.

But what can addicts, families and concerned community members do to prevent more needless loss of life?

MacPherson advocates use of fentanyl test strips and other harm reduction supplies, but the test strip results are not always accurate and can give users a false sense of security. Not using risky drugs alone is also important. BCEHS promotes use of the Lifeguard app (see sidebar to this story on page 2).

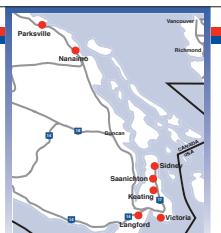
DRUGS continued on 2

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CRIME

Produce theft rattles senior

Victim asks people to report similar incidents to police

BY ROBB MAGLEY
DRIFTWOOD STAFF

A Salt Spring woman is without the bulk of her winter provisions this week after her garden's harvest was stolen overnight.

The woman, 82, tends her organic garden off Garner Road using a walker; she asked her name not be used, as she lives alone. The plot was on the only flat spot on the property suitable for her to tend — and was visible from the road. The theft is believed to have taken place at night between Oct. 15 and 16.

"People driving by would've seen, this was the best garden I'd ever had," she said. "It looked bright and beautiful with all these yellow and orange squashes, I had everything hanging because there was no room for them to lay on the ground."

The morning the theft was discovered, the woman had loaded canning jars into her walker and made her way down the driveway to harvest; she found wires snipped around the fence that had protected the crop from animals, and all but two unripe squashes had been taken.

"I've been here since the '70s," she said, "and this has never happened before. I've been up all night, I couldn't sleep. I was so careful with the garden, I watered enough and everything. It's like a

year's work, everything gone."

Police did come to investigate, according to the woman, and asked if she knew anyone who might've wanted to steal her harvest.

"I told them, I don't know the people along here anymore," she said. "At 82, the people I knew at one time, they've all gone to rest homes or died."

She asked anyone who has been victim of a similar theft — or who might have any relevant information — to contact the police. It probably won't bring back her winter stores, she said, but it may help other people.

"I'm a pensioner; this is my food," she said. "People don't realize when you're living month to month just how hard it really is. I'm single here, I'm an old lady, and they stole it all."

FERRIES

Quinitsa returns on temporary basis

Reduced capacity on Route 6 until mid-December

BY DRIFTWOOD STAFF

The "small boat" has returned to service on the Vesuvius-Crofton route on a temporary basis.

The 63-vehicle-capacity Quinsam, which covered the route since April 13, will be undergoing scheduled maintenance, according to BC Ferries. The Quinitsa, which can carry up to 44 vehicles, will be the replacement vessel until the Quinsam returns on or near Dec. 12.

"We apologize for any inconvenience caused by the alternate vessel's reduced capacity," said BC Ferries in its statement, "and look forward to the Quinsam returning to service after its required maintenance period."

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TIDE TABLES at Fulford Harbour

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DAY	TIME	METRES	FEET	DAY	TIME	METRES	FEET
26	0619	3.1	10.2	30	0140	0.3	1.0
	1059	2.4	7.9		1032	3.5	11.5
WE	1616	3.2	10.5	SU	1603	3.0	9.8
ME	2324	0.5	1.6	DI	1744	3.0	9.8
27	0718	3.2	10.5	31	0236	0.4	1.3
	1146	2.7	8.9		1132	3.5	11.5
TH	1636	3.2	10.5	MO			
JE				LU			
28	0004	0.3	1.0	1	0339	0.6	2.0
	0821	3.3	10.8		1224	3.5	11.5
FR	1242	2.9	9.5	TU			
VE	1659	3.2	10.5	MA			
29	0049	0.3	1.0	2	0447	0.9	3.0
	0927	3.4	11.2		1307	3.4	11.2
SA	1358	3.0	9.8	WE	1954	2.3	7.5
SA	1724	3.1	10.2	ME	2256	2.4	7.9

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Eliminating stigma an important step

DRUGS

continued from 1

CRD director Gary Holman said a meeting took place on Saturday, with discussion focused on the need for more widely available safe supplies, testing kits and equipment, mental wellness resources and education, particularly in schools.

He said it was "a spontaneous, heartfelt response by community groups, parents and those with lived experience to the tragic deaths of two young people from poisoned drugs."

"In my view, the root of the problem is lack of safe supplies," Holman said, "but I'll continue to support community groups with grant-in-aid funding, and work with Island Health, Ministry of Mental Health and Addictions, and other agencies that hopefully can help address some of the service gaps on Salt Spring."

MacPherson notes that the issue of drug addiction is very complex and nuanced, which makes it difficult to have productive discussions about it. But reducing the stigma around drug use is critically important, he said, as it is for mental health challenges.

Having been in his role for the past 15 months, MacPherson said he has been surprised by how much more likely people are to ask for help with their alcoholism compared to their use of street drugs.

Alcohol consumption can be extremely harmful, he notes, but "you can live in the light. You can go for a drink publicly and there's much less shame ... for people who are already marginalized, having to use their drug of choice in the shadows is just so dangerous."

The cultural stigmatization about the use of illicit drugs is strong, and the resulting shame is a huge barrier to people seeking help with their addiction.

That may change slightly when decriminalization for possession of up to 2.5 grams of opioids, cocaine, methamphetamine and MDMA begins in B.C. on Jan. 31, 2023, for a three-year trial period.

Ultimately, said MacPherson, drugs should and will become legalized like tobacco, alcohol and now cannabis, so the source and safety of the supply can be assured.

"I think by dealing with addiction as a medical issue, we have way more

opportunities to mitigate harm once people don't have to hide it. They're way more likely to ask for help."

Earlier this year, a BC Coroners Service Death Review Panel report recommended increasing access to a regulated, safe supply of drugs to help reduce the number of deaths.

"I know efforts are underway to initiate safe supply, but it is still extremely limited across the province," BC Chief Coroner Lisa Lapointe said in an interview with the BC Nurses' Union, following the report being issued. "A few hundred people can access safe supply and there are estimates that there are 200,000 substance-dependent, opioid-dependent people in our province. So the access to safe supply is really, really minimal."

"I think by dealing with addiction as a medical issue, we have way more opportunities to mitigate harm once people don't have to hide it. They're way more likely to ask for help."

WILLIE MACPHERSON
Salt Spring peer-support and harm-reduction worker

MacPherson said some addicts and people with mental health issues believe their afflictions will last a lifetime, but that wasn't MacPherson's personal experience, which he has shared publicly in different venues. His story of recovery and growth is uplifting and can be an important bridge to recovery and hope for others.

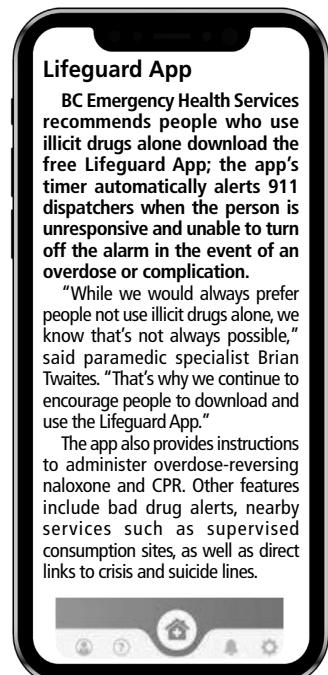
"[Positive stories] make us comfortable talking about mental health and give us hope," he said. "But then I think we really need to hold space for the stories that are tragic, because most of them are these days, you know, because of it being so dangerous and because

marginalized individuals face more barriers to making changes in their lives."

Including lived-experience voices as equal partners is one important facet of the Mental Wellness Initiative MacPherson and others are involved in. It's a project of the Salt Spring Health Advancement Network that aims to diversify and improve local mental health services. A big part of the vision, based on community engagement through Mental Wellness Summits, is to train peer support workers who can give support to those struggling with mental health, and often addiction as they seek relief from the resulting pain.

"We're really trying to get funding for a robust, locally based peer-support program, because that helps address the issue in multiple ways simultaneously, and could be an important support for our frontline workers who are currently spread very thin."

Anyone interested in learning more about the Mental Wellness Initiative can contact MacPherson at willieon-saltspring@gmail.com.



COMMUNITY PROFILE

Vital Signs report set for release

Salt Spring Island Foundation holds Saturday open house

SUBMITTED BY SSI FOUNDATION

What does our community look like after several tumultuous years? Over the last six months, the Salt Spring Island Foundation has gathered published statistical data and opinion and compiled Salt Spring Island's Vital Signs 2022, a compelling report that looks closely at our island and reveals distinct perspectives and polarizing views.

The 32-page Vital Signs report is a community research tool that explores 12 areas of special interest, including work, income and economy, arts and culture, food and agriculture, health and wellness, safety and security, environment and water, seniors, learning, and more. The report exposes concerns over local community division on matters of the Covid-19 pandemic and vaccination. Statistical data and opinions on the housing crisis and its social and environmental impact are also explored. The research results point to a major challenge for our community to address in the coming

years, and the information can prepare local government, organizations and charities for focus and action.

Vital Signs is Canada's most extensive community research data program. Salt Spring Island's Vital Signs 2022 is a valuable tool to mobilize the power of community knowledge for local impact.

"We are confident that all organizations working for the island's betterment will find the report a useful resource."

WALTER STEWART
Board chair, SSI Foundation

Much of the report data was provided by Statistics Canada's 2021 Census report, and some of the data was provided by the International Institute for Sustainable Development (IISD) partnered with the Community Foundations of Canada. Other data was provided by local organizations, governments, and existing publications.

"Salt Spring Vital Signs 2022 will have major influence on the Salt Spring Island Foundation's strategic planning," said Walter Stewart, the Salt Spring Island Foundation's board chair in a press release.

"A current understanding of the island's strengths and opportunities will be invaluable in setting funding priorities as the Foundation continues to steward financial support to organizations working to improve life on Salt Spring. We encourage island organizations to study Vital Signs 2022 closely. We are confident that all organizations working for the island's betterment will find the report a useful resource. The Salt Spring Island Foundation looks forward to conversations with both donors and potential recipients of funding about how, together, we can address the issues raised by Vital Signs 2022."

The report will be launched at the Salt Spring Island Public Library program room in a drop-in event on Saturday, Oct. 29 from 1 to 3 p.m. and will be available in print and online at ssifoundation.ca/vitalsigns/.

For more information on Salt Spring's Vital Signs report and process, contact Shannon Cowan at 250-537-8305 or shannon@ssifoundation.ca.

PARKS

Human waste dumping causes park problems

Bylaw enforcement slow during officer shortage

BY ROBB MAGLEY
DRIFTWOOD STAFF

Human waste is being dumped into Salt Spring's downtown parks, in increasing quantities and with greater recklessness — and it's become more than park staff are equipped to safely handle.

Parks and Recreation manager Dan Ovington told members of Salt Spring Island's Parks and Recreation Commission (PARC) at last Tuesday's business meeting that while there had been some increased enforcement of a "no overnight camping" bylaw downtown — thanks to signs installed alongside several roadways in Ganges, allowing RCMP to take action there — the issues with human waste were "ongoing."

"As you know, there are a number of vehicles, campers and buses parked downtown," said Ovington, "and we're getting feces and other toilet matter just dumped into the parks."

For some time, according to PARC staff, plastic bags containing human waste had been dropped into the portable toilets, including at Mouat and Centennial parks, causing problems with pump equipment used to service them.

"The company that empties the portapotty there actually threatened to not empty that one anymore, because when they were sucking out the waste, plastic bags were coming up," said Ovington. "It's people defecating in their vehicle, their camper, or whatever it is, and then putting it in there, which plugs up the system."

But now, he said, bags of human waste are just being dumped into the park as well, and staff aren't equipped to remove what is essentially "hazardous biowastes." And

often, it turns out, they discover more than plastic bags.

"By ArtSpring, there on the corner, there was a camper there for quite some time," said Ovington. "When they drove away, there was a baby pool; they had to have a septic company pump it out."

Commission member Colin Walde said there had been similarly filled plastic totes discovered as well, and several on the board spoke up to ask about bylaw enforcement. Ovington said while the RCMP has jurisdiction over drivers on roadways, bylaw officers can only enforce CRD bylaws on CRD property, with few exceptions beyond noise ordinances — which limits their action. Further, shortage of officers means they are still only coming onto the island by ferry every Saturday.

"But at least now we're getting people to come over," he said. "They had such a shortage in August that I couldn't even get someone over."

The RCMP is able to ticket anyone parking where signs disallow it, but when it comes to towing offending vehicles, there are problems with cost. Walde pointed out the towing companies are less than enthusiastic about towing vehicles, because owners — who may or may not have insurance — often choose to abandon them, rather than pay the towing fees.

"The tow company has to pay to get rid of them," said Walde.

CRD director Gary Holman pointed out there were some avenues for renumeration through the Ministry of Transportation and Infrastructure, but agreed it was often difficult and time-consuming to access. Meanwhile, Ovington said there would have to be new arrangements made to specifically handle feces in Salt Spring's parks.

"We'll have to have another company come in next time," said Ovington. "I don't know who that is yet."

expert ADVICE

Real Estate

IS IT BETTER TO LIST NOW OR WAIT UNTIL SPRING ARRIVES?



JAN MACPHERSON

Often sellers will say to me "I want to wait till my spring garden blooms". Many, many homes have lovely spring gardens; the better plan is to get the jump on the season and avoid undue competition as the listings supply expands later in the year. **By listing now, your residence will:**

- stand out when it comes on the market on a day when there are few other new listings - buyers are waiting;
- possibly be the only listing that a buyer receives instant email notification about, when listed this time of year;
- have a better position in the market-price-pointwise, BEFORE all the new competition is available;
- many "last year" temporarily off the market (while owners vacation) listings, burst back onto the market in April & May... your listing can stand out more effectively - SOONER.

I sell more homes in winter through March that may not have sold at the same price later in the year, due to more supply, hence competition, or better buys coming on the market as the spring progresses.

This old adage is really true for real estate:

"Why Wait till Spring? - Do it NOW!"

Jan Macpherson, M.E.S., R.I.(B.C) - GOLD AWARD 2021 (VREB)
STRATEGIC MARKETING SPECIALIST



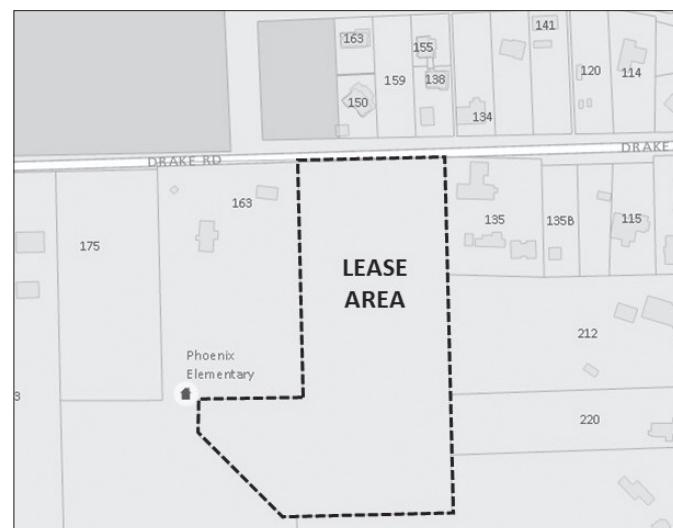
Capital Regional District

CRD

Notice of Disposition & Intention to Provide Assistance

Grant of Interest in Land: 161 Drake Road, Salt Spring Island - Registered Lease

Public notice is hereby given, pursuant to Section 286 of the *Local Government Act*, RSBC 2015 c-1, that the Capital Regional District ("CRD") intends to grant a leasehold interest to the BC Housing Management Commission as represented by the Provincial Rental Housing Corporation (the "Lessee"), for the property located at **161 Drake Road, Salt Spring Island** and legally described as **PID 028-848-870 Lot A, Section 20, North Salt Spring Island, Range 3 East, Cowichan District, Plan EPP20136** (the "Lands"), shown below in with a dashed line, collectively marked "Lease Area", to allow for the construction and operation of a housing development. The lease commences November 1, 2022 for a term of 60 years. The consideration payable to the CRD by the Lessee for the grant will be \$10.00 for the term.



In accordance with Section 272 of the *Local Government Act*, RSBC 2015 c 1, the CRD gives notice that the grant of the Registered Lease to the Lessee for nominal consideration is a form of assistance that the CRD intends to provide BC Housing Management Commission as represented by the Provincial Rental Housing Corporation.

For more information, please contact the CRD. Tel: 250.360.3000
www.letstalkhousingbc.ca/salt-spring-island-supportive-housing

OPINION

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EDITORIAL

No time to let up

Seeing the MV Quintisa pull into Vesuvius Bay for the next six weeks might bring back some unpleasant memories for Salt Spring ferry riders — perhaps reminding them of the days of the first huge overloads in 2019.

Three years ago now, when BC Ferries brought the 44-vehicle-capacity "small boat" in to replace the 55-year-old Howe Sound Queen, somehow thinking and trying to convince the community that the Quintisa would be a long-term replacement for Route 6 between Vesuvius and Crofton.

THE ISSUE: BC Ferries' Salt Spring plans

WE SAY: Keep pressure on to remain a priority

mer travellers, but the lineups created dangerous situations on narrow roads. And as things worsened, it became clear we were in danger of seeing this become the year-round "normal" for our island

Salt Springers, fortunately, spoke up. In the process of finding solutions to our ferry woes, our community would find its voice — through advocacy groups like the Fix for Route 6, our tireless Salt Spring Island Ferry Advisory Committee, and residents giving their input through feedback forms and emails. We now see a result: a path forward with the "Performance Term Six" submission, BC Ferries' "wish list" to ease pressure on our roadways and residents.

As BC Ferries sends its planning priorities for the coming years to the BC Ferries Commission — asking for two new Island Class ferries year-round for Route 6, and to bolster the Skeena Queen with the Quinsam during peak summer months on Route 4 — we feel this submission is a solid first step toward addressing our growing needs. But it is by any measure only the beginning; our community must keep up the pressure for these changes to remain a priority.

Salt Spring's reputation is not one of keeping our opinions to ourselves. In this case particularly, we feel that's a prescription for success.



Ferry proposals endorsed

BY HAROLD SWIERENGA

The following are comments from the Salt Spring Island Ferry Advisory Committee on the "BC Ferries Submission for Performance Term 6" document

The Salt Spring Island Ferry Advisory Committee (SSIFAC) is in broad agreement with the thrust and the details of the BC Ferries Submission to the Commissioners for PT6. We endorse in general the BCF "commitment to service" in the form of such proposals as: the enhanced movement of passengers and freight throughout the routes; the reduction of the impact of the marine traffic on the marine environment and marine wildlife; and the ongoing push for fuel efficiencies. We also recognize that these efforts will be ongoing well beyond the scope of PT6.

The submission recognizes that the two routes connecting Salt Spring to Vancouver Island are among the heaviest traffic routes in the BC Ferries system, with Route 4 (Fulford Harbour to Swartz Bay) particularly challenged regarding vehicular capacity. The planned short-term stop-gap proposal to increase the peak-season daily round trips between Fulford and SWB should help significantly, although it could possibly disrupt the current thrufare connection somewhat. However, as there is hourly service on Route 1 during the same peak season, the disruption should be minimal and we therefore endorse the proposal as a temporary measure to resolve the severe overload and road congestion problems

VIEWPOINT

on this route.

Moving the MV Quinsam to Route 4 for additional peak season service within a few years will be another positive step, but as traffic builds over the years the "peak" season for the Quinsam on Route 4 will eventually become all year-round and BC Ferries will hopefully implement a much-needed two-ship service on this route. The "pinchpoint" accident-in-waiting site on the Fulford-Ganges Road would then be resolved.

With reference to Route 6 (Vesuvius to Crofton), the submission proposes to deploy the twin Island Class ferries to Route 6 by fiscal 2027 in better co

ordination with the timing of the upgrades of the Vesuvius and Crofton terminals, which will be completed for the 2028 peak season. The SSIFAC has been advocating for several years that both changes to Route 6 should be scheduled as closely in time as possible to maximize the operational benefits of capacity upgrades for both ships and terminals.

The SSIFAC recognizes that economic, financial, demographic and/or other factors may somewhat disrupt the timing of the schedules of the above improvements to ferry service to Salt Spring Island, but we totally endorse and support these proposals as they stand.

The above was submitted by SSIFAC chair Harold Swierenga and written with input from committee members.

THIS WEEK'S POLL QUESTION:

Are you impacted by a toxic drug supply on Salt Spring?

Yes No

LAST WEEK'S QUESTION:

Do you think you would make a good Islands Trust trustee or CRD director?

31 83

YES NO

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Bronze - Best News Story (Elizabeth Nolan) | Bronze - Community Service



2022 BCYNA Awards

Gold - Best All Round (for circulation Category C)

Bronze - Community Service Award

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before Monday 2 p.m. or clip this box and drop it at our office before Monday at 2 p.m.

ISLAND VOICES

LETTERS to the editor

Personal interactions important to foster

In response to last week's article, "Study finds teens at low risk of problematic phone use," I was left feeling curious and wanting to understand more.

In our work at The Circle Education, we are constantly tackling the challenges that screens and phone use are having on teens' health and well-being, even without the addiction debate. The usual worries — poor sleep hygiene, lack of physical activity, ability to focus in school, body image issues, peer pressure, need for approval etc. — all are exacerbated by an unceasing opponent who can get halfway around the world before we as parents can even get our running shoes on (to take very big liberties with a Mark Twain quote!).

The most noticeable change is the ways in which our children are learning (or not learning) how to interact with others. In this regard, screens and devices are causing disruption and struggles in life. Why? Because healthy relationships happen face to face. They occur when we take time to get outside of ourselves, to truly listen to others and to experience undistracted and responsive two-way conversations. They occur when we deliberate our words, standing behind them with a sense of accountability. They occur in

the real life unfolding beyond the five inches from our eyes. Our children are losing these skills and that should be very concerning.

Pandemic or not, addiction or not, habits are habits, and they are hard to break. Beyond bad habits, youth are telling us that it is not always their choice; society is perpetuating their reliance on their devices.

During this important time of "neural pruning," or "use it or lose it," this is our important window to not just be aware but to actively help our kids foster the skills to engage in healthy relationships with themselves and with others. We should all feel some "facilitative anxiety" that propels us to be steadfast with limits, firm boundaries and strong agreements with our children when it comes to screen time and devices. Let's keep a (respectful) conversation about this going as a community.

JANINE FERNANDES-HAYDEN,
EXECUTIVE DIRECTOR,
THE CIRCLE EDUCATION SOCIETY

Eyes on the CRD

Nearly everyone in our village is aware that the vintage asbestos piping that supplies Fulford's drinking water, cleans our clothes, refreshes our gardens and occasionally bursts forth as a torrent on Morningside, Hilltop, Orchard or Fulford-

Ganges roads is in desperate need of repair.

That is the big reason we "invested" in a partnership with the Capital Regional District (CRD) in 2004. We knew the four-and-a-half kilometres of distribution infrastructure was near its end of life. Alas, the CRD's promise to make it right was hollow. As it turned out, the CRD linked about two kilometres of new PVC mains to the legacy piping network. And in keeping with the tragic-comic nature of village life the CRD forgot (FORGOT!) to complete 16 of Fulford's 95 connections.

Water-under-the-bridge? Let's hope so. Last week the CRD posted a request for proposals to replace asbestos pipelines, develop a Fulford water analysis strategy, works program and detailed design. The planning/design work will cost about \$300,000. In another life/another place the promise of new infrastructure would be cause for celebration.

But circumspection is the rule-of-thumb when it comes to CRD engineering. Their commitment is to deliver this project on-time and on-budget. Should the CRD respect its commitment — and it's fair to point out that no such precedent exists — we'll be mightily impressed.

JOHN ROWLANDSON,
FULFORD

Red Cross volunteers

Help us keep the Red Cross health equipment loan program going strong. A couple of our wonderful volunteers have moved on, and we are urgently seeking new faces to take a few two-hour shifts every month.

Construction at Lady Minto has not deferred us, nor has the pandemic. We were declared an essential service and we've been open every week since the pandemic began. Our small depot is located on the ground level of the hospital at the rear of the building, where the parking lot is now located.

The valuable service provided by the depot is much appreciated by hundreds of islanders every year. Last year more than 240 clients borrowed 611 items including wheelchairs, commodes, walkers, crutches, canes, bath stools, bed assist handles and raised toilet seats. As volunteers, we get a lot of personal satisfaction from providing help.

If you think you can help out, please get in touch with Audrey at 250-537-4328. The schedule is always flexible as we all take time off now and again. Some computer literacy is a distinct asset. The depot is open Monday, Wednesday and Friday from 10 a.m. until 2 p.m.

MARY HUGHES,
WOODHALL PLACE

MORE LETTERS continued on 8

QUOTE OF THE WEEK:

"I think we often feel like the world's coming to an end. But meanwhile, we can do little things."

KAREN LEONARD, SALT SPRING ARTIST AND CREATOR OF RECYCLE SAMURAI

Thanksgiving turkey leftovers cause mayhem in the refrigerator

It's finally over. Thank goodness Thanksgiving is over.

You've carved up the big bird and asked the eternal existential question: dark meat or white? Now it's time to put it all away until the next big family holiday feast comes rolling around the corner. Just in time, too. I don't think I'm capable of letting go even one more turkey burp this season.

Of course, we should all be willing to give thanks and pay gratitude for all the bounty that comes our way during this holiday which celebrates the cornucopia of plenty. The big problem that arises every year at this time is what to do with the leftovers.

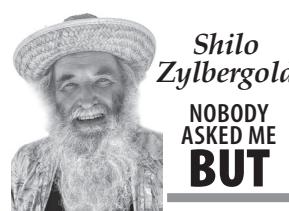
Trying to pack all the uneaten food into the refrigerator amounts to a Herculean task that even outdoes that guy who is able to solve three Rubik's cubes simultaneously while juggling them in the air. You practically need an engineering degree with a major in calculus to manoeuvre all the containers around so you are still able to close the door.

After your first attempt, you realize you will need a new strategy when you become aware that although you've jammed as much as you thought was pos-

sible onto the fridge shelves, half your leftovers are still sitting on the counter.

With your second attempt, you employ the same tactics you would use if you were playing a game of Jenga, where one careless move will make your brilliant master plan come tumbling down. The first thing you realize is that rectangular containers stack more efficiently on the shelves than circular ones. Plastic bags are not a good idea because, even though they can be squished into far corners of your fridge, the leftovers contained within them will inevitably be rendered unrecognizable once you finally get around to seeing what it was you had in there. Avoid loading your fridge with the pots and pans you cooked with because this is probably the most inefficient use of your limited fridge space, although it does allow you to put off much of your heavier dishwashing for a later date (which you may not have to deal with if, say, a comet were to collide with the Earth and destroy civilization).

Another consideration when organizing your leftovers is to try to keep the different foods separate from each other. This is



Shilo Zylbergold

NOBODY ASKED ME BUT

similar to the "each to its own" philosophy used by Noah when he loaded up his ark. The last thing you want is for the turkey gravy to somehow tip over and run into the whipped cream. So, put the Brussels sprouts in one container, and the mashed potatoes in another. Likewise with the coleslaw and the pickled beets. Even the mild cranberry sauce should be kept separate from the spicy one.

Now, it's time to deal with the turkey. Of course, the dark meat will be held separate from the white while the rest of the carcass, including the bones, will be kept cold until you find the time to reduce it down to turkey stock for future soups. When it comes to the giblets, well, nobody wants to share a container with giblets so you know you'll have to keep them by themselves. They will probably be sitting there

untouched in your fridge this time next year when someone will ask you "what's that?" and you won't remember.

Once again, even though you're getting much better at it, you can't seem to squeeze all the leftovers into the space available. You pull all the containers back out and start reshuffling them into different locations. It feels like you are trapped in an endless game of musical shelves. It's time to get ruthlessly desperate. You empty the crispers so you can cram more leftovers into this new territory. Don't worry about the newly liberated lettuce and celery that are now wilting before your very eyes; you'll deal with them later. What's crucial now is to get everything pushed down in the crispers so they will slide shut to allow the fridge door to close. It's at this point that you finally realize that "stuffing the turkey" does not refer to what you do to the bird, but rather to what you inflict on your fridge.

There. You've done it. You've managed to fit all the leftovers into the refrigerator. It won't be until much later that you will wonder why any of the leftovers you may wish to eat first will always necessarily be in a con-

tainer that is as far back and difficult to extract as possible. You turn to look smugly at the now empty countertop. Wait. What's that? It's three quarters of a pumpkin pie sitting there in its Pyrex dish. You don't even bother to look in the fridge's direction. In a split second, a fork leaps out of the cutlery drawer, forces itself into your hand, and helps you demolish the rebellious dessert that refuses to be herded into its designated place.

Nobody asked me, but far be it from me to direct disparaging remarks towards turkeys right after Thanksgiving. I'm not exactly about to stick my neck out for them, but if they have somehow managed to escape the chopping block, then all credit to them at least until the Christmas lights go up. It's just that I must cry "fowl" at the ones that are less fortunate and who wind up on the dining room table. It's because of these unfortunate birds that we find ourselves in the position of having to completely renovate the insides of our refrigerators in order to accommodate Thanksgiving leftovers. Thanks a lot, turkeys. And you can keep your giblets.

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NUTRITION

Take a world tour

Five of the healthiest cuisines offer plenty of options

1. GREEK

According to Harvard University researchers, eating a Mediterranean diet can reduce the risk for heart disease and cancer by up to 25%. Greek cuisine features foods like lentils, beans, nuts, olives, leafy greens and fish, which are touted for their immune-boosting and cancer-fighting properties.

2. JAPANESE

The traditional Japanese diet promotes whole or minimally processed foods like fresh fruits, vegetables, seaweed and pickled vegetables, seaweed and fish. Additionally, Japanese people regularly eat fermented products like miso, which contain probiotics that support gut health.

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tour for healthy eating



3. ISRAELI

Israeli cuisine is full of healthy staples like fruits, vegetables, legumes and fish. Plus, most of their fats are unsaturated and come from olives, nuts and avocados. Hummus is one example of a healthy Israeli dish. It's made primarily from chickpeas, which are rich in protein and packed with key vitamins, minerals and antioxidants.



4. THAI

Thai cuisine is mainly composed of non-starchy vegetables and lean proteins. Fresh herbs and spices are also key ingredients that offer health benefits. For example, turmeric has anti-inflammatory properties and ginger aids in digestion. Thai cuisine also features garlic and onions, which are foods that have antioxidants that help fight cancer.



5. ETHIOPIAN

Ethiopian food mainly comprises grains, spices, lentils, cabbage and lean meats like lamb. The typical diet is high in fibre and protein. Injera, for example, is a traditional crepe that's made from a grain called teff, which has been referred to as the next super grain.

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Gratitude expressed

With the 2022 local government and school district elections in the books, I want to raise my hands in gratitude to all our friends, family and neighbours who courageously put their names on the ballot for our consideration.

Congratulations to all the newly elected and re-elected mayors, councillors, electoral area directors and Islands Trust trustees in Saanich North and the Islands. I look forward to working with you collaboratively on behalf of all our constituents to improve our communities, protect our environment, nurture positive relationships and advocate on a wide variety of topics such as healthcare, housing, transportation, education, public safety, ecosystem health and good community governance.

To all the candidates who were not elected, thank you for engaging our democracy, advancing ideas and challenging the status quo. I deeply appreciate the contribution you have made



Adam Olsen
MLA'S
COLUMN

to encouraging lively and informed debate. I hope that you will stay involved in civic governance and encourage you to stay connected with me and my constituency office. We need your voice, perspective and energy.

I have been honoured to serve alongside many incredible people since my first election to Central Saanich Council in 2008. Whether we agree or disagree, I deeply respect everyone who serves our communities in these decision-making roles.

Thank you to everyone who chose not to run in this election, including Carl Jensen (Central Saanich), Heather Gartshore, Geoff Orr and Patricia Pearson (North Saanich), Barb Fal lot and Peter Wainwright (Sidney), Dave Howe (CRD,

Southern Gulf Islands) and Islands Trust trustees Steve Wright (South Pender), Peter Grove (Salt Spring), Tahirih Rockafella (Galiano Island), and school trustees Alicia Holman and Sheila Stelck (School District #63), and Shelley Lawson, Janelle Lawson and Stefanie Denz (School District #64).

Over the past couple of years, a partnership between our constituency office and the Islands Trust created the Southern Gulf Islands Forum. I look forward to continuing this collaborative effort to coalesce and elevate our collective advocacy on issues that range across multiple government jurisdictions that impact the incredible Gulf Islands.

To everyone who voted, and to all the citizens in our communities, please stay engaged in community governance. In order to represent you well we need to hear from you so you can express your thoughts, opinions, ideas and perspectives!

MORE LETTERS

continued from 5

Remaining hopeful

On the evening of Oct. 15 I called Gary Holman to congratulate him on his election win and the local community commission (LCC) referendum campaign win. He responded that he appreciated the call and the positive tone of my campaign.

I sincerely wish him success and offer my support with issues that I campaigned on.

To the 971 people that voted for me, I am so honoured and grateful that you put your trust in me and took the time to vote.

To my voters and those who voted against the LCC, let's make lemonade out of a lemon! I intend to run for the LCC and bring our voices to the table. I look forward to working together to keep Salt Spring vibrant.

JESSE BROWN,
CRD CANDIDATE,
SALT SPRING

Harbour walking

Thank you for the positive comments directed at me in last week's editorial and in the story on my farewell speech at the Oct. 11 Salt Spring Local Trust Committee (LTC) meeting.

I do, however, wish to clarify the role of the Trust with regard to completing the Ganges harbour walk. Working with our CRD director Gary Holman, and our late friend Matt Steffich, who represented the Chamber of Commerce, the LTC managed to obtain a right of way for the proposed walkway. That was as far as the LTC could go, since it is only responsible for land-use planning. The building and maintenance of the walkway will be the responsibility of the CRD. I know that Mr. Holman has this on his agenda and I am hopeful the project will be undertaken this term.

PETER GROVE,
FORMER SALT SPRING ISLANDS TRUST TRUSTEE

on Orchard Road. Thank you for your relentless perseverance in getting me out and back on the road! Blessings to you both!

• The Salt Spring Island Women's Institute ("The Pie Ladies") would like to thank everyone who bought pies at the 2022 Salt Spring

Island Fall Fair and the Apple Festival. Special thanks to Country Grocer, Apple Luscious Orchard, and Conrad Pilon for supplies, the 20 "Honorary Pie Ladies" who helped make and sell pies, and Brody Paine and the Harvest Kitchen and Cafe for sourcing supplies and the use of the Fulford Hall kitchen.

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ARTS + ENTERTAINMENT

LIVE THEATRE

Macbeth production celebrates spooky season

Shakespeare play opens Friday at the Farmers' Institute

GAIL SJUBERG
DRIFTWOOD STAFF

Jekka Mack and Christina Penhale of exitStageLeft Productions had planned to do a Macbeth show in the fall of 2020, when Halloween fell on a Saturday night with a full moon to boot.

For obvious reasons, that didn't happen, but the two women and others involved with their theatre company, such as director and Shakespeare expert Jeffrey Renn, felt a production of the play was more timely than ever.

"The show is about a man who gets corrupted by power," said Penhale. "And that's something that we're seeing in our world. And he follows that drive to power to not great ends. So we just felt it was timely to do this piece. It's also just such a great piece and to do it at Halloween is even more exciting and enticing because it has all of the Wyrd Sisters and the ghosts."

Macbeth opens this Friday, Oct. 28, continuing nightly through Oct. 31. The first three shows are at 7:30 p.m., but the Halloween edition begins at 9 p.m. The final three shows are on Nov. 3, 4 and 5 at 7:30 p.m.

While Mack and Penhale don't want to give anything away, they promise an extra-special atmosphere that will immerse



PHOTO BY CHRISTIE ROOME

Lochinvar Roome, left, who plays MacDuff, and director Jeffrey Renn, who plays Macbeth, practise sword combat in a Macbeth show rehearsal.

audiences in the drama.

"It's going to be a very sort of ethereal, mystical, very different sort of piece than we've ever done before," said Penhale.

The show's crew have gone above and beyond in the

set, effects, props and costume departments, and the team couldn't be happier with how things have come together.

"We're also really leaning into the ghosts and we've got some pagan Norse chanting, and of course being us we've added songs, so there's incantation-conjuring darkness and we're really leaning into the Halloween aspect of it all," said Mack.

It's not that the play has been made into a musical, but "there's music that enhances what's happening in the scenes," she said.

They are thrilled with contributions of Vancouver-based musicians Jaya Story and Dominik Vladulovic, who are the show's music directors.

"It's going to be quite the audio experience," added Penhale.

They are also excited to be in the Farmers' Institute space.

"We've never done anything there before," said Mack. "I think it's a really cool space and I have high hopes that it's going to work out really, really well for what we're doing."

Audience members are advised to dress warmly as it can get chilly in the hall.

Macbeth boasts a large cast, with the youngest being nine years old. Youth bring an element of hope to this version of Shakespeare's famous tragedy, which also has some wonderful elements of humour.

Families should note that the show's simulated violence and sexuality make it not recommended for youth under 14.

Tickets are available at Salt Spring Books.

CONTEMPORARY DANCE

Moving dance works coming to ArtSpring

Joshua Beamish and company visit Nov. 3

SUBMITTED BY ARTSPRING

Acclaimed British Columbia dance artist Joshua Beamish returns to ArtSpring on Nov. 3 with Proximity: A Collection of Short Works, a mixed program of thrilling contemporary dance pieces one reviewer called "a poetic work that celebrates the human spirit."

The collection, tied together by the theme of human connection, showcases Beamish's work as a prolific choreographer and exceptional performer with a much-deserved worldwide reputation. These aspects of his talent will be staged with Lost Touch (a solo for Renee Sigouin) and

Proximity (a duet performed by Beamish and Sigouin), both of which are his own creations.

Beamish also dances in two powerful solos choreographed for him: Redemption, by Annabelle Lopez Ochoa, and Ablaze Amongst the Fragments of Your Sky, by Kirsten Wicklund.

In a change of pace and medium, Falling Upward is a beautifully shot dance film created by Beamish, dancer/filmmaker Scott Fowler and composer Stefan Nazarevich. The film features Beamish's rigorous but fluid dancing style along railway tracks, the dynamic cinematography adding to the movement.

The commanding performances run without intermission but take two- to five-minute pauses between each to change sets, costumes and the innovative lighting work of James Proudfoot. A post-show talkback

is scheduled to wrap up the evening.

Founded in Vancouver in 2005 by current artistic director Joshua Beamish, MOVETHECOMPANY has quickly emerged as one of Western Canada's most prolific dance companies. His works have extensively toured throughout North America, Europe, Asia and Africa.

Outside of the company, Beamish has created in collaboration with such companies as The Royal Ballet, The National Ballet of Canada, Dutch National/Het Nationale Ballet Junior Company, Cape Town Opera, Vancouver Opera, New York City Ballet Principals Wendy Whelan and Ashley Boudreault, Compania Nacional de Danza de Mexico, and Ballet Edmonton among others.

Next Thursday's performance begins at 7:30 p.m.

Tickets are available through ArtSpring, online and at the box office.



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TEA À TEMPO

K-Tones set to take audience around the world

Recital series at All Saints

SUBMITTED BY MUSIC MAKERS

On Wednesday, Nov. 2, The K-Tones return to the Tea à Tempo stage at All Saints by-the-Sea.

Although they are well-known locally for their tasteful renderings of smooth jazz and stylized pop songs at the Tree House and at Mateada, Kate Leahy and Tony Prosk of The K-Tones are actually touring musicians who make a liv-

ing performing at high-end seniors' residences on Vancouver Island. Leahy's performing career spans some 50 years and includes a variety of musical experiences ranging from orchestral pianist, to accompanist for vocalists, instrumentalists and musical theatre groups, to keyboard player in countless dance and show bands.

Prosk began his musical career playing bass guitar in rock and country bands during his teen years in southern Alberta before earning music and music education degrees. His 48 years spent as a working musician includes public school

teaching for 20 years.

Renowned for their musical theme shows, The K-Tones will perform excerpts from their popular two-hour show "Around The World in Music" at next week's Tea à Tempo. Audiences can expect an intriguing and entertaining musical journey with stops in Paris, Rome, Ukraine, Israel, Egypt, Brazil, Argentina, San Francisco, Denver, Nashville, Graceland, Jersey City, Miami Beach, Havana and New Orleans as time permits.

The recital begins at 2:10 p.m., and is followed by optional tea and treats.

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ISLAND LIFE

CREATIVITY

Cookie-tin samurai aims to inspire recyclers

Depot's dark warrior a shining example

BY ROBB MAGLEY
DRIFTWOOD STAFF

"You'll laugh," said artist Karen Leonard. "But it was the Tom Cruise movie!"

Leonard is chuckling to herself, describing the inspiration of the 2003 movie *The Last Samurai* that brought her to design and create "Recycle Samurai," a sculpture installed at the Salt Spring Recycling Depot.

"And it was a great movie. I was surprised, because he's sort of a goofball," Leonard laughed again. "But that image just kept sitting in my mind, of him with the two swords."

The final product is the "re-use" part of "reduce, reuse, recycle" manifest in

found — and donated — items. Wood came generously from Windsor Plywood, twist ties came courtesy Country Grocer, and the cookie tins were, in a sense, donated by all of us.

"Peter [Grant] at the recycling depot let me put out a bag for the tins," said Leonard, "and then everyone on Salt Spring contributed!"

Recycle Samurai's two swords were from old barbecue spits, said Leonard — and his ski boot feet and helmet were among items from the "Blackburn Mall," the donation-priced re-usable goods section at Salt Spring Garbage's Blackburn Road transfer station. Once the pieces were sourced, there was the nontrivial matter of putting it all together — an effort carried out over the last year (whenever weather permitted) in the driveway at Leonard's home. The work attracted the interest of a few neighbours, she said.

"They said all the hammering sounded a little like Santa's Workshop!" recalled Leonard, who said they were ultimately quite understanding once they saw the sculpture coming together.

The final product at the depot — bigger than she'd imagined it would be — needed only a single attachment to the roof, at the samurai's larger sword, to support the weight.

"But he's made out of all recycled stuff," said Leonard.

"I think we often feel like the world's coming to an end," she continued. "But meanwhile, we can do little things."

With a little planning, Leonard said, we can all find ways to re-use things, and not add unnecessarily to landfills. Leonard hopes the sculpture will inspire visitors and recyclers.

"There's still a lot we can all do," she said. "Probably more than we think."



PHOTO COURTESY KAREN LEONARD

Karen Leonard with her Recycle Samurai sculpture currently on display at the recycle depot.

what's on this week

Wed.

Oct. 26

ACTIVITIES

SSI Garden Club. Guest speakers are Robert Birch and Mark Stevens from Echo Valley Neighbourhood Garden, speaking on Growing Food for Climate and Community Resilience. Meaden Hall. 6:45 p.m.

Thur.

Oct. 27

LIVE ENTERTAINMENT

ArtSpring Presents: Mirror Visions Ensemble. Concert with Mireille Asselin, soprano, Jesse Blumberg, baritone, Scott Murphree, tenor, and Grant Wenaus, piano. ArtSpring. 7:30 p.m.

GISS Music Student Showcase. At Mateada Lounge. 7 to 9 p.m.

Open Mic. At the Legion. 7:30 to 10 p.m.

ACTIVITIES

Help Save Old Growth Fundraiser. Join photographer and campaigner TJ Watt and Endangered Ecosystems Alliance executive director Ken Wu for a presentation at Mahon Hall, as part of the TJ Watt Ancient Forests of B.C. exhibition. 6:30 to 9 p.m.

Seniors Lunch. Enjoy lunch at Salt Spring Seniors every Thursday at 11:30 a.m.

Transition Salt Spring Green Drinks. Gathering at Moby's Pub with stimulating conversation on the latest in renewables, information on rainwater catchment, heat pumps, EVs and chargers. 5 to 7 p.m.

Fri.

Oct. 28

LIVE ENTERTAINMENT

Macbeth. An exitStageLeft Productions and Graffiti Theatre show at the Farmers' Institute. 7:30 p.m. (PG 14 recommended).

John Lee Trio. John Lee, piano, Kosma Busheikin, bass, and Graham Villette, drums in jazz concert at SS United Church. 7:30 p.m.

The Gaff! DJ music at Mateada Lounge. 9 to 11 p.m.

Karaoke. At the Legion. 7:30 p.m.

Fri.

Oct. 28

ACTIVITIES

Halloween Roller Disco. Organized by Roller Skate Victoria for all ages at Fulford Hall. Learn to skate lesson from 6 to 7 p.m. and event until 10 p.m.

Halloween StoryTime. For kids aged 4 and up. Library children's area. 10:30 a.m.

Seniors Coffee Time. Enjoy social time over coffee at Salt Spring Seniors. 10 a.m.

ASK Salt Spring. CRD transportation manager John Hicks to discuss the soon-to-be-released Ganges Active Transportation Plan in the lobby of the former middle school. 11 a.m. to 1 p.m.

Sat.

Oct. 29

LIVE ENTERTAINMENT

Macbeth. See Friday listing.

Halloween Party With Coal Davie. Costume prizes! Moby's Pub. 9 p.m. to 12:30 a.m.

Bump in the Night. A Halloween Hulabaloo! With Jack Garton, Maddy Storvold and more at Mateada. 9 to 11:30 p.m. Costumes strongly encouraged.

Beaver Point Bask. Live music with Zap Boyz and Kreuger, food, drinks and costume contest. Beaver Point Hall. 8 p.m. to 1 a.m.

Old Times Cafe. Open stage at Fulford Hall. 7 to 11 p.m.

ACTIVITIES

Saturday Market in the Park. Last official market of the regular season in Centennial Park from 9 a.m. to 4 p.m.

Vital Signs Report Launch. Salt Spring Island Foundation releases the 2022 report at the library program room in an event from 1 to 3 p.m.

Teen Oracle. Mystical fun and sharing for ages 13-19 at the Salt Spring library Teen Zone. 1 to 2 p.m.

Sun.

Oct. 30

LIVE ENTERTAINMENT

Macbeth. See Friday listing.

Jazz Jam. Singers, players and fans welcome at the Legion every other Sunday (alternating with the Blues Jam). 3 to 6 p.m.

Oct. 28

Sat.

ACTIVITIES

Ruckle Farm Bone-anza Halloween Event. Trick-or-treat at the Alfred House at Ruckle Heritage Farm, plus crafts for kids from 1 to 5 p.m.; and talks on how to make bone broth at 2 p.m. and 4 p.m.

Taking Time to Connect. A workshop to re-connect with ourselves and others. Led by Marcia Burton at St. Mary's Church. 10 a.m. to 1 p.m. Register at starofthesea@seassi@gmail.com.

Mon.

LIVE ENTERTAINMENT

Macbeth. See Friday listing, except the time is at 9 p.m. for the special Halloween edition.

ACTIVITIES

Drive-by Brinkworthy Grotto for Halloween Treats. The Crones Liberation Movement will be at the front entrance of 135 Brinkworthy Road to give out treats from 5 to 7 p.m. or until the candy runs out.

Fireworks. Salt Spring fire department fireworks in Ganges Harbour. 7:30 p.m. (approximately)

Tues.

ACTIVITIES

Gospel, Kirtan, and Vespers — Devotional Music from East and West. Led by Marilyn Walker and friends. St. Mary's Church. 7 to 8:30 p.m. Register at starofthesea@seassi@gmail.com.

Wed.

Nov. 2

LIVE ENTERTAINMENT

Tea à Tempo. The K-Tones perform at All Saints. 2:10 p.m.

ACTIVITIES

Dia de los Muertos. Community gathering and ofrenda at Bullcock Lake Farm. 5 to 9 p.m. RSVP required through www.dosamore-stortilleria.com as space is limited.

Oct. 29

THE FRITZ CINEMA

- Moonage Daydream,** the David Bowie bio pic, runs from Friday, Oct. 28 to Tuesday, Nov. 1 at 7 p.m. each night, plus a 3 p.m. Sunday matinee. PG. 134 minutes. For more movie info, see thefritz.ca.

EXHIBITIONS

- Ancient Forests of BC — photographs by TJ Watt** — runs at **Mahon Hall** from Wednesday, Oct. 26 through Sunday, Oct. 30, 10 a.m. to 5 p.m. Presentations by Watt and Ken Wu of Endangered Ecosystems Alliance and the Nature-Based Solutions Foundation on Thursday, Oct. 27 at a 6:30 to 9 p.m. fundraising event for those organizations.
- "I See You Paul Crouch"** — A onetime exhibition of the paintings, drawings, prints and sculptures of the late **Paul Crouch** at **Salt Spring Gallery**, Wednesdays through Saturdays from Oct. 28 to Nov. 16.
- An Eclectic Convergence** features works by Judith Borbas, Peter Eyles, Don Hodgins, Wendy Wickland and Dulcy Wilson. **ArtSpring lobby** on Tuesdays through Fridays from 10 a.m. to 2 p.m. and before all theatre and gallery events through October.
- For the month of November beginning Nov. 2, the **ArtSpring lobby** space features **The Social Landscape** by photographer Seth Berkowitz.
- Shannon Wardrop** presents an exhibit called **Doomscrolling & An Antidote** at the **Salt Spring Public Library Program Room** through October.
- Rolando Lampitoc** has artwork showing at **Dragonfly Art Supplies** this month.

Old Times Cafe

Open Stage at Fulford Community Hall Saturday, Oct. 29 and the last Saturday of every month. 7 to 11 p.m.

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Obituaries

Obituaries

IAN BRUCE FRASER

December 1, 1933 - September 2, 2022



It is with great sadness that the family of Ian Bruce Fraser, 88, announces his peaceful passing at Lady Minto hospital on Salt Spring Island on September 2, 2022. He is survived by Mary Adele, his loving wife of 63 years; his brother Malcolm (Susan); his daughter Laurena (Thomas); his sons James (Tracy) and Daniel (Sylvie); and his seven grandchildren Matthew, Jessica, Thomas, Andrew, Joelle, Nicole, and Laetitia.

Ian was born in Sudbury, Ontario to Catherine C. Fraser and Horace J. Fraser. As a child, he moved to Pasadena, California and then to Washington DC and on to Sudbury, Ontario and finally Palgrave, Ontario. He attended Upper Canada College up to grade 12 and completed high school in Orangeville, Ontario. Ian graduated from Ontario Agricultural College in Guelph, Ontario in 1959 with a BSc in Animal Husbandry and a Physics minor. There he met his future bride Mary Adele Armstrong and they married in 1959. During summers at university, he worked in remote areas of Ontario and Newfoundland doing geological surveys. Ian completed his teaching certificate and began his high school teaching career in Orangeville, Ontario. After two years he moved to Kenora, Ontario where he taught at Lakewood and then Beaver Brae high schools. Students referred to him as Mr. Physics. In 1969, he returned to Orangeville high school. In 1971, he moved to Easton's Corners, Ontario where he became a gentleman farmer while continuing to teach high school physics and math in Perth and Smiths Falls. He and Mary were always drawn to the west coast and, after four summers of trekking across Canada to Salt Spring Island, they decided to stay. He purchased Ganges Marina and Gulf Bulk station which he managed for five years. He owned a scuba shop and a private scuba charter boat. Ian worked for the Gulf Island school board and for the ambulance service.

Ian was very supportive of the community. During his spare time he volunteered for the Coast Guard, was president of the Trail and Nature Club where he organized trips and built hiking trails and benches, sat on the Parks and Recreation board, and was a gun range safety warden. He was an avid supporter of the Nature Conservancy of Canada. At a very early age, Ian grew to love and value wildlife and wild spaces. He had many talents and curiosities: hunting, fishing, trapping, canoeing, kayaking, sailing, cross-country skiing, snowshoeing, boat building, archery, photography, flying, gardening, and travel to name a few. Ian was a prolific reader and an enthusiastic teacher. His children and grandchildren benefitted greatly from his wealth of knowledge. Ian loved to explore, on foot, by car, by motorcycle or by canoe, the back country of Canada.

Ian was a very gracious and humble man and kind friend to all who knew him, and he will be deeply missed by his family and friends. The family would like to thank the doctors and staff of both Royal Jubilee and Lady Minto for their loving care. A celebration of life will be held on November 5, 2022 at 2:00 pm at Salt Spring Island United Church. In lieu of flowers, donations can be made to Salt Spring Island United Church, Salt Spring Island Conservancy, or Lady Minto Hospital Foundation.

Obituaries

Obituaries

Margaret Spencer



Peacefully, on October 14, 2022 in Vancouver, aged 90 with family at her side. Predeceased by her husband David Spencer, Margaret will be deeply missed by her children Jonathan (Julie), Mary, Michael (Connie), and Christopher (Carolina), her grandchildren Caitlin, Emily, Mika, Cole, Elizabeth and Madeline, her great granddaughter Noah, her companion Steuart Beattie and by the many, many friends she made on her journey through life.

Born in England, youngest of three children, she was sent to boarding school during the war. She moved to Vancouver where she met David and settled in Montreal where they raised a family with love and homemade bread. They retired to Salt Spring Island, her home for the past 30 years.

Mother, Girl Guide leader, kayaker, walker, traveller, Margaret made friends in all spheres of life, at all ages. She was a loving mother and Grandy. She defined "intrepid", travelling the world, walking and backpacking all over Britain, Europe, and Asia, often shocking her children with accounts of sleeping on train station floors, and hitching rides with strangers. A true pilgrim, she completed the Camino de Santiago several times, walked the Thames Path as a relay with her four children, and visited both the Arctic and Antarctic. As a mature student, she excelled in classics and took her grandchildren on memorable trips to Greece and Italy.

Following the example of her mother, one of the founders of the Girl Guides, Margaret was a deeply committed Girl Guide leader, District Commissioner and proud member of the Trefoil Guild. She sang in church choirs all her life, was a founding member of St. Lawrence Choir, and she and David hosted some legendary choir parties in Montreal. In Montreal and on Saltspring Island she volunteered in many community organizations.

We are immensely grateful to the staff at Sunrise Seniors Residence for their compassionate and attentive care. In lieu of flowers, donations may be made to the Saltspring Island Foundation or the Girl Guides of Canada.

Join us on Saturday November 12, 2022, at 2:00PM for a Celebration of Margaret's Life at All Saints-by-the-Sea Anglican Church on Saltspring Island.

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THIS WEEK'S HOROSCOPE

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TIP OF THE WEEK: READ MORE IN MY NEWSLETTER. SIGN UP IS FREE ON MY WEBSITE.

The waxing of the Solar Eclipse seed is the main forefront theme this week. Since such an event carries so much potential power to activate processes of change, eclipses are an age-old feature of prediction. While the reverberating influences can last upwards to six months, like tremors after an earthquake, the deeper fact is that it will produce changes that will literally change the course of people's lives. This is actually true collectively, but with so many cyclic processes ever at play, it is difficult to isolate the impact of any single one. Yet, some people will experience noticeable shifts and these generally include anyone born between the 23 and 28th of any given month, especially those of us born around these dates in January, April and July. It should be noted that while major change can prove uncomfortable, they can prove to be very positive activations. Also, even those inner impulses and outer synchronicities deemed negative can be steered to good outcomes, provided that we surrender faithfully and adapt proactively and creatively.

Aries (Mar 21 – Apr 19) The triple conjunction of Sun, Mercury and Venus that comprised the Solar Eclipse indicates a transformational process for you. True to the themes of Scorpio, you can expect definite endings or the impulse to cleanse and purge. Focus on positive eliminations to produce a lighter overall flow.

Taurus (Apr 20 – May 20) The eclipse is likely manifesting as an invigorating activation of your spirit. It may, however, include the need for diplomacy, empathy and orientations to fairness and equality in your involvements with others. While business relationships are possible fronts, the emphasis on intimacy is especially strong.

Gemini (May 21 – Jun 21) Making deliberate adjustments for the sake of improvement, refinement and an overall healthier flow is in the spotlight. Some of these may prove awkward and will require extra effort. Fortunately, Mars in your sign is supporting higher energy levels supporting your resolve.

Cancer (Jun 22 – Jul 22) Luckily for you, this eclipse is designed to inspire you to creative expressions. Innovation and even invention are very real possibilities. This influence will prove especially strong over the coming weeks but could well linger longer, carrying you all the way to the shores of springtime.

Leo (Jul 23 – Aug 23) This powerful Scorpio activation will manifest as some form of breakthrough for you. It will require that you make clear choices with the resolve to act upon them. The key is to take whatever initiatives are required. Once the first steps are taken, the others will be carried along by the momentum.

Virgo (Aug 24 – Sep 22) Expect opportunity to be knocking at your door now and over the coming weeks. These include social involvement, on one hand, and the generation of new thoughts, perceptions and interpretations, on the other. Of course, you have to answer the door and this is your cue to anticipate the knocks.

Libra (Sep 23 – Oct 22) Money matters are emphasized in light of this eclipse. The influence of Mars indicates a push for more knowledge, answers, truth and justice. Pluto continues to manifest as deep and powerful changes close to home, some of which are already a source of inspiration, so harness its power.

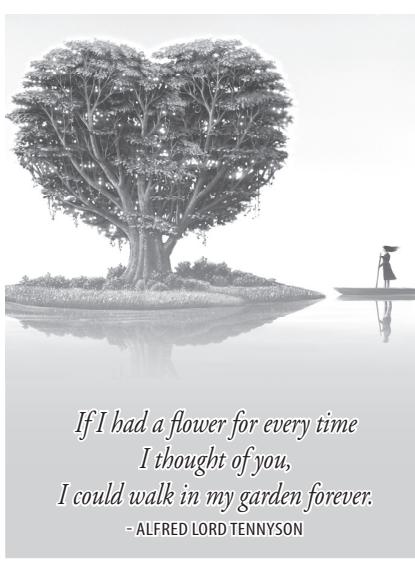
Scorpio (Oct 23 – Nov 21) Due to the eclipse in your sign, you should already be experiencing whatever impulses are destined, prompting you to take new leads. Your ambition levels are likely running high, yet obtaining new knowledge and implementing it is necessary for success. Open your mind to new strategies.

Sagittarius (Nov 22 – Dec 21) This eclipse will have a mixed impact for you over the coming months. On the high end, it stands to manifest as heart-opening experiences. The downside is that you could experience a blurred focus in your thinking processes. To counter this negative possibility, focus on generating ideas over acting upon them, yet.

Capricorn (Dec 22 – Jan 19) A whole new quality of being is rising with this eclipse. It could, however, require and therefore manifest as the decline of aspects of your ego. So, be willing to let go of outworn self-concepts, habitual attitudes and behaviour patterns. Allow a new style and sense of self to emerge.

Aquarius (Jan 20 – Feb 19) Shifts and changes in your public and professional life are likely at this time. Positively, these will manifest as new ambitions and opportunities to advance your position. In this regard, you should expect to be busier and take on more responsibilities. Obtaining new tools and skills is featured.

Pisces (Feb 20 – Mar 20) Expanding and deepening your scope of vision and overall philosophy of life is a probable outcome of this eclipse. It is likely that you have already begun this process, yet it will now deepen and accelerate. Digging deeper to get to the bottom of things is part of the plot.



If I had a flower for every time
I thought of you,
I could walk in my garden forever.

- ALFRED LORD TENNYSON

BOOKS & BLING

7th Annual Books & Bling Sale

November 25th, 26th and 27th
10 am to 4 pm (10 am to 3 pm Sunday)
Farmers' Institute, Salt Spring Island



SPORTS + RECREATION



PHOTO BY ROBB MAGLEY

FAST LANE: From left, GISS Scorpions swimmer Kiran Pillay, Grade 12, swims the breaststroke leg of the Boys 200-metre medley relay during the 2022 BC School Sports Vancouver Island Zone Swim Championships held in Nanaimo on Saturday, while Elyse Walsh, Grade 10, launches off the block to swim the backstroke leg of the Girls 200-metre medley relay. Both relay teams (and many swimmers) qualified for the B.C. high school provincial swimming championships to be held in Richmond Nov. 18-19.

YOUTH SOCCER

Season gets off to a flying start

Full rosters and victories on the field



Malcolm Legg SOCCER ROUND-UP

Other recent Salt Spring United club news includes:

- At our AGM we welcomed a new director as Dylan Laister took on the secretary position as well as balls and equipment.

- One sad piece of news was that our treasurer Jeff Knutson will step down and we are looking for someone to take over that role. Please contact myself at mallegg@shaw.ca if interested and/or want details of what the job entails.

- With our team rosters quite full, interested youth can still sign up for soccer but they may have to go onto a waiting list. Check with Maggie at ssiregistrar@gmail.com.

- Small-sided referees course: We are planning to run our small-sided referees course for youth 12 and older as well as any interested adults. The course prepares youths to officiate the younger age groups and run lines on all the games.

Even if you just want to take the course as a way to learn the laws of the game you are welcome to sign up. Please contact me at mallegg@shaw.ca.

If you need any further information about scheduled games, registration, our academy or more, feel free to check our website www.saltspings-united.com or just send me an email. We are here to promote the sport of soccer, its development and its fun to the youth of Salt Spring.

Remembrance Day Feature

Featuring historic photos of local residents and family members who served.

Email your photos of WWI, WWII, Korea, Vietnam, Gulf Wars and Peacetime to news@gulfislandsdriftwood.com

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