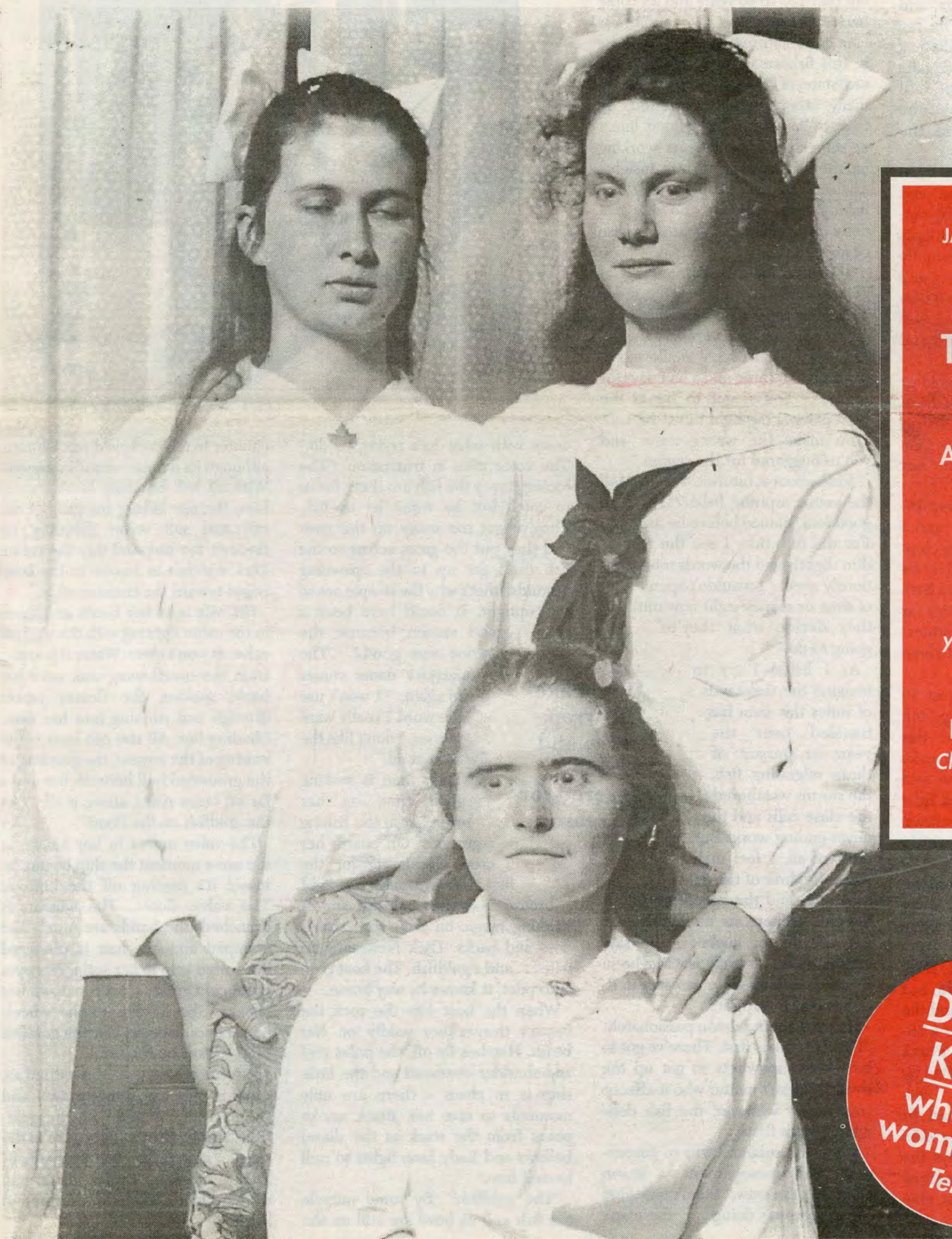


• COMMUNITY PROFILE 2 • MAILBOX 4 • CLASSIFIEDS 14 • ENTERTAINMENT & THE ARTS 11
• ISLAND NEWS 3 • HOROSCOPE 9 • CROSSWORD 12 • LAUGH LINES 16 • LET'S EAT 5
• LIFE IN THE GARDEN 5 • ISLAND JOURNAL 12 • TIDES TABLE 7 • SCOREBOARD 13

the **Barnacle**

Island Journal

VOL. 2, ISSUE 2 \$1.00 inc. GST



TUESDAY,
JANUARY 12, 1999

In Focus This Week

♦
A FISHER'S LIFE
54 years at sea

♦
MILLENNIUM
*Get ready: buy
your 'genny' today*

♦
RUCKLE PARK
Changes challenged

**DO YOU
KNOW**
*who these
women are?*
Tell us!

Fishing for a living aboard Lady Jane

Story & photo by Peter Clarke

The hands dance. Johnson Strait is filled with the dancing hands of the troller fishermen working their lines. Gurdies whir as wire sings and Salmon slip from the sea. The sea shines up on the boats as gulls nag endlessly in their wakes and gaffs swoop and impale. On and on until the sun sets and the shadows of the full heavy boats lie long in the troughs the hands dance.

It's almost midnight by the time Dick gets the last fish iced and packed in the hold. He climbs out, slides the hatch back in place, finds his bunk forward and is instantly asleep. That's it for this opening and this season. In the morning he'll take Lady Jane into Campbell River, sell the catch for 20 cents a pound and head home to Salt Spring.

"I'll fish till I die or I'm too old or they shut me down," Dick tells me at the Kanaka Wharf in Ganges. This is his last stop before taking Lady Jane back to Long Harbour and her winter berth.

For a man who's been working 18-hour days for the last month and a half - alone - Dick is surprisingly chipper as he talks to me. After all, at 64 years old and just finishing his 54th fishing season, you'd forgive him for showing some evidence of weariness or signs of wear and tear. But there isn't and there aren't.

"I started out when I was just 10 years old," he tells me. "My pop built a kicker boat for me and said 'this here's the boat, now go out and make your own money.'" It was the mid 1940s and the Newmans lived near Octopus Point in Sansum Narrows. It was the good old days. The waters around the family home literally teemed with salmon and cod and the young boy went out every day in his 20-foot boat to reel in the fish with a handmade gurdie.

Over half a century later, Dick Newman still fishes on his own, but his equipment is a lot better and the boat much larger. Lady Jane is a 38-foot troller, designed by Frank Ferdett, and built in Maple Bay by Dick's brother and uncle in 1960. She's a strong boat, cedar and fir planks run the length of her oak-framed hull, but in those days the boats were designed with a narrow beam. Lady Jane's is a modest nine feet.

"It's a good old boat, but it rolls a bit in a sea. In the bad weather you've got to use the stabilizers all the time." He laughs. "But it's been out there 35 to 40 years and it's come back every trip."

As good natured and upbeat as he is, this fisherman is not blind to the sad state of today's fishery. Like so many others in his profession, be they trollers, gillnetters, long liners or seiners, the many years working on the sea have given him insights exclusive to the people doing the fishing. Agree or not, no one can deny the tremendous value of these observations.

"It used to be a really nice way of life, a gentleman's fishery, but today it's getting to be a rat race where you get three, four days here and there." This last season Dick was allowed to fish a total of three and a half days for sockeye. "You've got to be in the right place at the right time," he says. "You make the wrong move and you're bugged for the season."

What about a future? What to tell the young aspiring fisher? There's a good long silence before he answers. For the first time I see the twinkle dim slightly and the words more cautiously used. "I wouldn't spend a lot of time or money right now until they decide what they're going to do."

As I listen I try to imagine the thousands of miles this man has traveled over the years in pursuit of these migrating fish; the storms weathered, the close calls and the never-ending work. But most of all, I feel in his voice the thrill of the fisherman's life and the adventure of the chase. There are no regrets. "It's a good life for anybody," he says emphatically, "it really is. Maybe in the end, if the people can stay in it, things may be alright."

He talks about salmon passionately. "The fish comes first. There've got to be enough spawners to get up the river. It doesn't matter who it affects: you, me or whoever, the fish definitely comes first."

When the subject turns to government and management, a storm cloud fills the eyes. "I don't like what Mr. Anderson's doing . . . the man's

**'You make
the wrong
move and
you're
bugged for
the season'**

crazy with what he's trying to do." The voice rises in frustration. "The biologists say the fish are there for us to catch but he won't let us fish. They've got too many up the river and they put the gates across so the fish can't get up to the spawning grounds: that's why the people are so uptight. It could have been a good season because the price was good." The minister's name comes up again. "I won't use the word I really want to use: I don't like the man at all."

Lady Jane is making good time on her return from the fishing grounds. On board, her crew is relaxing for the first time in weeks; the light breeze is warm and the sun is working magic on their sore shoulders and backs. Dick Newman, his wife . . . and a goldfish. The boat is on auto pilot, it knows its way home.

When the boat hits the rock the impact throws her wildly on her beam. Hatches fly off, the poles reel and shudder overhead and the little ship is in chaos - there are only moments to save her. Black smoke pours from the stack as the diesel bellows and Lady Jane fights to pull herself free.

"The goldfish!" By some miracle the fish and its bowl are still on the

counter in the cockeyed wheelhouse, although its demise seems imminent. With all hell breaking loose around him, the sea licking hungrily at the rail and salt water flooding up through the sink and into the cabin, Dick watches in horror as the bowl edges toward the counter edge.

His wife is on her hands and knees in the cabin fighting with the shut off valve. It won't close. Water is pouring from the overflowing sink onto her back, soaking the floater jacket through and running into her eyes, blinding her. All she can hear is the roaring of the engine, the grinding of the grounded hull beneath her and a far off voice rising above it all: "Get the goldfish on the floor!"

The valve moves in her hands, at the same moment the ship begins to move: it's coming off the bottom. The valve closes. The woman is drenched, the hands are numb and cramped and her hair is plastered like rotted kelp to her scalp. Her eyes burn; cold greasy tears run down her cheeks. She lurches to the wheelhouse door. Behind her, the goldfish bowl teeters on the brink.

Sometimes, given the situation, there is only one thing to say - and she says it: "To hell with the goldfish!" she screams at the figure in the stern. "The ruddy fish can swim!" Dick Newman, troller fisherman extraordinaire, laughs and laughs and laughs.



Dick Newman and Lady Jane

Salt Spring library service under review

By Richard Moses

The Salt Spring Island Public Library Association, owner and operator of the Mary Hawkins Memorial Library in Ganges, has struck a Strategic Planning Committee to formulate a long-range development and library services plan for Salt Spring.

Its goal is to recommend to the full Board a blueprint for the best possible library service for the Island. Its mandate is to:

- examine the library's historic, present, and future relationship with the community;
- consult with Island library users and non-users as to library needs and services;
- investigate all possible avenues of inter-library sharing and cooperation; and
- develop a plan for collection-building, staffing, funding, and service priorities which can be used for future growth and development.

The Committee is receiving cooperation from CRD Director Kellie Booth (whose own study of the Library's plight in the wake of a cutoff of provincial funds provided interim 1998 and 1999 funding and a proposal for future support), and from the Provincial Library Services Branch, which has offered support personnel and materials.

Salt Spring's Public Library is the only community library in BC that has received no regular government support since 1997 when the provincial government capped

library grants at "an amount equal to local government grants or contributions" effective 1998. Of course, Salt Spring has no "local government" to provide a grant or contribution and the library has subsisted for years on small provincial grants, user contributions, book sales, overdue fines, etc. The CRD has been able to ride to the rescue twice with interim grants, but needless to say, something more permanent must be put in place. And it is this "more permanent" arrangement that the Committee hopes to design and recommend - not just to the Library Board, but to the community as a whole.

Board chair, Grace Byrne notes: "Our library has reached a real

turning point in its development, and what we'd like to do is give the community a good look at what we do, how well we're doing it, what the community would like us to do in the future, and what the very best way of supporting the library would be."

By June, the Strategic Planning Committee will have its report ready to "go public," and by November election time a referendum question will determine the future of library service on Salt Spring.

The Committee consists of CRD Liaison Helen Keys, Gerry Kreutzer, Stanley Shapiro, volunteer staff Jill Wheaton and Jean Elder, and Board members Steven Grayson and Richard Moses (chair)

**'By June,
the Strategic
Planning
Committee
will have its
report ready
to go public'**

The SALTY SHOP

Inventory Reduction starts today!

50-70% off
selected items

in the Harbour Building - 537-5551 Open Sun. 10-3

Professional Service & Competitive Rates

- Custom Homes • Additions
- Renovations • Commercial

Call **537-4810**
1-250-388-1991 (pager)
PETER BANTEL

BANTEL CONSTRUCTION

**STORE CLOSSES
SATURDAY**

**FINAL
4 DAYS!**

**BLOWOUT
PRICES**

LAST WEEK'S WINNER'S

Jan. 4 BEV WERTMAN
Jan. 5 MARIE ASHLEY
Jan. 6 LIL IRWIN
Jan. 7 WENDY SMITH
Jan. 8 E. INNES
Jan. 9 LYNDIA BROWN

DOUBLE BONUS POINTS ON ALL PURCHASES

Country Casuals

128 Lower Ganges Road • 537-5844
Open Mon. thru Sat. 9:30-5:30

Gulf Island Glass

SOLARIUMS • SHOWER DOORS • CANOPIES
GARDEN WINDOWS • SKYLIGHTS
MIRRORS • WINDOWS • AUTO GLASS

#3 - 327 Rainbow Road
Tel: 537-4545 Fax: 537-4585

**SILVER SHADOW
TAXI
LTD**

537-3030

- Air conditioned
- Smoke-free
- 24 hour service

Geoff Swift Construction Ltd.
Saltspring Island, B.C., Canada

One of Salt Spring Island's most respected General Contractors, responsible for the Ganges, Creekside Retail Development and Moby's Pub as well as dozens of other private and residential projects.

**250-653-9333
250-537-4055**

Custom Homes
Cabins
Renovations
References

A publication of
Barnacle Press Ltd.

**Publishers &
Advertising Sales**
Jeff Outerbridge
Damaris Rumsby

**Accounting and
Office Manager**
Rita Bowes

**Ad Design
& Production**
Peggy Sidbeck

**Editorial Design,
Editing**
Cairn Consulting

Contributing Writers

Alison Booth

Matt Cecill

Joe Clemente

Peter Clarke

Scott Hylands

Linda Koroscil

Richard Moses

Briony Penn

**The Barnacle
Island Journal**
324 Lower Ganges Rd
Salt Spring Island,
British Columbia
V8K 2V3

Phone:
(250) 537-4040

Fax:
(250) 537-8829

e-Mail:
barnacle@saltspring.com

Office hours:
8:30 am - 5:00 pm
Monday thru Friday
Other times and days by
appointment.

We encourage your submissions on any subject, but please include your name, address and phone number. We reserve the right to edit submissions for accuracy, brevity, clarity and legal obligations. Please keep submissions to 300 words or less. The publisher cannot be responsible for unsolicited manuscripts, photographs, or artwork. All letters become the property of The Barnacle. Anonymous letters or those under a pen name will not be published.

The views and opinions expressed in articles are those of the authors. Health-related articles are for general information only, and are not to be regarded or relied upon as medical advice.

Copyright 1999 by Barnacle Press Ltd. All rights reserved. Reproduction or use without permission is strictly prohibited.

Printed by Island Publishers Ltd.

Menopause can mean second honeymoon

In a recent column on female menopause, Dr. James Dobson stated that women may lose interest in sex at this time of their lives. Au contraire! If a marriage or partnership has been a happy one, the freedom from worry about becoming pregnant can bring a renewed interest in sexual activity. Many couples enter a "second honeymoon" at this time of life. Has Dr. Dobson not met this very welcome aspect of menopause in his practice?

Virginia Newman
Ganges

Banking on community help

The support that community organizations receive from the two big food merchants on the island amazes me. GVM has its bank of boxes for folks to drop their receipts into and Thrifty's encourages you to 'Name your favourite charity' at the till. Both systems contribute a significant number of dol-



"He looks just like you."

lars to many, many deserving and hard-working groups.

It's so simple and painless to have one per cent of each and every total purchase at these two fine stores end up

in the bank and available to help with the never-ending good works carried on by island non-profit societies. All each of us has to do is remember to drop the cash register receipts into the box of our choice or tell the cashier 'Charity # ___, please,' and it's done. In the bank.

I personally alternate the groups that I feel are most needy, do good work for Salt Spring, or need a special lift for a current project. Seniors

Services, The Core Inn and ArtSpring are my current favourites. The choice list is large - a true cross-section of our community - and the need is endless.

Thrifty's also has available \$2 vouchers that one can purchase once in a while to help the Food Bank top up their clients' needs. GVM has a Food Bank drop off box by the door. Happy New Year. What a great place to live.

W. (Bill) Curtin
Salt Spring

Is this Stan Silk?

On the front cover of the December 29, 1998 issue of the Barnacle, Marsh Antonelli was wondering if the gentleman on the right was Stan Silk, who lived at Point Homes. He was the forest ranger in Courtenay until 1958.



LAST WEEK'S COVER SHOT

Young men identified

I think the young men on the front page of the January 5, 1999 Barnacle are the Crawfords: Dick, Tom and perhaps Brian. I do not remember the third name. The Crawfords lived on a farm on Beddis Road.

Olive Mouat
Salt Spring



DROP US A LINE ...

... and help the Salt Spring Archives identify our cover photos. We'll be pleased to publish your responses in our next issue. Or send in a photo flashback of your own (and include details) for future publication.

Photos courtesy of Mary Davidson,
the Salt Spring Archives

Enjoying tropical effect of Hardy Silk Tree

by Joe Clemente

Why not try an ornamental flowering tree that's more unusual than the common flowering cherry or plums? I'm sure some of you have bumped into Albizia Julibrissin, or Hardy Silk Tree, on your travels - there are some impressive specimens right here on Salt Spring Island.

Albizia consist of nearly 150 species of shrubs and trees native to temperate-to-tropical areas of the globe. The hardiest for our area has proven to be Albizia Julibrissin, commonly called Mimosa, or Hardy Silk Tree. This particular species is native from the Middle East to Japan. It is completely cold hardy for this growing zone. The Albizia J. Rosea can endure quite cold temperatures since it is native to the higher elevations of Nepal and northern India. They are such an attractive and exotic tree; I don't know of any other that can be grown in our temperate climate

and provide such a spectacular tropical effect.

Albizia can grow to at least 30- to 35-feet tall. Their foliage is soft and feathery, divided into leaflets. The leaves fold up during the night, flowers are pink, and very soft and fuzzy. The great thing with the silk tree is that it transplants with ease. It doesn't like wet or waterlogged soil, but it will endure heat, drought, wind and seaside conditions when it gets established. It will also take a great deal of pruning if you desire.

Albizia should be grown in full sun if you want to maximize blooms. Spring through fall is the best time to plant a silk tree. I've grown dozens of Albizia from seed and they all seem to love it here. Albizia are later to leaf than other ornamentals, usually by mid-June you can expect their leaves to pop out. They are deciduous in the cold months. If you are interested in seeing mature local specimens, come in and talk to me.

Let's Eat ... with Linda Koroscil

People lining up for hot soup on a frosty day. Warm broth sliding down the back of the tongue, caressing the tastebuds. Crusty French bread plunged to the bottom of the bowl. I've been asked for this chowder recipe for a long time, now here's the thing - you'll be required to do math because this feeds 35 people. It's not rocket science.

Vesuvius Inn Fisherman's Chowder

In a huge pot sauté four litres of diced onions with 1/4 cup butter. Add four litres of diced potatoes with one, 48-ounce can of clam nectar and enough chicken stock to cover. Simmer until tender. Remove from heat and add one litre of Creamo. Stir in slowly three cups of grated cheese: edam and medium cheddar is best, and 1/2 cup grated Swiss. Add one cup of white wine, 1/2 tsp cayenne pepper, salt to taste, two, 24-ounce cans of clams and three tbsp of parsley. For each serving add a small handful of shrimp and bay scallops. Simmer three minutes, but don't overcook or the seafood will be like leather.

I hope someone makes this and invites me for lunch. Chardonnay would be nice, too. I'll bring the bread.

HOURLY RATE or CONTRACT
18 years serving the Gulf Islands
KEN TARA EXCAVATING Ltd.
Ph. 653-9255 Fax 653-4219



Have we got
YOUR number?
The next issue of the
Salt Spring Island
DIRECTORY
is now being produced.
To get listed, or for advertiser
information package, call us at
537-2000

Now You're Cooking!
Make every recipe a success with
FRESH SEAFOOD from
ADMIRAL SPECIALTY FOODS
(formerly Creekside Seafood)
Monday-Saturday 9-6 • 537-5088
146 Fulford-Ganges Road



**JANUARY IS YEAR-END
BARGAIN
MONTH**
at
**Mouats
CLOTHING Co.**

**50%-75%
off**

**CLOTHING • FOOTWEAR
ACCESSORIES**

Ladies, Men's, Children's

Shop early for best selection!

MOUATS CLOTHING Co.

VISA, MASTERCARD, HOMECARD

537-5551

Register Now! Spring Classes

**starting
soon!**

POLAR FLEECE ZIPPERED VEST

Susan McNair

- 2 sessions \$25+ supplies
- Classes - Wed., Jan. 27 & Feb. 3, 7-9 pm

HEIRLOOM PILLOW

(Beginner's Hand Quilting)

Bernice Wood

- 3 sessions \$35 + supplies
- Classes - Thurs., Jan. 21, Feb. 4, Feb. 18 - 7-9 pm

ROTARY CUTTING

Susan McNair

- 2 sessions \$25 + supplies
- Classes - Mon., Jan. 25 & Feb. 1, 7-9 pm

PANTS THAT FIT

Susan McNair

- 3 sessions \$35 + supplies
- Fitting by appointment
- Classes - Fri., Jan. 22, 29, 7-9 pm

YOUR FIRST ROTARY QUILT

Susan McNair

- 4 sessions \$95 + supplies
- Orientation - Mon., Feb. 8, 7-9 pm
- Classes - Mon., Feb. 15, 22, 7-9 pm; Sun., Feb. 28, 1-5 pm

KAFFE FASSETT'S PAPERPIECED PILLOW

Susan McNair

- 3 sessions \$35 + supplies
- Orientation - Mon., Mar. 1, 7-9 pm
- Classes - Mon., Mar. 8, 15, 7-9 pm

PHOTO QUILTS

Susan McNair

- 3 sessions \$35 + supplies
- Orientation - Mon., Feb. 12, 7-9 pm
- Classes - Fri., Feb. 19, 26, 7-9 pm

**POLAR FLEECE
BLOW-OUT!** **20% off**

Expires January 31/99

Soofy
SEWING CO.
Across from Petro Can
537-4241



Jen's HOME IMPROVEMENTS

653-9724



Complete Home & Cottage Renovations

Tile • Hardwood Flooring • Windows • Decks • Custom Remodelling and Finishing
Reasonable Rates

Same Day Freight To/From Victoria



Locally Owned and Operated
Toll Free to Victoria Dispatch

537-9699

Resolve to eat more chocolate!

10% off

ALL "BITE SIZE" CHOCOLATES

at the "Candy Corner"

featuring

Harlan's

CHOCOLATES

100 Lower Ganges Road
(next to Pharmasave)

537-4434 • Mon-Fri 8:30-5; Sat 9-5



Les Wagg retiring from 30 years fighting fires

by Alison Booth

On March 1, 1969, Les Wagg started volunteering for the Salt Spring Fire Department.

Now he's planning his day of retirement - February 28, 1999 - exactly 30 years to the day from when he first volunteered.

He became a full-time firefighter in October 1971, and worked his way up to Fire Chief in 1988, where he has been ever since. Les has a lot of fond memories with the Department and says he will definitely "miss the comradeship with the guys" when he leaves his job next month and moves to Victoria.

He and his wife, Lavinia, have already moved their belongings, settled into their new home in the city and are eager to officially begin this new chapter in their lives. They have four daughters, three of whom are grown, and all of them happen to live in Victoria as well.

After basically being 'on-call' seven days a week for the past 30 years, Les is looking forward to having some free time to try different things, as well as to doing some traveling, spending time with his grandchildren and maybe even playing a little golf.



Les Wagg steps down as fire chief after 30 years of service

As far as future work plans go, Les says he will probably do some kind of part-time job as he doesn't see himself 'fully' retiring in the near future.

"Maybe I'll work eight

hours a day instead of twenty-four," he says smiling. Well, I guess everyone has their own definition of retirement!

Good luck Les and Lavinia!

Laurie's Recycling & Waste Service

DROP-OFF SERVICE

COMMERCIAL

RESIDENTIAL

Waste & Recycling
Wednesday & Saturday,
8 am - 5 pm Next to Ganges
Village Market

Waste & Recycling
Pick-up Service

Large clean-ups
& recycling
service

CALL 653-9279, cell. 537-7904

An Island family serving Islanders since 1861



Have we got
YOUR number?

The next issue of the

Salt Spring Island

DIRECTORY

is now being produced.

To get listed, or for advertiser
information package, call us at

537-2000



REYNOLDS

CARPET & UPHOLSTERY CLEANING

653-4201

Local reaction mixed to smoking ban

by Alison Booth

As of January 1, all enclosed workplaces in the Greater Victoria region, including Salt Spring Island, have become smoke-free environments. At least, that's according to the Clean Air Bylaw that went into effect at the beginning of the new year.

After one week under Bylaw 2401, most local restaurant and pub owners are keeping a close eye on how business is going and doing their best to stick to the rules and keep customers happy at the same time.

Here on Salt Spring there are mixed reviews regarding the immediate effects of the bylaw. While most businesses report no change, some have experienced irate customers and noticed a significant decrease in their clientele.

Those that seem to be suffering the most are the establishments that rely heavily on customers that come in to drink coffee or alcoholic beverages on a regular basis. Being an ex-smoker myself, I know that this is largely due to the fact that, for some people, cigarettes go hand in hand with these two beverages and can become - as one smoker put it - a "habit in itself."

Of the 10 pubs and restaurants I recontacted regarding this story, about

50 per cent said that it was "business as usual," while the other half reported they'd noticed a decrease in 'regulars' right away. "January is usually a slow month anyway," said one manager, "only time will tell



'With any law of this nature there are bound to be growing pains'

what the long-term effects of this bylaw will have on my business . . . but for right now, it looks pretty grim."

Others recounted incidents with angry customers, saying it has been "stressful on the staff," and has put them "in a bad situation with their patrons." One staff-member said that a run-in with a couple of 'regulars' led to them leaving, saying they will never return. "These people have been coming here for years, and will be missed . . . hopefully when

we finish building our covered smoking area, they will come back and give us a second chance."

With any law of this nature there are bound to be growing pains; there are also going to be those who test the boundaries and push the legal limits. Several stories in last week's Times Columnist told of patrons receiving \$50 fines for blatantly smoking in local pubs, and fellow customers banding together to pitch in to help pay the tickets. Normal, well-adjusted, law-abiding citizens all over Greater Victoria are turning into 'rebels' before our very eyes! On a couple of occasions CRD officials have had to call in police for back-up, as they were getting mocked, jeered and even threatened by irate smokers and their supporters. This gives a whole new meaning to the term 'nic-fit'!

Salt Spring hasn't encountered anything this extreme as of yet, but CRD officers were out this week looking for smokers violating the bylaw and will probably continue to do so until they've made their point.

Is one cigarette really worth a \$50 fine? Who knows. But to those people I talked to that feel "it's a matter of principle," the answer to that question would probably be 'yes'.



RAMMED EARTH
(250) 537-9355

TIDE TABLES		
AT FULFORD HARBOUR		
Pacific Standard Time. Measured in feet.		
Day	Time	Feet
12	0340	8.9
JAN	0620	8.9
TU	1200	10.5
	2000	3.3
13	0425	9.8
JAN	0745	9.2
WE	1235	10.5
	2035	2.6
14	0500	10.2
JAN	0900	9.5
TH	1315	10.2
	2110	2.3
15	0530	10.8
JAN	1000	9.5
FR	1350	10.2
	2145	2.0
16	0600	10.8
JAN	1045	9.5
SA	1430	10.2
	2215	1.6
17	0630	11.2
JAN	1125	9.5
SU	1510	10.2
	2250	1.3
18	0700	11.2
JAN	1200	9.2
MO	1555	10.2
	2325	1.6
19	0730	11.5
JAN	1245	8.9
TU	1640	9.8

DAVE'S MOLE~A~HOLE

Subgrade Road Crossing
No road interruption, no costly traffic control

"GOPHER IT!"

Dave Phillips

Bus: (250) 537-2618

176 Richard Flack Rd

Here's 2 More January Bargains



NON-FICTION
REAL KIDS
Sweatshirts & Sweatpants
Children and Youth sizes

Entire stock clearing at

1/2 Price

Sizes X-small to X-large
Assorted colours

Kids!!
Yukon Fleece
Vests & Full Zip Jackets
Children and Youth sizes

1/2 Price

Assorted colours

Shop early for best selection!

MOUATS CLOTHING Co.

VISA, MASTERCARD, HOMECARD

537-5551

Have we got YOUR number?
The next issue of the
Salt Spring Island
DIRECTORY
is now being produced.
To get listed, or for advertiser
information package, call us at
537-2000

Frequent Oil Changes Will Prolong Your Engine's Life!

Pennzoil 10W30
Motor Oil 1 Litre/ 8-pack

\$13.95
equals \$1.74 ea

SALT SPRING AUTO PARTS

JB GROUP

106 JACKSON AVE.
537-5507
GANGES

by Briony Penn

Over 30 islanders walked with BC Park officials out to a new proposed campsite on the northeast side of Ruckle Park to discuss their concerns over the \$145,000 of 'Improvements' begun over the Christmas holidays.

After an impromptu meeting on Monday (Jan. 4) at Beaver Point Hall to get some information about what was happening behind the locked gates, islanders got a chance to see first hand what was going on. Park officials said the project works are a directive from Premier Glen Clark to create 1,500 campsites in BC through Forest Job Opportunities - a new program that provides jobs for displaced forest workers.

Thirty campsites are proposed for Ruckle, 14 within the existing group campsite area, six in the main camping area, and 10 in a new campsite with an upgraded service road out by Gwen's Cove, south of King's Cove (sections of the service road have been punched in, but the camping area has not been developed yet). Four new parking lots are already in progress to meet the demand for recreational vehicles, tour buses and day-use parking. One is an expansion of the day parking lot, another is by the tele-

Ruckle Park 'improvements' challenged

phone kiosk, and two have been expanded into the forested area. Many trees and natural undercover were removed, including 300-year-old wildlife trees. Potential impacts expressed by the public included:

- the opening up of the undeveloped northeast side of the park to camping and development when the management plan specified that this was a natural environment zone where no development was to occur other than trails;
- increasing distribution of invasive species such as broom, gorse and carpet burrweed, a recently introduced and highly invasive plant that is harmful to people, livestock and native species;
- fragmenting and trampling sensitive ecosystems and habitat such as Garry Oak meadows, directly adjacent to the new campsite;
- assigning the wrong priorities for public monies, e.g. higher priorities were listed as development of a new management plan (the old one is 13 years out of date and contains no biophysical inventory of the park), heritage building repairs, repairing and improving existing facilities

in the main camp area, eg. bicycle facilities, educational programs and better on-the-ground wardening;

- increasing use and type of use beyond capacity and running counter to the Official Community Plan;
- increasing risk of fire; and
- threatening the goodwill of stewardship volunteers in the community by undoing what they have done.

Park planners suggested the new campsite would consolidate unregulated camping and make it possible to collect fees and check on fires. It would also pull kayakers off sensitive islets. Many kayakers at the meeting replied that this was not an appropriate campsite, that additional supply would create even more demand and that there are many appropriate close-by camping sites, such as Portland.

People said there should have been a proper public consultation and impact assessment process. BC Parks apparently did not have the staff, training or resources to carry out a full assessment since they had to get 500 campsites into parks before the end of the fiscal year. They have another 1,000 to get in by the

year 2000. No survey of impacts to flora and fauna have been done as a result of the new campsite, despite the fact that Ruckle has some of the rarest plants in Canada. Suggestions were made as to how the community could work at the political level to influence Park decisions. Various options were put forward to stop part of the last phase of the project, (the development of the campground on the northeast side), including moving the campsites to other, less sensitive areas in the park or other less sensitive parks that needed them.

With provincial forestry campgrounds closing due to lack of funds to maintain them, the public challenged the need for more campgrounds with no money for maintenance. The meeting ended with requests in the short term that the new campsite should be stopped. Members of the Kayak Club offered to assist in finding alternate locations.

In the long term, Islanders expressed an interest in initiating a new management plan process and recommended that members of the public write Assistant Deputy Minister Denis O'Gorman and Premier Glen Clark urging a stop to further development in Ruckle Park until adequate management plans are in place.

Jesse's Journey™

A Father's Tribute

This is John Davidson's journey by foot across Canada. The objective of the Journey is threefold: to raise funds for genetic research, to salute Jesse Davidson for his epic wheelchair tour of Ontario in 1995 and to pay tribute to the efforts and decency of fathers everywhere. This initiative follows the successful 1995 Jesse's Journey when John pushed his wheelchair-bound son Jesse more than 3300 kilometres across Ontario to raise public awareness and more than a million dollars for genetic research. Almost every penny of the money generated is now at work in laboratories dedicated to top-quality research to find effective treatment and ultimately cures for many genetic diseases - yet it is not enough to finish the job.

The 1998 Jesse's Journey - A Father's Tribute will continue to raise national awareness and monetary support for genetic research through an 8300-kilometre walk from St. John's, Newfoundland to Victoria, British Columbia. The financial goal of the new Journey is to generate ten million dollars to create an endowment fund, which will continue to direct a million dollars a year toward research to defeat a host of genetic diseases, including Jesse's illness - Duchenne Muscular Dystrophy. Duchenne is the most profound of many forms of muscular dystrophy. It occurs only in males and until there is effective treatment or a cure, life expectancy seldom reaches the third decade.

This national journey is taking place without Jesse, as he is now physically unable to participate in such an arduous endeavour. Yet, the entire 1998 Journey will serve as John's personal tribute to his son. He elaborates on his plans: "Jesse would make this journey himself were he still able. This is my way of celebrating what he has achieved, of applauding the awareness of genetic disease that he has created. He will be rooting for me every step of the way, and I hope, coming out to greet friends with me when the Journey comes through our

home territory in Southwestern Ontario."

John began the Journey in St. John's, Newfoundland on April 10th 1998, which coincided with Jesse's 18th birthday. He will walk a minimum of 33 kilometres a day, completing the Journey in British Columbia some 250 days later. John hopes to reach out to families, and in particular fathers across the country, because he feels they are the unsung and oft-maligned heroes of every day life: "I feel deeply that most fathers get a bad rap. We're too often lumped with absent, abusive, or irresponsible individuals. The fathers I know and respect are the guys who get up hours before going to work to take their children to hockey games or ballet practice. They work hard and worry a lot in the endless struggle to provide the best family and community they can be for their youngsters. They're men who sometimes put their lives on the line for their families - not expecting any glory or honour - just cherishing every moment of their children's growth and development. Just for love."

John, a former broadcaster, is now Executive Director of the Foundation for Gene and Cell Therapy. He recalls what it's like to hear sad news regarding the health of one's child: "I work with parents who learn, often without warning, that their lives will be turned upside down - their child has just been diagnosed with an incurable, untreatable genetic disease. That's hard, believe me, and it never gets easier. I'm especially dedicating this Journey to those fathers who search, through the hurt and the tears, for some way to rescue their ill-fated children. That's what this effort is all about - conquering genetic diseases that blight lives around the world. A contribution to this endowment fund will assist in generating a million dollars a year to buy hope - and eventually a future, for sons like Jesse. This country has great fathers and grandfathers who will want to share in this great work of hope. I look forward to meeting them on the road across Canada."

Paid for by Marilyn Snook



Horoscopes

For the week, by
Michael O'Connor

Capricorn (Dec 23 - Jan 20) Visions of future possibilities continue to inspire your thoughts and actions. Ideally you have claimed a gift of your unique mode of expression over the past few years. This process was probably tumultuous especially close to home. And yet you are still standing. You certainly are a survivor! If you think you were courageous then you will be overjoyed with the pioneering spirit emerging from within at this very moment. Affirm your right to disagree. Since you are accountable for your decisions they might as well be your own.

Aquarius (Jan 21 - Feb 19) Aquarius is said to be the sign of individuality. Paradoxically, it is also the sign of humanity as a whole. Yet, whatever our Sun sign, it is a guide for the lessons we are learning. In other words, learning to be an individual in the best sense of the term is your destiny. The 'best sense of the term' implies an individuality that empowers and deepens what it means to be a human being. Does this describe the quality of your intentions and actions? You are on the eve of some enlightenment in this regard.

Pisces (Feb 20 - Mar 20) Re-establishing old friendships and forming new ones are a main theme now. There is always room to improve the quality of our expressions of love and creativity. Exploring new ways to do so implies quality of rapport in friendships and group involvement. Still, you will require time to fully digest your experiences so reserve the right to take your space. Diplomatic negotiations may be needed as well to preserve your individual rights, so summon the courage to speak from your heart.

Aries (Mar 21 - Apr 19) By now you have ideally initiated a momentum for the New Year. Before advancing further, it is time to refine and fortify whatever foundation you are building. This kind of effort will save you time and energy later. A sloppy or unrehearsed start is the path of strife. Sober and conscientious choices at the outset are the winning attitude. Be receptive to the inspiration of friends and lovers. In the end, however, you must follow your own inner guidance.

Taurus (Apr 20 - May 20) Can you hear the angels singing? If not perhaps it is time to turn off the news and anything else that might be deemed pollution to your senses. The voice of your spirit seeks council with you. "Melt the divisions between you and all others that have been created by your lower mind" is the spirit's central message. The true battle is on the threshold of your own heart for therein resides your power to create and destroy. Trust that prayers of forgiveness will free you and others too!

Gemini (May 21 - Jun 20) Clearing away the remnants of yesterday finds you busy this week. This implies bringing settlement and closure to accounts on all fronts. Yet, before you finalize anything insure that you have thoroughly investigated what is at stake. Closure need not imply outright termination. Discern what might simply be left alone for another day. When we bore to the core of reality we always find ourselves immersed in infinite light and love. Don't allow practical realities to harden your heart.

Cancer (Jun 21 - Jul 22) Seeing your own strengths and weaknesses through those of others close to you continues. We are all projectors so projection isn't happening only sometimes.... That some of these reflections reveal imbalances is reason to exercise empathy, understanding and support. Since the reflection partially emerges from our projection, any empathy might be directed towards your self too. Replace cynicism with constructive criticism directed inward as well out. Compassion is always in fashion.

Leo (Jul 23 - Aug 22) It is said that health begins in the mind. Consider that everything, including the brain, is an expression of the mind and health is the state of being the mind requires for maximum efficiency and expression. Leo is described as the creative sign and mind is really soul so the creative process is the means by which we create complexity, refinement and purity. In other words, we each have the responsibility of creating our own soul. Oh yes, the dynamic of life is riddled with purpose. Engage!

Virgo (Aug 23 - Sep 22) The search within for the source of your creative inspiration is calling you out. By the stimulation of interaction you will feel provoked. With the intention to diplomatically discover your own unique mode of self-expression you can allow all provocation's to open you to new insights. A defensive or excessively offensive disposition at this time will cause you to miss out. Not is it only more popular to be happy rather than right it also brings practical reward.

Libra (Sep 23 - Oct 22) A period of relative gestation draws to a close this week. Hopefully you have been able to take some time out for your self over the past few weeks. If not this is your last opportunity to do so for awhile. Quiet evenings with a book, long hot baths or simply plenty of sleep and dream time are in order now. Look upon such activities as an investment of reserved energy that will

be needed starting next week. Fatigue is the source of irritation and self-doubt. Time to re-charge.

Scorpio (Oct 23 - Nov 22) If all the information from the so called 'new age movement' of the past twenty years were condensed into one single phrase it would be: 'our thoughts create our reality'. In the Leo entry above it was suggested that we do not simply have a mind, rather we are an extension of our mind. Thoughts, therefore are the tools of mind. Spoken and written thoughts are a further refinement of mind. Clarify your objectives by creating a strategic outline of your plans. Define your individual aspirations and means.

Sagittarius (Nov 23 - Dec 22)

Creating a realistic appraisal of your potential continues. While a wild imagination is the root of your power, your ability to provide a refined definition and expression of that imagination is the crown. Opportunities to do just that are coming your way. Your end of the bargain is simply to be open and receptive to the stimulation of new ideas pouring into your mind. Some of these ideas are direct inspirations from your higher mind and some will be triggered by friends.

(For expanded insight read all of the signs especially your rising sign!)

Michael O'Connor is available for consultations. (250) 352 - 2936 or oconnorm@netidea.com

RENEW YOU!

Lose lbs. & Inches!

And Let The Real You
Come Out ... While
using this program:
"You WILL Lose Weight
& FEEL GREAT!"

537-1456

**Complimentary ...
... with this coupon**

Anti-aging facial - reduces
wrinkles and stress lines.
Treat acne & skin problems.

MEN Try the Perfect Shave

537-1456

**6-DAY FREE TRIAL
30-DAY SATISFACTION GUARANTEED**



John Davidson is a longtime friend and although I live on the west coast, he south central Ontario, he is coming to our neck of the woods the hard way I can't quite fathom walking across the country but he will have done it in honour of all Muscular Dystrophy sufferers, and soon Wednesday, January 20th he

will arrive at Beacon Hill Park e.t.a. 3:00 pm. Won't you join us in celebrating such a courageous effort ... let's show John how much his efforts mean to us. If you can support financially or in person, I thank you on behalf of Jesse's Journey ... any questions or updates, call Marilyn Snook at 653-4855.

**Jesse's Journey
— A Father's Tribute
invites you to join the
Journey team.**

For further information
or to pledge your
support, please contact:

**Jesse's Journey —
A Father's Tribute
P.O. Box 5099,
London, ON N6A 4M8
Tel: (519) 645-8855
Fax: (519) 645-2242**

Unless otherwise directed by the donor, gifts received by Jesse's Journey in respect of this campaign, or property substituted therefor, are to be held for a period of not less than ten years. Investment earnings of these accumulated funds will be applied to neuromuscular genetic research in perpetuity.

Jesse's Journey is a registered trademark of the Foundation for Gene and Cell Therapy

• Registered Charitable Organization 89509-7756-RR00101

**Corporate Friends of the Journey
include: Chrysler Canada,
Conika Business Machines,
Microsoft Corporation and
Westin Hotels.**



Simone Grasky

Simone Grasky playing Moby's

Local chanteuse Simone Grasky, fresh from her third annual Christmas and New Year's stint at the Hastings House, will be performing for Moby's Dinner Jazz, Sunday Jan. 17.

Born in Vancouver, Simone cites early musical influences such as Sam Cook and Nat King Cole for her smooth singing style. She has performed widely in both the Lower Mainland and on Salt Spring Island,

where she resides.

Simone recently completed an independent CD: *Simone, Careful What You Wish For*, which will be available at the gig.

Like all other establishments on Salt Spring, Moby's Pub is now a non-smoking venue; if you were used to seeing Simone at the non-smoking venue Purple Parrot, now's your chance to see her again.

Dinner Jazz starts at 7 pm.

GULF ISLAND CONSTRUCTION LTD.

Design & Construction
Serving
the Islands
since 1987

Professional Builder of Quality Homes
Renovations - Additions

Call Dave Renick

Tel/Fax: 250-537-1796 • e-mail: daver@saltspring.com
website: www.gulfislands.com/construction

Member of the Better Business Bureau of Vancouver Island

DAILY LUNCH SPECIALS

\$5.75

LUNCHTues.-Fri. 11:30-2:00

DINNERTues.-Thurs. 5:00-10:00

Fri.-Sat. 5:00-11:00; Sun. 5:00-9:00

LICENSED - CLOSED MONDAYS

Eat In
or
Take
Out

Golden Island
CHINESE RESTAURANT

Upper Ganges Centre - Ganges • 537-2535

Sale ends
Jan. 31/99

20% Off

All our Skin & Body Care Products

Including:

Nail polish, lipstick, make-up,
and aromatherapy products.

1-1/2 hours
of total bliss

Healing session includes
reflexology, reiki
and massage

\$70⁰⁰

• Aesthetics

Reflexology • Acupressure • Reiki

Skin Sensations

by the Sea

537-8807 ~ #2102 Grace Point Square

Open Mon.-Sat. ~ 10-5 (earlier or later by appointment)

1999 BY-ELECTION SCHOOL DISTRICT 64 (GULF ISLANDS)

NOTICE OF ELECTION OF VOTING

PUBLIC NOTICE is hereby given to the electors of Salt Spring Island of School District 64 (Gulf Islands) that a By-Election is necessary and that the persons nominated as candidates at the By-Election, and for whom the votes will be received in School District 64 (Gulf Islands) are listed below, for the balance of a three-year term of office terminating in December 1999:

One Trustee to be elected:

Surname	Given Names	Residential Address
DAVIES	John Allan	173 Whims Road, Salt Spring Island, B.C.
EYLES	David Norman	361 Beaver Point Road, Salt Spring Island, B.C.
HENDREN	James Garth	261 Canvas Back Place, Salt Spring Island, B.C.
LEE	Kenneth Ivor	147 Ambleswood Drive, Salt Spring Island, B.C.
WIGEN	Peter George	171 Morningside Road, Salt Spring Island, B.C.

General Voting Day will be opened on **Saturday the sixth (6th) day of February 1999**, TO QUALIFIED ELECTORS OF SALT SPRING ISLAND OF SCHOOL DISTRICT 64 (GULF ISLANDS) at the following places:

Fulford Harbour Community Hall

Salt Spring Island Elementary School

Central Community Hall

AND SUCH VOTING PLACES SHALL BE OPEN BETWEEN THE HOURS OF EIGHT O'CLOCK A.M. AND EIGHT O'CLOCK P.M.

ADVANCED VOTING OPPORTUNITIES shall be open at the Offices of School District 64 (Gulf Islands), 112 Rainbow Road, Salt Spring Island, B.C. between the hours of 8:00 A.M. and 8:00 P.M. on **Wednesday, the twenty seventh (27th) day of January 1999**, and **Wednesday, the third (3rd) day of February 1999**.

of which every person is hereby required to take notice and be so governed accordingly.

The only persons permitted to vote at the Advanced Voting Opportunities are those who, being duly qualified electors, sign a statement that:

- the elector expects to be absent from Salt Spring Island of School District 64 (Gulf Islands) for which the election is to be held on General Voting Day,
- or the elector, for reasons of conscience, will be unable to vote on General Voting Day,
- or the elector will be unable to attend a voting place on General Voting Day for reasons beyond his/her control,
- or the elector has a physical disability or is a person whose mobility is impaired,
- or the elector is a candidate,
- or the elector is an election official.

Given under my hand at Ganges, Salt Spring Island, B.C. this eighth (8th) day of January, 1999.

Thomas F. Moore,
Chief Election Officer
Phone (250) 472-0059

by Scott Hylands

People with computer problems do not come to me. Nor do people with vastly researched conspiracy theories, or Armageddon notions. In spite of the fact that I've lived around radical sensibilities much of my life, not a lot of it has rubbed off. Maybe that's the necessary fallout from being an observer, a poet, an actor, a messenger...

The gathering paranoia, then, connected with Y2K, now called (by the CBC) the Millenium Computer Bomb, plus the generally ominous cast of time's inexorable march to the 21st Century, has made only the barest of nicks on my sensibility. That is until I headed up island looking for a generator.

I had a simple problem - water has been assaulting me on a regular basis since I moved here. Chapter and verse would occupy several volumes. I have amused, perhaps appalled, more than one dinner companion with barely embellished tales of cellars filling chest high with roiling water in the time it takes to go back and forth to the market. Or for our child to be born.

After nine years this is still a continuing adventure. I've become philosophical about rising water. No item I value

Millenium reflections

is stored within two feet of the floor. So long as I have power the pump keeps things at bay. So long as I have power. Hmm.

The latest spate of rain and wind deHydroed me for 12 hours. There wasn't quite

price is right and the choice vast, to be told laughingly by the customer service lady that I was fat out of luck. Not only were they not in supply of the item I sought, nobody was. There wasn't a 'genny' from here to eternity.

down the money wincingly, the tag half again as much as I'd been assuming Canadian buck, I could rhyme rudely with that. Henry also explained why little gas generators are in short supply. "These things tend to follow disasters, of course. So when the Red River floods in Winnipeg, or Montreal and Quebec have an ice storm, then the distribution rushes to that area. The manufacturer simply adjusts his deliveries, and everyone not in big trouble has to wait. Everything was just smoothing out from last winter, it took that long, when Mitch hit. Calling all portable gas generators: head for Honduras and points between ASAP, massive mopup, do not pause elsewhere.

"And then there's the survivalists, head of the line to snap up most of what ever odd shipment does get through. Oh yeah, when the central power goes down it's not warm enough around here to exist, except in the bleakest way, without a generator. And with kids, wet wood and smokey hearths won't make it."

"You said, 'when the power goes down', don't you mean if?"

Henry chuckled. "Just a slip," he said. "You get to

talking to them enough, you can start sounding like them. They can make quite a case though, get you scratching your head. That computer thing, that 2000 bomb, even if it doesn't go bang, it's not going to be completely smooth, and seeing everything is so linked together, intertwined... All the military, all over the world are on big time alert Dec/99 thru Jan/00. That's a fact.

"And all the big banks are drawing up contingency plans to cope with what they expect will be a big run on them in that same time period. Another fact. For their part, the government is printing up \$50 billion in new currency.

"This is to say nothing of those fasten on planetary alignments, numerology or other portents. It's enough to keep a gas generator manufacturer busy as bees.

"It's surprising this one unit's sitting here, I tell you. Couple over there, another couple over there, just waiting to pounce if you change your mind."

"No, I'm not going to do that."

"OK, then," said Henry. "Hope you never have to use it. But run it half an hour a week, just to have it ready."

So, I'm ready. In case the power goes out and the water's rising. And I'm ready for ... a bunch of other things, I guess. I have a genny.

Just in case.



enough wet to make the critical mass that flash floods my cellar. That'll happen later, when it's colder and wetter. I have a family, to whom I guarantee certain amenities. Fed and dry, for starters. Dry, hmmm again. Time to get an alternate source of power. Why I haven't done this years ago is another topic.

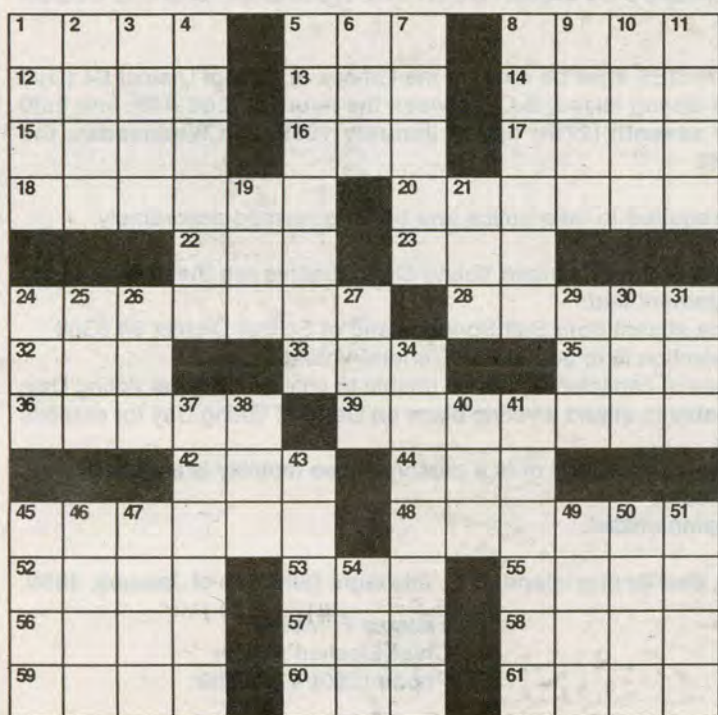
I went to one of those big warehouse lumber/hardware outfits, where they say the

The last order had come in several days past, 30 units, on the floor at 9 am, gone by noon. But if I wanted to find out the shipment schedule, perhaps get on a list, I should check with Henry in Tools.

Henry saved me. Because there was one unit left, one nifty little 3,000 watt Coleman gas generator. It had been returned less than an hour ago, too small for the job. Not my job. I put

Canadiana Crossword

Unearthly Places By Bernice Rosella and James Kilner



ACROSS

- 1 Tinned meat
- 5 National Research Council, abbr.
- 8 Puts two and two together
- 12 Cab
- 13 Lamprey, e.g.
- 14 Chemical compound
- 15 Dye stuff
- 16 Arafat's org.
- 17 Frolic
- 18 Sift again
- 20 Lake, NB
- 22 Contents of Superieur
- 23 Buzzy bee
- 24 Island, BC
- 28 Swerved
- 32 Hockey prerequisite
- 33 Sprite
- 35 mode
- 36 A Cubic meter, of Quebec
- 39 Alta
- 42 Food particle
- 44 Cash source, for short

DOWN

- 11 New wine syrup
- 19 Distant
- 21 Plaything
- 24 Female sibling
- 25 Perform on stage
- 26 Ball supporter
- 27 Priest's vestment
- 29 Used to be
- 30 Large deer
- 31 It follows night
- 34 Soft woollen fabric
- 37 Wranglers
- 38 Before, poet.
- 40 Plains Indian
- 41 Prepare for burial
- 43 Ambushes
- 45 Telephone part
- 46 Loaf
- 47 Legumes
- 49 Murres
- 50 Den
- 51 Condition of sale
- 54 Ironie
- 45 Harbour, NB
- 48 Group of star systems
- 52 Idea, in St. Adolphe
- 53 Barley beard, e.g.
- 55 Macaws
- 56 Wing-shaped
- 57 Nuptial or marital prefix
- 58 Roman 53
- 59 Smaller quantity
- 60 NHL star, Apps
- 61 River, Que
- 1 City, Sask
- 2 Window part
- 3 Coalition
- 4 Surroundings
- 5, Sask
- 6 Sound unit
- 7 Mountain, Nfld
- 8, Ont
- 9 Plummet
- 10 John or tasse prefix

Answers on page 15

Salt Spring TV Current Week's Schedule

Wednesday, Jan. 13, 1999

6:00 p.m. Talk Around the Rock
8:00 p.m. Satsang with GangaJi

Friday, Jan. 15, 1999

7:00 p.m. Talk Around the Rock on a Friday Night

Sunday, Jan. 17, 1999

5:00 p.m. Talk Around the Rock
7:00 p.m. Dr. Mory Ghomshei Lectures on Sufism (From December 1998)
9:00 p.m. Satsang With GangaJi

Tuesday, Jan. 12, 1999

8:00 p.m. Earth Changes with Chester Ludlow

Wednesday, Jan. 13, 1999

5:00 p.m. Talk Around the Rock
7:00 p.m. Dr. Mory Ghomshei Lectures on Sufism (From December 1998)
9:00 p.m. Satsang With GangaJi

GISS V-ball awards announced

Gulf Islands Secondary School held its Volleyball Awards Presentation Jan. 7.

The following players were recognized for their achievements:

Most Valuable Player

Senior Girls - Sarah Cameron, Sheila Stacey, Maia Vaillancourt

Seniors Boys - Peter Miller, Alex Bunyan

Junior Girls - Jenn Keating

Junior Boys - Cam Beals

Most Improved Player

Senior Girls - Katharina Blanke

Senior Boys - Dustin Davis

Junior Girls - Billie Woods

Junior Boys - Rob Elliott, Dom Martin

Athletic Achievement

Senior Girls - Erin Hawkins, Laura Temmel, Christy Robley, Suzie Gay,

Elizabeth Clark,

Jessica Darbyshire

Seniors Boys - Robert

Bergsma, Travis Booth

Junior Girls - Cynthia

Cameron, Emily

Walsh, Lauren Klimek

Junior Boys - Tyler

Laitinen, Dustin Little,

Lee Johnson, Brad

Smith, Lief Palmberg

Miscellaneous Awards

Senior Girls Rookie

Award - Jenn Walker, Alex Howard

Manager Award - Kirsti Stubbs

Senior Boys Leadership Award - Adam

Tamboline, for providing strong leadership

on the bench and exemplary performance

of duties as assistant coach.

Utility Man Award - Cam Beals, for con-

tributing quality minutes and excellent

performance on the court in all positions.

Bruise Award - Graham Outerbridge, in

recognition of all-out effort and sacrifice

of life and limb in retrieval of wayward

Alex Bunyan presents coach Kellie Booth with a photo album record of road trips, games and ferry trips along with a note of thanks from the senior boys volleyball team.



Coach Kent Andrews aka "Big Bear" receives a souvenir teddy bear and photo of himself with a "Texas donut" from an appreciative senior girls volleyball team.



volleyballs.

Playing with a Pain Award - Don Hay, in recognition of effort and dedication to the team while struggling with nagging injuries.

The following students received Senior Boys Volleyball Team Member certificates: Michael Deas, Keven Biagioni, Brad Smith, Glen Caliva.

GISS Senior Girls Basketball sporting 6-1 record

Gulf Islands Secondary School Senior Girls Basketball Team hit the court in earnest after the Christmas break beginning with a home & home series with Shawnigan Lake this past week. Tuesdays game at Shawnigan produced a 62-43 victory for the local team. Katharina Blanke lead the way with a 32 point performance. Point guard, Sarah Cameron, chipped in her season average 12 points, followed by Sheila Stacey with 10. Annette Wright dominated play under the boards, as she scooped up the majority of rebounds at both ends of the court.

The team was slow to fire at

Thursday's home game but a 59-42 victory resulted in favour of the Gulf Islands Scorpions. Friday, the team travelled to Ladysmith to compete in an invitational tournament featuring both double and triple "A" teams from Vancouver Island. Unfortunate luck of the draw had the local team play #1 seed and tournament hosts, Ladysmith 49'ers in the first game. The Gulf Island team played strong defence and held Ladysmith to 68 points in a tough 68-31 loss.

Saturday produced solid performances by all team members and more favourable results. "AAA" Highlands from

Comox were the first team to fall to the Scorpions. Strong drives to the hoop resulted in a 27 point performance by Katharina Blanke and inspired play by guard Clare Rustad produced 17 points. Final score: 59-49, Gulf Islands.

The final game of the tournament for the Gulf Islands team pitted them against their rivals from last season, Woodlands of Nanaimo. Last season, Woodlands knocked the Scorpions out of contention for the final Provincial berth at the Island Championships.

A superb and well balanced effort from all team members left no doubt who is the better

team this year, as the Scorpions trounced Woodlands 90-45 to finish fourth at the tournament. While Blanke chalked up 30 points, including two 3-point bombs, in the contest, it was the first game this season that each team member contributed to the scoring total. Things are really starting to "click" and the future looks bright for the team sporting a current 6-1 record.

Action resumes this week with a game at home versus Francis Kelsey and a return to the Chemainus Cougar Classic tournament this weekend to defend their Championship title from last season.

Have we got YOUR number?
The next issue of the
Salt Spring Island DIRECTORY
is now being produced.
To get listed, or for advertiser information package, call us at
537-2000

HAWTHORNE HILL GRAVEL SALES
1730A Fulford-Ganges Rd.
Owner: Jason Fraser
Mon.-Fri. 8 am-4:30 pm

Products available	Rate per yard
PIT RUN	5.00
3/4 ROAD MULCH	7.00
11/2 DRAIN ROCK unwashed	12.00
OVERSIZED ROCK unwashed	11.00
Fill	3.00

• Other products also available
• 12 yard trucks can be arranged
• Minimum \$10 charge
• PST & GST extra
Prices in effect until February 1, 1999
537-7797

sports pool with Terry Stringer

TWISTERS POOL
Next meeting: Wed., Feb. 10, 7:00 pm sharp at TWISTERS.

		year	month	week
1	Edmonton	327	26	26
2	Ottawa	326	21	21
3	Pittsburgh	325	30	30
4	Dallas	323	21	21
5	Islanders	316	27	27
6	Buffalo	315	13	13
7	San Jose	298	23	23
8	Montreal	293	22	22
9	Boston	292	20	20
10	Washington	290	24	24
11	Vancouver	277	20	20
12	Los Angeles	273	10	10
13	Anaheim	268	23	23
14	Philadelphia	256	22	22
15	St. Louis	256	11	11

GOLF COURSE POOL
Next meeting: Fri., Feb. 12th, 5:00 pm sharp

		year	month	week
1	Greenwoods	370	26	26
2	Edmonton	365	29	29
3	Ottawa	355	26	26
4	Cyclones	351	18	18
5	Ice Dogs	332	26	26
6	Dallas	326	25	25
7	River Rats	325	18	18
8	Rangers	321	24	24
9	Marx Brothers	297	13	13
10	Toronto	277	19	19

UNIServe Online Internet Access

Toll Free
1-877-UNIServe
(1-877-864-7378)

Technical Support & Sign-Up
- Open 7 Days A Week -

120 hours \$24.95*
90 hours \$18.95*
10 hours \$ 8.95*

No Sign-Up Fee For The First 50 Subscribers in the Gulf Islands * Call For Details

Now Servicing over 240 Locations in B.C.

Subscriber information & Software available at:
Precious Treasures
#104-149 Fulford Ganges Rd. (Gasoline Alley)
Salt Spring Island, B.C.
Tel: (250) 537-1110

UNISERVE ONLINE

the Barnacle Island Journal Classifieds

Phone 537-4040 Monday to Friday 8:30 am to 5:00 pm

"HOLD THE PRESS" DEADLINE: Monday at 10:00 am

CLASSIFIED LINER RATES:

First two words BOLD & CAPITALIZED. Taxes extra.

"Regular Ads": First 20 words: \$6.25, each additional word 25¢.

"Hold the Press": First 20 words \$8.25, each additional word 30¢.

"Run Until It Sells": First 20 words \$12.50, each additional word 40¢. No copy changes. Advertiser may call to cancel. Private party "For Sale" ads only - no commercial or home business ads. Maximum run: 10 weeks.

CLASSIFIED DISPLAY RATES

\$9.25 per column inch, based on 6 columns per page, 9picas 6pts width (1-1/2"). Includes your logo. \$1.00 extra for regular line border. \$3.00 extra for designer border. DISCOUNTS for display classified: 10% off for 4 week run; 15% off for 10 week run; 20% off for 16 week run.

CLASSIFICATIONS

ANNOUNCEMENTS 100-199

- 100 Births
- 105 Obituaries
- 110 In Memorium
- 120 Messages of Thanks
- 130 Church Events
- 140 Upcoming Events
- 150 Engagements/Weddings
- 160 Birthdays
- 170 Anniversaries
- 180 Legal Notices
- 190 Business Notices

PERSONALS 200-299

- 200 Personals
- 210 Business Personals
- 220 Lost & Found
- 230 Travel

MERCHANDISE 300-399

- 300 Arts & Crafts
- 305 Antiques
- 310 Appliances
- 313 Firewood
- 315 Free/Recyclables
- 320 Garage Sales
- 325 Musical Instruments
- 330 Pets
- 335 Food Products
- 340 Sporting Goods
- 345 Furniture
- 350 Paint
- 355 Computers - Hardware/Software
- 385 Wanted
- 390 Miscellaneous

EMPLOYMENT 400-499

- 400 Help Wanted
- 410 Employment Wanted
- 420 Business Opportunities
- 430 Skilled Trades

SERVICES 500-599

- 500 Accounting
- 501 Office Services
- 505 Business Opportunities
- 510 Contractors
- 511 Drywall
- 512 Painters
- 515 Child Care
- 517 Dental
- 520 Janitorial
- 521 Cleaning Services
- 525 Computers
- 530 Electronic
- 535 Finance/Mortgage
- 540 Garbage
- 545 Gardening/Landscaping
- 550 Machine/Welding
- 551 Autobody & Painting
- 555 Plumbing
- 560 Pools/Spas
- 565 All-round Handy
- 570 Music Lessons
- 580 Rentals
- 595 Miscellaneous Services

REAL ESTATE 600-699

- 600 Houses for Sale
- 610 Farm Land
- 620 Acreages/Lots
- 630 Commercial Properties
- 640 Open Houses
- 690 Real Estate Wanted

RENTALS 700-799

- 700 Houses for Rent
- 710 Apartments for Rent
- 720 Room & Board
- 730 Shared Accommodation
- 740 Holiday Accommodation
- 750 Storage
- 760 Business Rentals
- 790 Rentals Wanted

TRANSPORTATION 800-899

- 800 Cars/Trucks
- 810 Motorhomes/RVs
- 820 Boats/Marine
- 830 Aircraft
- 840 Motorbikes/Scooters
- 890 Vehicles Wanted

105 • OBITUARIES

WILLIAM DAVID DEXTER, age 77, died December 21, 1998 in Seattle, Washington. He will be remembered as a unique and generous spirit who touched the lives of all who knew him. A nationally renowned tax lawyer who fought in the interest of fair taxation in courts all over the country, he argued several cases before the Supreme Court of the United States. Born on May 13, 1921 in Des Moines, Iowa to parents Mary Blanche DeLong and William Russell Dexter, he served in the Navy during WWII as a Lieutenant on the destroyer USS Coghlin. He worked his way through college doing construction work and selling produce which he grew, and graduated from Michigan State University and the University of Michigan. Working as an assistant attorney general for the states of Michigan and Washington, he helped found and was General Counsel for the Multi-State Tax Commission. Throughout his life he was an active volunteer in the communities in which he lived, most recently in the Island Watch Society on Salt Spring Island. He is survived by his wife Marilyn Thaden Dexter, his sister Mary Aileen Young, his brothers Hale, John and Fredrick, his sons Bill, Mark, Timothy, Carl and Matthew and seven grandchildren. Friends are invited by the family to a memorial service celebrating his life on February 14, 1:30 to 4:30 pm at his residence on 401 Wilkie Way, Ganges. In lieu of flowers those who wish may make a donation in his name to the Sierra Legal Defence Fund, 214-131 Water Street, Vancouver, BC V6B 4M3. 0299

140 • UPCOMING EVENTS

JOY OF YOGA classes begin January 19 (Basics) and 20 (In Depth) with Christine Torgimson. 15 years teaching experience. 537-9654. 0399

JULIETTE'S HAIR STUDIO

January
Inventory Sale!

Aveda - Biologie - Joico

**10-40% Off
Discount**

January 14-30, 1999

296 Wilkie Way
537-9542

Good Morning! STEP

6:45-7:45 am
with Damaris
Tuesdays & Thursdays

Good Evening! BOX

Aerobic
6:00-7:00 pm
with Damaris
Mondays & Thursdays
at
North End Fitness

Call
537-5217 to register

140 • UPCOMING EVENTS

BINGO

Thurs., Jan. 21
7:00 pm

Early Birds
6:30 pm
Meaden Hall
Royal Canadian Legion
Sponsored by the Ladies Auxiliary.
Proceeds to Bursaries for Salt
Spring Island Students

190 • BUSINESS NOTICES

Register Now for Spring Classes starting soon!

**POLAR FLEECE
ZIPPERED VEST**
Susan McNair
•2 sessions \$25+ supplies
•Classes - Wed., Jan. 27 &
Feb. 3 - 7-9 pm

PANTS THAT FIT
Susan McNair
•3 sessions \$35 + supplies
•Fitting by appointment
•Classes - Fri., Jan. 22, 29
7-9 pm

ROTARY CUTTING
Susan McNair
•2 sessions \$25 + supplies
•Classes - Mon., Jan. 25 &
Feb. 1 - 7-9 pm

**HEIRLOOM PILLOW
(Beginner's Hand Quilting)**
Bernice Wood
•3 sessions \$35 + supplies
•Classes - Thurs., Jan. 21,
Feb. 4, Feb. 18, 7-9 pm

**KAFFE FASSETT'S
PAPERPIECED
PILLOW**
Susan McNair
•3 sessions \$35 + supplies
•Orientation - Mon., Mar. 1,
7-9 pm
•Classes - Mon., Mar. 8, 15,
22, 7-9 pm; Sun., Feb. 28,
1-5 pm

**YOUR FIRST
ROTARY QUILT**
Susan McNair
•4 sessions \$95 + supplies
•Orientation - Mon., Feb. 8,
7-9 pm
•Classes - Mon., Feb. 15,
22, 7-9 pm; Sun., Feb. 28,
1-5 pm

PHOTO QUILTS
Susan McNair
•3 sessions \$35 + supplies
•Orientation - Mon., Feb. 12,
7-9 pm
•Classes - Fri., Feb. 19,
26, 1 - 7-9 pm

Don't be disappointed!
Sign up early!

Soozy
SEWING CO.
Across from Petro Can
537-4241

THE BARNACLE
BASIC CLASSIFIED
\$6²⁵
+GST
20 words.
CALL 537-4040

190 • BUSINESS NOTICES

**PHOENIX RISING
WOOD WORKING**
CUSTOM HOME
CONSTRUCTION
AND
AWARD-WINNING
WOOD WORKING
STEPHAN PIERNITZKI
Tel/Fax: (250) 538-0068
190.0399

200 • PERSONALS

PUPPETRY - INTERESTED in puppetry? Become part of a group to share skills, learn together and promote puppetry. Dorothy 653-9253 before 10 pm 0299

230 • TRAVEL

UNIGLOBE
Pacific Travel Ltd.
156 Fulford-Ganges Road
(in Creechhouse)
537-5523

the Travel Shop
**EUROPE
FOR SPRING!**
Special Air Fares • Britrail
• Eurail • Coach Tours
• Mini Tours • Hotels
• Car Rentals
Book early and save \$\$
CALL US FIRST AT
**THE
TRAVEL SHOP**
537-9911
M-F 9-4:30; SAT 9-2

310 • APPLIANCES

APPLIANCES AVAILABLE.
at the Home Design Centre.
Kitchen Aid, Whirlpool,
Maytag, G.E., Sub Zero, and
more. Call Dave at Sandpiper
Supply. 537-5035. 0899

313 • FIREWOOD

FIREWOOD. CUT, split and
delivered. Please call Walter
Rumsby 653-4877. 0199

315 • FREE / RECYCLABLES

TREE CHIPPING: The
Recycling Depot will be
accepting Christmas trees for
chipping until January 15/99.
No charge. 0299

FREE FORD truck winch
bumper. 537-9150. 0299

QUEEN SIZE futon mattress,
5 years old. 537-1881 0299

GARBAGE BURNER-style
wood burning stove, needs
work. 653-4336 0299

Tell our advertisers
you saw it in the
Barnacle

325 • MUSICAL INSTRUMENTS

VIOLIN, DULCIMER. 4/4
violin made by Mylie Barron,
championship fiddler, \$250.
Mountain dulcimer, maple,
grover tuning pegs, \$200.
653-9420. Alan. After 4:00.
1199

330 • PETS

JERSEY WOOLIE rabbits.
Young male available now
\$15.00. Babies ready for post-
Christmas pick up. \$20.00.
Cockerels! Free! Phone 653-
9295. 0799

385 • WANTED

USED FROST-FREE fridge.
Call Linda 537-9688. 0299

390 • MISCELLANEOUS

SPIKE AND surge protection
for one appliance from \$9.99,
or do the whole house for
\$119.95. Many models to
choose from so see us for
details. QSI Electronics, 537-
4522. Did you know a circuit
breaker is not a surge protec-
tor? 0299

ELECTRIC RANGE, apart-
ment-style, good for cottage
\$25.00. Yellow vinyl sofa/bed
\$25. Brown vinyl recliner \$10.
653-4336. 0399

BEAT THE tax grab! Prices of
audio tape will increase by as
much as 60% effective Jan. 1.
Our current stock of JVC and
TDK was purchased prior to
this drastic increase. Stock up
now at 1998 prices. QSI
Electronics 537-4522. 0299

\$100 CASH ... if you correct-
ly guess the arrival date and
time of Salt Spring's first baby
of 1999! Contest entry forms
and rules at the Barnacle
office, 324 Lower Ganges
Road. Contest ends Monday,
January 18th. 0299

UTILITY TRAILER needs
some work, \$150 obo; large
pet crate, like new, \$70 obo.
Call 537-9150. 0999

MUSTANG 1965 low miles
(approx. 30,000). Impossible
to find again. First \$8500
takes it. Serious inquiries only
please; Sears Valley Comfort-
style wood heater, near new,
\$375; Sears dehumidifier
(new over \$500), \$175. 537-
9684. 1199

COMPLETE HOME theatre
sound systems from \$599.
Other systems available from
JVC, Panasonic or Technics.
QSI Electronics 537-4522. 0299

LEADED GLASS windows,
vintage lighting and plumb-
ing, dog house, 1986 F350
4x4, engine hoist, misc. shop
equipment, sectional sofa.
537-4450 0699

CORDLESS PHONES that
work! Large selection of
Panasonic phones priced
from \$99.95. See the new
one, good for up to one mile.
QSI Electronics 537-4522. 0299

TVS TVS TVS Where else do
you get free delivery and set-
up, free disposal of your old
TV, on-island service and a 3-
year warranty at no extra
cost. JVC is one of Canada's
best selling TVs: 13" \$279;
20" from \$349; 27" from
\$599; 31" from \$999. QSI
Electronics 537-4522. 0299

TEA WAGON \$100. Black
Ikea TV stand \$50; feather
down queen duvet \$75. 537-
9972 0699

390 • MISCELLANEOUS

RADIAL TIRE chains, fit most
13" and 14" tires, some 15".
(Stock No. 1926). \$40. 537-
4040 (days), 653-4877
(eves). Damaris. 0199

50 SQ.FT. BRUCE hardwood
flooring. 3/8x3 tongue and
groove. Maple on oak. Colour
bleached oak. Cost \$200. Sell
\$100. Original boxes and
warranty. Call 537-5450. 0499

STUNNING SOLID maple
frames 29x29, antique white
matte left over from portraits
of Canadian exhibition.
Extremely cheap at \$50 each.
537-0001 0799

Black & White

Developed on site.
YES! we sell black & white film!

APPLE PHOTO

105 Hereford Avenue
537-9917
Mon.-Sat 9:30-5:30

400 • HELP WANTED

ARE YOU interested in the
Arts and Entertainment com-
munity? Can you write? Can
you meet deadlines? If so, we
want to talk to you! Please
send resume and cover letter
to the Barnacle, 324 Lower
Ganges Road, SSI, V8K 2V3.
0199

THE BARNACLE is currently
seeking an editor / writer /
reporter. Applicant needs to
be able to work to deadlines.
Experience with a weekly
newspaper would be an asset.
Position is part-time/full-time.
Please mail or drop off resume
with cover letter and salary
expectations to the Barnacle,
324 Lower Ganges Road, Salt
Spring Island, B.C. V8K 2V3.
0199

410 • EMPLOYMENT WANTED

**EXPERIENCED, HARD-
WORKING** horseperson can
shovel stalls, feed, groom,
exercise, or whatever on your
farm. Call Robin 537-5465.
0299

"I JUST LOVE my pine
kitchen table. Thank You
Stephan!" T. Lister. For all
your woodworking needs, call
Stephan at Phoenix Rising
Woodworking 538-0068.
Local references available. 0399

LOVING HANDS will care,
companion, cook and clean
for seniors. References. Phone
653-4077. 0399

510 • CONTRACTORS

**Unicorn
Construction**
537-2732
Serving the Islands
for 12 years

CLASSIFIEDS WORK!
Call 537-4040

The Barnacle



BRAINS AND CRIME: an unlikely mix

Robin Hood has been taken into custody.

Actually, his real name isn't Robin Hood - it's Blane Nordahl - but the MO is unmistakable. For the past 10 years Mister Nordahl has been stealing things - but only from the rich and famous.

He has stolen goodies from the home of Bruce Springsteen. He has purloined jewelry from the night table of Ivana Trump. He's also climbed through the windows of, and made off with loot belonging to, Curt

Cowdy, Goldie Hawn, John Ritter and NYPD star Dennis Franz.

But no more. The cops nailed Mister Nordahl in Baltimore last month and discovered in his apartment close to \$1.5 million worth of gems, jewelry and assorted goblets, candelabra and tea sets - all lifted from celebrities. Good stuff, too. "He knew the difference between silver and silver-plated," said one admiring detective.

"He was just like Robin Hood, stealing from the rich.

Except he didn't give to the poor."

Which makes Blane Nordahl a couple of IQ points sharper than, say, Sean McCann of Macroom, Ireland. Sean walked into a bank with an ominous bulge beneath his jacket, advising the teller to fill a sack with money or he'd "blow them all to Kingdom Come." Unfortunately, Sean's grip on his jacket slipped, revealing the bulge to be... a banana.

Wit & Whimsy ... with Arthur Black



"I-I-I-it's rigged to explode!" yelled Sean. But not loud enough to drown out the gales of laughter from the bank staff and customers.

And then there's the sad case of Roger McCown, aged 20, of Toledo, Ohio. Mister McCown, an aspiring thief, had one of those days that makes a guy want to ask: what's the point? Is it worth it?

First, he tried to hold up a convenience store in suburban Toledo. Not the type to pussyfoot and beat around the bush, Mister McCown decided to cut out the middleman by stealing the entire cash register. Cleverly, he leaned over to slash the electrical cord that powered the cash register and tethered it to the aforementioned convenience store.

When Mister McCown regained consciousness...

Actually the electrical shock didn't knock Mister McCown out, but it did... confuse him slightly. He jumped up and ordered the clerk to put all the cash register money in a bag.

"Paper or plastic," inquired the clerk solicitously. Too much for Roger. With a yipe he tossed his knife up in the air and fled to his waiting get-

away car.

He thought.

In fact, his getaway driver was no swifter than Mister McCown and had gotten lost on his way to pick up the thief. Mister McCown was still standing on the appointed street corner, looking vainly up and down the avenue, when the police cruisers rolled up.

Not an easy calling, the life of crime. Consider the case of the burglar who crept into a darkened house one night only to be greeted by a voice saying "JESUS IS WATCHING YOU!" The burglar freezes, stunned... shines his light in the direction of the voice and sees...

A parrot sitting on a perch.

"Did you say that?" hissed the burglar.

The parrot nodded: "Just trying to warn you."

"Oh," says the burglar, gaining confidence, "Here's a birdbrain parrot, try to warn me. So what's your name?"

"Moses," says the parrot.

"Moses?" laughs the burglar. "What kind of idiotic people would name a parrot 'Moses'?"

And the parrot says, "I don't know. I guess the same kind of people that would name a Rottweiler 'Jesus'"

What's New in Business

Twisters Family Restaurant
103 - 149 Fulford Ganges Road
537-4414

Twisters Restaurant in Ganges has changed hours since the New Year. New hours are: 8 am to 6 pm Monday through Thursday, 8 am to 2 am Fridays and Saturdays.

The restaurant offers specials everyday of the week and is now a smoke-free environment since the CRD smoking bylaw came into effect Jan. 1.

Watch for feature nights, including Japanese night with Pam and Mexican night with Eduardo, coming in early February.

SALT SPRING MEDICAL SUPPLY



Call
537-1990
and we will come to you!
Or make an appointment to visit
us at our showroom.

For all your Home Health & Sports Medicine needs

Our Showroom is open 10:00 am to 4:30 pm Monday - Friday
2059 North End Rd., Salt Spring Isl., B.C. V8K 1C9 ~ Fax: 537-1998

Sidney SUPER FOODS
SINCE 1964
2531 BEACON AVENUE
"Sidney By The Sea"

Prices Effective Jan. 13-19/99

We Reserve the Right to Limit Quantities

"Perfect lunchbox snacks for kids"

KRAFT HANDI-SNACKS
CHEESE & CRACKERS

2/1.59 pkg
87g for
Limit 2 per coupon
With this coupon Regular price: 1.59 each
Coupon expires Jan. 19/99

WE OFFER YOU QUALITY BEEF, QUALITY MEAT PRODUCTS AND FRESH PRODUCE AT PRICES YOU CAN AFFORD

CUT FROM CANADA GR. A BEEF PRIME RIB OVEN ROAST 8.77kg..... 3.98 lb	FRESH ISLAND GROWN FRYING CHICKEN BREASTS 4.81kg... 2.18 lb	FRESH "FAMILY PACK" BREAST BONE REMOVED PORK SIDE SPARERIBS 3.71kg... 1.68 lb
CUT FROM CANADA GR. A BEEF STANDING RIB 'CAP REMOVED' PREMIUM OVEN ROAST 8.11kg... 3.68 lb	FRESH FRYING CHICKEN FILLETS 8.33kg..... 3.78 lb	FRESH BONELESS LEG OF PORK ROAST 4.37kg... 1.98 lb
PRIME RIB GRILLING STEAKS 9.90kg..... 4.49 lb	FRESH RABBIT 7.69kg..... 3.49 lb	FRESH BONELESS FAM-PAK PORK LEG CUTLETS 5.91kg..... 2.68 lb
FRESH FAMILY PACK LEAN GROUND BEEF 3.71kg..... 1.68 lb	SEAFOOD FRESH SOLE FILLETS per 100g..... 1.10	FROZEN PINK PRAWNS 2 lb bag..... 8.99

WE ALWAYS PRODUCE MORE FOR YOUR FOOD DOLLAR AT SIDNEY SUPER FOODS. WE ALWAYS PRODUCE MORE

CALIFORNIA CELERY 1.04kg... 47¢ lb	B.C. EXTRA FANCY RED DELICIOUS APPLES 3 lb bag... 1.33 ea	MEXICAN ZUCCHINI 1.06kg... 48¢ lb	CALIFORNIA BROCCOLI 2.16kg... 98¢ lb	CHILEAN SEEDLESS GREEN GRAPES 4.37kg... 1.98 lb	B.C. LEEKs 2.16kg... 98¢ lb
OUR OWN ALL PURPOSE WHITE FLOUR 10kg... 4.97 bag YOU SAVE UP TO \$2.52	DIAMOND CALIFORNIA SHELLED WALNUTS 400g... 2.98 pkg YOU SAVE UP TO \$2.01	Campbell's CHICKEN BROTH 284mL... 77¢ tin YOU SAVE UP TO 32¢	Prego PASTA SAUCE 750mL... 1.98 jar YOU SAVE UP TO \$1.00	OVALTINE DRINK MIX 400g... 2.88 tin YOU SAVE UP TO \$2.11	NESCAFE TASTER'S CHOICE INSTANT COFFEE 150g... 5.88 jar YOU SAVE UP TO \$1.57
SUN RYPE 'PURE' BLUE LABEL APPLE JUICE 1 Litre CTN..... 98¢ YOU SAVE UP TO 47¢	BAKER'S CHOCOLATE CHIPS 300g PKG..... 1.77 YOU SAVE UP TO 72¢	POST SUGAR CRISP 400g BOX..... 2.98 YOU SAVE UP TO 1.61	LAYER CAKE MIX SHIRRIFF ADDED TOUCH 520g BOX..... 1.19 YOU SAVE UP TO 56¢	WASA CRISP-BREAD 250g pk..... 1.49 YOU SAVE UP TO 90¢	KELLOGG'S SPECIAL K 475g BOX..... 3.29 YOU SAVE UP TO 1.69
QUAKER MUFFIN & COOKIE MIX 900g PKG..... 2.39 YOU SAVE UP TO 1.28	SCOTTIES FACIAL TISSUE 150's BOX..... 88¢ YOU SAVE UP TO 40¢	REGULAR WITH FIBREGUARD JAVEX BLEACH 3.6L JUC..... 1.68 YOU SAVE UP TO 91¢	Galeys Bros. FRESH GRADE "A" LARGE EGGS white dozen... 1.67 ctn YOU SAVE UP TO 46¢	IMPERIAL MARGARINE 3 lb. block... 2.98 YOU SAVE UP TO 1.41	KRAFT "SINGLES" SLICED CHEESE 500g... 3.88 pkg YOU SAVE UP TO 1.10
FULL SERVICE DELI & BAKERY		FRESH BREAD		FROZEN FOODS	
FREYBE BLACK FOREST HAM per 100g..... .97		WHITE OR 60% WHOLE WHEAT ISLAND BAKERY BREAD 570g loaf..... .77		MICHELINA'S ALL VAR. ENTREES 227-284g pkg..... 1.47	
FREYBE ASSORTED LIVER SAUSAGE per 100g..... .78¢		VENICE RUSSIAN RYE BREAD 680g loaf..... 1.49		DELNOR GREEN PEAS OR MIXED VEGETABLES 1kg pk.... 1.98	
FRUIT or RAISIN BUNS 6's pkg..... 2.49		ISLAND FARMS 'NO FAT' YOGURT 500g tub.... 1.39		TENDERFLAKE DEEP DISH 9" PIE SHELLS 350g pkg..... 1.88	
FETA CHEESE random cut 10% off at check out		ISLAND FARMS SALSA CREAM CHEESE 250g tub... 1.39		MCCAIN CAKE DEEP 'N DELICIOUS 510g pkg..... 2.79	

"We now have a weekly menu for our hot items & fresh bunwiches ready to go!"