TUESDAY, MARCH 20, 2001

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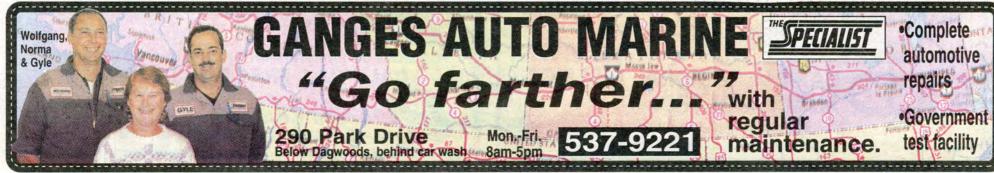
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Clockwise from top, centre: Amanda Hoy, Kara Anderson, Katrina Villadsen, Rosie Wallace, Carlee Wallace, Kelsey Mech, Megan Robinson, Fiona Munro, and Nina Fletcher at a basketball jamboree.

Michelle Mech photo







Housing meeting looks at low-cost alternatives

by Judy Harper

At an Affordable Housing Meeting at Salt Spring Island Community Services Centre last week, Ellen Garvie listened to complaints and possible solutions from a dozen concerned citizens who have experienced ongoing problems in rental situations on Salt Spring. The grievances centered primarily around severe rental shortages and renters who currently live in substandard and even dangerous conditions because they can't afford better.

The demographics most affected by this situation are single income families and handicapped people who have no hope of either owning their own home or of aspiring to living conditions which are taken for granted by many who do not experience the same degree of financial hardship. Existing affordable housing opportunities are currently only available on Salt Spring to those over 55

Ellen Garvie is the Co-ordinator/Researcher for the Affordable Housing Committee spearheaded by Salt Spring Community Services. Funded by an \$18,000 research grant from the Ministry for Community Development Co-operatives and Volunteerism, the

committee will be looking at coop and affordable housing models in other parts of B.C., and developing a plan over the next few months in the hopes of securing a funding proposal at the end of

She will be working with an advisory committee made up of volunteers who have a had personal experience in this area or have been involved in the past with alternative housing research. Several people who attended last week's meeting signed on as committee members but more help is

The 5.5 acre parcel of land which the Committee is looking at for a potential building site was bequeathed to the Catholic Diocese by a previous owner and has a covenant on the property which stipulates that it must be used for affordable housing.

The committee brainstormed a number of housing models, including the possiblilty of affordable ownership, which would help to instill a "pride of place" in all occupants whether temporary or permanent. Another wish which arose repeatedly at the meeting was safety for everyone and security in long term occupancy, which would alleviate the renters'

nightmare of constantly having to move on for one reason or another, and allow them to plant a garden, or otherwise improve their homes. This stability, generated by the ideal of empowering the less fortunate who have previously had to "make do," would guarantee the sustainability of the

The tentative plan is for small clusters of aesthetically pleasing housing which complement the natural environment and the Island lifestyle, and could also be a model for all future develop-

Anyone interested in contributing to this project is invited to call Salt Spring Island Community Services at 537-9971.

Iron Maiden Mark II

Cat trapper strikes yet again

by Graham MacSkimming

Salt Spring residents, particularly cat owners, are coming to know of an extremely adamant gentleman who, in the name of trapping raccoons who damage his garden, is also trapping his neighbours' cats. His homemade "Iron Maiden" trap, supposedly removed and replaced by a legal cage-type trap, has already had its "Mark II" model constructed.

The problem with the original trap was that the man had constructed a wooden foundation for the trap with the nails used for the piece protruding upwards, resulting in potentially lethal spikes which could cause deep flesh wounds or even possibly impale the animal. Not only an inhumane trap for raccoons, understandably this has the gentleman's cat-owning neighbour slightly frustrated and extemely anxious. The cat owner, in response to her pet's initial ordeal, dragged the trap home and turned it over to SSI's CRD animal control officer. The officer found this trap to be, for all intents and purposes, illegal, and offered the cat-trapping neighbour a legal alternative. The man retained this legal trap, and yet was already in the process of constructing "Iron Maiden Mark II." He has now trapped his neighbour's cat again, and she has dealt with the situation accordingly.

Salt Spring CRD animal control officer Wolfgang Brunnheiser has already informed the public that if cats on their property are an annoyance, their legal responsibility is to inform their neighbours and the general public that they are trapping cats. He is informing cat owners that their best approach is to collar their cats, because this confirms immediately that the animal is not a stray. Even better, owners can ID tag their cats. Realizing that some cats will tear collars off, he suggested it is best to check up with him frequently if a cat goes missing. Brunnheiser can be reached at any time at 537-9414.

Cathie Newman, SPCA president, recommends ear tattooing if pets refuse their collars. Issuing a warning to Maliview residents, she recommends neutering males, and notes that mating season (spring), can be offensive even to cat-lovers.

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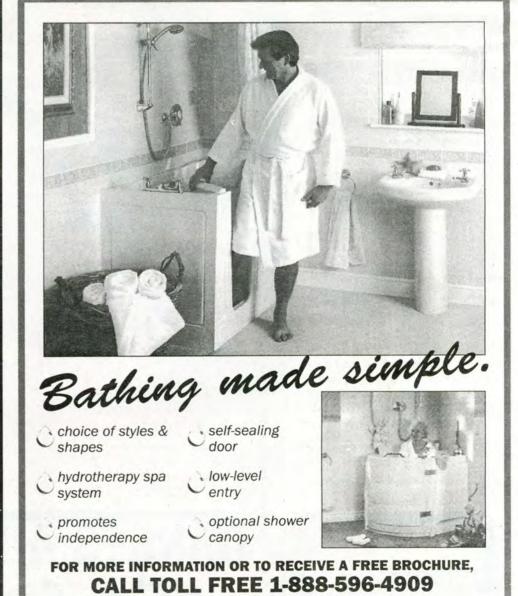
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BATHROOMS CANADA

Changing of the guard

Larmour retiring from Waterworks

by Peggy Abrahams

A new manager will take the helm at North Salt Spring Waterworks District (NSSWD) next month, as long time manager Mike Larmour prepares to resign the end of April. Incoming manager, Trevor Hutton, joins NSSWD April 1, where he will spend a month working with Larmour before taking over on his own.

Hutton is a mechanical engineer with extensive experience in the operation and maintenance of water and waste-water treatment plants. He most recently worked for a small, private Vancouver company as an applications engineer. Previously, Hutton spent 15 years as water maintenance manager for a large region of South Africa. Hutton was

born in Scotland, grew up in England, and has lived in various countries in Africa. He became a Canadian citizen almost five years ago.

Now, Hutton said he is looking forward to his new position on Salt Spring.

"It looks like quite an interesting job, with quite a lot happening in the future... I'm looking forward to the lifestyle as well. I like the small town rural feeling," he said.

NSSWD chair Bob Braun said that Hutton is well qualified for the job. "We're very fortunate to have him... He's going to be a welcome addition to our community."

At the same time, Braun commented that Larmour will be missed. "We're very sorry Mike's going to leave, but appreciate his decision.



Retiring North Salt Spring Waterworks District manager Mike Larmour

He has other things he wants to do. We're going to miss him and the community's going to miss him."

Larmour has been with NSSWD for 32 years. "It'll be a big change," he said. "I'll certainly miss some aspects of it, some aspects I won't... the politics, the responsibility...it'll be a weight off.

"It's just a series of ongoing challenges," he added, referring to some of the recent water management crises locally and nationally. "You deal with one and another one pops up... some don't go away... like the water quality issue. It's just becoming a bigger issue. Our situation for water on the Island is not very good—I don't think so anyway-and that is a big concern."

Larmour does have plans for his retirement.

"I'm going to enjoy life more. I enjoy farming and I've always had a dream of having a little farm, fixing the place up a little bit. [It's hard] when you have a full-time job."

A Salt Spring resident for 53 years, Larmour was born in Vancouver. He said he started working for NSS-WD part-time outside, and the position grew from there. Today, the NSSWD is the largest water district on Salt Spring, and the manager is responsible for operations and maintenance, finances, water quality management and communications with various levels of government.

"I learned on the job," he said.





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Big turnover at Beddis Waterworks

by Peggy Abrahams

Three new trustees were elected by acclamation to the Beddis Waterworks District at a meeting last Wednesday, according to trustee Don Stevens. Peter Nuk, Judith Bradley and Colin Campin join the board, replacing Conrad Koke, George Demery and former chair Jim Sharpe, who all stepped down for personal reasons.

Trustee Gerry Kreutzer agreed to stand again for another term, and Stevens has another year before his term expires. The large turnover creates some instability for the beleagured water district, according to Stevens. "It's very unusual

for this to happen, very undesirable for four trustees to leave at once, leaving only one with any experience," he said.

Last year, the District had several boil advisories due to concern about the quality of Cusheon Lake water and a problem with the chlorinator. Like other local waterworks districts, the Beddis District obtained a report from the CRD, recommending improvements and outlining the associated costs involved for the CRD to upgrade and operate these systems. When the new board of trustees convenes for its first meeting, it is expected that a decision will be made about overhauling the system, Stevens said.

Stevens, who is also chairman of the Salt Spring Island Water Districts Association, said last year that the Island's water districts are facing large expenses to upgrade their systems. "We're nearing a crisis point on Salt Spring. We're faced with really heavy expenses to upgrade our system...Our biggest problem is our lakes. They haven't been protected," he said.

Stevens said at the time that the big stumbling block is the cost. Currently, Beddis ratepayers pay an annual \$230 parcel tax in

addition to \$20 every second month for a maximum of 7,000 gallons of water. The CRD proposal offered three options to the District. The least expensive upgrade would cost \$917,000, and the most costly option is \$3.2 million. The funds would have to be borrowed by the District. The least costly option would hit the District's 120 ratepayers with a yearly \$1,000 bill.

SALTSPRING ISLAND FIRE PROTECTION DISTRICT

ANNUAL GENERAL MEETING

Tuesday, March 27, 2001 at 8:00 p.m. FIRE HALL #1, 105 LOWER GANGES ROAD

Agenda

- 1. Minutes from last A.G.M.
- 2. Financial Report
- 3. Chairman's Report
- 4. Fire Chief's Report
- 5. Volunteer Fire Fighters Report
- 6. Election of Trustees (two for 3 years)
- 7. Any other business

Nominees for trustees are:

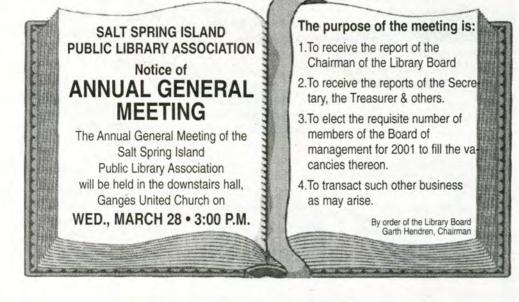
Ben Martens

Don Smith

Mike Tyson

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Ben Martens, Chairman





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The old morgue building (located on the hill behind Jackson Avenue) was torn down and burned Monday.

Education, family values key to Sam's campaign

by Cameron Smith

Paul Sam is a forwardthinking man, concerned about education and instilling the right values in today's children—"tomorrow's leaders."

"It's really important what our children are going to be learning," said the recently-nominated NDP candidate for Saanich-North and the Islands, in an interview with the Barnacle. "What kind of values about life are we teaching them? Looking in the long-term, we have to be addressing that value system."



NDP candidate Paul Sam

Sam is the Chief Executive Officer for the NIL/TU,O Child and Family Services Agency, serving six First Nations in the Victoria area. He has worked as a social worker/administrator for various First Nations in the area, with the Canada Employment and Immigration Commission for 11 years, and as Education Administrator/Counselor/Coordinator for the Saanich Indian School Board and the Institute of Indiginous Governments Programmes.

He also served four years as a councillor for the Tsartlip First Nation.

A long-time NDP support-

er, Sam decided to accept the NDP nomination because he wanted to "get involved." Although he acknowledged that the party is going through some hard times, he said he agreed with the party's emphasis on family values. And rather than concentrate on the past, he continued, he wanted to talk about "today and tomorrow" in what he said would be a grassroots campaign.

He said that having grown up in a fishing family, the fishing industry and the environment in general is another of his priorities and the state of the health care system is also of concern.

"The health system needs to be looked after," he said. "If we don't have a healthy community, what's to become of us?"

A quiet, gentle man, Sam continued to emphasize, during the interview, his concern for society's children and their upbringing. He said that win or lose in the upcoming election, he will continue to work with the community and the constituency on a "one-on-one" basis.

Climate change comes to cable

by Sue Hiscocks

The presentations of two very informative speakers who participated in the Climate Change Conference last spring in Victoria will be shown March 26 at 7:00 p.m. on Salt Spring Cable, and again the following week.

Dr. Richard Gammon, Professor of Oceanography and Atmospheric Sciences at University of Washington, discusses, with charts and graphs, changes in temperature levels in the ocean and atmosphere, past historic patterns and future predictions regarding ice ages, erratic weather patterns, animal and insect migrations, health, etc.

Dr. Peter Bunyard, author of *The Ecologist Journal* in the U.K., looks at interconnecting factors in the creation of weather—particularly originating at the equator, changing forest and coastal regions and lifesustaining systems.

They both offer irrefutable evidence, with numerous examples, of how weather is being altered by human behaviour—El Nino is just one example.

Dr. Gammon's tape (Climate Change) is also available, free of charge, at Island Star Video, Patterson's store, and the library in Ganges. Please feel free to copy and circulate this vital information to your personal friends, relatives, and associations here, and in particular, to other countries where it's difficult to learn the truth of the situation. If you'd like to sponsor tapes, or help the cause, leave word at 653-2072.

There is also a meeting this week (in Whitehorse) to discuss climate changes in the North. As one Native hunter said in the film Inuit Observations, we can't read the weather like we used to ... my ancestors moved with the seasons; the permafrost is melting, the ice is thinner, more drifts. The musk ox don't know what to do. The people feel like canaries in a coal mine—what will happen to us if we can't rely on our instincts?"

They speak for us all.



THE SALT SPRING ISLAND LOCAL TRUST COMMITTEE

announces
"FIRST READING"
OF

BYLAW NO. 355
A NEW LAND USE BYLAW
FOR THE

SALT SPRING ISLAND TRUST AREA

The Proposed Bylaw will eventually replace existing Zoning and Subdivision Bylaws for Salt Spring, Deadman, First Sister, Goat, Second Sister, and Third Sister Islands and surrounding islets and waters within Electoral Area "F" of the Capital Regional District. Other islands within the Salt Spring Island Trust Area will be covered by a separate Bylaw.

Copies of the Proposed Bylaw can be obtained from the Islands Trust Office at Suite 1206 Grace Point Square, Ganges, after February 28th. Please note the office hours are 1:00 p.m. to 4:30 p.m. It can also be read after February 28th at the Mary Hawkins Library in Ganges, and will be available soon on the Islands Trust Website: www.islandstrust.bc.ca

Following further public input, a formal Public Hearing will be scheduled.

Please contact the Islands Trust Office at 537-9144 for further information.



island news

Burgoyne walking tour exposes hidden values

by Peggy Abrahams

On Saturday, a walking tour organized by Nina Raginsky and Chris Arnett under the auspices of the Salt Spring Trail and Nature Club meandered through the history of scenic Burgoyne Bay. Sixteen people joined Arnett and Raginsky for an inside look at the history, geography and biology of this heritage area.

The clock is ticking while Raginsky continues her effort to raise funds to covenant old growth trees on two historically and ecologically valuable 100-acre lots in the Burgoyne Bay area, owned by Texada Land Corp. The company agreed to halt logging until April 2 on these lots at Raginsky's request, to allow time for fundraising.

As of Saturday, Raginsky said she had raised \$35,000 toward the \$200,000 price tag to preserve the remaining old growth trees. Undaunted at her task, Raginsky said that her ultimate vision is a world class heritage park that incorporates pastoral fields, forest, and creeks rolling down to the sea.

Saturday's walking tour embraced the rich history of the re-

gion, including the culture of First Nations people who lived there, and the exploits of early immigrants who settled the area. Arnett said the First Nations people lived on Salt Spring, although perhaps not year round. "Indians lived here. Artifacts have been found from 4,000 years ago," he said.

Arnett also pointed out local landmarks and the myths developed by First Nations people to explain features of the land. Indicating the mountains overlooking Duncan and Chemainis, visible from the Burgoyne Bay Road across Georgia Strait, Arnett explained that according to native mythology, the first people landed from the sky from these mountaintops. According to legend, "all people are the descendants of these first people who descended from the sky," he said.

In addition to the heritage of First Nations people, dating back some 4,000 years, Arnett talked about more recent history. Pointing out fields along the roadside dotted with sheep, Arnett said, "This land, now agricultural, was once heavily forested."

He explained that the Maxwell brothers, early settlers, brought the first industrial logging equipment to the area in 1881. The steam-powered machine was an early version of today's fellerbuncher. They employed steampowered saws and a winch that took out the stumps. Arnett emphasized that the resulting pastoral land is unlike any other park setting on the Island, and part of a valuable legacy which should be preserved. "There are no open fields on Salt Spring. We need them," he added.

Raginsky stopped to point out botanical features of the parcels, such as nettles, used for making tea and nettle soup, Indian plum, maples and the old yew tree. She also showed the group a patch of wild scented violets peeking through the grass. Several times she mentioned the discovery on the property of Garry oak meadows, an endangered habitat.

Pointing out the old growth trees bordering one side of the road, Raginsky said: "We stopped them. All of this would have been logged, but it's been stopped 'til

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Nina Raginsky (far right) and Chris Arnett (pointing) with walking group in front of the old root cellar, buit in 1901.

April 2. They logged five per cent, but we stopped them."

Later, Raginsky alluded to her larger goal, to create a national park on the historically significant site, embracing both cultural and ecological biodiversity.

The group was lucky enough to spot rare birds during the afternoon walk, as we watched a beautiful red headed sapsucker and his mate on a tree trunk. Raginsky also showed the group the natural course of a stream that came down from Mt. Maxwell emptying into the sea. She explained that when streams are diverted from their natural course for human use, they are lost to the birds and fish that rely on them.

At the end of the walk, the group stopped at a spot overlooking the Burgoyne Bay, where salicornia, or sea asparagus, flourished in the water. Salicornia only grows when there is an influx of fresh water into the sea from a stream running in, Raginsky said.

"It's sacred. Very important for birds," she added.



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Editorial

Prepare for fallout from Ransen film

Don't you just hate it when a film reviewer gives away the ending? Well, we're not going to do that, because the particular film doesn't yet have an end-

We're talking about Ah... The money, the money, the money, Mort Ransen's film about the battle for Salt Spring. The film is about logging on our Island, the coming of Texada, and the community's response—a battle that continues today and will continue for some time to come.

Seldom have we been so moved by a film. Seldom have we bothered to watch a film a second time, let alone a third or fourth time.

But this film is quite extraordinary, from its opening scenic shots to the final, contemplative closing sequences. Ransen has it all here: great cinematography, action (even a car chase!), tragedy, comedy, and his own steady, almost soothing narrative that ties it all together.

But what this film has more than anything else is raw emotion. As viewers, we are taken on an emotional rollercoaster ride, as we experience the intense anger and frustration of both the protesters and the loggers, the despair of the hiker standing amidst the rubble of a former forest, fear and exhilaration as B. Nevill faces down the massive logging truck, and the cool, calculated logic of the businessmen explaining their position and the economics of the situation. The ride ends with resignation and hope.

But wait! This ride is not over. Indeed, this amazing film may be starting us on yet another round on the rollercoaster. For if you thought that Briony's nude ride through downtown Vancouver brought a lot of attention to our Island, wait until this hits the CBC airwaves next week.

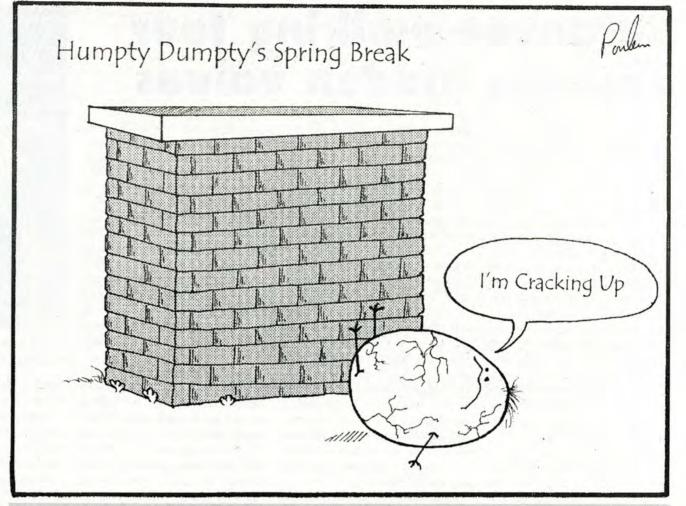
Islanders get to view the film this weekend at Art-Spring (don't bother to call—both screenings are filled). But next week, on March 28 and then again on April 1, CBC will air the film coast-to-coast. And while there's no nudity in Ransen's film—shooting was finished long before the Vancouver ride—the emotional power of the film is going to hit hard in living rooms, the boardrooms and the newsrooms

Ransen says that as he was making the film he was thinking about more than just the fact that some people bought a large chunk of Salt Spring and are logging it. He was thinking, he says, about the lack of community control that the situation exposed. He says he made the film with the hope of encouraging people in communities everywhere to take action towards retaining or regaining control over their own lives.

We're not sure how well that message actually comes across in the film. But we are sure that it is going to encourage a great deal of discussion and debate and that Salt Spring and Salt Spring Islanders are going to be near the focus of those discussions.

We predict that it's going to be a wild summer as people from far and wide want to talk to us, to visit our websites, and to come to visit us in person. We suggest that Islanders prepare for the influx and maintain cool.

We're going onstage folks, the whole world is going to be watching, and we need to be on our best



Public art needed on Salt Spring

The island economy, for better or worse, is driven by tourism. Besides the Island's natural beauty, we are blessed by an artistic community, the depth and breadth of which is probably unrivaled anywhere. So the question begs to be asked, Where is all the public art?

Chemanius is renowned for its murals and Duncan for its totem poles. We certainly have the reputation as an arts community, so to publicly showcase it seems, well, just so obvious.

The value of public art is well understood, benefiting the community on a daily basis, and tourism overall. Although few would argue against a proliferation of art in the village, what goes up and where will certainly spark and opinion or two.

When the now defunct Flying Saucer Café was painted in bright vibrant colors, it set off a flurry of letters and opinions, but one thing was certain: everyone knew where it was! Buildings that stand apart as a result of a mural, or vibrant color scheme, become landmarks, which are a boost to the businesses operating out of them. If you're a painter, look around at the walls in town and picture them as the blank canvases that they are.

If a landlord or the business itself is not in a position to put up the money but would agree to the art, that's where members of the community could step in. In sponsoring an artist by covering the cost of the supplies and a fair wage for the work, you have not only contributed to supporting the arts, but you have given the com-munity and the people visiting us a gift that will last for years.

The same could be done with outdoor sculptures. Whether it's a totem pole, a bronze, or a casting, such as the Thomas McPhee work that will soon grace the Rotary Park beside Thrifty's, the end result is a continued enhancement of the village.

The McPhee sculpture is an excellent example of a group stepping forward, in this case the Rotary, and paying for all the materials, while McPhee donated his time. The Island is knee-deep in groups, from the hiking club to the Lions club, and any of them could commission an artist/s to create a legacy for itself and the community. Further, any of these works could be done as a memorial for the many wonderful Islanders who are no longer with us. The Vancouver parks board does this with benches that

families or friends may have erected, complete with brass plaques.

If a patron of the arts would like to sponsor the carving of a totem pole for the front of ArtSpring for example, the pole could be carved over a number of weeks, in public, and then raised with a traditional ceremony, which is a great cultural event in itself.

And lets not forget the kids. A mural designed and painted by an elementary school class would be a great project. There are plenty of budding artists at the high school as well.

At the end of the day, everybody benefits. The barber pole in Centennial Park, the painting of the buoy at its entrance, and the soon-to-bepainted mural on the harbour side of Talon's restaurant are all steps in the right direction.

I would be more than happy to help spearhead either individual efforts or any type of group efforts to keep the ball rolling. The challenge goes out to landlords, artists and patrons. Let's have some fun.

To those of you who have already contributed, thank you. Our community is a better place for it.

MATT STEFFICH

COMMENTARY: This space is reserved for you, our readers. It is a spot for informed opinion, an outlet for the voices of the community. Everyone is invited to submit opinion articles with a maximum of 600 words.

Parnacle

A publication of Barnacle Press Ltd 324 Lower Ganges Road, Salt Spring Island, British Columbia V8K 2V3

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GAI step to true democracy

Art Morton's article concerning a Guaranteed Annual Wage, which appeared in a recent *Barnacle*, is timely and persuasive. Such a measure could point us in the direction of true democracy. It could be followed by electoral reform and proportional representation.

I am clipping my copy and sending it to Prime Minister Chretien, having made two copies to forward to Hon. Paul Martin and Hon. Gary Lunn. Then, I am going to phone the Raging Grannies and beg them to base one of their wonderful songs on the GAI. When they are ready to record it, we can send a disc to every member of parliament, especially the cabinet.

I have read the Schutz book that Art refers to. It is logical and concise and easy to read. Why don't we ask the library to buy a copy?

Thank you, Art. Thank you Barnacle.

MAGGIE SCHUBART

GAI's time has come

I was delighted to read Art Morton's opinion piece in this week's Barnacle. I agree absolutely that the guaranteed annual income is an idea whose time has come.

When we think of the works of art and literature that might have been, the beautiful gardens never created or woodlands never protected, the education not achieved and the children inadequately cared for-all in the name of needing to survive financially-we can begin to understand what a guaranteed annual income would permit. Additional benefits would include freedom from fear and freedom to choose

It is hard to imagine what argument there can be for putting it off much longer, particularly since prototype studies suggest that the economy becomes healthier when citizens have a little something to spend.

Art puts it well when he describes a GAI as something that should be a birthright, as surely as clean air, pure water, health care and education. The good news is that there may soon be a model to study: Ireland is now working toward the establishment of some kind of GAI. We'll be watching-with fingers crossed. Thank you to the Barnacle for providing an opportunity for all of us to share Art Morton's wisdom.

IRENE WRIGHT

Greens for GAI

Thank you Art Morton for raising the issue of a Guaranteed Annual Income, (GAI), in last weeks' Commentary, "It's not welfare, it's our right.

The GAI, or social credit, is part of a comprehensive antipoverty strategy that will be part of the Green Party election platform, about to be released. By working with the Federal government, Green MLAs will work toward streamlining a fractured array of social assistance programs into an income program that will eliminate welfare dependency and poverty. Poverty is one of the key determinants of health as identified by Health Canada. By eliminating poverty, we relieve a major financial burden to our health care system and other social services.

The gap between the rich and the poor in our society is widening, and costs that should be spread across society are being increasingly offloaded to the poor and disadvantaged. For example, 131,000 children in British Columbia, or one in six kids, are living in poverty today. The causes of poverty are systemic, based not upon poor choices, but upon lack of choices. Addressing systemic sources of injustice and poverty is a fundamental aspect of building a sustainable, healthy society.

But where the money will come from is the obvious question. As already indicated, \$3.5 billion already exists in our current benefit system to adequately support 7.5% in our society who are most vulnerable. That doesn't include the heavy bureaucratic cost that could be saved, that currently exists to provide these benefits. Finding more depends upon how we account for the savings and benefits of a more comprehensive GAI, and also by taking a hard look at who is benefiting from the wealth of B.C, and claiming our dividend.

ANDREW LEWIS, Green Party candidate, Saanich North-Islands

Sustainability confusion

For the past 10 months I have been working with the Economic Growth for a Sustainable Salt Spring Advisory Committee, on a project to develop an economic profile for the Island. The name of this committee is easily confused with the Sustainable Salt Spring Island Coalition, but the two groups are different and although they may share some similar interests, they are not related.

Economic Growth for a

Sustainable Salt Spring Advisory Committee consists of representatives of organizations and sectors on the Island that have an interest in the local economy. Committee members include: Maggie Allison, Kellie Booth, Ruth-Ann Broad, Lynne Brown, Lorna Cammaert, Russ Crouse, Jewell Eldstrom, Meror Krayenoff, Doug Mitchell and Tony Threlfall.

The project, funded by Human Resources Development Canada, is to develop a detailed picture of the local economy and to make recommendations that would support increased employment opportunities. At the end of the project there will be a public meeting presenting a summary of the information learned, recommendations and proposed future initia-

ELLEN GARVIE

Great kids

What great young people we are blessed with on our beautiful Island.

We had the pleasure of meeting with quite a number of them at the International Women's Day celebration,

A journal as literary as the Barnacle can be found in the most unusual places. Take, for example, Mount Bruce, near Wellington, New Zealand, known locally as Nga Mokopuna a Tane.

March 8.

What a well-mannered, articulate, sensitive group they

were. If they are representative of our Island kids—as I'm see MAILBOX p8



HOROSCOPE FOR THE WEEK

Hundreds of marauding sheep will come out of the distant hills this week and make manure of many of your dreams. It can't be helped. It's life's great lesson that nothing stays the same and to believe otherwise means that your feet are stuck firmly in the mud of old habits and old ways of thinking. If life is a bird on the wing, is this where you want to be? To lighten up you should go to your closets and basements and give away all those things that you no longer need. Oddly, now that you have less things to be attached to, you have more space in your mind. By giving you have received and now there is room for the unexpected, the miracle. Where you were, you're not and where you're not, is where the Dali Lambo hides all his candies.





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for the Raging Grannies

Shh! Heron fishing

In just a few short years, the number of nesting pairs of Great Blue Herons at Salt Spring's McFadden Creek heronry (officially recognized as one of Canada's important bird sites) has grown from 16 to 138. This is something just short of miraculous since, sad to say, their numbers are low elsewhere. These days, only about 8,000 of our Pacific coast subspecies (Ardea herodias fanini) can be found in their entire range from California to Alaska.

Part of the problem is the uncertainty of their food supply. Finding enough nourishment to keep themselves and their young alive is hard, chancy work. It takes many, many, many little fish like gunnels, shiner perch and other such small fry, their usual prey, to fuel birds as large as herons—and provide the groceries for their big, grabby babies back in the nest as well.

Great Blues look so calm and still as they stand waiting and watching in the shallows near shore. It's tempting to try and get close. But if it's been a bad fishing day, they may be desperately hungry. It's crucial not to disturb them when they are trying to nab their darting dinner. It's a beautiful sight to see them take wing, but every flight burns up vital calories, the energy they need for living-so every flight has to be paid for with a new intake of food. And each time they are forced off a feeding site, they lose precious fishing time while they search for another promising spot.

You can do our widewinged friends a great service by passing on the message: please keep your distance from Great Blue Herons while they are looking for food. That goes for dogs as well as people. It is especially critical from May to August, when the young are in the nest or just learning the tricky business of fishing for themselves, but it is important to respect the needs of hungry herons all year round.

> JUDI STEVENSON Waterbird Watch Collective

Despoiling the inner worth

We moved to Salt Spring a little over a year ago and count this a very positive move in our lives. There are so many things about life here that have helped us to feel happiness and added fulfillment in our lives. The commitment to our environment is one of the qualities that we have most appreciated about the residents of this beautiful island.

We have had heard much about our individual responsibility to protect this piece of paradise for our future generations and ourselves. We have seen many acts of personal sacrifice and courage as residents try to find a way to express a deepfelt need to stop the destruction of that which gives our lives beauty and security.

Sadly, too many of these efforts focus on the short-term goal of saving our forests and thus lose sight of the much more important goal of saving us from the spiritual wasteland that surrounds us. I applaud the courage of those who felt they needed to bare their bodies to save our forests, but I despair over the shortsightedness of those same ones who feel that by baring all, they are saving anything of worth. Surely, as a society, our first priority must be the dignity and spirituality of every individual. Sensualizing a meritorious goal only degrades us all and surely sends a destructive message to that generation who are trying desperately to find an anchor of truth in this world of lies and false illusions.

Surely let us save our forests, and rivers and lakes. But let us put as our prime priority, one of saving that which is our most worth: our spiritual natures. Let us become as vigilant and dedicated to rooting out those despoilers of our inner worth as we are those despoilers of our forests.

LORI KEITH

Facts about nude calendar

Mr. Dennis McKay, while you were so busy procreating in your bedroom, aiming for morally fit, sexually active and responsible offspring, you conveniently forgot about the rest of humanity.

Let me inform you that while evolving from hairy ape to high fashion model, nudity has always played a vital role. Were it to carve a Greek goddess in stone, portray a Rubenesque figure on canvas, or adorn the Catholic churches with well-shaped angels; and even Picasso had his own expression about a nude model.

Let's not forget the "kissmy-ass" ceremony performed by Scottish soldiers facing their enemy on the battlefield. Better not think about the billion dollar pornography industry.

Not in my backyards you

Dénouement

Hindsight is the warm wind of wisdom.

—Richard Cruickshanks

That's exactly your problem: it's not so much that you detest nude 16-year-olds, according to your statement, but the flabby, middle-aged crones with unpredictable lines and curves.

I feel sorry for your wife. By the way, what have you

done to save the forest from clearcutting lately?

Remember: our/your children will have no forest to wander in. This is what our/your society does to our/your future!

By the way, I am a 65-yearold crone, blessed with a hang belly and crooked toes. I stood up proudly for my principles.

OLGA VIRLY

SIN

The Saltspring Island Nation (SIN) concept is not about anti-Canadianism or even anti-Americanism for that matter; we must come together as neighbours in order to protect our community.

The naive concept of a "one world" government is a dangerous myth-so too is the idea that we want independence just to grow marijuana.

God planted a garden for Adam and Eve-secular humanism has destroyed the foundation for a moral society based on law.

PETER RAMSEY

Central Hall a mess

Central Hall: what ever happened to the "community" involvement in the management of the hall as in years past?

The first time I attended an annual general meeting of the Central Community Hall Society was April, 1992. Over a hundred of the community attended, many joined the society; there were nominations from the floor to fill vacancies on the board of directors, even voting for the different delegates.

Since then, interest has sagged. The last AGM of April, 2000 saw 15 present, the poorest turnout ever for a Sunday afternoon AGM. Seven of the ten board of directors, the hall manager, and a "voting block" of six from Golden Hands, and myself. A similar arrangement as the 1999 AGM. All ten board members were reshuffled to fill the board of directors, all elected by acclamation following the agenda of the meeting format. There were, of course, no nominations from the floor, no reason for discussion of any kind. The meeting was over in less than an hour.

The board of directors have lost all respect of the hundreds of members that have joined over the years. In fact, the board no longer records membership names. That method eliminates the need to canvas for nominations from membership; just choose those approved by the board and register at the meetings if they vote according to the board's program.

It is distressing to witness the downfall of the Central Hall. Rentals are at their lowest ever. There are only two regular tenants: the cinema and square dancers. I believe the hall has only been rented twice in the past 12 months to other organizations. Other Island halls are busy with community events. Fulford Hall is well booked with regular programs and the Save Salt Spring Campaign. Hart Bradley Hall is increasing its bookings as is Meaden Hall, and church halls, and private studios such as Cats Pajamas are all on an upward trend.

Central Hall offered free time for town hall meetings

and the Old Age pensioners have offered their hall to seniors groups who occasionally are bumped from their regular meeting time. Both groups declined—they would rather cancel their program than become involved with Central Hall under its present governing body. There is so much residual bitterness formed by the backroom manoeuvres of the unholy alliance of the Hall Society and Golden Hands from the past.

A large donation of \$15,000 bypassed Central Hall and was given to another seniors organization for that same reason three years ago.

I neglected to count the Salt Spring Historical Society monthly meeting at Central Hall, bringing the total of three regular rentals.

RON H. MILTON

New direction for festival

The Salt Spring Festival of the Arts is gearing up for a new and exciting season. Attending the International Folk Alliance Conference in Vancouver last month was a truly inspiring experience. At any given time in the evening and into the wee hours, there

were as many as 40 different showcases of musical talent from Canada and around the world, not to mention the innumerable performances happening in every room on six floors of the Hyatt Hotel.

I also had the opportunity to meet agents and managers and talk to other Festival Artistic Directors about booking some of the great talent travelling our way this summer. In the works is a community celebration of music, at an outdoor location, that will feature at least one big headliner act, family entertainment, and a lot of fun in the sun.

Confirmed to date at Art-Spring in early July is an original theatre production by Ron Max, and a show by the Salt Spring Hysterial Society. The festival is moving in a new direction and we welcome community input.

Come to our annual general meeting Thursday, March 22, at 7:30 p.m. at the Core Inn (second floor) and share your ideas and suggestions. This is our Festival and everyone is welcome.

> PATRICIA NOBILE SS Festival Artistic Director/Co-ordinator



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The Ujjal defence: I'm not responsible

Second Thoughts.. I could-

n't help feeling, as I watched news of the enquiry into an Ontario infant's death, that I had heard the mother's alibis before. She didn't know how to feed her baby properly, she said. Nobody told her that infants need regular feedings. It's not my fault, even though I lied about his weight. I didn't know any better. I'm not responsible.

And then it struck meit's the Ujjal Dosanjh defense.

Mr. Dosanjh has said the coming election is about choices. He's right about that. But it will not be about his desperate attempt to portray Mr. Campbell as a raving anti-abortionist, it will be about the choices Mr. Dosanjh and the NDP have made in ten years as government.

Where was Mr. Dosanjh when the decisions were made to build the fast ferries and the Sky Train extension? Where was he when Glen Clark and Tom Gunton drafted the "Fudgit Budget" of 1996? The evidence suggests he was there at the cabinet table taking notes, for what is Budget 2001, but a reprise of 1996? Both are cynical documents written on a flimsy tissue of (over-) "op-

with Alan Well timistic" revenue forecasts.

And lest we forget, there is the Carrier Lumber fiasco, where the NDP was found to have illegally reneged on timber cutting rights held by Carrier Lumber in the Cariboo-Chilcotin area to placate two native bands. They were also found by B.C. Supreme Court Justice Glen Parrett to have subsequently conducted "an active and deliberate attempt to suppress documents and withhold evidence."

At the time this judgement was handed down, July 1999, Mr. Dosanjh was Attorney-General. One might have thought that, given the unusually strong and unambiguous language

would admit defeat and settle. But no. Mr. Dosanjh appealed the ruling (later claiming that he had only cursorily read the briefing

notes!) and stretched the case out for another year and a half-long enough for Carrier's owner Bill Kordyban Sr. to have died in the interim.

The Premier's response to these issues is invariably a wide-eyed "Who me?" expression. A sort of affronted naivete. After

all, he may have been fooled. Choices will be gullible, ill-informed, distracted by the lovely view of Victoria's inner harbour, or,

of the ruling, the NDP for all we know, fast asleep on the floor under the Cabinet table. But he is not responsible: he didn't know, nobody told him.

So it appears the party is

prepared to run on Mr. Dosanjh's reputation for befuddled disengagement, against Mr. Campbell's reputation as an evil puppet of the corporate elite. A tale of two dummies: Mortimer Snerd versus Chucky.

Few will be made. People will choose to remember the late Bill Kordyban Sr.



Mortimer Snerd, long time companion to ventriloquist Edgar Bergen.

Environmental ethics workshop starts Thursday

by Gail Trafford

Bob Weeden will lead an environmental ethics workshop for four Thursdays starting this week. Weeden is a 20-year veteran teacher from the University of Alaska who preceded that term with a 30-year career as a professional scientist in Alaska.

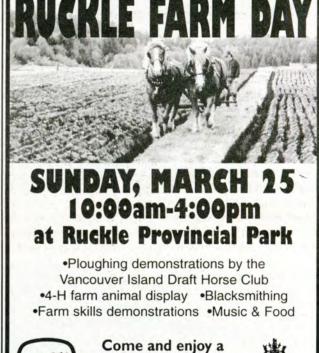
Weeden taught land use planning, environmental law and natural resource law. In the spring of 1990, he put together a fifteen-hour course on environmental ethics. For this workshop, he is modernizing that course.

The classes will explore the three streams of thought that have influenced man's relation to the natural world for the last 500 years: religion, science and capitalism.

The aim of the course is to help people think about their own beliefs and how they affect decision-making.

The course will limited to 12 participants and will be held at ArtSpring starting Thursday, March 22. The cost is \$20 for Conservancy members and \$25 for nonmembers. Call Jean Gelwicks at 537-4859 or Bob Weeden at 537-5403 for information.

BRITISHCOLUMBIA



Alora Griffin is pleased to announce she is licensed to practise architecture. Areas of interest include residential. commercial and community buildings.

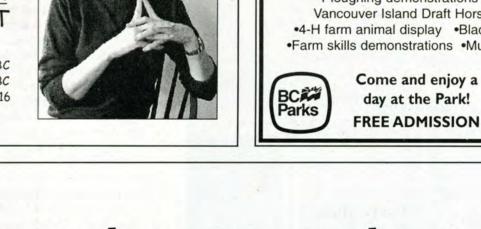


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Alternative Sources Part 3:

Infinite energy: harnessing the tides

by Dayle Gaetz

come the Saudi Arabia of the west. A fortune lies off our coast and around our islands, a source of power at least equivalent to conventional hydroelectric and thermal projects BC Hydro already has in place. It could not only supply our electrical requirements for the future, but provide a much-needed boost for B.C.'s troubled economy. And the best thing about this power source is that it is completely renewable and environmentally sound. It does not involve drilling for oil, but harnessing the tremendous power of the tides.

B.C. has the potential to be-

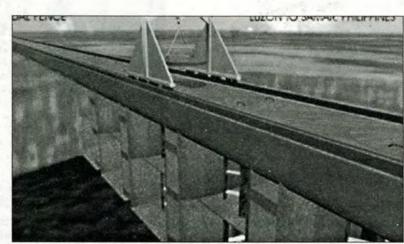
Michael Maser of Vancouver's Blue Energy Canada (BEC) says that the technology to use tidal power for generating electricity is available right here and right now. The company's Davis Hydro Turbine was developed by Barry Davis, an engineer who was a key designer of the Avro Arrow, a promising project quashed by the Diefenbaker Conservatives in the 1950s.

The idea seems straightforward enough: unlike conventional hydroelectric turbines that require a huge impoundment area and high vertical drop, the Davis Hydro Turbine relies only on pressure from moving water. According to Maser, it is "like a slowly revolving door minus the glass." Based on the same principle that gives lift to an airplane wing, this turbine takes advantage of the density and volume of sea water to rotate up

to six times faster than the speed of the current.

With plenty of space around and beneath the rotors, and because they turn at a maximum of 25 r.p.m., they do not impede the movement of fish. Engineers are now developing a sensor, similar to ones that open doors as shoppers approach, that would shut down a turbine for large objects—such as whales or logs-to pass through. Even so, Maser is quick to point out that "we don't anticipate spanning or ever completely blocking a passage." In addition, a careful environmental study will take place before choosing any site to avoid ecologically-sensitive areas.

Successful prototypes have already been built, funded by the National Research Council (N.R.C.) to the tune of \$1.5 million. N.R.C.'s final report was highly favourable and stated "the next stage for this technology is commercialization and we encourage



A bridge could be built over an array of turbines, as depicted here.

the utility companies to do that."

Which brings us to BC Hydro. BEC (formerly Nova Energy) relocated to Vancouver from Nova Scotia in 1992 to take advantage of a location "unparalled in the world." But the company remains unsuccessful in garnering support from either BC Hydro or the provincial government.

In 1994, then Premier Mike Harcourt commissioned a study by marine engineer Harold Halvorson, who endorsed the technology, stating, "in suitable sites, and many seem to exist, significant quantities of electricity might be generated on scales comparable to conventional power plants.... The technology is also suited to power generation in free-running rivers." He recom-mended that the technology "should be commercialized and needs to be tested on a large scale."

Harcourt was soon out the door and Glen Clark "didn't want to hear about ocean energy," according to Moser.

Moser said that BC Hydro has known of BEC's technology since 1979 but has chosen not to develop it, claiming it is too expensive. Which may have been true at the time, but development of the Davis Hydro Turbine has made the concept much more viable. Moser said, "Every year we make overtures [to BC Hydro] and never get a response."

Wayne Cousins, spokesman for BC Hydro, explained that in line with their commitment to acquire ten per cent of new energy from renewable sources by 2007, BC Hydro is looking at several renewable energy options. Cousins feels the most promising today are biomass, small hydro, and wind. Therefore, several projects are currently underway to explore the feasibility of producing power from each of these options.

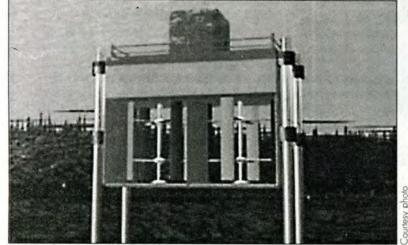
BC Hydro is willing to consider the BEC option, according to Cousins, and they want the company to "show us the technology—where it's at, and whether or not there are environmental implications." Something Maser argues has already been done, many times over.

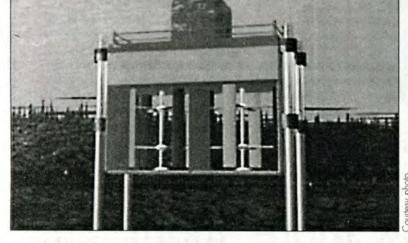
Cousins also pointed out BC Hydro has offered "funding for research on locating a site on Vancouver Island." He is referring to a site near Campbell River where BEC is awaiting funding to place two 250 kilowatt turbines. This will have a total output of 500 kilowatts, enough power to supply approximately 100 homes. BC Hydro did offer \$15,000 of the approximately \$10 million needed, while the federal government will kick in up to \$4 million. As with any technology in the research and development stage, initial costs are high but will come down once production is underway.

Maser is confident BEC's technology could "treble the output in B.C.," provide excess power for export and lead to a "huge manufacturing potential." However, the company may need to relocate once more. Washington State has expressed interest in using the technology in Tacoma Narrows, where a new bridge is needed: an ideal situation, according to Maser. The turbines could be bolted beneath the bridge, enabling Washington to "pay for the bridge in two years and have a renewable energy source" for the future.

Compared to BC Hydro's 10 per cent, Seattle City Light has contracted to meeting 100 per cent of its new energy needs with renewable energy by 2001. Maser also said Washington's senator would like to see his state become the "renewable energy hub of North America." He is excited about BEC's product and eager to meet with them.

Engineer Barry Davis is now close to 80 and frustrated that his turbines are not yet on line. His design has enormous potential, the benefits of which could too easily slip away from B.C. and go the way of the Avro Arrow.





Moving water produces no emissions

Unlike solar and wind, which are unpredictable sources of energy, and unlike even hydroelectric dams, which depend upon a certain height of water, tidal energy harnesses the power of tides and so can be accurately calculated far into the future.

The Davis Hydro Turbine (DHT) depends on moving water, not on the height of tides, which makes it viable in many locations around the world, in rivers as well as tidal channels. According to Blue Energy Canada (BEC) engineers, tidal energy may be the "largest untapped renewable energy source on the planet." Because seawater is 832 times as dense as air, the kinetic energy from only a five knot ocean current is equal to a wind velocity of 270 kilometres per hour. Which means an array of DHTs could produce approximately 180 times the power of either wind or solar technologies over a comparable area.

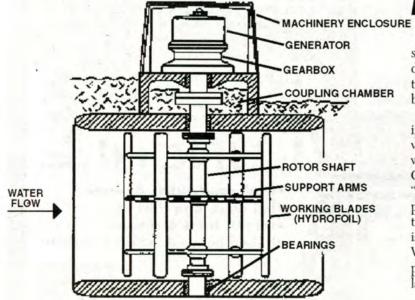
Being a vertical axis turbine, the DHT has the advantage of being "low head." It does not require the high head, or huge vertical drop, of conventional turbines. Therefore, no impoundment of water is necessary and no dams need to be built. The turbines are installed directly in the water, generally two or more on top of one another (depending on water depth) with a gear box and generator housed above the surface. As long as there is five knots of current in either direction, power is being generated.

BEC is experimenting with the use of hydrogen fuel cells to generate power during slack tides in order to keep a consistent flow of electricity feeding into the grid. This looks to be a perfect partnership because hydrogen can be produced as a byproduct while the DHT is generating power.

From an ecological point of view, because the DHT requires no containment area and allows the free flow of water and marine traffic, it creates a small footprint wherever it is installed. Another big plus is that there are absolutely no greenhouse gas emissions.

BEC believes that once in place, the cost will be competitive with conventional energy sources.

Dependable, predictable, economical, and ecologically acceptable, tidal energy may easily be the renewable energy wave of the future.



Top: a Davis Hydro Turbine (DHT) Bottom: a cross-section of the same turbine





CARLI HAY

Carli will be attending RCMP Police Camp later this week in Shawnigan training program. Congrats!

Lake. After submitting her resume, and writing a 2-page essay, she was called for an interview, and subsequently accepted into the week long

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To celebrate their 75th anniversary, the Emily Carr Institute will host a young artist exhibition in July and August. When the call for entries went out within

B.C., two local artists decided it was worth a try. Ara Matheson and Trinity Forbes, two GISS students, had the guts and now bask in the glory of having their work accepted to be a part of the show. Only 75 pieces were chosen out of approximately 2000 entries, and only 20 pieces were chosen in the 16-18yr. old category.

The two youths were ecstatic. "It's amazing ... I was shocked, actually," quipped Matheson. Forbes was way cool about the whole thing, and more than hinted at her excitement, reporting "I'm stoked!"

The girls' artwork and the rest of the exhibition will soon (sometime in May) be on the Emily Carr website, www.eciad.bc.ca. Scope it out!





Trinity Forbes

Tyler Morris, with a passion for golf and poised to create a career devoted to it, recently earned his place on the GISS golf team. The team, consisting also of Tyee Cook, Jordan Haenen, Mike Horan, and Brook Speed, was selected based on three tryouts to determine skill, consistency, attitude, and lowest scores. Coach Rob Griffiths' role is keeping them focused on giving it 110% and taking one hole at a time, as they start to train for upcoming tournaments and a chance at the end of May to compete in the provincials in Nelson. Morris will be attending Camosun College after graduation to obtain his professional golf course management certificate. Alright-tee!

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- 3. Dido No Angel

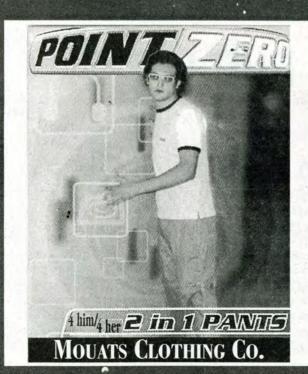
- 4. Shaggy Hot Shot
- 5. U2 All That You Can't Leave Behind'
- 6. Coldplay Parachutes
- 7. Aerosmith Just Push Play
- 8. Sade Lovers Rock
- 9. The Beatles 1
- 10. Enya A Day Without Rain

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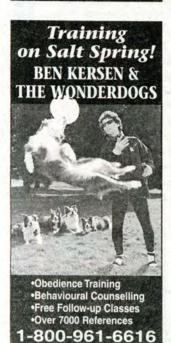
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Clockwise from top left: Lisa Maxx sang lead vocals for the Burgoyne Bay Blues Band at the Vesuvius Pub; Ramesh Myers and company played non-Celtic music at the Harbour House Hotel; the Triskele Celtic band performed at the Legion; Victoria's Kettle Of Fish played to a big crowd at Moby's Marine Pub; Vesuvius bartender Paul served up Irish spirit.



St. Paddy's Day pub crawl

by Helani Davison

The St. Patrick's Day pub crawl included a good variety of sounds at four different venues on the Island last Saturday night. The Vesuvius Pub was alive with the spirit of St. Paddy. There were waiters in green leprechaun hats, shamrocks adorning the walls, and a menu with an Irish flavour: Guinness beef stew and Irish cod-and-scallop pie. Rob, the bartender with "Kiss me I'm Irish" painted on his pleasant countenance, served drinks, including the traditional green beer.

The crowded dance floor rocked to the tunes of The Burgoyne Bay Blues Band, with Lisa Maxx as lead vocalist.

In her sexy, authoritative voice, Maxx brings an important element to the band. A tight performance for a re-

sponsive crowd. The masses showed up at Moby's Pub to hear Celtic folk/rock tunes by Kettle Of Fish. Derek Duffy and his band (minus fiddle) performed with two acoustic guitars, bass, and mandolin and dulcimer (played by Terry Warbey). The band created a sound that made the crowds whoop and whistle. Soldiers Joy, a rousing instrumental, got the crowd particularly worked up. Lively jigs with some deft flute playing got people moving on the dance floor No green beer, but lots of Irish spoken.

A mellow crowd relaxed and listened to the Celtic music of Triskele at the Legion. Two fiddles and two acoustic guitars pumped out some sing-alongs and got the audience in a knee-slapping mood. A life-sized leprechaun and some balloons dressed up the hall in honour of the occasion.

It was too early to determine the turn-out at the Harbour House Hotel where Kid Operetta appeared, but Ramesh Myers on lead guitar with a bass backup did some of his favourites from The Rolling Stones and David Bowie. It was a Celtic-free zone, but Myers did a nice rendition of the rarely-performed piece Like a Hurricane by Neil Young.



Harry Manx:

Bluesman plays Talons

by Dayle Gaetz

Harry Manx, the local blues musician best known for playing his unusual 20string Indian slide guitar, will play at Talons Restaurant this Friday, March 23 at 8:00 p.m. Tickets are \$10.00 and are available at Acoustic Planet. Manx will soon be off to tour Canada and other parts of the world, so the show is likely the last chance in quite some time for Islanders to hear this unique and talented blues guitar musician.

While his work was being showcased recently at the Folk Alliance Conference in Vancouver, Manx was approached by Toronto record label Northern Blues, who offered to re-release Cat My Dog, his latest CD. Accordingly, at the end this month,

Manx flies off to Toronto to attend the launch.

Although Manx sees Salt Spring as his home base for touring North America, he is off to Australia on April 6, where he will perform with well-known musicians Taj Mahal, Emmy Lou Harris, and Ben Harper. With that and other commitments over the summer, Manx may be hard to find here at home.

Manx attributes much of the reason for his sharply rising profile in Canada to a chance meeting at a Salt Spring party. Holger Petersen, who hosts CBC Radio's national program, Saturday Night Blues, heard Manx's music and invited him to Edmonton to be on his show.

World music played on harp

Alison Vardy, Sidney's Celtic and Paraguayan harpist extraordinaire, will be performing on Salt Spring at All Saints' bythe-Sea on Sunday, March 25 at 2:30 p.m. A master Celtic and Paraguayan harpist, Vardy's musical repertoire is eclectic, to say

This talented and accomplished Vancouver Island musician is clearly a connoisseur of world music. She has successfully interwoven Celtic, Latin, light classical, and world music to create a unique musical blend and a distinctive, personal style. Her latest CD, Apasionada, is a wonderful collection of tuneful pieces, played on customdesigned harps by Vancouver Island luthier, Andy Rigby. The harps themselves were built by Vardy in Rigby's Victoria workshop.

Alison Vardy maintains a very informative website, www.alisonvardy.com, with full booking, promotional, and CD release information. It even includes "live" streaming audio, made available to those online by an internet radio station.

The performance promises to be a very pleasant Sunday afternoon. Tickets are available at Acoustic Planet and cost \$6 or \$11. For more information, call (250) 656-5985.

Bluegrass music at All Saints'

John Reischman and the Jaybirds will provide a simply unparalleled treat for bluegrass fans at All Saints' by-the-Sea on Saturday, March 31. Reischman and his Jaybirds are undoubtedly an all-star bandband founder John Reischman is known for his powerhouse mandolin playing with the Tony Rice Unit and the Good Ol' Persons.

As a top-notch mandolin player, Reischman is at home playing bluegrass, folk, and jazz festivals. Backing him up is a great cast consisting of Nick Hornbuckle on five-string banjo, Greg Spatz on fiddle, Jim Nunally on guitar, and Trisha Gagnon on acoustic bass. Nick Hornbuckle has played with such groups as Bluegrass Signal and Kootenay Loop. Trisha Gagnon gained a reputation performing with B.C.'s award-winning Tumbleweed Band. Greg Spatz' distinctive style developed with Frank Wakefield and Due West. Jim Nunally's guitar playing was heard on the Grammy-winning album True Life Blues—The Songs of Bill Monroe.

John Reischman and the Jaybirds play All Saints' by-the-Sea Saturday, March 31 at 8:00 p.m. Tickets are \$12 and available at Acoustic Planet and Patterson's Market.

Soprano sings at ArtSpring

by Sandi Johnson

Acadian Suzie Le Blanc is one of the most admired sopranos in the world of early music. Her repertoire ranges from airs for the court to chamber music, oratorio, and opera. She has been praised by Classics Today as having no superior in the realm of 17th and 18th century music. As a child, Le Blanc began singing in the most notable choirs of her native Acadia. Following harpsichord studies, she developed a strong interest for Renaissance and Baroque vocal music. Since 1988, after studying voice in London, England, Le Blanc began performing with such renowned ensembles as the London Baroque, Purcell Quartet, Tafelmusik Baroque Orchestra, and Tragicomedia. In 1994 she formed a duo with lutenist Stephen Stubbs.

Dedicated to the vibrant and energetic performance of the music of the Baroque and Rococo, The Burney Ensemble is Vancouver's newest period instrument ensem-

ble. Flutist Sonja Boon, harpsichordist Valerie Weeks, viol da gamba player Nan Mackie, trumpeter Bui Petersen, and violinist Paul Luchkow perform the works of such composers as Bach, Handel, Telemann, and Dietrich Buxtehude. Stirring the Baroque cauldron, the musicians search for style, grace, and authenticity in respect to the repertoire.

Audiences are being drawn to early music performances because of the simplicity of the compositions. They find the music at times soothing and peaceful, and at other

times, very playful and merry.

As part of the Great Performers at Art-Spring series, Suzie Le Blanc and The Burney Ensemble will perform on Sunday, April 1 at 2:00 p.m. It is anticipated that they will play the music of G. P. Telemann, J. A. Hasse, R. Keiser, G. F. Handel, and L. N. Clerambault. Tickets are \$20 and are available at the ArtSpring box office: 537-2102.



Thank you,

We would like to thank the following businesses for there generous donations to the Nichola Howard fund Raffle: Ganges Village Market, The Barnacle, Thrifty Foods and Windsor Plywood.

We also would like to thank everyone who sold and bought tickets to make this raffle a success.

Nichola and family

Gord 4ollingsworth

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MYLES WILSON

MARCH 20 - APRIL I

Desert Island Choices

Reading, music and a visitor—what would you pick if you were stranded on a desert island?



LEGEND

Children

Music

Dance

Gallery

Interfaith

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Health

Meetings &

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Cinema / TV

Recreation

CALENDAR

LISTINGS:

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the Barnacle

Phone: 537-4040

Fax: 537-8829

email: barnacle@saltspring.com

Review in this

Special Event

Performing Arts

This week's castaway is Dana Pennington, an artist and dance instructor. After having lived in several other communities in B.C., Dana moved to Salt Spring six years ago. She finds the Island community "very conducive to artistic flights," which she partakes frequently through her small business (DCP Designs), her

dance studies, and her visual artistry.

Dana's hats, bags, and basic ware can be found at the Waterfront Gallery, Artcraft, Tivoli Gallery (in Sidney), and other off-Island locations. They can also be spotted at www.saltspring.com/dcpdesigns. Islanders will remember her paintings, which were hung at the Roasting Company from January to February of this year.

Currently, Dana is teaching a class called Movements of Dance. It runs on Thursday mornings at The Barn on Reynolds Road.

The Book: "I'd take a thick blank notepad, which I would spend most of my time staring at."

The Disc: "Focus by Gover Dahn titled (the title explains why)."

Fellow castaway: "I would take my two cats, Sammy and Charlie, who would keep all the mice at bay."

TUESDAY MARCH 20

Build a Solar Car Ages 8+. Fables Cottage. I-2pm Jill Louise Campbell Mirror & Reflections of the

west coast. I lam-4pm Christine Crombie Moby's Pub ASA Spring/Flower hanging

ArtSpring lobby Judy Harper Island Savings Yasmine Asmal Island Savings

The Heart Sutra North-end meditation. 7:30-8:30pm. Call 537-1497 for location.

Prostate Support Group Meeting. Lions Hall. Ipm **Planned Parenthood clinic** Core Inn. 4-6pm Breaking Up is Hard To Do.

Workshop. 7-10pm. 537-0081 T.O.P.S. weight loss group Call 537-2358 for location. 7pm

Flexible Strength All Saints'. 9-10am

Nia Fitness Dance All Saints', 5:15pm

Yoga class SS Centre. 6:30-8pm

Drop In Floor Hockey Fulford Hall 6:30-8:30pm

Emperor's New Groove 6:30pm Crouching Tiger... 8:30pm

WEDNESDAY MARCH 21

Drop-in for Parents and Preschoolers
Coffee, char supervised the Preschoolers Coffee, chat, supervised play. Fulford Hall.

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Yog Yog

Storytime at Fables Cottage. 10:30am Toy-Making Build a Squish. Ages 8+. Fables Cottage. 1-2pm

Kindergym 0-4 yrs. Comm. Gospel Chapel. 9-11am

Mowbray & Wall and guests Talons restaurant, 6pm

Wednesday Night Live Open Stage hosted by Vaughn Fulford. Moby's

Argentinian Tango practice Lions Hall. 7:30-9:30pm

Spell of the Sensuous Book study. United Church. 10-11:30am

Centering Prayer Contemplative Centre. 8am

Caregivers Support Group Seniors' Centre. I lam Soccer wind up tourney draw GISS library. 7pm

Ethics workshop ArtSpring. 7:30-9:30pm

Health Products Demo Alfresco's Restaurant, 7-8pm Spirit, Sound & Healing with Lalita Lane. Bodyworks Collective. 7-9pm

Yoga class SS Centre. 10am-12pm

Surfing for Seniors Corinternet Caté, 1-8pm

Antiques 2001

Glorious Weddings



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flowers by

Beth Cherneff

537-9252



MONDAY

MARCH 26 Crafts with Jessica

Star Chains. Ages 6+. Fables Cottage. 3:30-4:30pm

Caught in the Middle

Parent/children support group. Family Place. 6:30-8pm

Cats Pajamas Dance Class Lang Road Studio.

7:30pm **Argentinian Tango**

practice Lions Hall. 7:30-9:30pm Vipassana

Meditation The Barn. 7:30pm

Cats Pajamas Feldenkrais Class

Lang Rd. Studio. 6pm Yoga class SS Centre. 9-10:30am

Life Model Drawing United Church. I-3pm

> **Fun Darts** Legion. 6:30pm

TUESDAY MARCH 27

Toy Library Portlock Park & Beaver Pt. Hall. 9:30-10:30am

The Heart Sutra North-end meditation. 7:30-8:30pm. Call 537-1497 for loca-

Fall Fair Volunteers meeting Farmers Institute upstairs mtg room. 7:30pm

SSI Paddler's Club United Church Hall. 7:30pm

Planned Parenthood clinic Core Inn. 4-6pm

Breaking Up is Hard To Do. Workshop. 7-10pm. 537-0081 T.O.P.S. weight loss group Call 537-2358 for location. 7pm

Flexible Strength All Saints'. 9-10am

Ladies Golf & Spring Luncheon SSI Golf & Country Club. 10am.

Tickets at pro shop. **Nia Fitness Dance** All Saints'. 5:15pm

Yoga class SS Centre. 6:30-8pm **Drop In Floor Hockey** Fulford Hall 6:30-8:30pm

Crouching Tiger Hidden Dragon 6:30 & 9pm

WEDNESDAY

MARCH 28 **Drop-in for Parents and Preschoolers**

Coffee, chat, supervised play. Fulford Hall. 10am-12pm Storytime Fables Cottage. 10:30am

KinderCraft

Easy Weaving. 3-5yrs. Fables Cottage. 1-2pm Boondoggle

Bracelet making. Ages 8+. Fables Cottage. 3-4pm Kindergym

0-4 yrs. Comm. Gospel Chapel. 9-11am

Argentinian Tango practice Lions Hall. 7:30-9:30pm

Spell of the Sensuous

Book study. United Church lower hall. 10-1 1:30am Centering Prayer Contemplative Centre. 8am

Caregivers Support Group Seniors' Centre. Ham Salt Spring Library AGM United Church. 3pm

SSI Garden Club "Sex in the Orchard". Meaden Hall. 7pm

Anger Management for Women Group starts. 380 Starks Rd studio. I-3pm Simple home massage techniques Lecture by Melissa Darou. Seniors' bldg. 2pm

Health products demonstration Alfresco's Restaurant. 7-8pm

Reflexology: Fancy Footwork with Anna McColm. Bodyworks Collective. 7-9pm Yoga class

SS Centre. 10am-12pm **Surfing for Seniors** Surfing for Seniors
Corinternet Café. I-8pm

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MARCH 22

Family Walk at Mouat Park. 10am Storytime at Fables Cottage. 10:30am Learn to Juggle 8+. Fables Cottage. I-2pm

Under Milk Wood ArtSpring. 8pm.

Sing Along Group Seniors' Bldg. 2pm Movements of Dance class

The Barn. Reg: 653-9549. 10-11:15am Salty Wheels Square Dance Central Hall. 7-9pm.

Community Meditation United Church. 11:15am-12:30pm Soup's On-Free soup, sandwich. All Saints'. 11:30am-1pm **Community Gathering** United Church, 5:30-7pm

SSI Weavers & Spinners Guild ArtSpring. 10:30-noon Islands Trust Local Trust Comm.

Business mtg. Lions. 1:15pm Festival of the Arts AGM. 2nd floor Core Inn. 7:30pm Flexible Strength All Saints'. 9-10am

Yoga class SS Centre. 4-5:30pm Nia Fitness Dance All Saints'. 5:15pm Climbing The Wall. 6:30-9:30pm Badminton Club GISS gym. 8-10pm Survivor: Down Under

Giant screen tv at Talons. 8pm

MARCH 23

Storytime Fables Cottage. 10:30am Myths & Fairytales for 7-10's Public Library. 3-4pm

Rughugger's: Potluck & Support Family Place: 11:30-1pm Salt and Puppet Theatre.

Making Puppets—Telling Stories. 6-12yrs. 9am-noon. Call 653-9253

More Music and Me Parents with children 2-4 years. Family Place. 9:30-11am. Registration: 537-4416

Under Milk Wood ArtSpring. 8pm Open Stage

Rose's Cafe. 7pm Montessori Evening

Info for adults. Fables Cottage. 7-9pm Menopause Transition as **Archetypal Journey**

Weekend workshop Register: 653-9224. 6:45-9:30pm Soundspirit

Bodyworks Collective. 7:30-9pm Climbing The Wall. 6:30-9:30pm

Rollerblading to Music Fulford Community Hall. 7:30pm Black light bowling

King's Lane. 9pm-midnight Crouching Tiger Hidden Dragon Emperor's New Groove 4pm

SATURDAY MARCH 24

Antiques 2001 Antiques 2001 Fundraiser. Meaden Hall. 10am-4pm

Erotic Costume Show & Ball Mahon Hall. 7:30pm doors, 8pm show

Make a Kite Ages 6+. Fables Cottage. 1-2:30pm

Under Milk Wood ArtSpring. 2 & 8pm **Barrington Perry**

Soft Jazz. Alfresco. 6-9:30pm Live Music Harbour House Lounge.

7-10pm **GLOSSI** dance with Sunyata & art show Lions Hall. All welcome. 8pm

Electric Vehicle Club Lions Hall. 2pm

Menopause Transition Weekend workshop. Reg.: 653-9224. 9:45am-5pm

Yoga class SS Centre. 9:30-1 lam. Free. Library Book Sale Library. 10am-1pm

Ladies' Night/Men's Night Legion. Doors open 6:30pm, close 7pm for show.

Crouching Tiger... 7pm

SUNDAY MARCH 25

Ruckle Farm Day Demos, displays,

music, food. 10am-4pm Alison Vardy Harp concert. All

Saints', 2:30pm The Other **Brothers** Fulford Inn.

6-9pm GLOSSI Monthly mtg. Seniors' Bldg.

2pm Menopause Transition Workshop. Reg.: 653-9224.

9:45am-2pm Climbing The Wall. 6:30-9:30pm Badminton

Club GISS gym. 8-10pm Emperor's

New Groove Crouching Tiger... 7pm

RUCKLE FARM

Sunday, March 25th

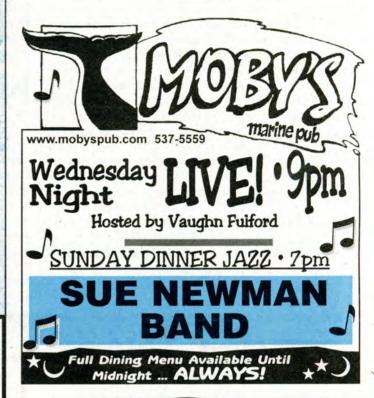
Demos - Displays - Music - Food Join the fun 10:00am-4:00pm at Ruckle Park!

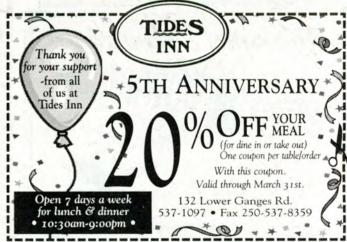
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SATURDAY, MARCH 24th

10:00 a.m. to 4:00 p.m. Meaden Hall (Legion)

Fundraiser for Salt Spring Island Student Scholarship.

THURSDAY MARCH 29

Family Walk Mouat Park. 10am Storytime Fables Cottage. 10:30am

Under Milk Wood ArtSpring. 8pm.

am-12pm

3-4pm

11:30am

e. 8am

ch. 3pm

. 7-9pm

Sing Along Group Seniors' Bldg. 2pm

Movements of Dance class The Barn. Reg: 653-9549. 10-11:15am Salty Wheels Square Dance Central Hall. 7-9pm

Community Meditation United Church. 11:15am-12:30pm Soup's On Free soup, sandwich. All

Saints'. 11:30am-1pm Ten Days for Global Justice United Church. 5:30pm potluck, 7pm film, 7:30pm Jill Harris lecture

SSI Weavers & Spinners Guild ArtSpring. 10:30-noon MS Society Seniors' Bldg. 7pm. Flexible Strength All Saints'. 9-10am

Yoga class SS Centre. 4-5:30pm **Nia Fitness Dance** All Saints'. 5:15pm Climbing The Wall. 6:30-9:30pm Badminton Club GISS gym. 8-10pm

Giant screen tv at Talons. 8pm **Psychic Development group** Psychic Development Bodyworks Collective. 3:30-5pm

Survivor: Down Under

FRIDAY MARCH 30

Storytime Fables Cottage. 10:30am Myths & Fairytales for 7-10's Library. 3-4pm Rughugger's: Potluck & Support

Family Place. 11:30-1pm More Music and Me Parents with chil. 2-4 yrs. Family Place. 9:30-11am. Registration: 537-

Under Milk Wood ArtSpring. 8pm.

Open Stage Rose's Cafe. 7pm Rhythms of **Zimbabwe** Concert and dance.

Beaverpoint Hall. 8pm SS Potters Guild Meeting 720 Beddis Rd. 8:30am. New members welcome.

Climbing The Wall. 6:30-9:30pm Rollerblading to Fulford Hall. 7:30pm

Black light bowling King's Lane. 9pm-mid.

SATURDAY MARCH 31

Fabulous Flea Market Fundraiser for and at Fulford Hall. Ham-3pm

SSI Rod & Gun Club Annual game dinner. Club house.

Under Milk Wood ArtSpring. 2 & 8pm

Sue Newman & Ramesh Meyers Harbour House Lounge.

9pm-midnight **Barrington Perry** Soft Jazz. Alfresco. 6-9:30pm

Live Music Harbour House Lounge. 7-10pm John Reischman and the

Jaybirds CD release/concert. All Saints'. 8pm

Yoga class
SS Centre. 9:30-1 lam. Free. Library Book Sale

Salt Spring Wine Lovers Wine Tasting - Champagne! Thunderbird Gallery. 7pm

More Innovative Book Structures Bookbinding workshop. PARC portable. 9:30am-3:30pm

SUNDAY APRIL 1

The Other **Brothers** Fulford Inn. 6-9pm

Yoga, Energy work and Sound Workshop at

the Bodyworks Collective. Reg: 538-1988 Climbing

The Wall. 6:30-9:30pm **Badminton** Club GISS gym.

8-10pm

Newcomers Sunday Morning Walk Meet at buoy in Centennial Park

Did You Know?

Your community calendar listings on this page are FREE! ... and will also be posted on the DailyBarnacle website! ...

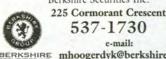
Listings in the Community Calendar are sponsored by the advertisers on this page. Help us keep this calendar as current, up-to-date and extensive as possible and please support its sponsors. To see your event listed in the Community Calendar, you can drop by the Barnacle office at 324 Lower Ganges Road, and pick up a form to fill out. Thanks!

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Boys intellectual

Flick Pick ... with Jason Tudor

In Curtis Hanson's new film Wonder Boys, Michael Douglas plays middle-

aged writing professor Grady Tripp. Grady's wife just left him, and his highly-anticipated second novel is at 2,600 pages with no end in sight. The same night that his editor shows up to check out the manuscript, Grady's student James accidentally kills Sara's (Frances McDormand) dog. Worse, Sara and Grady are having an affair, and she's pregnant. Even worse, Sara's husband is head of the English department. Grady has bigger problems than just writer's block.

When Wonder Boys failed to nab an Oscar nomination for Best Picture, many film buffs blamed its February release date. The Oscars are often criticized for having a short memory, rewarding only those films released in the last few months of the year. I don't think that's the reasoning here.

Despite the fact that it is a comedy, Wonder Boys is pretty much an intellectual film. Not because it has an intellectual message, but because it is about people who are intellectuals. Grady is, of course, a struggling writer, but there is also James' hesitation in facing his own genius, and Sara's pending embarrassment within the university. These stories aren't the kind of thing that Hollywood favours much.

The two best things about the film are its performances -especially Michael Douglas playing very much against type—and its casual, almost gentle style of comedy. When James notices the massive pile of paper that is supposed to be Grady's next great American novel, he asks, "Is all of that single-spaced?" There's a minimum of sarcasm in James' voice, and you can see the sympathy on his face. This is the essence of Wonder Boys, a film that lets you both laugh at and care for its characters at the same time.

Rating: 14a Running time: 1 hr 52 min



Antiques 2001 Roadshow:

Host has long-time credentials

by Judy Harper

Al Bowen has been in the antique appraisal business since the age of 15 when he attended an auction and got the bug. Shortly after that, he moved to England where he worked in the trade and rescued antique furniture from Guy Fawkes Day bonfires. Now, he is the proprietor of Bowen &

Associates Museum and Estate Appraisers in Vancouver and the intervening years have taken him on some fascinating journeys.

He was guest curator for the Vancouver Museum's 100th birthday celebration titled 100 years—A million stories in 1994, and also for the Frederick Amess Art Collection exhibit at the

North Vancouver Museum and Archives in 1995. He has been a lecturer and consultant at the Vancouver Museum, and has conducted appraisals for an impressive list of clients as widely diverse as Canada Customs, The Epigraphic Society of Florida, and the Doukhobor Village Museum at

Just recently, he appraised the silver cross taken from the coffin of Louis Riel, which had been sold to a Winnipeg book dealer by Riel's nephew. Years of working in the trade have not diminished his excitement at each new find, and have added to his vast store of historical knowledge. With all that, he says, he still wishes his treasures could talk.

In trade lingo, "collectibles" originate in the 1950s and 60s, and items become "vintage" at age 50 and "antique" at 100 years of age. Bowen, who began the Antiques Road Show in 2000, regularly holds clinics at a variety of venues around B.C., and says that Salt Spring's diversity has proven to be of particular interest. If last year's crowd was any indication, this year's Antiques 2001 Roadshow should be busy, so arrive early.

Tickets for viewing are \$5 at the door (appraisal tickets are no longer available) and the show begins at 10 a.m. on March 24 at Meaden Hall.

Neighbour stars as sleuth

Director, producer, and actor Marek Czuma (a Galiano Island resident) is starring as the world-famous sleuth in the Chemainus Theatre's production of Sherlock Holmes' The Hound of the Baskervilles until April 14.

Czuma is well known to local theatre artists and patrons: he has worked extensively with Galiano artists over the past five years and is building his career in Vancouver. His appearance in the Chemainus production will be under his professional stage name, Mark Wiedman.

Set in England, in 1923, the story involves a mysterious curse that follows the Baskerville family fortune: death caused by a legendary phantom hound that prowls Dartmoor. Only Holmes, with the help of his faithful Watson, can stop the beast and solve the crime.

Artistic Director Jeremy Tow has adapted Sir Arthur Conan Doyle's most spinechilling mystery in an innovative way with some acting ensemble (Season comedic interludes. "I think 2000) and being a founding this adaptation will be a surprise to audience members familiar with the original Conan Doyle story," said Czuma. "This version includes psychological twists and turns in the characters that will astonish!" Czuma added that the set and costumes are impressive.

Czuma's professional career in TV/film and theatre spans over 13 years. Two of his most notable theatre credits include a membership in the Shaw Festival member of Vancouver's Bard on the Beach. He has worked with a number of Canada's most well-known theatre companies, including London's Grand Theatre, Vancouver Playhouse, Theatre North West, and The Shaw. TV credits include The X-Files, Dead Man's Gun, Millennium, and Viper.

For information and reservations, call the Chemainus Theatre box office at 1-800-565-7738.

A song to celebrate woad Musical Musings ... them look war-li There's a good Shaw's Caes Cleopatra w



We've missed St. Patrick's Day now, and we forgot all about poor

St. David of Wales' feast day (March 1), so I thought I'd make up for that by printing an amusing song that goes to the well-known tune of Men of Harlech. It's called Song of the Ancient Britons, and glorifies woad, the blue stuff they put on their bodies to make

What's the use of wearing braces, Hats and spats and shoes with laces, These affairs you buy in places Down on London Road? What's the use of shirts of cotton, Studs that always get forgotten? These affairs are simply rotten; Better far is Woad.

Woad's the stuff to show men! Woad's to scare your foemen! Boil it to a brilliant hue And rub it on your back and your abdomen! March up Snowdon with your Woad on, Never mind if you get rained or blowed on; You'll not need a button sewed on; Tailors can be blowed.

them look war-like.

There's a good line in Shaw's Caesar and Cleopatra when the British slave, Britannicus,

is twitted about his countrymen using woad. He replies to the effect that it's a jolly good cover for the body, and though their enemies may strip them of their clothes, they cannot strip them of their dignity.

The song is at least 80 years old, but I haven't been able to find out anything about the whimsical author.

Romans came across the Channel, All decked up in tin and flannel; Half a pint of Woad per man'll Dress far more than these. Saxons, do not waste your stitches Building nests for bugs in britches; We have nowt to clothe us, which is Not a nest for fleas.

Romans, keep your armours! Saxons, your pyjamas! Hairy coats were made for goats, Gorillas, yaks, retriever dogs and llamas! Ancient Britons never hit on Anything so fine as Woad to fit on necks or knees or where you sit on-Go it, Ancient B's!



CROUCHING TIGER, HIDDEN DRAGON

Tues., March 20 • 8:30pm Fri., March 23 • 6:30 & 9:00 p.m. Sat. - Mon., Mar. 24-26 • 7:00 p.m. Tues., Mar. 27 • 6:30 & 9:00 p.m.

2 HRS

Ang Lee directs Chow Yun Fat and Michelle Yeoh in spectacular martialarts adventure set in ancient China. The stunts will take your breath away!



Tues., March 20 • 6:30pm Sat. & Sun., Mar. 24 & 25 4:00pm



20 MIN

Feature-length Disney animation about a bratty young emperor, turned into a llama by his ambitious advisor, who befriends a peasant and seeks a return to his old life. Voices by Eartha Kitt, John Goodman and David Spade







Two revellers get ready for the Erotic Costume Show and Ball to be held at Mahon Hall.

Erotic ball Saturday

by Helani Davison

Get your most erotic duds out and strut your stuff at the Erotic Costume Show and Ball. Everyone is encouraged to costume up and express their individual sexual side through imagination.

Starting at 7:30 p.m. on Saturday, March 24, a smorgasbord of titillating things will be happening at Mahon Hall. There will be stilt-walkers, human sculpture, sensuous massage, reiki, tea leaf readings, tarot readings, and even an edible body painting contest! Showers are available for the paintees.

A show will include poetry readings, a dance performance, and comedy with pop-

ular funny man Shilo as M.C. A public dance will feature DJ Adams with Global Groove to include sensuous Indian rhythms and a black light dancer.

There will be lots of sexy surprises to keep your libido dancing throughout the evening, but we have to keep some things a secret for now. There are also interesting prizes to be won in the contests and the

Admission is by donation, with a \$5 minimum. All proceeds go to the ASA (Artists of Salt Spring Association). The event is licensed and catered. Call Oria at 537-6576 for more details.

Art lovers wanting to see

SIX ACRES OF SECLUDED **OCEANFRONT** ON A WOODED at Welbury Point **PENINSULA** 255 Welbury Pt., Salt Spring Island, B.C. V8K 2L7 www.salt-spring.bc.ca/spindrift/ Wildlife (250) 537-5311 Private White Sand Beaches Six individually appointed cottages, in freplaces, directly overlooking the sea. Adults & approved pets.

Raddysh patch sprouts

by Gail Trafford

The Raddysh Patch is sprouting on Salt Spring and local children are invited to pick a crop of crisp, fresh fun at the Fulford Hall on April 1, from 2:00 to 3:15 p.m. Jim Raddysh, a ten-year veteran television entertainer from the show Toon Raiders (broadcast from Kamloops) has put down new roots on Salt Spring and Island children are sure to reap the re-

Raddysh promises an interactive show with singing, dancing, juggling, magic tricks and lots of playful activity. Some children from the audience will even have a chance to join him on

The Raddysh Patch (1991), Raddysh's first album, features nine original songs, all with a rock and roll twist. At the concert Raddysh will perform these and a new crop songs he has written for his next album. Personal experience inspired songs such as Fearless Freddie the Frog, which portrays a huge frog with a broken leg that visited the Raddysh family's neighbourhood one summer.

Hurrah! Hurrah! What a Wonderful Day is Raddysh's trademark song and the first to bring him renown. Raddysh wrote water safety songs while work-

Crombie show ends soon

Christine Crombie's Empty Chair exhibition currently hanging at Moby's Pub have only until April 1 to do so. Last week's Barnacle had reported the wrong ending date for the show.

ing for the Red Cross but he resigned that job to fulfill his dream of becoming a full-time children's entertainer. Still relatively unknown, he was invited at the last minute to replace the ailing star of the Mackenzie Children's Festival. Jim was an instant hit and that song, written for the Mackenzie festival, remains his trademark.

Raddysh has had the opportunity to work with Mr. Dress Up, Charlotte Diamond, Fred Penner, and Al Scott. He is a featured artist on the Rocky Mountain Railroad Tour. For the past few years Raddysh has taken a break from the promotion of his career to be

home with his own young children. But this summer he plans to step up the pace and will play at children's festivals on Vancouver Island and Cranbrook.

Islanders are invited to bring the whole family to this concert. Admission is \$6 each and proceeds will go to the Fulford School Grade 4/5 trip to Barkerville. Tickets are available at the show's sponsors, Fables Cottage, and West of the Moon, where Raddysh' will give a sneak preview of his performance on March 24 and 31 respectively. Tickets can also be purchased at Acoustic Planet, Stuff and Nonsense, and Fulford School.





Early times: tales of Kings and Monks

Shades of Our Past ... with Anne Humphries

ple,

white, and yellow, carpet old Island orchards. I am rambling over land that Ashdown Green, in his 1874 survey of Salt Spring Island, described as "Howmore's 1877 pre-emption-rocky, poor, and a good cattle run." He was referring to Haumea (Homia on the Beaver Point School Roll), the Kanaka pre-emption that was forged into impressive orchards and rose gardens by his successor, James Monk. David Wood told me that Howmore was a summer spot on the west coast of Scotland which he remembers as a child.

Trage and Spikerman, who seemed to facilitate land purchase swaps on successive pre-emptions way back then, described the lands to prospective owners as "ideal for growing everything." To be fair, they did donate 40 acres for a Beaver Point Park and School.

Early settlers brought gorse and broom to our islands. But they also planted horticultural treasures: King apples and strawberries on Russell Island that ripened a week before anyone else's; the white hawthorn, which has left fields of chance seedlings; lilacs by the door, to symbolize permanent settlement. My friend Margaret Monk Bapty remembers plucking pears of six to seven varieties from the upper orchard while on horseback with sister Midgy and Ruby

On hot summer days, they skinny-dipped in the cove that facilitat-

Violets, pur- ed apple shipping; it was colored aquamarine by white clamshell de-

> Today, I am carefully crossing the old Stevens farm to the old King homestead: blue chinadoxis, 100-year-old daffodils, fruit trees, one of the mature weeping elms on the Island, and a walnut tree planted by King. This homestead borders the land of Stevens, and Haumea-Monk. King and Stevens changed their names to make life

The former Joseph Kandruff (King) was from Sperna, Turkey; Stevens from Syros, a Greek Cycladic Island. Both were great mariners. King came to Salt Spring with his pre-emption, oxen, and horticultural skills. He was father to Alex and Constantine, who went down with the Triumph, a sealing ship between Japanese and Russian waters, circa 1904.

The remaining son, Leon, married Sophie in 1900; she is ancestor to Lydia. They also had daughters: Hazel and Vera. The first Mrs. King, Gladys, worked for the Erkers-Akermans at Journey's Rest. My ancestor, Robert Porter, worked with Joseph Akerman in the 1850s on the Beckley farm in Victoria (James Bay) before Joseph came to settle the Fulford Valley. Early times!

Sophie was one of the seven Purser children of the Stowell Lake farm. She married Leon, who logged the timber for their home from Cusheon Lake. He



View over the King orchard today, looking toward Russell Island

fished with Sophie and they built 10to 12-foot rowboats. She helped plane the wood, climb the rails, and split their cedar on the beach. She made nets for fishing.

Russell Island was originally preempted by William Haumea in 1886, after he eyed it from his south-end farm. His daughter Mary was unhappily married to "Peavine" Kahu. She died in childbirth or at his violent hands. She is buried in St. Paul's churchyard.

Mr. Pappenberger, next to the Ruckle Farm, collected the fresh milk every morning at dawn in his horse-drawn cart, returning from the Ganges Creamery late in the day, horses guiding their own way home. His wife, Mary, was a close friend of Mrs. Stevens: they would put a small sail on one of the 16foot rowboats and be gone for days navigating the Islands.

Harry Bapty, before he left us last year, told me that the borders between the Monk and King farms moved every year according to the wishes of the neighbourly owners!

I am crossing the Stevens' old orchard. The only sign of farm habitation is an old garden of crocus, St. John's Wort, white and purple lilac, blue iris, and gnarled and twisted plum, pear and apple trees. The home that burst with music, apple peels on the winter hearth, happy childhoods, and the door knob on which Mr. King left chocolate for Joan Stevens Ingram and her brothers Peter, George and Andrew are gone.

The King house as it looked in 1901

Jessie McLennan sent a poem to Joan written by Joan's mother in 1910. The rich, native heritage reaches beyond the early settlers' plantings to the indigenous Calypso bulbosa, the ladyslipper. It is a legend written by a little girl embracing the love of her surroundings and her ancestors.

Maybe an Indian maiden in velvet doeskin dress

Stealing out to meet her lover-'gainst her father's wish expressed

Sheltering from her father's anger Her love closely press'd Dropped her beaded moccasin When the arrow found her breast Tell me, did the gentle Eros By love's immortal power Change that little doeskin slipper

To this small and fragrant flower? Joan remembers Lee (who was Leon's son and who was with us till 1993). He carried her from Beaver Point School to home during a vicious southeast-southwest storm, with trees falling around them and the boats in the bay threatened.

Many of the pictures we have of these times and places come from Mr. Ruckle, who photographed

weddings and special events.

The original King home and barn still stand. Old Bill Haumea is buried close by, as is Maria. Her white clapboard farmhouse and tower peep at us from across the channel. The land on both sides is thick with green mosses, lichens, flowerings to the sea; a Dorothy Perkins rose rambles on the trellis in Maria and Judith's garden. The small, white, single Monk Rose we found in the orchard is soon to be company to La France, a floppy, sweet, pink rose brought to Saturna Island by Gerry Payne in the 1890s. It will be planted here for our son's marriage in July: a southend celebration for family, friends, and neighbours.



Congratulations to the cast and crew of GREASE

Your performances were outstanding and a credit to your school and community.



Workshop explores menopause as journey

by Peggy Abrahams

Honor Griffith, a Jungian-based psychotherapist, will hold a weekend workshop entitled Menopause transition as archetypal journey this Friday, Saturday, and Sunday. Menopause is not a disease, noted Griffith, "...yet the culture we live in tends to treat it as a condition in need of a cure."

When a woman complains to her doctor of symptoms like hot flashes, sleeplessness, and inexplicable crying, the tendency is to offer medication, said Griffith. "What she is rarely given is psychological insight into the inevitable transformational journey.... When the goal is only the elimination of the symptoms, without the conscious exploration of what the change is demanding psychologically, some women may fail to reap the full benefits of post-menopausal life," she

Griffith stressed that menopause is a stage of adult development. "It's like a dying of the old self—something new wanting to be born-that's why I called it an archetypal journey."

She compared the journey to the ancient Mesopotamian myth of Inanna, queen of heaven and earth, who journeved to the underworld to confront her sister, the mistress of death. In the underworlds, Inanna is killed, and left hanging for three days before being brought back to life. "Like Inanna, we sometimes first must confront our own mortality and die to the old self before experiencing the gift of transformation," said Griffith.

Acknowledging that menopause is hard for women to confront, Griffith said the workshop will use the insights of Jungian and archetypal psychology as a framework for this transitional passage. "It uses the myth of Inanna's descent and return as a template for helping women to deepen the connection to their own unique journey."

The workshop provides what Griffith called a safe container for women to explore these issues and realize they are not alone on this journey. With more than 20 years of experience giving workshops, Griffith said, "It's helpful for people to do it in a group.

Griffith said the workshop is for people who are ready, and want to do it. "It's intensive, but fun, too," she said. To register, contact Griffith at

Embrace your Crone

A weekend retreat for women entering the cycle of the Crone is being offered on Salt Spring in April. As women enter the vital time when the procreative cycle has passed, there are many things to grieve, including youthful bodies which are highly valued in our culture. Having been fueled by romance, sex, mothering, and nurturing the needs of others, women are left wondering what is next. This rite of passage is meant to be vital and meaningful.

The Crone, or Lamplighter, represents the time when the soul's search for meaning leads women deep inside the story she has woven through her life. This workshop will help women find the wisdom that is their true essence. This time of introversion can be painful and lonely, but the goal is to emerge as a woman-whole unto herself-who can touch the lives of others through her wisdom.

Facilitator Leyah Bennun has organized many transformational and healing groups for women during the past 12 years. Her passion for life, dance, meditation, and ritual has been inspired by many cultures.

The workshop, which runs from April 27 to 29, will be held at a tranquil lakeside retreat where healthy vegetarian meals will be served. For more details, call Leyah at 537-0081 or Bo at 653-4601.

Cytisus scoparius:

Broom control essential for ecology

by Stan Wharry

Broom is a severe threat to the coastal Douglas fir eco-system, to the Garry oak meadows, to manzanita, to blue camus, and to a myriad of other native plant species, wildflowers, and the wildlife that depends on them. In some cases, species have been put on the endangered list because of broom and it has caused the extinction of at least one species of butterfly. Economically, it is interfering with reforestation after harvest by 37 to 55 per cent.

In this drought-apparent summer, we know that broom quickly carries the hottest, most dangerous fires to the canopy. Broom overruns pastures, utility corridors, and roadsides, increasing the maintenance costs of these operations. The B.C. Ministry of Highways has admitted fault in using broom as a bank stabilizer and have discontinued this practice because the negative impact far exceeds any gain.

Broom is very toxic and has been declared an unsafe herb by the U.S. Food and Drug Administration. Broom may produce intense allergic reactions during its flowering season, and contains alkaloids that can be toxic to the heart and nervous system, much like digitalis. Livestock, particularly horses, are also at risk. Pregnant women should avoid using it, and

children should be warned against eating the seed pods, which can lead to coma and death! Not withstanding the above, grazing by sheep and goats will not

achieve significant results.

The Sooke Watershed management (Greater Victoria) has expressed concern to Dr. R. Prasad, broom specialist for the Canadian Forestry Service, about the number and the amount of seeds and flowers in their reservoir.

Creating a broom noxious weed bylaw is one of the solutions to infestation.

The most sig-

per year for 15 years—each of which can remain viable for 81 years—we have an ecological land mine. But case studies of spreading organic matter or biosolid

> soil amendments, have shown successful results in impeding broom's growth and allowing more competition from the plant communities.

Another part of the solution with portable chicken management units which consume the seeds.

A very productive solution is in re-vegetation

nificant control results are through a sustainable amazingly simple and can perennial harvest. The be incredibly productive. next step is the processing Because broom starts flow- of all the harvest into the ering at two years, and pro- toxic constituents, the duces up to 18,000 seeds green and yellow dyes,

flower essences, presto logs, mulch, and so on.

In an eco-sensitive area you must avoid soil disturbance: cut the stem a maximum of 10 cm. above ground level, but preferably at the root. In a garden or agricultural zone, extract the plant and root, apply biosolid soil amendments, and revegetate.

For best harvest results, use the third and fourth quarters of the moon in a barren sign like Leo, Aries, Gemini, Aquarius, Sagitarius, or Virgo. Wear eye protection, earplugs, and consider rubber garden gloves. Pile in a removal site, in a clear area, not under the forest canopy or powerline.





A forum to express yourself online: SaltSpringForum.com



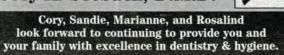


#4 - 105 Rainbow Road (across from the school board office)

Cytisus scoparius

Tel: 537-4691

Cory A. Seebach, D.M.D.





Grill of a Lifetime!" Come in for BREAKFAST LUNCH Open Tuesday thru Sunday 8:30am-3:30pm 537-5747 BOARDWALK

IT'S GARAGE SALE TIME AGAIN!

FREE Garage Sale Kits at the Barnacle

Gerry Price: A dynamo on wheels

by Gail Trafford

In 1995, Gerry Price, a 10year veteran of engineering for the Capital Region District on Salt Spring, had a devastating fall that broke his neck. In a split second, his life was irrevocably changed. He became a quadriplegic.

For a year, he was a patient in the Vancouver Hospital Acute Spinal Chord unit and GF Strong, healing and learning how to manage his new limitations. Yet, as he tried to pick up the pieces in this small, closeknit community, he met new challenges every day.

Gerry was only 40 years old at the time of his accident. He wanted to do

everything a person his age would normally do. Now he relies on technology such as his lift-equipped, hand-controlled van and his power wheelchair, technological miracles available only in the last ten years. They give him back his mobility. His computer and the internet allow him equal access to worlds of information.

He is grateful for the advantages of living in this age, since this technology was not available even 15 years ago.

But even so, Gerry could easily become frustrated with small obstacles that made a huge impact on his life. Rather than accept defeat, he has chosen to fight for change.

When he wanted to go fishing again, but could no longer hold a fishing rod, he designed a rod holder and had it manufactured. He has marketed this and his other inventions-a lap table, an umbrella holder, and a cup holder-to share with others a chance to regain at least part of their independence and comfort.

However, things that he had hardly noticed before his accident-stairs, steps, raised thresholds and doorknobs-have now become



Gerry Price exits his customized van.

impassible obstructions. Knowing he is not alone, Gerry has started a crusade to educate his community about universal access that would open the Island to a significant and growing number of people who face mobility challenges.

Universal access includes everyone—not just wheelchair users, but also mothers with baby carriages, elderly

people with walkers, and those with arthritis, MS, or MD who have a weakened hand grasp and cannot turn a door knob. Our population is aging and the number of people facing mobility challenges is growing.

From his years of working with the CRD, Gerry is aware of the process of change. He has determined to become a voice for the

disabled and make a difference. He wants to work within the system to bring about change in a natural, non-disruptive way. Change, he says, is easiest and least expensive if it comes in the planning stages of a project.

Gerry has joined the Harbour Authority, the B.C. Paraplegic Association, Island Pathways, and was recently named to the Islands Trust's Design Advisory Panel. He attends public meetings when he can, although the local government offices, Islands Trust, CRD building inspection, and CRD director offices have stairs and are not accessible. Still, he talks to all these people as well as representatives from the Chamber of Commerce, planners, local business, and, in fact, anyone who will

A wheelchair user cannot go to the dentist on the Island without being manhandled up a set of stairs. Not all medical facilities are accessible. Many businesses' wheelchair accesses are so crowded inside that a wheelchair user can't get past the front door. Gerry describes the entrances of some facilities such as Art-Spring as bobsled tracks for wheelchair users: "Miss the turn and you can end up on the stairs."

It is ironic that while many businesses here suffer in the winter's slow season, a high percentage of our Island population is retired and many of those people have mobility challenges. Gerry notes, "They go where they feel welcome, and they have money to spend."

Gerry estimates there are two dozen wheelchair users on Salt Spring, but the numbers of people with hidden disabilities mushrooms far beyond that number.

"Maybe we need some architects and designers who are in wheelchairs."

Gerry keeps a watchful eye on his Island home. He makes himself available to others with disabilities as his role model, Rick Hanson, did for him in the Vancouver hospital. He has become a crusader for universal accessibility on the Island not just for himself, but for others within the community and prospective tourists who could make this a yearround destination.

For more information about accessibility issues contact Gerry at 537-5304 or at gprice@saltspring.com.

Cats of the Week





I'm called Rugby and I have a sister called Tecal. We would like to go to a home together.

I'm Tecal. Rugby and I are about 5 years old. We both have beautiful coats which we keep in great shape.

Please call the SPCA at 537-2123 or come to the open house every Saturday from 2:00pm to 4:00pm.

The adoption fee of \$60 for a male and \$70 for a female covers the cost of spaying or neutering and a vaccination.

Thumbs Up

Breakwater dock: (Pictured in the Barnacle last September) with wheelchair access. It is also accessible for grocery carts and freight dollys.

Salt Spring Island Golf and Country Club: Stairs were removed and replaced by an inclined plane that everyone uses.

Chamber of Commerce: Decision to move signs off of the crosswalk wheelchair access at the front of Hereford Street.

Thumbs Down The United Church Meadow pathway is only accessible from Hereford Street although other users

can walk through a parking lot to McPhillips Avenue. One extra wide parking spot on the east side of the Credit Union parking lot could be opened up for a

Mahon Hall is not accessible from the main street. wheelers have to go around the block and behind the school board office to reach the ramp. The footpath to

wheelchair path.

the front door could easily cross the garden to provide access to the ramp from the

Curb cuts missing force wheelers out onto the street at the east end of Park Drive. Unpaved triangle be-

tween Lower Ganges Rd and the west end of Park Road forces wheelers out into traffic when exiting the Ganges Village Market

Businesses that haven't upgraded entrances to welcome wheelers and the older population.

COMMUNITY WELLNESS PROGRAMS

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March 2001

MAMMOGRAPHY SCREENING

Here on Salt Spring at the courthouse building.

from 14 - 23 March Women 50 and older are advised to have regular mammograms!

Call to book NOW: 1-800-663-9203

Special Speaker and Demonstration Wednesday 28 March at 2:00 p.m. at Salt Spring Seniors. Melissa Darou, Qualified Masseuse

-will speak about the benefits of touch -will demonstrate beneficial simple massage techniques that you can use at home

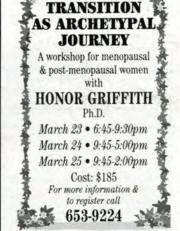
Free! All interested people are welcome.

Senior Peer Counsellors

If you need a caring, non-judgmental trained lay senior to help you or a senior close to you through a difficult time, consider the services of a Peer counsellor. This is a **free** service of Salt Spring Seniors that can take place at home in total confidentiality, about once a week. For more information, call Sharon at 537-4607.

Blood Pressure Clinic - free See you Monday 26 March 10 a.m.-noon at Salt Spring Seniors!





Anger group for women gets started

A new five-week group is starting on the Island which will focus on women's anger issues. Each participant will learn the signs of anger and intervene with one's self in order to recover the power and peace that comes from drawing boundaries and asserting one's own needs.

Is women's anger different from men's? Men are rewarded in our culture as heroes when they get violently angry-at least any action film would have us believe that it is manly to destroy any obstacle in their way. Women who feel angry tend to snip and snipe and then be called a bitch for it. Women bear their frustrations with clenched teeth and then either explode or internalize their feelings which eat away at their insides.

For women, the issue is about recognizing their feelings of anger before they blow up out of control. Underneath the anger

there are some important needs being overlooked that the anger is red-flagging. Women can find support by listening to the experiences of other women; they can articulate and name their own experiences as well as dispel the feelings of shame associated with anger and frustration.

Sharon Bronstein, an experienced therapist who has been leading men's anger groups, and Sheri Berkowitz, a yoga and meditation teacher, group leader, and NLP graduate will combine forces to co-lead this

The meetings will start Wednesday, March 28 and run for five weeks. They will be held at 380 Stark Road in the studio from 1:00 to 3:30 p.m. The cost is \$150, but no woman will be turned away on the basis of finances. Salt Spring Hours will also be accepted. Call 537-9114 or 537-0842 to

Sex in the orchard

It's a little bit about the birds, a lot about the bees! The Garden Club will be learning about "the facts of life" when Derry Walsh, an apple orchardist from Aldergrove, talks about her favourite subject, Sex in the Orchard, at the March meeting.

Her birds and bees topic covers all aspects of why some years' yields vary and how to improve pollination by attracting orchard mason bees. Derry has been growing organic apples since 1990 and she has used a shelter system over her dwarf varieties since 1995, controlling bird damage and warding off scab, disease, sunscald and hail, while improving pollination.

It promises to be a very entertaining evening,: Wednesday, March 28th at 7 pm at Meaden Hall (Legion).

It's a team effort!

Our front office has a new face!

Pam Donnelly takes over this week from Linda Pickell, who has left to attend Camosun College in Victoria

Already well known to many from her years as an owner/operator of the Mobile Market, Pam has been working part-time at the Barnacle since last September.

Pam enjoys gardening in her spare time.

Rarnacle 324 Lower Ganges Rd • 537-4040

here's a

little Bruce!

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Hollywood North's palms



Life in the garden ... gardeners that scoff at the idea of any palm tree growing in our climate.

Unfortunately, this same

are well aware that

the Southern Gulf Islands boast one of the mildest growing regions in all of Canada, why not plant a palm? Growing certain species of palms on our southwest coast is nothing new; some of the oldest were planted over 50 years ago! There are literally thousands of palm trees growing on B.C.'s south coast, and decades-old towering specimens are enough proof that at least one species of palm has a proven track record in our

There are approximately 3,000 species of palm, and possibly more. One of the most cold-tolerant arborescent (tree size) palms in the world is without a doubt Trachycarpus fortunei, or Chinese Windmill Palm. There are about nine species in the genus, and some can be found growing native at elevations of 2,400 metres in the Himalayas!

T. fortunei, however, is native to China, where it grows in very cold mountainous regions. It is subject to frequent snowfall and heavy frost in its native range. This palm is best suited for a cooler temperate climate such as ours, and will not succeed in a tropical climate. Great palm growing temperate areas of the world include Scotland, Ireland, England, and Lugano, Switzerland. Specimens over a century old can be found in abundance in these palm growing Meccas!

Of course there will always be some

group of people believes

Since most of you that palms look more at home in the tropics, rather than on our Island. Well I have news for you: T. fortunei has just as much business growing on our south coast as do your rhodos and camellias! You see, these two species of plants can be found in this

palm's native range.

There are hundreds of T. fortunei palms growing right here on Salt Spring, and many of them are good sized, mature specimens. This palm can reach over 12 metres in height at maturity, and many tall old specimens are very common in coastal gardens. Once established, this species' trunk will grow 30 centimetres or more each year on Salt Spring. If male and female trees are present, viable seed will be produced.

This palm prefers to be planted in rich, well-drained soil, and heavy, waterlogged soil is detrimental to this species. A weak or stressed plant will be less likely to do all that well in a cold winter. Summer watering and regular applications of fertilizer will make your palm happy and strong. It is also a good idea to plant T. fortunei in a more wind-sheltered area of your garden, preferably out of the east winds! The palm will also grow in full sun to a fair bit of shade.

There is a large T. fortunei beside Vesuvius Pub. two in front of Lady Minto, four beauties in front of Talons restaurant, and dozens at Grace Point. You don't have to strain your eyes to spot

a palm in Ganges!

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Sergeant shapes himself up

by Helani Davison

There's a new man on the Island that the ladies have been noticing. Or is he new? No, it's our Sergeant Paul Darbyshire with a new look. "I didn't realize I had packed on a lot of extra pounds until I saw myself in a photo last year and decided I needed to do something about it," said our man in blue, and he did.

Darbyshire describes himself as having always been active in sports, fitness, jogging, and weight-training. But a gradual change to a sedentary lifestyle combined with too many goodies caused the pounds to creep up to a whopping 235 pounds. A physiotherapist advised Darbyshire to lose weight to correct some back problems. Here's how he did it.

Joining Weight Watchers was the first step. The policy of tracking one's food intake was helpful to Darbyshire. A visit to a nutritionist re-emphasized the

need to be careful about food portions. Darbyshire stuck with the theory that the size of the portion was more important than eliminating certain foods. From February to December of last year, Darbyshire was diligent about adhering to the Weight Watchers programme, losing the first 35 of a total of 40 pounds and four inches off his waist.

A walk-run programme six days a week brought good results. This included alternately walking and then running, gradually reducing the walking time as the running time was increased. "It's easy on the knees and keeps the heart rate up," Darbyshire explained. "I joined the North End Fitness Club and built my strength up gradually."

Last year, Darbyshire ran eight kilometres in the Terry Fox run. "When I started losing significant weight last year, Aylwin Catchpole approached me at a Texada blockade site and asked if



Sergeant Paul Darbyshire

the protesters had caused me to lose weight. I told her that was not the cause. It was a personal choice," he laughed.

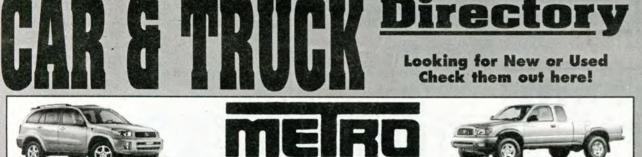
Some further body toning resulted when Darbyshire took on a major hiking expedition with a friend on the West Coast Trail. Carrying a 45-pound pack on his back for five days, covering a total of 50 kilometres, made a difference. Each day Darbyshire trekked 10 kilometres, eating dehydrated foods cooked over an open fire. "I burned off 5,500 calories per day on that trip," he said, "and got rid of a lot of toxins."

Darbyshire's health routine includes eight to 10 glasses of water each day. He enjoys cooking his own meals with fresh veggies and fruit, and baking whole grain breads. "I used to go to Mc-Donald's and order a Big Mac and a large fries. But now I have a small burger and small fries and I'm full."

Darbyshire admitted to having a weakness for sweets and chocolate and doesn't cut them out completely: "I eat one or two cookies as a treat now instead of eating a whole bag in front of the TV. I make healthy choices." Now, Darbyshire enjoys whey protein shakes, non-fat yogurt, and low-fat granola every day.

For the first time in 22 years, Darbyshire had to order a new, sized-down gun belt and new riding breaches (the seamstress couldn't take in the seams enough). And he's pleased about it. Darbyshire assures everyone with a weight problem that they will find their own way of doing things if they are determined.

"The hardest part is staying motivated. It will be a constant battle. If you have a bad eating day, just remember that tomorrow is a new day. When you don't want to exercise, try to do at least a 10- or 15-minute walk anyway to keep up the routine," encouraged Darbyshire. "Compliments help a lot." And Paul Darbyshire gets plenty of those, especially from the Island ladies.



Rav4 2001

30-day power train

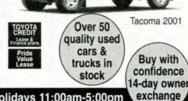
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Guilt-free chicken



et's Eat... with Linda Koroscil

Every once in a while I need something deep fried. This recipe really does

it for me—I think you'll feel the same way with the first bite of this marvelously comforting chicken.

Boneless Fried Chicken with Herb Sauce

4 boneless skinless chicken breasts2 cups buttermilk3 egg yolks, beaten2 cups flour

1 tsp. thyme 1 tsp. sage 1 tsp. basil 1 tsp. salt and p

1 tsp. salt and pepper 1/2 tsp. poultry seasoning

Whisk buttermilk with eggs and poultry seasoning. Pour over chicken and chill four hours. Mix together dried ingredients. Drain chicken and dredge in herbed flour. Heat oil in deep skillet to about a half inch depth until it simmers. Cook breasts until golden. Drain on paper towel.

Herb Sauce

2 Tbsp. butter 3 shallots, minced 2 garlic cloves, minced 1/2 tsp. paprika 1 Tbsp. flour 1 cup heavy cream
1/4 cup dry white wine
1/3 cup chopped fresh
herbs (I like rosemary and
basil), dill, parsley, chives

Sauté shallots and garlic in butter. Make a roux with the flour, slowly adding the wine (use good wine—forget cooking wine not fit for human consumption). Add herbs, whisk in cream. Salt and pepper to taste. Serve over the chicken breasts and enjoy—forget the guilt!



The U-12 and U-18 soccer season's not over yet!

Season winds up

by Malcolm Legg

Here's what our Salt Spring Youth Soccer Association has in store for the Spring—no, soccer has not ended yet!

Soccer wind-up

All our off-Island teams (U-11 and up girls and U-12 and up boys) will have a mini-tourney on Saturday, April 7 at Portlock Park. Players will be put into smaller teams, covering two-year age groups, and play a series of games before having a trophy presentation and season wrap-up for the Association.

There will be a concession with hot dogs, drinks, and snacks. Please call Hans Hazenboom 537-2680 if you can help.

Referee course

This refresher course is set for Friday, March 23 from 4:00 to 8:00 p.m. at Portlock Park. It is for all our Class 3, 4, and 5 referees who currently handle games involving off-Island teams. The course, run by Tony Troughtom, will include a fitness component, quiz, and general discussion of the laws of the game. Others interested in attending can call Malcolm Legg at 537-4970.

Cup play

Saturday, March 31 will see the Lower Island Girls District Cup Finals at the high school and middle



FRI. AM. SENIORS: Jim Glenn 223, Marg Baker 247, Ken Robinson 219.

GOLF LADIES THURS. P.M. (Mar. 15): Lorraine Toller 206, 234.

TUES. AFTERNOON SENIORS: Isabelle Richardson 204. school fields. These finals are for ages U-12 through U-18, with Dave McColl's U-18 Silver Girls representing Salt Spring.

Chad Little's U-12 Bronze team will play in the Boys District Cup in Gorge that same day.

On Saturday, April 8, the Island Girls Challenge "C" Cup will be held at the high school and middle school fields. Brenda Akerman's U-12 girls and the U-18 silver will represent Salt Spring.

April 8 will also see Malcolm Bond's U-18 gold boys play a Coastal Cup semi-final at Portlock versus a Vancouver team (to be announced).

Meetings

The following meetings are all held at the high school library at 7:00 p.m.

Wednesday, March 21: wind-up tourney draw. All coaches and managers required to attend.

Monday, April 2: Soccer Association meeting

Tuesday, June 13: Soccer Association AGM. We are looking for three new executive members, so if you like kids, soccer and working as a team, call Ken Byron 537-2882.

As you can see our schedule is full, so forget the house-cleaning and the gardening and come watch some great youth soccer.

TUES. AFTERNOON 50+: Mary Kirkpatrick 212. CIRCUS LEAGUE:

Lance Leask 230, Fred Broadbent 200, 242, 214 (656), Connie Hardy 222, Ben Cooper 216.

SPECIAL OLYMPICS

(Mar. 12): Jimmy Beck 150, Terry Swing 156, Sharon Way

SPECIAL OLYMPICS

(Mar. 14): Kathy Kean 148, Sharon Way 150, Jimmy Beck 154, Stuart Elliott 157, Gloria Dale 181.

Elementary basketball a surprise

by Michelle Mech

To someone who has never attended a game, it can be a surprise to find just how exciting a grade 4/5 basketball game can be. With a score of 24-21 and only minutes remaining in the game, one can really get wrapped up in awaiting the final outcome. What is even more surprising is the number of baskets that are scored, taking into account the height distance of the basket for many of these nine- to 11-year-old players.

Basketball has been part of Island elementary schools for 20 years. The programme encourages team play and sportsmanship, with competitions to include everyone who wants to play. This year, there are five girls' teams and six boys' teams that play six to eight inter-school games.

Wayne Taylor, one of the teachers involved in the organization and coaching of

FC make quarter-finals

Chris Urquahart scored in the sixteenth minute of extra-time Sunday to send Salt Spring FC into the quarter-finals of the Vancouver Island Challenge Cup. FC will meet Cowichan at Portlock Park, 2:15 Sunday in the their quest to repeat as Challenge Cup campions.

this sport, attributes the success of the programme over the years to "the volunteering of parents and teachers" in the school. "It wouldn't happen otherwise," he said. "Kids have a keen interest in basketball and we want them to compete, emphasizing skill development and sportsmanship."

This is evident when watching a game. Students are switched around to a variety of positions and the more able players are encouraged to pass the ball and involve everyone in the play. The coaches and referees also make a special effort to make each game a learning experience. Exprincipals, like Don Hartwig and Glen Woodley, and parents, like Sandy Harkema and Susan Garside, join devoted teachers and principals to coach and referee, to

make these games happen.

At the middle school (SIMS), the participation-based basketball programme continues.

Basketball co-ordinator/coach, vice-principal Ken Cameron said the programme is a success because of "the good base that

the elementary school basketball sets, the number of knowledgeable and very interested parents involved, and the coaches, who really know and love basketball."

Grades 6s, with five mixed teams, and grade 7s, with four, play locally in the SIMS Tsunami league, which was started six years ago. Tsunami league practices are run by volunteer parents, with grade 8 basketball players' help. Volunteer parents also officiate with the score clock, and there are several staff members that coach both on- and off-Island games.

Tsunami games are refereed by three senior refs, Arnie Hengstler, Roland Temmel, and Lorne Barcom, who all have their B.C. Basketball Association referee qualifications. These ticketed refs volunteer their time in the league to coach and to teach Grade 8s how to ref, and "really set the tone for the league," explained Cameron. "We couldn't run it without them."

Two grade 7 teams participated in an off-Island, endof-year tournament. This year, the boys' team placed third and the girls' won the championship for the third year in a row, and Jeremy Byron won the foul shooting competition component of the tournament.

Grade 8 boys and girls, with two teams each, are part of the Central Vancouver Island Athletic Association (CVIAA). As such, the basketball season sees them competing in off- and on-Island games.

The CVIAA season wrapped up recently, with the grade 8 boys placing third, while the grade 8 girls placed first, adding to their previous four firstplaces. "Over the last three years, SIMS grade 8 girls have not lost a game in league play," explained Cameron. "Our girls play very good defence and that's what wins games." In addition, CVIAA league coaches voted grade 8 player Vassa Drobyshev to the their all-star team.

Cameron attributes SIMS' high rate of winning to "the dedication of coaches and parents." He said, "The kids know what to do on the court—where to stand, what to do, and that makes a big difference."

Cameron said the programme is a success because of "the good base that success because of "the g

GOLF	i	Bandido71568
COURSE	2	Toronto67339
POOL	3	Paint Plus65555
Next meeting	4	Rangers64848
Fri., Apr 12, 2001 5:00 p.m. sharp.	5	Islanders64838
		Greenwoods 647 50
		Schure-Thing .63648
		Nads60836
		Hosers59847
		Dallas59546
	11	Sleepers58548
		Buffalo56158
	13	Edmonton53844

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Sat., Mar. 17, 2001		1	Dallas6546
Mo.	DAGWOOD'S	2	Philadelphia6535
8 .	DAGWOODS	3	San Jose6475
9	POOL	4	Buston6425
5	Next meeting	5	Edmonton 630 4
Mo. 8	Wed., Apr 11, 2001	6	Ottawa6154
8	7:00 p.m. sharp		Toronto6084
	at Dagwoods.		Buffalo5964
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6		10	Phoenix5936
7		11	St. Louis5635
6		12	Anaheim5633
8			Vancouver5583
8		14	Pittsburgh5465
1			Islanders5304

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- 350 Free/Recyclables 355 Furniture
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- Health Products
- 370 Miscellaneous 375 Musical Instruments
- 380 Pets/Livestock
- 382 Photographic Equip.
- 385 Sporting Goods
- 390 Wanted



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- 460 Skilled Trades



- 500 Accounting 505
- Appliance Repairs Architects
- 515. Auto Body & Painting 518 Beauty
- 520 Caregivers 522 Carpentry
- 524 Child Care 525 Cleaning Services



110 • DEATHS

ARNOLD H. DEREK born April 19, 1912 in Bowden England. M.A. (History) Trinity College Cambridge. Married to Monica Vernon (Deceased 1995). Immigrated to Canada in 1938. After a fifteen year career in poultry farming and with the B.C. Federation of Agriculture, Derek devoted his life to the Anglican Church of Canada both nationally and in British Columbia. Appointed Canon of the Diocese of Kooteney. Left to mourn is a world-wide family; in Canada, his daughters Catherine (Rev. Dr. Bruce Pellegrin) of Nova Scotia, Margaret (Stephen Millen) of Salt Spring Island, B.C., three grandchildren and six great grandchildren. A cele-bration of Derek's life will be held at the All-Saints' by-the-Sea, Salt Spring Island, B.C. on March 22, at 2 pm. In lieu of flowers donations in Derek's memory can be given to the Primate's World Foundation Fund c/o Anglican Parish of Salt Spring. Matt. 25, verse 23. "Well done, good and faithful servant." Haywards Funeral Service. 537-1022.

120 • IN MEMORIAM



Funeral Director 320 - #2 Upper Ganges Rd Salt Spring Island

140 • COMING EVENTS

FIRST ANNUAL SSI photogra-

phy show. Opening 2-5 pm Mar. 31. Show runs til May 16

at ArtSpring. Sponsored by GICAC and the ASA. 1301

Apasionada'. A Celtic and

Paraguayan Harp concert. Sunday, March 25, 2:30 pm at All Saints' by-the-Sea, Park

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SPRING DANCE with 800-899 "Sunyata". Sat. March 24, 8 pm, Lions Hall and Queer Art Show. All welcome. Presented Boats/Marine Cars/Trucks by Gays and Lesbians of Salt Motorcycles

Spring Island.

SSI ROD & Gun Club are holding their Annual Game Dinner Saturday, March 31 at the Club House on Long Harbour Road. Doors open at 6 pm & dinner is at 7 pm. For Tickets/ Reservations call Connie 537-9954. Featuring 'Spit Roasted Wild Boar'.

WANT TO get involved with the Fall Fair? Volunteers are always needed in all areas. out to the "All Volunteers" meeting on Tuesday March 27th, 7:30 pm at the Farmers' Institute, 351 Rainbow Road, upstairs meeting room. If you can't attend the meeting but would like to volunteer, please call Marguerite Lee at 537-5302, Rick Vipond at 537-2484, Cathy Unruh at 537-8840 or Carol Walde at 653-4329. See

you there! ELECTRIC VEHICLE Club. Saturday, March 24th 2 pm at the Lions Hall. Bob 653-

AN ANGER Group for Women, 5 weeks, Wednesdays March 28-April 25, 1-3 pm, 380 Stark Rd. Sharon Bronstein & Shari Berkowitz. \$150, sliding scale, SS dollars. Call 537-9114 or 537-0842.

HOW TO Talk So Kids Will Listen. 7 week course. Wednesdays - March 28th through May 9th, For informand registration call Lisa 538-1703.

RELAX DURING Spring Break. 1/2 price treatments at The Bodyworks Collective plus Children and Teen Special... \$10 for 1/2 hour sessions. Friday March 23rd, 3-6 pm, Saturday and Sunday 11-4 pm. 538-1988 for appointments or just drop in. We're at 121A McPhillips- above Apple Photo. Ear-coning, Reflexology, Reiki, Bodywork, Acupressure, Tea Cup Reading.

TEN DAYS for Global Justice presents an evening & talk on the Land Claim issue. Pot Luck 5:30, film 7:00, talk 7:30 by Jill Harris, former Tribal chief United Church Thursday March 29th. Info 653-4283.

FULFORD FELDENKRAIS: Awareness Through Movement with Alice Friedman now Fulford. Monday 9:15 - 10:30 am. 190 Reynolds Road (the For information call 653-4332 or 537-2343. 1301

YOU'RE WELCOME to display your event posters and meet-ing notices for 2 weeks on the Barnacle's Community Bulletin Board located in our office. Drop off during office hours.tm

COMMUNITY CALENDAR listings are free. Display your meeting or upcoming event on the Barnacle Community Calendar for up to two weeks. Drop by our office and fill out a calendar form. Deadline for the calendar is Thursdays at 4:00 pm.

SEPTEMBER MOON Pottery moved to a new location! You'll find me now at: 148 Trincomali Heights, or follow the Studio Tour Map sign to my studio No. 16. Open: Fri, Sun, Mon 10-4 (Saturdays always at the Market, starts April 7).

COMMUNITY CALENDAR on line! For a complete calendar of coming events check out the Barnacle Community Calendar at Saltspringcalendar.com or our website DailyBarnacle.com.

WATERCOLOUR & ACRYLIC Classes. Starting beginning of April. All levels, including beginners. Limit 4 people per class. Call Val Konig. 537-9531.

ARGENTINE TANGO workshop. Sr. Miguel Pla returns Apr. 18, 19, 20, 21. Details to follow. For info phone Maggie Korrison at 537-2707.

WHAT TO do with tofu? Weekly workshops for age groups 3 to 90. By donation to benefit the Core Inn Youth Project. For details call 537-

EROTIC COSTUME Show & March 24th 7:30 pm Mahon Hall, donation (\$5 Proceeds to A.S.A Tickets Acoustic Planet & S.S. Books. Edible body painting contest. Oria 537-6576. 1201

'CLIMATE CHANGE' video (by expert) available Island Star - Sequel, now; library -next week. Complimentary. Please copy, distribute information. Sue 653-2072. 1301

FABULOUS FLEAMARKET. Proceeds of table rental donat ed to Fulford Hall Land Acquisition Fund. 11 am - 3 Saturday, March 31 at rd Hall. Food available. pm. Saturday, March 31 at Fulford Hall. Food available. Table rental \$15 - prepaid only. Info 537-5482.

SALT SPRING Festival of the Arts Annual General Meeting. Thurs., Mar. 22 - 7:30. 2nd floor of the Core Inn. Everyone welcome.

FREE PUBLIC Demonstration and Sampling. New revolu-tionary water technology from Japan. Make your own bottled water for under 10 cents/litre. Alfresco Restaurant, Monday nights, 7:00 p.m.

MONTESSORI EVENING at Fables Cottage. Colleen Doubt from Okanagan Montessori school will be speaking about Montessori philosophy, pre-school, and how to use Montessori principles at home. Thursday, March 22nd, 7-9 pm. Register at Fables, 537-0028.

Rhythms of Zimbabwe

featuring Garadziva & Julia Chigamba of Zimbabwe

and Marimba Muzuva Fri., March 30 8pm **Beaver Point Hall** \$10

Dance class \$10 • 6:30-7:30pm

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FRI. MAR. 23 8:00 p.m.

Tickets: \$10.00 at

Buying Books

Not an April Fool's Joke!

On April 1 from 11-5 we will be buying books in Gasoline Alley to prepare for an April 7 opening of a secondhand bookstore in Ganges.

Fair prices paid for books in good condition - mystery, scifi, general fiction, as well as occult, metaphysical, new age, spiritual, women's studies, self-help, etc. Not buying history, militaria or children's (except pop-up), romance or

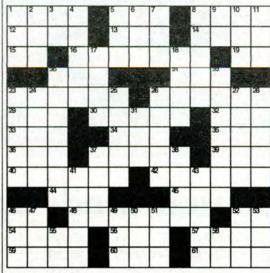
Bring your boxes, bags and bundles of books, relax with a cup of coffee and meet proprietors Sarah and Nathan SEE YOU THERE!

Barnacle **Classifieds** Online... http://

SaltSpring Classifieds. com

The Classifieds continue on Page 25

Canadiana Crossword A Numbers Game



ACROSS

1 Give off _Hills, Alberta.

Islands, Nova Scotia 12 Moolah

13 Promissory note, so to speak

14 Leo

15 Not down 16 Rose shaped badge 19 You and I

21 Chop

23 Foreigners 26 Wee

29 Carton Sisters

Mountain, British Columbia 32 Work unit

33 Cereal 34 Machinist's tool

35 Actress, Myrna _ 36 Route, abbr.

37 Flexible and quick 39 Immerse

40 Hence

42 Most secure 44 No, to Normand 45 Turf

46 Tellurium symbol ___ Mile House,

British Columbia 52 Any thing

54 Being, in Beausejour 56 B to F

57 Otherwise 59 An armed force

60 Fish eggs 61 Italian Capital

DOWN 1 Euro currency

2 Treasure seeker's aid

3 Part of the verb "to be" Hills, Alberta 5 It is, condensed

6 Misery 7 Not in

8 Flotilla 9 Roman 2 10 Promise

11 Compass point, abbr.

17 Possesses 18 Subsequently Island Lake,

Quebec 22 Used 23 Expel

24 Hesitant 25 Swamp grass

26 Skins _ Rivieres, Quebec

28 Home of Pharaohs

31 Roman 7 37 Teenager's worst fear

38 Orient 41 Snoopy

43 Antechamber

Mile Lake, Newfoundland

47 Itinerary est. 49 Video recorder, for

short 50 National capital

51 Born of 52 Doctrine

53 Nog 55 Recreational veh. 58 and behold

Answers on page 27

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140.1201



NOTICE OF **BUSINESS** MEETING

The Salt Spring Island Local Trust Committee will be meeting to consider various matters of general business, such as applications received, bylaw reviews and meeting

DATE: Thursday March 22, 2001

TIME: 1:15 p.m.

PLACE: Hart Bradley Memorial Hall (Lions Club) 103 Bonnet Ave, Ganges

Starting at 1:15 p.m., up to 45 minutes will be available for the public to discuss local land use matters with the Local Trust Committee. Those who wish to present a more formal petition, or make a delegation to the Committee as an Agenda item, must advise Islands Trust staff at least one week in advance of the meeting so that they can be added to the beginning of the Agenda. For information about the Agenda, please call the Islands Trust at 537-9144.

145 • COMMUNITY SERVICES

DIAL-A-PRAYER - 537-4734. An interfaith recording by the United Church, 111 Hereford Ave., Salt Spring Island, B.C. V8K 2T3. The pre-recorded message changes regularly.



Trained volunteers available to visit and support the chronically or terminally ill at home or in hospital, providing relief for family and friends and on-going support for the bereaved.

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Help enhance the quality of life in your Island community You can do this by contributing to our / your community endowment fund. Even \$10 will help make a lasting difference. All contributions are pooled and preserved in the endowment fund. The interest earned on it is distributed annually to a wide range of worthy island charitable organizations. These vary from year to year as community priorities change. You can help also by having your purchases at Thrifty's and at GVM credited to the SSI Foundation. Further information, including latest annual report, is freely available upon request, without obligation.

Phone 537-2501 (Bob Rush)

170 • NOTICES - BUSINESS

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Rarnacle

170 • NOTICES - BUSINESS

NOTICE

Effective March 19, 2001, the PARC office will be closed for lunch from 1:00-2:00 p.m.

Barnac_{le} DAY!

Place your liner classified ads from 8:30am - 5:00pm any Tuesday for the next issue of the Barnacle, for

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JOSE CAMPBELL Cawer **ELAINE POTTER**

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JONATHAN GRANT Photography

Mon.-Sat. 10-5 537-4525

170.1201

180 • NOTICES - LEGAL

TO: PETER WURR Last known address to be 297 Maliview Drive, P.O. Box 741 Ganges, Salt Spring Island, B.C. V8K 1B1

TAKE NOTICE that a Writ of Summons and Statement of Claim were issued out of the Supreme Court Registry, at Duncan, British Columbia, bearing Action Number 7995 on November 9, 2000, claiming debt against you in the amount of \$12,000.00 plus interest and costs arising as a result of fees and incidental expenses wherein SHAWNIGAN LAKE SCHOOL is named Plaintiff and PETER WURR is named as Defendant. An Order was pronounced on February 28, 2001, permitting service of the Writ of Summons and Statement of Claim upon you by publication of this notice.

If you dispute this claim you must file an APPEARANCE in the Supreme Court Registry, at Duncan, British Columbia within 21 days from the date of this publication. If you do not file an Appearance within the said 21 days judgment may be obtained against you without further notice to yourself.

ISSUED by RICHARD J.P. NESBITT, Barrister and Solicitor, 2-271 Ingram Street, Duncan, British Columbia, V9L 1P3, Solicitor for the Plaintiff.



210 • CAREGIVERS

EXPERIENCED, RELIABLE caregiver available to work with seniors and those requiring palliative and/or respite care. Competent in all aspects of personal care and meal preparation. References avail-Phone Sunny at 538-

220 • LOST & FOUND

FOUND: PAIR of binoculars at Ruckle Park; between Grandma's Beach and the old Farmhouse. Call Sylvain to identify 537-8562.



300 • ANTIQUES

OLD & RARE books bought and sold. Qualified appraisals Member Antiquarian Booksellers Association of Canada. Est. 1976. William Matthews. 537-8719.

305 • APPLIANCES



OVER 6,000 PEOPLE ON SALT SPRING READ THE BARNACLE EVERY WEEK!

The Classifieds continue on Page 26



HOROSCOPES

For the week, by Michael O'Connor Ph: 1-877-352-2936



al clearing and good old fashioned spring-cleaning. It is also a good time outline your goals and plans, bring closure to old projects, store winter things and be receptive to the inspiration of spring. Do all of the above this next month and you will in rhythmic flow with Aries (Mar 21 - Apr 19) The

official start of spring may have found you a little slow off the mark but you will catch up this week. Overall you are a ning. very determined mood. This is fueling you thirst for more knowledge and hands on As certain experience. themes in your life unravel, especially in the romance department, you feel optimistic. It's as though you are awake yet dreaming and certain things are beyond control. Allow the momentum to guide your intuition and avoid being led.

the times and the season.

Taurus (Apr 20 - May 20) With Venus, your ruling planet, now retrograde, it is time to re-examine your sense of identity. This is a great time to take some time out to outline your answers and do some inner work. Where and how do you limit your self or overestimate your effectiveness? Trust that as you ask direct questions of yourself answers will come forth. It takes emotional strength and intelligence to follow through on dreams. Start by loving your self and accept your current Gemini (May 21 - Jun 20)

now. To make room for what is coming in, vou do well to release any attachment to dreams that are no longer

pertinent. New energies are coming in fast now bringing options and change and you may feel confused. Keep your options open and make as few major decisions as you can. You will feel much clearer and inspired by late April. Late May is the best time for new ventures. Meanwhile, flow with the currents.

Cancer (Jun 21 - Jul 22) The Sun in Aries is a power month for you (Mar 21-Apr 21). The time has come to leave behind old tools approaches and learn new ones. You may need to redesign your outline. The longer term vision the better, yet with a clear three to sixmonth strategy. Get together with others to brainstorm. Give 50% to the facts, stats and a logical approach and 50% to gut instinct.

Leo (Jul 23 - Aug 22) An enthusiastic momentum is bringing in exciting new prospects. You want to have more fun, yet you are cautious about who you engage with. While there are many opportunities to meet new friends, you feel somewhat inward and meditative. As always, it is about balance. It is likely that some old patterns need to be broken and new ones created. A winner recognizes that playing at all is win-

Virgo (Aug 23 - Sep 22) Some aspects of your identity are dying. This is necessary as new ones are ready to be born. Faith in the process is necessary for peace of mind. This is the eternal message of mystics and the general wisdom of modern psychology as well. Change and transformation can be painful yet are fundamental laws. This means that re-birth always follows death. Spring is nature's testimony. Trust and flow!

Libra (Sep 23 - Oct 22) Something and/or someone new are entering your life. You are excited by the prospects. You have some important decisions to make. Doing what is right and fair is very important to you. This requires a period of deliberation and soul searching. Keep in mind that, although unnecessary, it is common to react excessively. Empathetic awareness for everyone involved balanced by a visionary approach is sign of You are on the dream wagon integrity and healthy charac-

ter. Ask for guidance.

Scorpio (Oct 23 - Nov 21) Making some key investments into the health of your overall lifestyle continues. This implies psychological, emotional and spiritual considerations as well as physical ones. Consider that we do not live in the world so much as we live in our own mind. The advantage is that we all have the power to change our mind. As the inner is transformed the outer reflects the purity and beauty. Start by changing your mind and leave the rest as it is.

Sagittarius (Nov 22 - Dec 21) Creative passion is washing in on your shores now. In the wake of this tide some old junk is surfacing and washing in as well. This is your chance to identify the junk and eliminate it. Spring is the time to do a thorough cleaning. This includes your body as well as other stuff. With promising new challenges on the horizon this is your chance to prepare and be at your best. Go for the plunge and purge the

Capricorn (Dec 22 - Jan 19) The warrior in you has awakened. You have been plowing through the mire of inherited beliefs and cultural limitations. You may feel somewhat exasperated, afraid and confused. The call to learn some new skills and approaches is getting louder. You are committed to exploring new approaches. Where intimate others are resistant there is trouble. Plan to set new goals and be open to instruction and guidance.

Aquarius (Jan 20 - Feb 19) You are ready for some inspiring fresh perspectives. Some of the ones you have been employing no longer serve your best interests. While you are determined to bring about large-scale changes beyond your own personal life, your personal approach may need an overhaul. To make your dreams a reality you need to more intelligent approach. Why go to battle when you can negotiate a new deal?

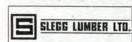
Pisces (Feb 19 - Mar 20) Every building needs some form of foundation if it is to stand the tests of time. That is the call for you now. It is likely that you need to renovate as well as build on fresh ground. Clear a space and be ready for incoming inspirations now. Like a good builder you need a good plan. Fortunately your confidence is growing because the time has come to face some old fears. Perseverance and an intelligent approach will see you

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355 • FURNITURE

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TEAK DINING room set, buffet - table extends; bookcases; desk - chair; teak - cushioned chairs; glass oval cocktail table 2 smaller sizes; India rug 10'x8'. 537-2665.

360 • GARAGE SALES

LIONS GARAGE Sale, 103 Bonnet Avenue. Every Friday and Saturday only, 10 am to 12 noon. Come and browse, we just may have it. New merchandise arriving daily. Good, clean merchandise wanted. Call 537-2000 for pick-up or info.

FABULOUS FLEAMARKET. Proceeds of table rental donated to Fulford Hall Land Acquisition Fund. 11 am - 3 pm. Saturday, March 31 at Fulford Hall. Food available. Table rental \$15 - pre-paid only. Info 537-5482.

370 • MISCELLANEOUS

SPINNING WHEEL with attachments \$100. TV - 13" colour with remote - hardly used \$60. Indoor padded steps - \$15. 537-2226.

NEWSPRINT ROLL ends now for sale at The Barnacle Office. 324 Lower Ganges Road. 537-4040.

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DRINK http://cetsi.net/BeMerry.

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COUCH 2 chairs, ottoman \$400 all, 12' aluminum boat OB motor for parts \$350. Truck canopy, small import box \$75 obo. 537-5096. 1401

MATTRESS SALE: 39" \$38; 54" \$68; Queen \$88; King \$138; Brand new - 15 year warranty. 2 piece sets: Queen \$299, 54" \$259, 39" \$199; Super Special: Queen-size, 25 year warranty, gentle firm pillow top mattress, box spring, complete with deluxe head board, footboard & frame \$799.95. Buy & Save, 9818 Fourth Street, Sidney.

370 • MISCELLANEOUS

TEMPERED GLASS Panels. New. approx. sizes 27" x 65", 30" x 62", 34" x 76", 45" x 73". \$19 to \$23 each. Del. 5+ Phone 537-4732 any-

FOR SALE. Wrought iron glass topped patio table with 6 chairs. \$75. Phone 653-

375 • MUSICAL INSTRUMENTS

INSTRUMENTS WANTED Bring your used & unwanted musical instruments to Acoustic Planet Music. We will consign them to a new home. 537-9668.

380 • PETS/LIVESTOCK

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440 • HELP WANTED

THE LTA Land Trust Alliance of BC is seeking a temporary full-time employee starting ASAP. The job entails com-pleting a Registry of Protected Lands in BC. Skills required: Relational database management (Filemaker Pro and MS Access), Website design (html), GIS. Please call 250-538-0112 or fax resume to 250-538-0172.

ENERGETIC STUDENT! May 15 - Aug 31 full time. Luxury B&B assistant - duties include e-business, administrative systems, computer & interpersonal skills and prepping facilities. Will train - \$10/hour. John 537-2776.

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PART-TIME HELP for 2 positions in the Deli Dept. at Ganges Village Market. Must be very flexible & available for morning, afternoon, evening shifts, holidays, weekends and on call. Student welcome to apply. Drop off applications & resume at Deli Dept. or fax 537-4616. Please mark 537-4616. Please mark Attention Deli Manager. 1301

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590 • RENTALS



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710 • COMMERCIAL RENTALS

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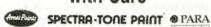
770 • SHARED ACCOM.

ROOM MATE wanted to share new Walker Hook home with one other male. Private bathroom and entrance. Ocean view patio. Prefer working male/female. \$450. 537-8526.

The Classifieds continue on Page 27



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Classifieds

Classifieds must be received by 5:00 pm Friday preceding the next publication.

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HOLD THE PRESS

OFFICE HELP. Reception, sales and related duties. Parttime position. Computer experience with keyboarding speed of 50 wpm a must. Reply in writing with resume to The Barnacle Island Journal, 324 Lower Ganges Road, Salt Spring Island, BČ V8K 2V3.

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ISLAND NATURAL Growers & Growing Circle Food Co-op "Planning for Profits" work-shop, with Tina Fraser, expert in organic market gardening. \$20 per farm, \$15 Co-op members. Coffee provided. Bring bag lunch. Sunday, Bring bag lunch. Sunday, March 25, 10 am - 4 pm at Stowel Lake Farm, 190 Reynolds Rd. Register at Co-p. 537-4247 op. 537-4247.

PROSTATE SUPPORT Group meets today, Tuesday, March 20, Lions Hall, Bonnet Ave. 1:00 pm.

WITNESSES WANTED for auto accident on Northend Road at Langs Road on Thursday, 8th, noon. Notify ICBC at 1-800-665-6144. 1401

INSTRUMENTS WANTED Bring your used & unwanted musical instruments to Acoustic Planet Music. We will consign them to a new home. 537-9668.

NEWSPRINT ROLL ends now available for sale at The Barnacle office - 324 Lower Ganges Road. 537-4040. tfn

THANK YOU Paul Darbyshire, Dylan Webb, Jo Logan and Chris Coates. Great coaching great fun! From the Purple People Eaters.

Answers to this week's crossword (page 24)

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AMAZING TENANT with breathtaking references looking for long term home. Self-employed on SS 8 years. Mature. Respectful. N/P N/S. No bad habits at all. Must be quiet, private. Call Brenda Brooks. 537-4369.

MOVING SALE- Last one. 1/2 price some items. The rest is free. 114 Margaret Ave. 10-4. Wed. March 21.

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PRIME BEEF cut and wrapped to your specifica-tions. No additives, no preservatives. Call 537-5708.

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A TASTE of Valley Culture for the Millennium. Saturday, March 24th 10 am-6 pm at the Cowichan Community Centre, Free admission, For additional information contact Måry Beth Small at (250) 748-3112 or the CCC at (250)

REMINDER: WORK World sale ends Mar. 24th.

A BIG thank you from Ganges Floor Coverings, to everyone who participated in our 1st Celebration. Congratulations to Robin Ferry, winner of the 3x5 Dhurrie rug. (We still have many roll ends of carpet and vinyl, plus a selection of area rugs). Arlene Dashwood.

ARE HANGING baskets in your future? At Manderlay Gardens we will customize to your colour preference. Now is the time to choose from a variety of plants including double fiesta impatiens. We have all types of baskets or bring your own. We'll also take care of your planters. Visit us in the Fulford Valley any day except Monday, 10-4:30.

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